INTERVENE
FALL 2018

15 SESSIONS

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8 STAFF FACILITATORS

90% of respondents believe it is socially acceptable to intervene in a situation concerning mental health

322 students completed training

93% of second year Greek students

NEXT STEPS

No strong conclusions were drawn from conduct data in 2017-18 in connection with Intervene. The program continues to be supported as part of a comprehensive prevention effort for Greek students.

Intervene is an in-person 60-minute workshop that provides an opportunity for students to view the video with others and engage in a facilitated conversation to reflect upon the attitudes and behaviors that influence the process of intervening as an individual or with assistance. Participants also discuss additional related scenarios not included in the film.

Respondents are more likely to intervene in an alcohol emergency with a female than male, regardless of their relationship to the individual.

IMPLICATIONS

Students increased in the extent to which they feel responsible to act across every scenario after the workshop.

Students increased their likelihood to intervene across every scenario after participating in the program.

Participants’ likelihood to intervene was lower in 2018 than in 2017 across all scenarios (post workshop assessment).

This program is being used with the permission of The Skorton Center for Health Initiatives at Cornell Health, in collaboration with the Cornell Interactive Theater Ensemble, which developed the bystander intervention video and workshop called Intervene © 2016.