

HEALTH & WELLNESS CENTER

APPOINTMENT HOURS

Monday - Thursday: 8:15 - 4:30
 Friday: 9:15 - 4:30

Check HWC's IG or website for any changes

Looking to schedule an appointment with HWC?

Visit your Student Health Portal to chat with a HWC staff member or call 610-758-3870. We are an appointment-based office.



FOLLOW US ON INSTAGRAM
 @LEHIGHHEALTHCENTER

LOCATION

All clinical appointments are located on the 2nd floor. Enter through the west-side doors of Johnson Hall.



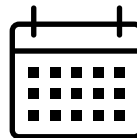
OUR Services

In addition to evaluating and treating illnesses and injuries, the Health & Wellness Center also offers other services to Lehigh students such as:

- Reproductive Health Services
- Immunizations
- Lab Services
- Physical Exams
- Specialist Referrals
- Sexual Health Services
- .. and more!

For more information and to view **all** services, check out our website:

lehigh.edu/health



IMPORTANT SPRING ACADEMIC DATES

4/1 - 4/11
 4/15 - 4/18
 5/3
 5/7-5/15

Common Hour Exams
Summer/Fall Registration Period
Last Day of Class
Final Exam Period

UPCOMING HWC/HAPS EVENTS

MARK YOUR CALENDAR

Health & Wellness Center x Health Advancement & Prevention Strategies

FREE STI TESTING CLINIC

SCHEDULE AN APPOINTMENT ON YOUR
STUDENT HEALTH PORTAL



Tuesday, April 9
Wednesday, May 1

Screening provided is for
Chlamydia & Gonorrhea.
Please be advised that screening
includes a urine sample.
For other screenings,
please contact the
Health & Wellness Center.



HEALTH & WELLNESS CENTER
2ND FLOOR WEST-SIDE DOOR ENTRANCE
(FACING SINGLETON, HITCH, AND MAIDA)

HIV & Syphilis Testing Clinic

Get tested
for FREE!



schedule an
appointment on your
[student health portal](#)



- Wednesday 4/17
8:30 - 11:30 am
- Thursday 4/18
1:00 - 4:00 pm



Johnson Hall,
2nd Floor

***Please be advised this is a blood test. If you have any questions,
please reach out to the Health & Wellness Center.*

COMMUNITY EVENTS & RESOURCES



Lehigh
STEPS
into
Spring

Featuring food, music,
games and fun!

Tuesday, April 9 | 10:00 a.m. - 2:00 p.m.
STEPS LAWN

The poster features a light pink background with colorful, hand-drawn swirls in teal, orange, and brown. At the bottom, there is a row of colorful flowers in shades of red, orange, and pink.



PRIDE-A-PALOOZA
2024

**LOVE IS
ACTIVISM!**

April 12th - 4pm to 7pm

Held in Grace Hall

BOUNCE HOUSE **AND MUCH MORE!** **COTTON CANDY**

GAMES **FOOD**

The Pride Center is committed to making each and every one of our programs and initiatives accessible and inclusive. If you are planning to attend a program and have any accessibility needs or desires, please contact Mel Kitchen at mbk411@lehigh.edu in advance of the program for coordination.

The poster has a purple background with colorful confetti, streamers, and a rainbow flag. It features a megaphone icon and a small logo for The Pride Center at Lehigh University.



BREAK THE SILENCE
PEER EDUCATORS

SURVIVOR SUPPORT & INTIMACY EDUCATION

Join us to honor survivors & their stories
during Sexual Assault Awareness Month

**TAKE BACK
THE NIGHT**

Thursday, April 11, 6:30-8:30 pm
Silent march from Clery Memorial to
Speak Out in Williams Hall at 7:30

Submit your story for
the Speak Out
anonymously

Learn more about the
history of Take Back
the Night

**Co-Sponsored by Women, Gender, and
Sexuality Studies Dept @ Lehigh**

If you are in need of accommodations, reach out to
the office at inssie@lehigh.edu

The poster has a dark blue background with a starry pattern. It features two QR codes and logos for Break the Silence and Survivor Support & Intimacy Education.

NEW



LEHIGH
UNIVERSITY

A LEHIGH FOR EVERYONE

UNIVERSITY FOOD PANTRY & STUDENT RESOURCE CENTER

Are you in need of a snack, small grab & go meal and/or health-related item? Located on the 3rd floor lobby of Johnson Hall, we offer a student resource center & pantry to all Lehigh students.

SECOND PANTRY
LOCATED IN
IOCOCCA HALL ON
MOUNTAIN TOP

SOME AVAILABLE ITEMS

- Fresh fruit
- Salad kits & vegetables
- Tuna, mac n cheese, soups, oatmeal
- various types of granola bars, crackers, trail mix, cereal
- Hygiene products
- Sexual Health products
- Menstrual products
- Covid test, Pregnancy test
- First Aid kits, Tylenol, Ibuprofen

AND SO MUCH MORE!

*** Please check in and by swiping your Lehigh student ID and consider taking the survey located in the lobby space. Feedback is greatly appreciated and will support grant & funding needs/requirements.
Questions? email Yen DeBellis ngn217*

Wellness Wagon



Have you seen us around campus? As an extension of the Health & Wellness Center's student resource center located on the 3rd floor of Johnson Hall, keep an eye out for the Wellness Wagon - our resource center ON WHEELS! Find the Peer Health Advisors cruising around STEPS & FML several times a week with health-related items and resources.

menstrual products
tissues, thermometers
oral hygiene products
sexual health products
& so much more!

Healthy. Happy.
Here we come.



headspace

Start your free membership today!
GO.LEHIGH.EDU/HEADSPACE

Questions or issues?
email inhaps@lehigh.edu

PEER HEALTH
ADVISORS



 **TELUS** Health

Student Support
(Formerly MySSP)

Chat. Call. Anytime. Anywhere.

- 24/7 real-time phone and chat support
- real-time and scheduled support
- multiple languages
- wellness resources

DOWNLOAD THE APP >



CALL
1.844.886.8536

OR
+001.416.380.6578
(OUTSIDE US)



#ITSOKAYTOFEEL

FOR MORE INFORMATION, VISIT:
[UNIVERSITY COUNSELING AND PSYCHOLOGICAL SERVICES \(UCPS\)](http://UNIVERSITY.COUNSELING.AND.PSYCHOLOGICAL.SERVICES.LEHIGH.EDU)
610-758-3880 | INCSO@LEHIGH.EDU