Please read this communication carefully and in its entirety as it contains important isolation information, resources and information for you to share with your living mates and close contacts (STEP 2 BELOW).

STEP 1) **ISOLATE FOR 5 DAYS** - As indicated in the updated CDC recommendations for positive cases and university isolation and quarantine protocol.

**Timeline of Isolation and COVID-19 guidelines:**
- **Day 0** Onset of Symptoms
- **Day 1-5**; Isolation Dates
- **Day 6-10**; May return to campus activities IF symptoms are significantly improved and NO fever for 24 hours without taking medications. **Must wear a well-fitted mask at all times and do NOT eat with anyone.**
- **Day 11**; Released from all COVID-POSITIVE guidelines

Although some people with positive results will experience mild or no symptoms, it is important to monitor your health for new or worsening signs and symptoms of COVID-19, especially fever, cough, and/or shortness of breath. You should call the Lehigh University Health & Wellness Center if your symptoms worsen or you develop new symptoms that could be related to COVID-19 as listed on the CDC Symptoms of Coronavirus.

If you are experiencing a medical emergency and you are located on-campus, you should call the Lehigh University Police Department at 610-758-4200 and seek emergency medical care. If you are located off-campus, please call 911.

Students who reside within driving distance of campus are permitted to travel home via private car to complete isolation. Students **should not** travel by public transportation (plane, train, or bus) or by ride-share.
STEP 2) IMMEDIATELY NOTIFY LIVINGMATES AND ALL CLOSE CONTACTS (including but not limited to all students/staff/faculty) upon receipt of positive result. Please share this information with your roommates/suitemates and close contacts and have them reference the University's Updated Isolation and Quarantine Protocols, CDC guidance for Close Contacts, and Instructions for Close Contacts; it will help them identify their own quarantine and/or testing needs.

IMPORTANT INFORMATION:
- You **DO NOT** need to take another test to be cleared from isolation
- Please **CONTINUE** to practice good hand hygiene and social distance

RESOURCES:
- **Counseling Services**: 610-758-3880
- **Academic Support**: 610-758-5181 | intutor@lehigh.edu
- **Lehigh’s Absence Policy**
  - Absence Reporting Form
- **Food and Dining**
  - Additional information/options will be sent in email from Isolation Housing

As always, you can send the Health & Wellness Center (HWC) a secure message with non-urgent inquiries through the Student Health Portal and a staff member will be in touch if you have questions after reading this information.

For additional information and questions, please visit the COVID Information Center and Frequently Asked Questions.