

Welcome to Lehigh (and welcome back!)



your '24-'25 vision board:

1



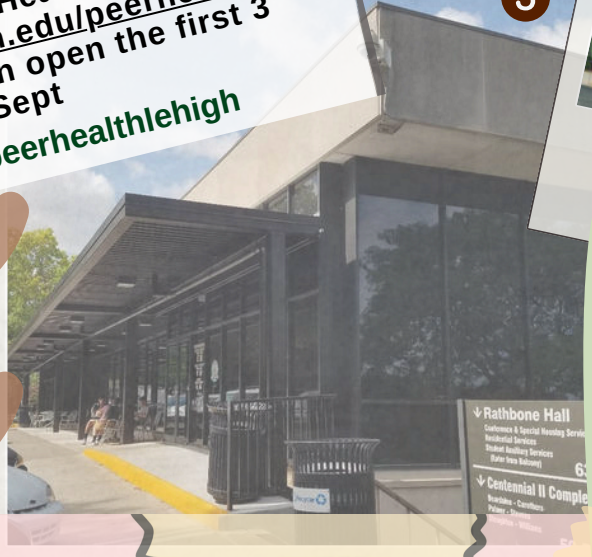
Welcome and welcome BACK to Lehigh! While there is so much to navigate academically, socially, emotionally, and physically with new environments, we want to remind you of not only the resources available, but the community you now belong to, ready to meet you exactly where you are. All of our campus partners' common goal is respecting the individuality of the students who make Lehigh's culture the inclusive and diverse institution it is today to engage, connect and explore.

2



Interested in providing support, resources, and programming to students about alcohol, well-being, and other health behaviors? Apply to be a **Peer Health Advisor**.
[@go.lehigh.edu/peerhealthapp](https://go.lehigh.edu/peerhealthapp)
Application open the first 3 weeks in Sept
[@peerhealthlehigh](https://twitter.com/peerhealthlehigh)

3



4



UCPS & HWC here for your physical and mental well-being

UCPS

- free group & individual counseling
- college transition, body image, alcohol, drug & addiction

HWC

- 2nd floor side entrance
- call or chat to schedule an appointment
- most visits are free
- free health-related items on 3rd floor + food pantry

Connect, Communicate, Navigate

- Club & Community Expo- 8/28, 4pm, CUC Lawn
- Knit Together- learn to knit and connect with others- meet once a week during fall semester!
- Interested? email inhaps@lehigh.edu
- Family & Founders Weekend- 9/20

look for events all weekend!



Conscious of the world

- ♥ Car Free Day
- ♥ Student Flu Clinic- 10/8 and 10/30
→ sign up at go.lehigh.edu/flu2024
- ♥ STI Testing Clinic- 9/11 and 9/24
→ sign up in your [Student Health Portal](#)
- ♥ Mobile Immunization Clinic w/ HWC & BHB- 9/25
→ call HWC to schedule an appointment
- ♥ Rock the Block- 9/10
→ STEPS Lawn, 11:30am-1:30pm
get to know offices that work within Diversity, Equity & Inclusion

THE RED ZONE

The Red Zone is the time from August-November where more than 50% of college sexual assaults occur

be proactive by understanding the effects of alcohol and drugs, environmental awareness & being a bystander

DID YOU KNOW?

66% of Lehigh students do not participate in binge-drinking

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Campus Safety: 610-758-4200

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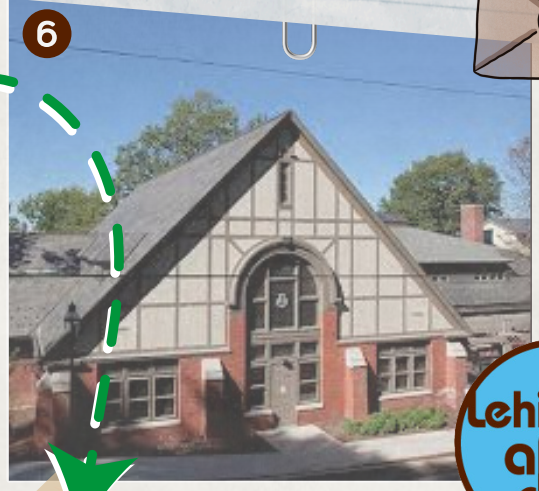
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take care of you- try some classes at Taylor Gym or check out the fitness center

fitness class sign-up in **HERE**
[@lehightaylorgym](https://twitter.com/lehightaylorgym)

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Lehigh After Dark

Thurs, Fri & Sat Nights- something for everyone!

- 8/29 & 9/28 Trivia: once a month in Lamberton
- 8/31 & 9/28 WINGO: (bingo + wings/ snacks) STEPS lawn
- 9/6 Art Night: first Fri of the month @ HST
- 9/13 Glow Spin: monthly @ Taylor Gym
- 9/20: Yard Show @ CUC Lawn
- 9/21: Movie @ CUC Lawn
- ...& more!

[@lehighafterdark](https://twitter.com/lehighafterdark)

Can you name all 8 campus buildings on this InSTALLment? Follow [@lehigh_haps](https://twitter.com/lehigh_haps) on IG & email inhaps@lehigh.edu with your response by 9/30 to be entered into a drawing!