Lehigh University InSTALLment

February/March 2016

A Snapshot of Student Health & Safety:
Lehigh student health and safety is studied through the University's participation in the National College Health Assessment (NCHA), a nationally recognized research survey conducted annually. The NCHA is confidential and covers a wide range of student health issues including disease and injury prevention, academic impacts, violence and personal safety, substance abuse, sexual behavior, nutrition and exercise, mental health, sleep and many others. The data collected is shared with students, faculty and staff to inform and impact health programming, practices and policies.

Take the NCHA! Let Your Voice Be Heard!
Surveys will be emailed to randomly selected undergraduate and graduate students on February 1. All students who complete the survey by February 21 will receive a voucher for a FREE COFFEE/TEA at Common Grounds, Global Café or Baker’s Junction and will be eligible to receive one of ten $50 cash awards.

What if everyday choices were treated like sexual consent?
Consent isn’t complicated. But when it’s sexual consent, some people suggest that it is. If understanding consent were truly so difficult, here’s what our everyday lives would look like.

This Valentine’s Day, if you are concerned that you or someone you know is in an unhealthy or abusive relationship, please use the resources for support and reporting options listed below.

Lehigh After Dark

Open Mic Night
Sat., 2/6, 8pm-12am, Lamberton Hall

Open Mic Night
Fri., 3/4, 8pm-12am, Lamberton Hall

Frattle of the Bands
Sat., 3/5, 8pm-12am, Lamberton Hall

Spring Break-It-Down: Silent Disco
Thurs., 3/24, 9pm-12am, Grace Hall

Open Mic Night
Fri., 4/1, 8pm-12am, Lamberton Hall

LU Battle of the Bands
Sat., 4/2, 8pm-12am, Lamberton Hall

Trivia Night (weekly)
Thurs., 10pm-12am, Hawk’s Nest

Taylor Gym Open Late (most Fridays)
Fri., 10pm-2am, Taylor Gym

Check out the Lehigh After Dark website for more upcoming events

Be an AMBASSADOR!

Attention students! The LAD Ambassador program is YOUR way to get behind the scenes with Lehigh After Dark. Help to get your friends and organizations involved with LAD, plan large-scale events, brainstorm new ideas, give feedback and get some AWESOME perks along the way.

Email indark@lehigh.edu to join, get more information and/or to ask questions.

Lehigh, NCHA Undergraduate Spr ’14

LUPD, Johnson Hall, 2nd Floor: 610-758-4200
Advocates: 610-758-4763
Title IX Coordinator, Alumni Memorial Building, 3rd Floor: 610-758-3535
Gender Violence Education and Support, University Center, First Floor, C109: 610-758-1303
Gender Violence Reporting Form: http://cf.lehigh.edu/sa/auth/gender/

Don’t Be A Bystander; Take A Stand Against Hazing
45% of Lehigh undergraduate students reported witnessing hazing; and intervened by trying to stop it or by talking about it with a professional staff member, teammate or friend (Lehigh NCHA Spr. ’15). “Hazing is any action taken or situation created, whether on or off campus, to produce mental or physical discomfort, embarrassment, harassment, or ridicule.” No matter what it looks like, it’s never okay. When in doubt, check it out.

Asking questions. See what others think. Don’t be a bystander. To learn more about hazing, or to report a hazing incident, visit the hazing prevention website (http://studentaffairs.lehigh.edu/hazing-prevention).

Campus-Wide Design Competition
Student Affairs is seeking a title, logo and tagline for its Bystander Intervention Initiative and we want you to submit one! Submit your ideas by March 1, 2016. The winners for Best Title, Best Logo and Best Tagline will be chosen by the Bystander Intervention Planning Committee and will each receive a $100 Amazon gift card as a prize! Current Lehigh students, faculty and staff are eligible to win up to three prizes. Send your submission and/or questions to sde213@lehigh.edu.

InSTALLments are published by the Health Advancement & Prevention Strategies Office, Division of Student Affairs. Copies of this publication can be found online. Send your comments to inhaps@lehigh.edu.

Originally published on Everyday Feminism
Please remember that even if an incident occurs while you are away on spring break or studying abroad, you still have access to all of Lehigh’s resources and reporting options.

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