APPOINTMENT HOURS

Monday - Thursday: 8:15 - 4:30
Friday: 9:15 - 4:30

Check HWC's IG or website for any changes during holiday and break times.

Looking to schedule an appointment with HWC? Please call 610-758-3870. We are an appointment-based office.

LOCATION

NEW: All clinical appointments are located on the 2nd floor. Enter through the west-side doors of Johnson Hall.

OUR Services

In addition to evaluating and treating illnesses and injuries, the Health & Wellness Center also offers other services to Lehigh students such as:

- Reproductive Health Services
- Immunizations
- Lab Services
- Physical Exams
- Specialist Referrals
- Sexual Health Services
- .. and more!

IMPORTANT UPCOMING ACADEMIC DATES

11/7  Civic Engagement Day (no classes)
11/10  Last day to withdraw with a W
11/13-11/16 Winter/Spring registration
11/22-11/24 Thanksgiving Break
12/8  Last day of class
12/12-12/20 Final Exam period
Student Resource Center/Pantry

Located in Johnson Hall on the 3rd floor, the student resource center/pantry is available to all undergraduate and graduate students. This is also where the Garden to Pantry fridge is located that offers fresh produce from the Permaculture Park. Follow us on Instagram @lehighhealthcenter to keep up with produce restock.

Other items available:
- variety of food/snack items: oatmeal, mac and cheese, tuna, granola bars, sandwich crackers, & more
- health-related items: basic first aid kits, hygiene products, OTC Covid tests, pregnancy tests, & more

As mentioned in last month’s newsletter - an extension of the student resource center will now be ON WHEELS. Find the Peer Health Advisors (PHA) cruising around campus a few times a week as we continue to support your well-being needs.

UPCOMING HWC EVENTS
MARK YOUR CALENDAR

Wellness Wednesday

Monthly conversation around different health-related topics

Series 3: “Birth Control 101”

**Topic:** Birth Control 101 & what this process looks like at HWC  
**Audience:** all students welcomed  
**Date:** Wednesday, November 1 | **Time:** 12:15 - 1:00 PM  
**Location:** Johnson Hall - 3rd Floor lobby

RSVP preferred, but not required

Zoom option also available; reach out to Yen DeBellis ngn217
FREE STI TESTING CLINIC

Schedule an appointment on your Student Health Portal

NOVEMBER 14
9:00 AM - 11:00 AM

DECEMBER 5
9:00 AM - 11:00 AM
1:00 PM - 4:00 PM

HEALTH & WELLNESS CENTER
2ND FLOOR WEST-SIDE DOOR ENTRANCE
(FACING SINGLETON, HITCH, AND MAIDA)

Protect your crew,

Get vaccinated against the flu!

Lehigh Student Flu Clinic
Wednesday
November 8th
9am-4pm

STEPS
Bring:
insurance card (copy/pic front and back) and paperwork from sign up

Sign up now:
go.lehigh.edu/flu2023

got a question? email inhaps@lehigh.edu
CAMPUS RESOURCES

Healthy. Happy. Here we come.

Start your free membership today!
GO.LEHIGH.EDU/HEADSPACE

Questions or issues? email inhaps@lehigh.edu

PEER HEALTH ADVISORS

FOR MORE INFORMATION, VISIT:
UNIVERSITY COUNSELING AND PSYCHOLOGICAL SERVICES (UCPS)
610-758-3880 | INCSO@LEHIGH.EDU

www.lehigh.edu/health | 610-758-3870 | inluhc@lehigh.edu

TELU$® Health
Student Support
(Formerly MyS$SP)


- 24/7 real-time phone and chat support
- real-time and scheduled support
- multiple languages
- wellness resources

CALL 1.844.886.8536
OR +001.416.380.6578 (OUTSIDE US)

#ITSO$AYT$OFEE$L

DOWNLOAD THE APP