**Reflection Teams**

Integrating leadership knowledge, personal experience, and meaningful action is done in small team reflection times. This team time provides a setting where students can consistently process ideas, questions and learning that is happening in the program and how that connects to their experiences and involvements beyond just Leadership Lehigh. Teams correspond with phase cohorts and because group projects are not done with the same set of students who make up a reflection team, students are able to gain insight into the topics and group process of the other group projects and learn from those experiences as well as their own.