

HEALTH & WELLNESS CENTER

APPOINTMENT HOURS

Monday - Thursday: 8:15 - 4:30
Friday: 9:15 - 4:30

Check HWC's IG or website for any changes

Looking to schedule an appointment with HWC?

Visit your Student Health Portal to chat with a HWC staff member or call 610-758-3870. We are an appointment-based office.



FOLLOW US ON INSTAGRAM
@LEHIGHHEALTHCENTER

LOCATION

All clinical appointments are located on the 2nd floor. Enter through the west-side doors of Johnson Hall.



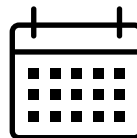
OUR Services

In addition to evaluating and treating illnesses and injuries, the Health & Wellness Center also offers other services to Lehigh students such as:

- Reproductive Health Services
- Immunizations
- Lab Services
- Physical Exams
- Specialist Referrals
- Sexual Health Services
- .. and more!

For more information and to view **all** services, check out our website:

lehigh.edu/health



IMPORTANT SPRING ACADEMIC DATES

3/11 - 3/15
4/1 - 4/11
4/15 - 4/18
5/3
5/7-5/15

Spring Break
Common Hour Exams
Summer/Fall Registration Period
Last Day of Class
Final Exam Period

NEW



LEHIGH
UNIVERSITY

A LEHIGH FOR EVERYONE

UNIVERSITY FOOD BANK & STUDENT RESOURCE CENTER

Are you in need of a snack, small grab & go meal and/or health-related item? Located on the 3rd floor lobby of Johnson Hall, we offer a student resource center & pantry to all Lehigh students.

SOME AVAILABLE ITEMS

- Fresh fruit
- Salad kits & vegetables
- Tuna, mac n cheese, soups, oatmeal
- various types of granola bars, crackers, trail mix, cereal
- Hygiene products
- Sexual Health products
- Menstrual products
- Covid test, Pregnancy test
- First Aid kits, Tylenol, Ibuprofen

AND SO MUCH MORE!

***Please consider taking the survey located in the lobby space. Feedback is greatly appreciated and will support grant & funding needs/requirements. Questions? email Yen DeBellis ngn217*

Wellness Wagon



Have you seen us around campus? As an extension of the Health & Wellness Center's student resource center located on the 3rd floor of Johnson Hall, keep an eye out for the Wellness Wagon - our resource center ON WHEELS! Find the Peer Health Advisors cruising around campus several times a week with health-related items and resources.

See what students are saying...

“

This is an awesome idea that I was happy to see in the library. I don't normally fill out these surveys but I really like this idea and hope it continues.

This is an amazing idea and I'm so happy is an option for students!

This was by far the best thing I've seen on Lehigh's campuses so far, please bring it back!

This is my first time seeing something like this and I think it's amazing, especially for students who don't know about resources on campus.

”

UPCOMING HWC/HAPS EVENTS

MARK YOUR CALENDAR

Lehigh University Police Department
Lehigh University Emergency Medical Services
Health Advancement and Preventative Strategies

Everyone has a role in campus safety, what is yours?

SIPS WITH SAFETY

Tuesday, March 5th
4-6 PM
UC Flagpole

Connect with LUPD, LUEMS, and Peer Health Advisors to explore ways to engage more actively in promoting safety across the Lehigh community.

Refreshments will be available!

PEER HEALTH
ADVISORS



Health & Wellness Center x
Health Advancement & Prevention
Strategies Presents



WELLNESS Wednesday



Monthly conversation around different health-related topics



RSVP recommended,
not required

Series 5 Topic:
Vaping Awareness & Education

Date: Wednesday, March 6 | **Time:** 4:30 - 5:15pm
Location: Williams Hall - Roemmele Global Commons

Food will be provided



Health & Wellness Center x Health Advancement & Prevention Strategies

FREE STI TESTING CLINIC

SCHEDULE AN APPOINTMENT ON YOUR
STUDENT HEALTH PORTAL



Tuesday, March 26
Wednesday, March 27
Tuesday, April 9
Wednesday, May 1

Screening provided is for
Chlamydia & Gonorrhea.
Please be advised that screening
includes a urine sample.
For other screenings,
please contact the
Health & Wellness Center.



HEALTH & WELLNESS CENTER
2ND FLOOR WEST-SIDE DOOR ENTRANCE
(FACING SINGLETON, HITCH, AND MAIDA)

HIV & Syphilis Testing Clinic

Get tested
for FREE!



schedule an
appointment on your
student health portal



- Wednesday 4/17
8:30 - 11:30 am
- Thursday 4/18
1:00 - 4:00 pm



Johnson Hall,
2nd Floor

***Please be advised this is a blood test. If you have any questions,
please reach out to the Health & Wellness Center.*



3/7 THURSDAY
NIGHT TRIVIA

3/21 IN MY BIRTHDAY SUIT
AND ANGRY GIRL POETRY

3/22 GLOW SPIN

3/30 WINGO 

& MORE EVERY THURSDAY, FRIDAY & SATURDAY

 FOLLOW @LEHIGHAFTERDARK
FOR MORE EVENTS & DETAILS

QUESTIONS??
EMAIL INDARK@LEHIGH.EDU

OTHER UPCOMING EVENTS

3/20 Greek Life New Member Fair
STEPS Lawn, 5 - 7 pm

3/21 Anti-Vaping Table event
FML Lobby, 11 am - 1 pm

3/28 Sex in the Dark
Lamberton Hall, 6 - 8pm

Ready to stop vaping? Scan the QR code to sign up for a 3-week pilot program on quitting/alternatives to vaping. Keep an eye out for other Anti-vaping programs and communication throughout the month.




**Healthy. Happy.
Here we come.**



Start your free membership today!
GO.LEHIGH.EDU/HEADSPACE

Questions or issues?
email inhaps@lehigh.edu

**PEER HEALTH
ADVISORS**

