Medical Amnesty
Make the Call When You Need Help
The Medical Amnesty Policy is in place to keep students safe in the event that they chose to consume alcohol or use other drugs. Students are expected to seek immediate medical attention for themselves or others when someone’s health/safety is at risk. Students who seek emergency medical attention for themselves or others may avoid being charged with violations of the Lehigh University Code of Conduct. This policy does not grant amnesty for criminal, civil, or legal consequences for violation of Federal, State or Local Law.

Medical Essentials
Be prepared with your own first-aid kit
Keep a picture of the front and back of your insurance card on your cell phone as well as any medications in the original prescription bottles. Be prepared with a thermometer, band-aids, tweezers, antibiotic ointment, anti-itch cream, and antacids for occasional heartburn. Also, have Tylenol and/or Advil, Pepto-Bismol for nausea or diarrhea, Mucinex for cough, and a long acting antihistamine for seasonal allergies such as Zyrtec or Claritin or Benadryl for an acute allergy.

Counseling Center
Need to talk?
Need a space to gain insight into your struggles, better understand yourself, develop healthy and effective coping skills to manage your stress and problems, and improve the quality of your relationships with others? Contact Counseling and Psychological Services who offer individual counseling, group therapy, faculty/staff and parent consultation, and numerous outreach activities. Contact them at 610-758-3880.

Health & Wellness Center
Feelin’ alright?
Lehigh’s Health & Wellness Center provides acute and ongoing care for University undergraduate and graduate students at no cost for basic visits. Stop by and visit the Self-Treatment Room, where you’ll find samples of over-the-counter medicines and educational brochures. Schedule an appointment by going online to www.lehigh.edu/health or call 610-758-3870.

Emergency Numbers
Just in case
LU Police Department: 610-758-4200
Bethlehem Police: 911
Fire & Ambulance: 911
LUPOD Escort Service: 610-758-1111
Counseling Services: 610-758-3880
Tilla IX Coordinator: 610-758-3535
Health & Wellness Center: 610-758-3870
Gender Violence Support Advocates 24hr Hotline: 610-758-4763

Lehigh After Dark
Lehigh After Dark (LAD), an alcohol-free program, offers fun events on Thursday, Friday and Saturday nights between 10:00pm and 2:00am. Take a study break, interact with new people from various social circles and/or come up with new ideas for events and we’ll help you fund it.

Join us for our kick-off event at Steelstacks on 8/26.
Thursday Night Trivia - most Thursdays - Hawk’s Nest.
Taylor Gym Open Late - most Fridays - Taylor Gym.
Check out a full calendar of events on our website! studentaffairs.lehigh.edu/lehighafterdark

Peer Health Advisers
More than just an adviser
Are you interested in providing support, resources, and programming to promote healthy behaviors to other students? The Peer Health Advisers offer peer-to-peer interactive programs including Calling the Shots, which raises awareness and knowledge about alcohol use. Apply online to be a Peer Health Adviser!

https://studentaffairs.lehigh.edu/content/peer-health-advisers

Fall Career Expo SEPTEMBER 14th
Alleviate job/internship search stress and make employer connections - Rauch Field house. RSVP through your Lehigh Handshake account.

Car Free Day SEPTEMBER 22nd
Reduce your impact on the planet, improve fitness, and win great prizes. Make a pledge at sustainability.lehigh.edu/carfreeday2017

Fall Fitness Class SEPT 6th - DEC 8th
Unlimited Classes for Students - $58
Faculty/Staff - $120: Eligible for 50% Be Well reimbursement | go.lehigh.edu/fitness