# Sophomore Kickoff Weekend (Day 2)

Date: Sunday, August 22, 2021 | Time: 12-5pm | Location: Neville Hall

## Workshops Offered:

12:00 - 12:45pm, 4:00pm - 5:00pm

• Off the Beaten Path Campus Tour (Meet in Neville Lobby) Meet some of Lehigh's Gryphon's and get an off the beaten path tour of campus! Learn about popular spots on and off campus that you may not have had the chance to go to last year due to COVID-19.

## 1:00 – 2:00pm

• Bringing in the Bystander (Neville 001)

This is an in-person educational program that encourages participants to become positive bystanders in instances of sexual and interpersonal violence and harassment. Participants learn to identify problem situations; they also learn practical skills for safe and effective intervention.

## • Leading with Your Values (Neville 003)

As Lehigh students, you can spark change and be a catalyst on campus. Being a leader means doing the inner work to know yourself and how you show up as a leader. Join us for an interactive workshop as we identify your values and create a plan to implement change.

#### 2:00 - 3:00pm

• 2<sup>nd</sup> Base Your 2<sup>nd</sup> Year: Reframing Sexuality & Relationship Education at Lehigh (Neville 001) Dr. Brooke DeSipio, sexologist and director of Lehigh's Office of Gender Violence Education and Support, will be talking about ways to reframe sex, dating, and relationships in order to increase mutual pleasure and communication. She'll also share information about additional sexuality and relationship education available at Lehigh.

## • Listening for Difference: A Journey to Social Justice (Neville 003)

Social Justice work is a journey, and while each person first needs to get right with themselves, one of the keys to being an ally is being a good listener. Join Dr. Rita Jones, Director of the Center for Gender Equity and affiliate faculty in Women, Gender & Sexuality Studies, in an interactive workshop on developing compassionate listening skills and learning to listen for difference. Letting others define themselves helps listeners get out of their own assumptions and see, as Audre Lorde has explained, the creative potential in difference.

## 3:00 - 4:00 pm

• Student Involvement Panel (Neville 001)

Join us to learn more about getting involved at Lehigh! Hear from current students who are involved in various clubs and organizations on campus, learn about how you may want to get involved, and get your questions about involvement answered.

## • Goal-Setting to Goal-Getting: Tips for Student and Personal Success (Neville 002)

Learn about the science behind goal setting and goal achievement (academic, career and personal!) and how you can apply it to the years ahead with The Center for Academic Success!

