The Office of the First-Year Experience provides support and resources for the academic and social transition of new students and their families.

287 FIRST-YEAR STUDENTS ——— 23% PARTICIPATED IN THE SURVEY

RESOURCES HELPFUL IN YOUR ADJUSTMENT TO LEHIGH

	2015	2014
An Academic Office	25 %	29 %
The Orientation Program	41%	35 %
The evoLUtion Seminar	35 % †	18 %
A University Office or Service	34%	28%
Center for Academic Success	15 %	17 %



	2015		2014
Peers in the Residence Hall	75 %		80%
Gryphon	61 %	1	60%
Orientation Leader	38%		38%
evoLUtion Seminar Facilitator	34 %	1	29 %
evoLUtion Student Leader	28 %	↑	13 %
Professor	20 %		20 %
Academic Advisor	19 %	1	17 %



AREAS OF TRANSITION THAT WERE MOST DIFFICULT IN YOUR ACADEMIC AND

PERSONAL/SOCIAL —— ADJUSTMENT TO LEHIGH

64 % Preparing for exams	
400/ Managing my	

48% Studying **34**% Writing papers

49% Managing my time

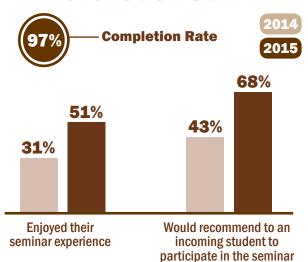
34% Making friends

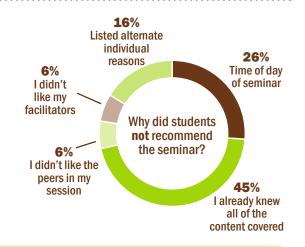
32% Getting involved in a club/organization

▼ 30% Managing my money/finances

28% Dealing with homesickness

THE evolUtion SEMINAR





"I met people that I trust and who listen and it made me think about what I'm going to do in my community to get involved and make a difference."



SEMINAR FORMAT

- Facilitators held 3 group meetings and 3 individual meetings (1 with their peer leader)
- The seminar continued to be anchored in **blueprint** and used the **Draft Book** as a reflection tool

Students were more comfortable with their group after participating in the ROPES COURSE

> 60% Agreed **122%** from 2014 **12%** Disagreed **9%** from 2014

Meeting my seminar facilitator INDIVIDUALLY was beneficial to my experience

> **56%** Agreed **♦ 9%** from 2014 **11%** Disagreed **12%** from 2014

Meeting my seminar GROUP was beneficial to my experience

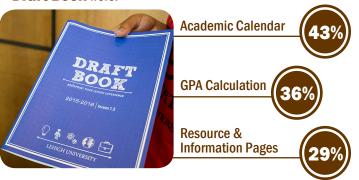
> 46% Agreed **19%** from 2014 **18%** Disagreed **₹23%** from 2014

bleprint

can explain the purpose of bLUeprint

"A plan with 5 pillars of success to help students set goals, reflect and grow as people, students and leaders."

Students indicated the most useful elements of the **Draft Book** were:



stated attending 5x10s helped them learn abouth the Five Foundations for Success

87% of students completed their 5x10 requirement

- A weekly email was sent first-year students providing updates and academic tools for their transition
- First-year student athletes participated in an athlete-only program **PRIDE**, instead of the evoLUtion seminar.

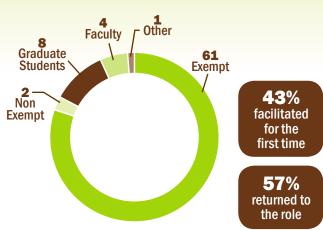
41% would have altered their participation in the seminar if it were for a grade or for credit

Approximately **90%** of students established academic & personal goals for themselves

51% have explored South Bethlethem

The evolution seminar facilitator was the **highest rated** faculty or staff member who has been helpful in a student's transition to Lehigh (compared to professors and academic advisors)

FACILITATOR STATS



SUGGESTIONS FROM FACILITATORS:

- Seminar themes should be continued because they provided structure and guidance for the facilitators and an element of choice for students
- Begin earlier in the semester, which would require the use of the registrar's class scheduling system
- Integrate the 5x10 and evoLUtion seminar more effectively
- Groups should be smaller than 19 students

MOVING FORWARD...

- Enhance training and the resources available to provide best practices, curriculum examples, etc.
- Reevaluate meeting content to create engaging and interactive curriculum options
- Refocus and clarify goals for the seminar (Are we currently trying to accomplish too much in little time?)
- Evaluate the timing of group and individual meetings with students' academic schedule

Office of the First-Year Experience studentaffairs.lehigh.edu/ofye

