Health Forms

The Health & Wellness Center Staff welcomes you to Lehigh!

Enclosed you will find information about the health forms you must submit as a new student at Lehigh. Be sure to read each document carefully and complete all forms with **black ink**. All forms can be found on our website, [www.lehigh.edu/health](http://www.lehigh.edu/health), and on the First Year Student portal.

All incoming students must provide the following forms to the Health & Wellness Center by **June 15**:

- Health Form and Physical Exam (Enclosed) - Completion of the Health Form is **required for all students**. The Physical Exam is **recommended** for all students but **required** for Varsity athletes.

- Immunization Record (Enclosed) - This form is **required for all students** and must be signed by your health care provider to verify that you have received the required immunizations. The dates **must be submitted online** through our [Online Student Health (OSH)](http://www.lehigh.edu/health) portal at www.lehigh.edu/health prior to returning.

- TB Questionnaire (available only on OSH) - We **require** all new students to answer a few simple questions regarding their risk for Tuberculosis (TB). These screening questions will identify students who require further testing on campus. While on OSH, please click **TB Screen** and answer the short questionnaire.

**Varsity athletes** (recruited or planning to walk on) must also provide documentation of:

- A physical examination **within six months** of participation at Lehigh

- Results of Sickle Cell Trait testing **or** a completed Sickle Cell Trait Testing Waiver form

**Allergy Information:** Students who wish to receive allergy or other medication injections at the Health & Wellness Center can find detailed information about our policies and procedures on our website. Please print out this information and bring it to your allergist or other physician.

**University Health Insurance Plan:** The bursar's office will send you information on the university-sponsored health insurance plan, University Health Plans, designed to complement the services provided to students by the Health & Wellness Center. Information about this insurance plan can be found at [www.universityhealthplans.com](http://www.universityhealthplans.com). We strongly recommend consideration of the plan even if you have other health insurance. It is particularly important for you to understand the possible limitations of your health insurance while you are attending college, including simple services such as lab tests and x-rays. Certain insurance plans require you to utilize a specific lab; Quest, LabCorp, and Health Network have local branches. Please remember to bring your insurance card with you to campus and every time you visit the Health Center.

*OSH is the [Online Student Health](http://www.lehigh.edu/health) portal utilized by the Health & Wellness Center to keep track of vital information on each student. Please log onto the OSH portal either through the First Year Student portal or by visiting our website, [www.lehigh.edu/health](http://www.lehigh.edu/health), and using your Lehigh University email username and password. Please remember that you are responsible for providing the Health & Wellness Center with both an electronic copy of your vaccination dates (via OSH) and a hard copy of your Immunization Record.

Please take this opportunity to place our phone number into your cell phone; the Health & Wellness Center operates on an appointment only schedule. We look forward to seeing you on campus!