HEALTH & WELLNESS CENTER

APPOINTMENT HOURS

Summer Break:

Monday, Tuesday, Thursday

Wednesday, Friday

Lunch (closed):

in person 9-3

virtual 9-3

12:00 - 12:30

Check HWC's IG or website for any changes

Looking to schedule an appointment with HWC? Please call 610-758-3870.

We are an appointment- based office.



FOLLOW US
ON INSTAGRAM

<u>@LEHIGHHEALTHCENTER</u>





In addition to evaluating and treating illnesses and injuries, the Health & Wellness Center also offers other services to Lehigh students such as:

- Reproductive Health Services
 - NEW: IUD Insertion & Removal
 - **NEW:** Nexplanon Insertion & Removal
- Immunizations
- Lab Services
- Physical Exams
- Specialist Referrals
- Sexual Health Services
 - **NEW**: PrEP
- .. and more!

For more information and to view **all** services, check out our website: <u>lehigh.edu/health</u>



UPCOMING @ THE HWC FOR FALL 2023

- STI Testing Tuesday
 - Bi-weekly FREE Gonorrhea & Chlamydia urine testing
- Wellness Wednesday
 - Monthly conversation around different healthrelated topics
- · Chat Feature
 - connect with us via chat on the <u>Student</u> <u>Health Portal</u>
- All clinical appointments located on 2nd floor
 - one entrance for all HWC appointments

more info to follow

CURRENT FULL-TIME STUDENTS:



ARE YOU IMMUNIZATION COMPLIANT?

Log in to your <u>Student Health Portal</u> to view your immunization compliance status. A green checkmark indicates compliance; a <u>RED X</u> indicates noncompliance. Upload documentation for processing or send us a secure message through the portal if you have any questions.

INCOMING FULL-TIME STUDENTS:



HEALTH FORMS DUE JULY 15

Health forms are required for ALL incoming full-time students. Health forms consist of a physical exam within 1 year of matriculation, or 6 months for student athletes, and documentation of required immunizations. Forms will be included in the first- year welcome kit or can be found on our website here. Upload completed forms to your Student Health Portal.



WE, ARE

Work Study Positions Fall 2023 (

- Social Media WS Associate
- HWC WS Associate

Join our WS team!

View job postings on Handshake: https://www.hirelehigh.com/handshake

CAMPUS RESOURCES

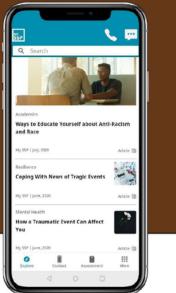




Your success starts with great support

Attending college or university is an exciting life experience. It can also be a time of change, adjustment and stress. My Student Support Program (My SSP) is here to help you succeed. Connect with us 24/7 for free, confidential mental health and wellbeing support.

Call. Chat. Anytime. Anywhere. Download the app to connect today



My SSP app provides free access to a variety of wellbeing resources:

- Articles
- Assessments
- Podcasts
- Videos
- Virtual Fitness Sessions

My SSP can help you anytime with adapting to new challenges, being successful at school, stress and worry of daily life, relationship concerns, sadness and loneliness, uncertainty and much more.

Free, confidential support when you need it.

- 24/7 real-time phone and chat support
- Multilingual support available
- Match with a professional counselor
- On-going short-term phone and video counseling support by appointment







1.844.886.8536

*If calling from outside North America: 001.416.380.6578

FOR MORE INFORMATION, VISIT: UNIVERSITY COUNSELING AND PSYCHOLOGICAL SERVICES (UCPS) 610-758-3880 | INCSO@LEHIGH.EDU