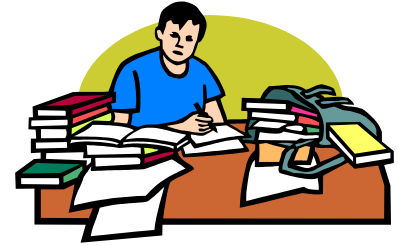


# The SQ3R Method of Reading



- **SURVEY**
  - a. Read the introduction and the final paragraph of the chapter
  - b. Look over major section headings and subtitles
  - c. Look at any pictures, figure, maps, or charts
  - d. Skim questions, key words, and summaries at the end of the chapter
  - e. Create a context for remembering information and get a sense of what is important
  
- **QUESTION**
  - a. Look at any study questions presented at the end of the material because they will help you pick out important information as you read
  - b. Create your own questions by turning titles and headings into questions
  - c. For each section in the chapter, ask these 4 basic questions:
    - i. What is the main point?
    - ii. What evidence supports the main point?
    - iii. What are the applications or examples?
    - iv. How is this related to the rest of the chapter, the book, and the subject matter?
  
- **READ**
  - a. Read the section actively and identify the main idea in each section
  - b. Search for the answers to the study questions and your generated questions
  - c. Make notes in the margins to create your own organization
  
- **RECITE**
  - a. After reading each section, recite in your own words the main points and your answers to the questions without looking at the textbook
  - b. Recite to remember
  
- **REVIEW**
  - a. Go back and highlight or underline the main points in the section
  - b. Add more notes in the text and margin

## Strategies to Modify the SQ3R Method of Textbook Reading

- You do not need to use this method for all reading assignments, but it is most helpful with difficult textbooks
- Select steps you find helpful and omit others
- Modify steps as needed to make the method an efficient study tool for your needs
- ***Overall, the goal is to understand and remember the important points of the chapter so that you can answer questions and apply the information!***