

HEALTH & WELLNESS CENTER

welcome
BACK

We hope you had a restful break and a wonderful two weeks back on campus.

Looking to schedule an appointment with HWC?

Please call 610-758-3870.

We are an appointment- based office.

APPOINTMENT HOURS

Monday - Thursday: 8:15 - 4:30
Friday: 9:15 - 4:30

Check HWC's IG or website for any changes



FOLLOW US ON INSTAGRAM
@LEHIGHHEALTHCENTER

LOCATION

All clinical appointments are located on the 2nd floor. Enter through the west-side doors of Johnson Hall.



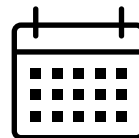
OUR Services

In addition to evaluating and treating illnesses and injuries, the Health & Wellness Center also offers other services to Lehigh students such as:

- Reproductive Health Services
- Immunizations
- Lab Services
- Physical Exams
- Specialist Referrals
- Sexual Health Services
- .. and more!

For more information and to view **all** services, check out our website:

lehigh.edu/health



IMPORTANT SPRING ACADEMIC DATES

2/19 - 2/29
3/11 - 3/15
4/1 - 4/11
4/15 - 4/18
5/3
5/7-5/15

Common Hour Exams
Spring Break
Common Hour Exams
Summer/Fall Registration Period
Last Day of Class
Final Exam Period

UPCOMING HWC/HAPS EVENTS

MARK YOUR CALENDAR

Health & Wellness Center x Health Advancement & Prevention Strategies

Presents

WELLNESS Wednesday



Monthly conversation around different health-related topics



RSVP recommended, not required

Series 4 Topic: STI/HIV Awareness + Education



Audience: all students welcomed

Date: Wednesday, February 7 | **Time:** 4:30 - 5:15 PM

Location: Johnson Hall - 3rd Floor lobby

Zoom option available, please reach out to Yen DeBellis ngn217

Health & Wellness Center x Health Advancement & Prevention Strategies

FREE STI TESTING CLINIC

SCHEDULE AN APPOINTMENT ON YOUR
STUDENT HEALTH PORTAL



9:00 - 11:00 AM

1:00 - 4:00 PM

Wednesday, February 14

Tuesday, February 27

more dates to follow

Screening provided is for Chlamydia & Gonorrhea. Please be advised that screening includes a urine sample. For other screenings, please contact the Health & Wellness Center.



HEALTH & WELLNESS CENTER
2ND FLOOR WEST-SIDE DOOR ENTRANCE
(FACING SINGLETON, HITCH, AND MAIDA)

HIV Testing Clinic

Get tested
for FREE!



schedule an appointment on your [student health portal](#)



- Tuesday 2/20
- Wednesday 2/21
8:30 - 11:30 am



Johnson Hall,
2nd Floor

*** Please be advised this is a blood test. If you have any questions, please reach out to the Health & Wellness Center.*



2/2 ART NIGHT

2/3 CASINO NIGHT



2/9 GLOW SPIN



2/15 THURSDAY NIGHT TRIVIA

2/23 ROLLER SKATING EVENT



2/24 WINGO



@MOUNTAIN TOP BUSES WILL BE LOOPING

& MORE EVERY THURSDAY, FRIDAY & SATURDAY



FOLLOW @LEHIGHAFTERDARK FOR MORE EVENTS & DETAILS

QUESTIONS??
EMAIL INDARK@LEHIGH.EDU



Join Peer Health Advisors and
Break the Silence Peer Educators in...

COCOA & CONDOMS

Free safe sex products,
education, cookies, cocoa,
and conversation!



Wednesday 2/14
@ STEPS 11 am-1 pm

PEER HEALTH ADVISORS
BREAK THE SILENCE
THE SILENCE PEER EDUCATORS

CAMPUS RESOURCES AND EVENTS



**Healthy. Happy.
Here we come.**



 headspace

Start your free membership today!
GO.LEHIGH.EDU/HEADSPACE

Questions or issues?
email inhaps@lehigh.edu



PEER HEALTH
ADVISORS

LUally
Spring 2024



Black Experiences in the LGBTQ+ Community

Tuesday, February 20
12:00 - 1:30pm

Join us for an interactive workshop in partnership with the Office of Multicultural Affairs and in recognition of Black History Month at Lehigh.

Facilitated by **Scott Burden, Director & Ariel Torres, Associate Director of The Pride Center** and **Dr. Robert Robertson, Director of The Office of Multicultural Affairs**

Head to
go.lehigh.edu/LUally or
scan the QRcode for
session descriptions
and registration



Registration is required, free pizza lunch provided



The Pride Center is committed to making each and every one of our programs and initiatives accessible and inclusive. If you are planning to attend a program and have any accessibility needs or desires, please contact Mel Kitchen at mbk411@lehigh.edu in advance of the program for coordination.



Join us for snacks and
crocheting!
Hope to see you there! <3
(all supplies provided)



Queer Threads

SAVE THE DATE


FEBRUARY 16TH @ 5-6 PM
PALMER HOUSE DORM
SYLVIA RIVERA LOUNGE



OMA OFFICE OF MULTICULTURAL AFFAIRS PRESENTS


CELEBRATING BLACK HISTORY MONTH

HISTORY MAKER Luncheon



Guest Speaker
**DEAN
GEORGETTE
CHAPMAN
PHILLIPS**

**THURSDAY,
FEBRUARY 28TH**
12:00 PM - 1:00 PM
HST FORUM
ROOM L101



Scan to Register

Join us at the Celebrating Black History Month: History Maker Luncheon, hosted by the Office of Multicultural Affairs. Where we will honor Lehigh University's very own Georgette Chapman Phillips, the Dean of the College of Business.

Secure your spot now, as spaces are limited

OR REGISTER AT LEHIGH.EDU/OMAEVENTS



CAREER EXPO
2024 spring virtual

-  Thursday, February 15
-  Virtual - Handshake
-  4 - 7 p.m.
-  Professional attire required

Lehigh Spring 2024 Virtual Career Expo

Open to all undergraduate and graduate students

This online event gives you the opportunity to network with employers in 1:1 and group sessions!

Student registration open now:

1. Login to Handshake at go.lehigh.edu/handshake
2. Go to Events & search "Lehigh Career Expo"
3. Click on Lehigh [Virtual Spring 2024 Career Expo](#)
 - a. Register for the event
 - b. Review the employers attending
 - c. Begin building your expo schedule by adding 1:1 and group sessions



Center for Career & Professional Development

Get expo-ready at Career Expo Prep

Bring a laptop to this in-person event and complete your Expo Prep action steps:

1. Enhance your resume
2. Prepare your elevator pitch
3. Research companies attending the expo
4. Update your Handshake profile

Receive a **free professional photo for LinkedIn** by completing each Expo Prep action step!







Register for the in-person prep event:

- Login to Handshake at go.lehigh.edu/handshake
- Go to Events & search "Expo Prep"
- Click on [Career Expo Prep](#)



CAREER EXPO PREP

-  Friday, February 9
-  HST Forum
-  Drop-in 11:30am - 3:30pm
-  Professional attire required

Center for Career & Professional Development



TELUS[®] Health

Student Support
(Formerly MySSP)

DOWNLOAD THE APP >

#ITSOKAYTOFEEL



CALL
1.844.886.8536

OR
+001.416.380.6578
(OUTSIDE US)

Chat. Call. Anytime. Anywhere.

- 24/7 real-time phone and chat support
- real-time and scheduled support
- multiple languages
- wellness resources



FOR MORE INFORMATION, VISIT:
[UNIVERSITY COUNSELING AND PSYCHOLOGICAL SERVICES \(UCPS\)](#)