DRAFT BOOK 2.0

THE SOPHOMORE EXPERIENCE

LEHIGH UNIVERSITY

2021-2022 | VERSION 1
YEAR 2 @ LU will be a new experience. Your first year at Lehigh may have looked significantly different than the year that you are about to begin. With several aspects of campus life changing, this is an opportunity for you to get to know Lehigh in a new way.

Last year, you were encouraged to take control of what your journey at Lehigh will look like and we want you to continue to do that as you go into your second year. This path is yours to create. As campus opens up, you will continue to decide what kind of relationships you want, how you will express your values, and what success will look like for you. This booklet is yours to use for recording your thoughts, ideas, notes, and observations!

We want you to continue to DISCOVER the Five Foundations and EXPLORE what they mean to you. We want you to CONNECT your ideas and experiences, and APPLY what you learn to real world issues and situations, but you won’t have to do that alone. There are people here to help you design the best possible college and post-college experiences — in a different way than you might have experienced last year. Utilize experiences from your first year to help you decide what skills you need to continue to be successful and work to create your very own success team. Create YOUR bLUeprint 2.0 to maximize your Lehigh experience in your second year.

We encourage you to use this booklet throughout your second year during Kickoff Weekend, Sophomore Series, and beyond! You never know when you’ll want to jot down a few notes in the moment.
bLUeprint’s 5 FOUNDATIONS For Student Success

CREATIVE CURIOSITY | #curiousLU
Ask big questions, seek mindful solutions, and develop an overall inquisitive outlook on the world.

IDENTITY DEVELOPMENT | #whoamiLU
Continue to develop into your own unique person, become grounded in your multiple identities, and live out your carefully chosen values and beliefs.

COLLABORATIVE CONNECTIONS | #connectLU
Learn to build positive relationships and engage in dialogue, utilizing your personal values and inquisitive outlook as a guide.

INCLUSIVE LEADERSHIP | #inclusiveLU
Make decisions, take action, and contribute positively to your communities in ways that are purposeful, socially just, and built on integrity.

PROFESSIONAL GROWTH and SUCCESS | #successLU
Utilize your intellectual passions and talents to create and enact a personal definition of success that positively represents you, your profession, and your communities.

*How will you utilize the 5 Foundations to learn more about yourself in your second year?*
SOPHOMORE KICKOFF WEEKEND

Saturday, August 21st

Sophomore Kickoff Day 1
5:30-7:30pm @ Goodman Stadium

Rally
8-9pm @ Stabler Arena

Sunday, August 22nd

Sophomore Kickoff Day 2
12-5pm, Location — Neville Lobby

Which workshops did you attend?

1. 
2. 
3. 

How was what you learned in these workshops relevant to your second year at Lehigh?

For more info scan this QR code
FIRST DAY OF CLASS: AUGUST 23, 2021

Get yourself organized! The first week of classes is a chance to start good habits early on.

My Schedule

**MONDAY**

Class:  
Time:  
Location:

Class:  
Time:  
Location:

Class:  
Time:  
Location:

Class:  
Time:  
Location:

What did you learn during your first year that you are taking with you into your second year?

**ABBREVIATION GUIDE**

<table>
<thead>
<tr>
<th>Code</th>
<th>Meaning</th>
</tr>
</thead>
<tbody>
<tr>
<td>M</td>
<td>Monday</td>
</tr>
<tr>
<td>T</td>
<td>Tuesday</td>
</tr>
<tr>
<td>W</td>
<td>Wednesday</td>
</tr>
<tr>
<td>R</td>
<td>Thursday</td>
</tr>
<tr>
<td>F</td>
<td>Friday</td>
</tr>
<tr>
<td>TR</td>
<td>Tues., Thurs.</td>
</tr>
<tr>
<td>MWF</td>
<td>Mon., Wed., Fri.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Days of the Week</th>
</tr>
</thead>
<tbody>
<tr>
<td>Code</td>
</tr>
<tr>
<td>------</td>
</tr>
<tr>
<td>CU</td>
</tr>
<tr>
<td>CX</td>
</tr>
<tr>
<td>CO</td>
</tr>
<tr>
<td>DR</td>
</tr>
<tr>
<td>FR</td>
</tr>
<tr>
<td>LL</td>
</tr>
<tr>
<td>MG</td>
</tr>
<tr>
<td>MO</td>
</tr>
<tr>
<td>NV</td>
</tr>
<tr>
<td>MU</td>
</tr>
<tr>
<td>PA</td>
</tr>
<tr>
<td>RB</td>
</tr>
<tr>
<td>ST</td>
</tr>
<tr>
<td>WH</td>
</tr>
<tr>
<td>XS</td>
</tr>
</tbody>
</table>

Supplies Needed?
ACADEMIC CALENDAR

Find important academic dates and information here

FALL 2021 SEMESTER

- First Day of Class — Monday, August 23, 2021
- Family Weekend — Friday, September 17, 2021–Sunday, September 19, 2021
- Pacing Break — Monday, October 11, 2021
- Founder’s Weekend — Friday, October 15, 2021–Sunday, October 17, 2021
- Last Day to Withdraw — Friday, November 5, 2021
- Lehigh-Lafayette — Saturday, November 20, 2021
- Thanksgiving Break — Wednesday, November 24–Friday, November 26, 2021
- Last Day of Class — Friday, December 3, 2021
- Final Exams — Tuesday, December 7–Wednesday, December 15, 2021
- Final Grades Due — Saturday, December 18, 2021

SPRING 2022 SEMESTER

- Friday Day of Class — Monday, January 24, 2022
- Spring Break — Monday, March 14–Friday, March 18, 2022
- Last Day to Withdraw — Friday, April 8, 2021
- Last Day of Class — Friday, May 6, 2022
- Final Exams — Tuesday, May 10–Wednesday, May 18, 2022
- Final Grades Due — Saturday, May 21, 2022

Tips for Studying

- Studying begins the first day of class
- Take care of your health
- Plan your time wisely
- Study with your peers
- Visit professor’s office hours
- Use all of your resources (Center for Academic Success, Math Help Center, Writing and Math Center)

HOW MIGHT YOUR STUDY HABITS SHIFT GOING INTO YOUR SOPHOMORE YEAR IN-PERSON?
CONNECT

LINC — How can I search for events?

1. Log into “Connect Lehigh” and click on “LINC”
2. Click on “Events” on the top left of the page
3. Under categories on the left side of the page, filter by the tag “Sophomores”

Sophomore Experience website - go.lehigh.edu/year2

REFLECT

Something new I learned about myself through sophomore series:

• 

• 

• 

• 

• 

Something new I learned about my peers through sophomore series:

• 

• 

• 

• 

• 

Something new I learned about Lehigh through sophomore series:

• 

• 

• 

• 

• 

Something I still want to learn more about:

• 

• 

• 

• 

•
CITY OF BETHLEHEM

Want to get involved in your community?

JOIN THE SOUTHSIDE ARTS DISTRICT STUDENT COMMITTEE

Meet once a month to be involved in community events, art projects and more!

Email the Downtown Manager, Missy Hartney, at missy@southsideartsdistrict.com

Scan this QR code to find discounts to some great restaurants in the community

HOW WILL YOU BE A PART OF THE BETHLEHEM COMMUNITY?

How will you be a good neighbor?
HUNGRY FOR MORE?

Looking to venture out of Lehigh Dining food? Visit the amazing restaurants located in South and North Bethlehem!

*Highlight the places you want to try or have tried already!

South Bethlehem

- Alexandra’s Bistro
- Anna’s Brick Oven Pizza
- Beyond Juice
- Cafe the Lodge
- Campus Pizza
- Casa de Campo
- Deja Brew
- Dinky’s Ice Cream Parlor & Grill
- El Jefe’s
- Flying V
- The Goose
- General Zapata
- Hi Pot
- Jenny’s Kauli
- Johnny’s Bagels & Deli
- Kuki Chinese
- La Lupita
- Lehigh Pizza
- Lit Coffee Roastery and Bake Shop
- Molly’s Irish Grille and Sports Pub
- Molinari’s
- Nawab Indian Restaurant
- NYC Village Pizza
- Playa Bowls
- Roasted
- Rakki Ramen
- Southside 313
- Sotto Santi
- Shangwei Szechuan
- Thai Kitchen
- Twenty Four East
- Tulum
- Tasty China
- U and Tea
- Zest Bar and Grille

North Bethlehem

- Apollo Grill
- The Bayou
- Bethlehem Brew Works
- Billy’s Downtown Diner
- The Brick
- Cachette Bistro & Creperie
- Edge Restaurant
- The Flying Egg
- Hotel Bethlehem
- Mama Nina’s
- The Melting Pot
- Penn Pizza Bethlehem
- Tapas on Main
- Thai Thai II
- Touch Thai Restaurant
- Twisted Olive
- Urbano Mexican Kitchen & Bar
- VegOut Bethlehem
- The Wooden Match

What is one new type of cuisine you might try while in Bethlehem?

....................................................................................................................................
....................................................................................................................................
....................................................................................................................................

How has food played a role in your culture or upbringing?

....................................................................................................................................
....................................................................................................................................
....................................................................................................................................
....................................................................................................................................
EXPLORE THE VALLEY!

Below are some opportunities to learn more about the South and North Bethlehem Area. Some items may require you to purchase tickets or use personal funds. These events are denoted by the $ symbol.

WITHIN WALKING DISTANCE FROM CAMPUS:

• Go to the Farmers Market Thursdays in Farrington Square
• Attend a community festival like Celtic Classic or Oktober Fest
• Visit the shops and restaurants located on Main Street in North Bethlehem with friends
• Attend First Friday Events happening the first Friday of every month in South Bethlehem
• Attend a Banana Factory class ($)
• Go to a concert at Godfrey Daniels
• Take in a show at the Touchstone Theater ($)
• Walk the full length of the Greenway in South Bethlehem
• Take a class at ArtsQuest ($)
• Go on a North Bethlehem Ghost Tour ($)
• Visit the Moravian Bookstore on North Side
• Tour the Sun Inn ($)
• Watch the “Rise and Fall of Bethlehem Steel” video at ArtsQuest ($)
• Attend a performance at Zoellner Arts Center
• Volunteer at a service event, such as Spooktacular
• Head to Mountaintop to bike or hike the trails
• Take a walk on the Hoover-Mason Trestle
• Go to a free concert at SteelStacks

Visit southsideartsdistrict.com for South Bethlehem resources.
Visit discoverlehighvalley.com for even more adventures in Bethlehem and beyond!

1. Nearby events you heard about and want to attend:
2. Fun facts you learned about Bethlehem:
3. 1.
4. 2.
5. 3.
bLUeprinting
...start designing your Lehigh life today

Identity Development
What do you value/believe and how does that guide you through major decisions? What experiences or people have shaped you into the person you are currently, and what are the key things you learned about yourself from those?

Collaborative Connections
Who or what do you rely on to support you? What role do you play in teams or groups and how has working with others influenced who you are as a person and how you see others?

Inclusive Leadership
What does leadership mean to you? What do you believe your responsibility or role is in caring for, or contributing to a community broadly?

Creative Curiosity
What do you want to know more about? What is that thing that sparks your interest, the topic you want to learn about in your free time, the experience or topic you want to talk with others about?

Professional Growth & Success
What goals do you have for yourself, big or small, and why are those important to you? What do you need to know or do to begin taking action toward these goals?

bLUeprinting ...in 3 easy steps:

1. Talk about you...use bullets, write sentences, draw pictures, copy song lyrics—if you can think of a way to capture and express YOU then that is the right way to bLUeprint.

2. Use the above sentences as prompts, or don’t...these are just teasers to get you thinking about what could be key reflections on what has shaped who you are.

3. YOU DO YOU...bLUeprinting is all about you. There is no one way to construct a bLUeprint, each one is unique, just like you are uniquely you and no one else. Make it your own!
CREATE YOUR OWN....

Lehigh bLUeprint

Design something unique or go online and create your digital bLUeprint at: bLUeprint.lehigh.edu.
NOTES

Scan this QR code for additional sophomore resources

---

Important Contacts

**Academic Life & Student Transitions**
610.758.4159

**Center for Gender Equity**
610-758-6484 • incge@lehigh.edu

**Chaplain’s Office**
610-758-3877 • incha@lehigh.edu

**Counseling and Psychological Services**
610.758.3880 • incso@lehigh.edu

**Disability Support Services**
610.758.4152 • indss@lehigh.edu

**Health and Wellness Center**
610.758.3870 • inluhc@lehigh.edu

**Registration & Academic Services**
610.758.3200 • ras@lehigh.edu

**Office of Gender Violence Education and Support**
610.758.1303 • ingves@lehigh.edu

**Office of Multicultural Affairs**
610.758.5973 • inmca@lehigh.edu

**Office of the First-Year Experience**
610.758.1300 • fye@lehigh.edu

**Student Affairs**
610-758-3890 • instuaff@lehigh.edu

**The Pride Center**
610-758-4574 • pridedcenter@lehigh.edu
The Learning Cycle Definitions

**Discover**
Verba | dis-cov-er | \dis-ˈkā-vər\

The First Phase is Discover.
Discover can be defined as to learn or find out. Discover the way you have learned. Discover who you have been and what you have valued and believed. Discover the kinds of relationships you have. Discover who you have been as a member of a diverse community. Discover how you have approached professional growth and defined success.

**Explore**
Verba | ex-plore | \ek-ˈsplor\

The Second Phase is Explore.
Explore can be defined as to learn about by trying it. Expand your learned approach, incorporating new learning styles and ways of knowing. Expand your sense of self, incorporating new possible values, beliefs, identities, and ways of being. Expand your approach to relationships, incorporating new communication styles and ways of relating. Expand your role in the community, incorporating principles of leadership, citizenship, service, ethical integrity, and social justice. Expand your approach to professional growth and success to be meaningfully successful at Lehigh.

**Connect**
Verba | con-nect | \kə-nekt\

The Third Phase is Connect.
Connect can be defined as to bring together so that a real link is established. Connect your expanded learning approach, your expanded sense of self, your expanded approach to relationships, your inclusive leadership skills and outlook, and your approach to professional growth and success to academic and co-curricular learning.

**Apply**
Verba | ap-ply | \ə-ˈplī\

The Fourth Phase is Apply.
Apply can be defined as to be applicable or relevant. Live out your new learning approach, your new sense of self, your new approach to relationships, your new inclusive leadership approach, and your new approach to professional growth and success at Lehigh and beyond.
THE DRAFT BOOK
IS A COLLABORATIVE EFFORT BY THE DEAN OF STUDENTS OFFICES
INSOPHEX@LEHIGH.EDU