

The enclosed health forms MUST be completed and uploaded to the Student Health Portal no later than July 11th. Failure to comply will prevent students from obtaining a residence hall key upon arrival.

Please keep a copy of these completed forms for your records.

During the summer months, inquiries regarding the Health Forms are received weekday mornings after 9:00 a.m. at 610-758-3870.



Health & Wellness Center 36 University Drive Bethlehem, PA 18015 Phone: (610)-758-3870

Dear Entering Student:

On behalf of the Health Center staff, welcome to Lehigh University.

Enclosed are your immunization and physical examination forms which must be completed and uploaded to your Student Health Portal by **July 11**th for Fall Admission or **January 9**th for Spring Admission. This information enables our staff to provide the best possible care for you and is treated confidentially. A Physical examination within the last 12 months is <u>required for all incoming students</u>. For students who plan to participate in **varsity athletics**, <u>the physical examination must be within 6 months</u> of your first day of classes at Lehigh.

Communicable diseases continue to cause outbreaks on college campuses. We <u>require</u> the following immunizations or evidence of immunity. Failure to comply may result in registration being blocked for your second semester. We suggest you bring this letter to your healthcare provider along with your health form.

- 1. Hepatitis B
 - A 3 shot series is required.
- 2. Measles Mumps Rubella (MMR)
 - Two (2) single doses of live measles, mumps, and rubella vaccine or two (2) combined doses of MMR vaccine at least 28 days apart after 12 months of age are required.
- 3. Tetanus/Diptheria/Pertussis (Tdap) or Booster
 - A Tdap vaccine within 10 years is required.
- 4. Chicken Pox (Varicella)
 - Requirement is two (2) doses of vaccine; or blood test report showing immunity.
- 5. Meningitis (Meningococcal Vaccine A,C,Y,W-135)
 - You must have had at least one vaccine after the age of 16.
- 6. Meningitis B (Meningococcal Vaccine Serogroup B)
 - **At least 1 dose** prior to enrollment at Lehigh is required. If non-compliant; the student will not be able to obtain their residence hall room key. **Completion** of series within manufacturer guidelines is required for future registration.

The Health & Wellness Center offers the following vaccines for a fee – HPV (Gardasil 9), Meningitis A,C,Y,W (Menveo), Meningitis B (Bexsero & Trumenba), and Tdap (tetanus, diphtheria, & pertussis).

Please visit our website www.lehigh.edu/health to view a listing of services offered, policies, and our Notice of Privacy Practices. The Bursar's Office will send you information on the university-sponsored health insurance plan, Wellfleet (a Cigna product) designed to complement the services provided to students by the Health & Wellness Center. We strongly recommend consideration of the plan even if you have other health insurance. It is particularly important for you to understand possible limitations with health insurance while you are attending college, including easy access to simple blood tests and x-rays. We recommend consulting your physician or insurance carrier before waiving the student health insurance. Regardless of your coverage, proof of insurance is required to be uploaded to your student health portal.

Best wishes for a successful and healthy experience at Lehigh! Sincerely,

Dr. Steven Bowers, DO

^{*}For more information on these vaccines please refer to the CDC website (www.cdc.gov/vaccines)

If the immunization requirements are not met, the student will NOT be permitted to obtain their residence hall room key. Please record dates (month/day/year) below AND include a copy of vaccine records from your medical provider.

NAME Last First			Middle				
D.O.B// Month Day Year							
REQUIRED IMMUNIZATIONS THIS SECTION MUST BE COMPLETED AND FILLED OUT. ANY BLOOD TEST REPORT SHOWING IMMUNITY MUST BE	ATTACHED.	1 st Dose Date	2 nd Dose Date	3 rd Dose	4 th Dose		
1. Hepatitis B A three (3) dose series is required. A blood test repoint indicating immunity is acceptable.	ort						
Alternative 2 dose series HEPLISAV-B							
2. MMR (Measles/Mumps/Rubella) Two (2) doses after age 12 mo at least 28 days apart. A blood test report indicating immunity is							
3. Tdap (Tetanus/Diphtheria/Pertussis) Vaccine within 10 years.							
4. Varicella (Chicken Pox) Two (2) doses after age 12 months, a least 28 days apart. A blood test report indicating immunity is a							
IMMUNIZATONS AFTER AGE 16							
5. Meningitis (Serogroups A,C,Y, W135) at least one (1) dose after <i>MenQuadfi, Menactra, Menveo or Menomune</i>	age 16.						
Both Meningitis and Meningitis B are requ	uired immuniz	ations					
6. Meningitis B (Serogroup B) Two (2) doses are required. Please indicate which brand received. BEXSERO - 2 dose series OR TRUMENBA - 2 dose (6 months apart) (6 months apart)	lose series						
Alternative Meningitis (Serogroups A, B, C, W, and Y)	PENBRAYA						
Second dose of Trumenba required after 6 months. Alternative Meningitis (Serogroups A, B, C, W, and Y) Second dose of Bexsero required after 6 months.	PENMENVY						
OTHER IMMUNIZATIONS RECEIVED (highly recommended but not	required)		_				
COVID-19 ()Moderna ()Pfizer ()Johnson & Johnson ()							
Hepatitis A							
HPV (Human Papillomavirus Vaccine)							
Influenza							
Polio							
I certify that to the best of my knowledge the information provided		ue and compl		·			
Healthcare Provider's Signature			Date:				
Telephone:							
Fax:	[Offi	ce Stamp]					

LEHIGH UNIVERSITY			PHYSICAL EXAMINATION				2025/2026	
			dents, <u>MUST</u> be done within one (1) year pates, <u>MUST</u> be done within six (6) months pa					
NAME				D.O.B	/_	/_		
Last		First	Middle		Month	Day	Year	
Examination Date:								
Take any medications? If yes,	please list	med, dose, f	requency. ()NO ()YES					
Any allergies (medicine, food,	environme	ntal)? ()NO	()YES, explain:					
History of Anaphylaxis? ()NC MEDICAL HISTORY?			trigger? Does student o	arry an EpiPe	n or AuviQ?	P()NO ()YES	
SURGICAL HISTORY?								
Any general comments or reco	mmendatio	ns that may be	e important for the care of this student?					
Physical Examination: BP		P	HT WT BMI	Vis	ion: R 20/_	L 20	0/	
	NORMAL	NOT EXAMINED	ABNORMAL - describe findings					
General Appearance								
Head, Eyes, Ears, Nose, Throat								
Lymph Nodes								
Cardiovascular/Pulses								
Respiratory/Lungs								
Gastrointestinal								
Musculoskeletal								
Neurologic			# of Concussions					
Skin								
	REQU	JIRED FOR	VARSITY ATHLETIC PARTICIPA	ATION:				
NCAA requires confirmation of sick	le cell trait sta	atus for all athlet	es, documentation of test results must be pro-	vided and uploa	ded.			
This student is medically cleared for	or sports part	icipation: () Ui	nlimited () Limited () Not Cleared, prov	vide details:			() N/A	
Please be sure to have this section com	pleted if you pl	an to participate in	or try out for varsity sports at any point during your	time here on can	npus.		() 14// (
I certify that to the best of	f my know	/ledge the ii	nformation provided on this form	is true and	l complete	·.		
Physician/Healthcare Provider	's Signature)		_ MD, DO, NF	, PA-C DAT	E:		
Office Address:	 							
Office Phone:			[OFFICE S	TAMP]				
Office Fax:	 							