

# Preparing for Finals

- ❖ Identify the days and times of all of your final exams and gather all materials for each course (books, syllabi, notes, etc.)
- ❖ Know where you stand in each of your courses and how much the finals are worth. Be sure to know what will be covered on the final and what form the final will take – if you don't know, ask your professor!
- ❖ Create a study checklist for each course - write out the topics/concepts/types of problems to be covered on the final
- ❖ Based on the above info, set some study priorities – figure out which finals will require more of your time/energy – and then create a daily study plan
- ❖ Start your study plan one to two weeks before finals begin (the earlier the better) concentrating on the material that is most important and starting with the more challenging and/or least familiar info in each course
- ❖ Set specific study goals for each study session and accomplish those study goals; try to work through each of the topics/concepts on your study checklist, doing a little each day or every two or three days
- ❖ Study efficiently and effectively - be disciplined! Study when you sit down to study and eliminate all distractions. Stick to your study plan.
- ❖ Choose a study strategy that forces you to test your knowledge – take practice tests, do homework problems/sample problems, quiz yourself using flashcards, etc.
- ❖ Avoid marathon study sessions, study in short blocks of time and take frequent short study breaks.
- ❖ Attend ALL scheduled review sessions for your classes and go prepared with questions; meet with your professor or TA if struggling with course material
- ❖ Form study groups – quiz each other, make up practice exams, etc.
- ❖ Stay healthy, eat well, and get sleep. This will help you to relax and stay focused.