

Sigma Phi Epsilon New Member Education Plan Fall 2024

PURPOSE:

Sigma Phi Epsilon's New Member Education program is based on our national fraternity's mission of "Building Balanced Men," where balanced men are defined by four ideals: gentleman, athlete, leader, and scholar. We believe that by adhering to our NME plan and working as a unified, supportive brotherhood, all new members will espouse high moral character, understand the importance of living a healthy lifestyle, seek out and assume leadership roles and become better students. In addition, it is our ultimate goal that all new men of Sigma Phi Epsilon will become active and contributing members to this chapter.

EXPECTATIONS:

What are the expectations of chapter leadership, general members, and of new members?

Upon conclusion of SigEp's NME, all new members will:

- Understand why it is important to focus on continuous development
- Fully understand the Balanced Man Program and what encompasses each challenge
- Be knowledgeable of the history of both the National Fraternity and the local chapter
- Be introduced to our Cardinal Principles and begin to understand how to exhibit these principles
- Develop meaningful relationships with members of the chapter
- Further transfer into college life at Lehigh
- Complete their transfer into the fraternity

This will be accomplished by all members:

- Living according to our cardinal principles of virtue, diligence and brotherly love in order to set a good example for New Members
- Working in conjunction with New Member Educators in helping new members transition into Greek Life
- Signing and abiding by the anti-hazing policy of Lehigh University
- Adhering to University, state, and federal laws regarding alcohol usage
- Taking part in a one-on-one conversation with all new members in an effort to unite the new class with the upperclassmen
- Teaching chapter history and traditions
- Participating in the events and projects coordinated by new members
- Respecting the plans and policies outlined in this plan

To facilitate an effective NME program, executive board members and chapter leadership will:

- Ensure active and consistent contribution by all chapter members to the NME process

- Monitor and facilitate interaction between chapter members and new members
- Holding New Member Educators and all chapter members responsible for taking responsible action to prevent any action that is not on par with SigEp or Lehigh's standards

STATEMENT ON HAZING:

We will abide by all regulations of our national headquarters regarding hazing as follows:

The GRAND CHAPTER OF SIGMA PHI EPSILON FRATERNITY and the NATIONAL BOARD OF DIRECTORS, pursuant to its responsibilities between meetings of the GRAND CHAPTER, are clearly on record as being opposed to hazing in any form or degree in SIGMA PHI EPSILON.

ARTICLE I, SECTION 4, of the Grand Chapter Bylaws states, *“Any pre-initiation activity shall be of a constructive nature in accordance with the purposes and objectives of the Fraternity, and all forms of hazing and those activities commonly associated with ‘Hell Week’ are prohibited.”*

Pursuant to a resolution adopted at the 1975 Grand Chapter Conclave, all undergraduate chapters of SIGMA PHI EPSILON FRATERNITY are required to review this Bylaw at the beginning of the academic year and to adopt a motion supporting this policy.

As dictated by the Balanced Man Program of SigEp, to which this chapter adheres, the New Member Education period (known to us as the Sigma Challenge) is the first step in a continuous education process. By nature, the program is non-hazing and encourages an atmosphere of continual member development during a member's undergraduate years.

In addition, all members of Sigma Phi Epsilon are expected to and will follow all university, state, and federal laws governing alcohol use. In no manner whatsoever will New Members of SigEp be forced to drink alcohol. Any brother who is found to go against this policy will be disciplined accordingly and will be barred from further participation and interaction with the Sigma Challenge.

RESOURCES:

The contact information (name, phone number, email) of the following people should be provided to new members in the new member education plan:

President: Ash Niemann

- Email: asn226@lehigh.edu
- Phone: 617-645-8995

Vice President of Member Development: Matt Walker

- Email: maw926@lehigh.edu
- Phone: 610-551-4375

New Member Educator: Matt Walker

- Email: maw926@lehigh.edu
- Phone: 610-551-4375

Risk Manager: Brandon Harness

- Email: bth226@lehigh.edu
- Phone: 848-209-5622

Lehigh University Fraternity and Sorority Life

- Email: infrasor@lehigh.edu
- Phone: 610-758-4157

Assistant Director, Fraternity and Sorority Life: Julianna Dougherty

- Email: jud322@lehigh.edu
- Phone: 610-758-2463

- Hazing Reporting Form:

https://cm.maxient.com/reportingform.php?LehighUniv&layout_id=15

SigEp Penn Epsilon Chapter Counselor: John Haisley

- Email: johndhaisley@yahoo.com
- Phone: 917-405-1641

SigEp Penn Epsilon Chapter Success Coordinator: Brandon Marinelarena

- Email: brandon.marinelarena@sigep.net
- Phone 804-441-3844

Sigma Phi Epsilon Fraternity National Headquarters

- Phone: 804-353-1901
- Contact SigEp: <http://go.sigep.net/l/151951/2016-12-01/9w1mqc>
- SigEp Crisis Hotline: 1-800-668-4293

To Report Hazing:

If a new member feels as though they have been hazed or have witnessed the hazing of another and wishes to report the incident, they should use the following outlets:

- **Vice President of Member Development or President:** Speak to a chapter executive and the team will work with the new member to resolve the incident. If however, no resolution is achieved, the new member should use the resources listed below.

- **Lehigh University Office of Student Conduct & Community Expectations:** The Office of Student Conduct & Community Expectations has a confidential online form on their website: https://publicdocs.maxient.com/reportingform.php?LehighUniv&layout_id=15 or they can be reached by phone at 610-758-4362. They also have a website designated for hazing prevention: <http://studentaffairs.lehigh.edu/hazing-prevention>

- **Anti-Hazing Hotline:** The national anti-hazing hotline can be reached toll free at all hours at: **1-888-NOT-HAZE** (1-888-668-4293)

- **SigmaPhiEpsilonCrisisHotline:** (1-800-767-1901)

Gentleman
 Athlete
 Scholar
 Leader

NOVEMBER 2024						
Sunday	Monday	Tuesday	Wednes day	Thursday	Friday	Saturday
27	28	29	30	31	1 Initiation	2 Goals Module (12-2)
3 Chapter Meeting 5-6 New member presentation	4	5	6 FML Study Hours (6-8)	7 Intro to Brotherhood (8-10)	8 3v3 Brotherhood Basketball (5-6:30)	9 LinkedIn Module (12-2)

10 Chapter Meeting 5-6 New member presentation	11 Veterans Day	12	13 FML Study Hours (6-8)	14 Intro to Brotherhood (8-10)	15 Brotherhood Soccer Game (5-6:30)	16 Nutrition Module (12-2)
17 Chapter Meeting 5-6 New member presentation	18	19 Sexual Health Module (12-2)	20 FML Study Hours (6-8)	21 Intro to Brotherhood (8-10)	22 Community Service Event (4-6)	23 3v3 Brotherhood Basketball (5-6:30)
24 Chapter Meeting 5-6 New member presentation	25	26	27	28 Thanksgiving Day	29	30

DECEMBER 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Chapter Meeting 5-6 New member presentation	2	3	4 FML Study Hours (6-8)	5 Intro to Brotherhood (8-10)	6 Brotherhood Soccer Game (5-6:30) Sigma Conclusion (7-8)	7

DECEMBER 2024						
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25 Christmas	26	27	28
29	30	31	1	2	3	4

1. Goals Module (Sigma Phi Epsilon Chapter House)

Description: The Goals Module is a structured session where new members set personal and academic objectives for the upcoming semester and their college career. They align these individual goals with fraternity aspirations, such as raising the overall GPA. Members learn effective goal-setting techniques and create actionable plans to achieve their targets. Peer accountability systems are established to ensure ongoing support and motivation. The module concludes with a reflection on how these goals contribute to personal growth and fraternity success.

Why: This module embodies our ideals of being a gentleman and a scholar. As gentlemen, we strive for self-improvement and personal integrity, while as scholars, we prioritize academic excellence and continuous learning.

2. New Member Presentation (Sigma Phi Epsilon Chapter House)

Description: During the New Member Presentation, each new member delivers a brief talk about themselves, their interests, and their aspirations. This platform allows them to showcase their unique qualities and experiences to their fellow members. The presentations are followed by a Q&A session,

fostering engagement and deeper connections among the group. Constructive feedback is provided to help members refine their public speaking skills. This activity creates a supportive environment for personal expression and mutual understanding.

Why: This activity cultivates our ideals of being a leader and a scholar. As leaders, we develop crucial public speaking and presentation skills, while as scholars, we learn to articulate our thoughts clearly and engage in intellectual discourse.

3. FML Study Hours (FML Library)

Description: FML Study Hours provide a dedicated time and space for new members to focus on their academic work. During these sessions, members gather in a quiet, distraction-free environment to study, complete assignments, or work on group projects. Older members are available to offer tutoring or guidance in subjects they excel in. The study hours promote a culture of academic diligence and collaborative learning. This structured study time helps new members develop effective time management and study habits.

Why: This activity directly supports our ideal of being a scholar by prioritizing academic success and fostering a supportive learning environment.

4. Intro to Brotherhood (Sigma Phi Epsilon Chapter House)

Description: The Intro to Brotherhood session is a comprehensive overview of Sigma Phi Epsilon's history, values, and practices. New members learn about the fraternity's executive roles, policies, and traditions. The session includes interactive discussions on brotherhood, teamwork, and mutual respect. Etiquette and manners modules are incorporated to refine social skills. The introduction concludes with a Q&A session to address any questions or concerns.

Week 1: Sigma Phi Epsilon History, Values, and Principles

- Provide a solid foundation on the fraternity's origins, purpose, and core values of Virtue, Diligence, and Brotherly Love

Week 2: Traditions, history, and brotherhood of Pennsylvania Epsilon Sigep Chapter

- Dive into the fraternity's traditions and emphasize the importance of teamwork and brotherhood within our chapter

Week 3: Etiquette and Manners

- Refine social skills as well as prepare for formal and informal events in future life

Week 4: Fraternity Structure, Roles, and Policies

- Understand the internal structure of Sigma Phi Epsilon and the responsibilities of each executive role during their time on the executive board

Why: This activity embodies our ideals of being a leader and a gentleman. As leaders, we learn about organizational structure and responsibility, while as gentlemen, we cultivate manners and respect for our fraternal traditions.

5. 3v3 Brotherhood Basketball (Sigma Phi Epsilon Chapter House Parking Lot)

Description: The 3v3 Brotherhood Basketball event is a friendly competition that brings together new members and older brothers. Teams are mixed to encourage interaction between different member classes. The game emphasizes teamwork, strategy, and sportsmanship over individual performance. Post-game, there's a cool-down session where members can socialize and reflect on the experience. This event promotes physical fitness while building camaraderie among brothers.

Why: This activity aligns with our ideals of being an athlete and a leader. As athletes, we maintain physical fitness and enjoy healthy competition, while as leaders, we practice teamwork and strategic thinking.

6. LinkedIn Module (Sigma Phi Epsilon Chapter House)

Description: The LinkedIn Module is a hands-on workshop focused on building a professional online presence. New members learn about the importance of networking and personal branding in today's job market. They create or optimize their LinkedIn profiles, ensuring they highlight their skills, experiences, and aspirations effectively. The session includes tips on connecting with alumni, finding internships, and leveraging LinkedIn for career growth. Members practice writing compelling summaries and receive peer feedback on their profiles.

Why: This module supports our ideals of being a scholar and a gentleman. As scholars, we prepare for our professional futures, while as gentlemen, we learn to present ourselves professionally and build meaningful connections.

7. Brotherhood Soccer Game (Sayre Field)

Description: The Brotherhood Soccer Game is an inclusive sporting event that brings together members of all skill levels. Teams are formed to ensure a mix of new and older members, promoting inter-class bonding. The game emphasizes participation, teamwork, and enjoyment over competition. Post-game, there's a cool-down session and group discussion about the importance of physical activity and team sports. This event encourages an active lifestyle and strengthens fraternal bonds through shared experiences.

Why: This activity embodies our ideals of being an athlete and a leader. As athletes, we engage in physical activity and promote fitness, while as leaders, we practice communication and team coordination in a dynamic setting.

8. Community Service Event (Sigma Phi Epsilon Chapter House)

Description: The Community Service Event is a collaborative initiative where new members work alongside the Community Service Chair, to find and recruit brothers to attend a meaningful service project or event. Throughout the process, the chair provides mentorship and a connection to the Community Service Office, sharing his experiences and best practices in organizing brothers for community service. The session concludes with a group presentation of the event and what they learned from setting up the event and performing it.

Why: This activity embodies our ideal of being a leader. By working with the Community Service Chair, new members gain invaluable insights into project management, teamwork, and community engagement. This mentored experience not only develops their leadership skills but also instills a sense of social responsibility, preparing them to be impactful leaders both within the fraternity and in their broader communities.

9. Sexual Health Module (Sigma Phi Epsilon Chapter House)

Description: The Sexual Health Module is an educational session covering important aspects of sexual wellness and responsible behavior. Topics include consent, safe practices, STI prevention, and healthy relationships. The module is presented by Break the Silence. Interactive discussions and anonymous Q&A sessions are included to ensure all questions are addressed respectfully. The session emphasizes the importance of personal responsibility and respect in all relationships.

Why: This module supports our ideal of being a gentleman. It promotes respect, responsibility, and informed decision-making in personal relationships, all crucial aspects of being a well-rounded and considerate individual.

