



PO Box 7728  
North Bergen, NJ 07047

## NEW MEMBER EDUCATION

Mu Sigma Upsilon Sorority, Inc.'s New Member Education program (NME) has been designed to not only educate our new members about Mu Sigma Upsilon (MSU), but also make them feel as much a part of the sorority as lifetime members. New Member Education is the process through which prospective members learn what it means to be a member of MSU.

Our goal is for each chapter to pay particular attention to how they present our culture to the new members to ensure that their future membership and contributions to MSU are constructive and perpetuate the cycle of improvement.

### **SECTION I: Purpose and Goals**

During the New Member Education program we hope to instill in the new members the values and importance of Mu Sigma Upsilon. We will work to demonstrate these principles through our three goals of academic excellence, unity amongst all women, and serving the university and community.

#### **This New Member Education program has been designed to encourage and promote:**

- The development of an enduring sisterhood bond among the prospective member(s) and their future sisters.
- The academic aspirations of the prospective member(s).
- Leadership and awareness among the prospective member(s) within the university and the community.
- Self-awareness and assistance in reaching the prospective members' fullest potential.
- The awareness and appreciation of each individual's cultural heritage among the prospective member(s).
- The highly valued qualities of discipline, respect, sensitivity, dedication and dignity on which this organization is based upon.

PO Box 7728

North Bergen, NJ 07047



## **NEW MEMBER EDUCATION**

Mu Sigma Upsilon Sorority, Inc.'s New Member Education program (NME) has been designed to not only educate our new members about Mu Sigma Upsilon (MSU), but also make them feel as much a part of the sorority as lifetime members. New Member Education is the process through which prospective members learn what it means to be a member of MSU.



PO Box 7728  
North Bergen, NJ 07047

## NEW MEMBER EDUCATION

Mu Sigma Upsilon Sorority, Inc.'s New Member Education program (NME) has been designed to not only educate our new members about Mu Sigma Upsilon (MSU), but also make them feel as much a part of the sorority as lifetime members. New Member Education is the process through which prospective members learn what it means to be a member of MSU.

### SECTION II: Expectations

#### Prospective Members

- Participate in our in person six week education period to the best of their ability.
- Work towards the goals we have set in academic excellence, unity amongst all women, and service to the university and community.
- Participate in mandatory chapter events with the lifetime members as permitted by class and work schedules.
- Designate study time as permitted by class and work schedules to uphold our goal of academic excellence.
- Attend weekly chapter meetings.

#### Lifetime Members

- Abide by the anti-hazing policies set by the university, Mu Sigma Upsilon, and by each chapter.
- Participate in the education of the new members.
- Integrate the new members into our chapter and make them feel welcomed and accepted.
- Follow the new member education program as directed.

### SECTION III: Requirements



PO Box 7728  
North Bergen, NJ 07047

## NEW MEMBER EDUCATION

Mu Sigma Upsilon Sorority, Inc.'s New Member Education program (NME) has been designed to not only educate our new members about Mu Sigma Upsilon (MSU), but also make them feel as much a part of the sorority as lifetime members. New Member Education is the process through which prospective members learn what it means to be a member of MSU.

### Prospective Members

- Must meet the minimum cumulative average of 2.50.
- Must have completed one semester.
- Must have a minimum of 12 credits.
- Must complete questionnaire and essay.
- Must successfully complete an interview.
- Must pay designated New Member Education fee. The National Governing Council (NGC) will designate the fee. Any individual who does not complete the New Member Education program will forfeit 100% of the fee.

### Lifetime Members

- Must meet the minimum cumulative average of 2.50.
- Must pay designated active sister dues to the NGC.

### SECTION IV: Risk Management Policy

Mu Sigma Upsilon Sorority, Inc. herein referred to as MSU, was founded on high standards and ideals, which apply to both its collegiate and alumnae chapters. MSU is committed to the unification among all women and offers a lifetime of sisterhood to all its members. It does so by providing opportunities, which will encourage and promote self-respect, pride, cultural awareness, and most of all, the attainment of a degree, further allowing them to develop to their utmost



PO Box 7728  
North Bergen, NJ 07047

## NEW MEMBER EDUCATION

Mu Sigma Upsilon Sorority, Inc.'s New Member Education program (NME) has been designed to not only educate our new members about Mu Sigma Upsilon (MSU), but also make them feel as much a part of the sorority as lifetime members. New Member Education is the process through which prospective members learn what it means to be a member of MSU.

potential.

Through its continuing efforts to establish sorority relationships that will endure long past one's college years, MSU seeks to foster relationships and communication among its members with a sense of purpose larger than oneself, shaped through simple unselfish acts, reconciliation of disagreements, and consideration of the needs of other women.

Sisters are expected to maintain a personal demeanor that is positive and constructive, contributing to the good of themselves, the chapter, and the organization. Respect for and considerations of individual rights, feelings, and possessions are the responsibility of all members. This same attitude is to be maintained when dealing with prospective members.

Human dignity is a necessary factor in establishing healthy relationships. Members are expected to promote the enrichment of individuals. Members whose comportment does not concur with this policy will be subject to judiciary review, which may render them on probationary status with MSU or have their membership terminated. Such acts include, but are not exclusive to, the misuse of alcohol, the use of illegal drugs, and sexual harassment.

MSU shall not permit its members to engage in any form of harassment, physical or mental abuse against any prospective member. Any member found in violation of the hazing statute set forth by their respective state shall be immediately removed from MSU and the Dean of Students shall be



PO Box 7728  
North Bergen, NJ 07047

## NEW MEMBER EDUCATION

Mu Sigma Upsilon Sorority, Inc.'s New Member Education program (NME) has been designed to not only educate our new members about Mu Sigma Upsilon (MSU), but also make them feel as much a part of the sorority as lifetime members. New Member Education is the process through which prospective members learn what it means to be a member of MSU.

notified.

Furthermore, we prohibit the use of alcohol on campus and at sister events. We encourage members to act accordingly and recommend that they do not wear MSU paraphernalia when consuming alcohol.

*Please refer to the National Constitution, By-laws, Article II, Section 2 for more information.*

### **SECTION V: Members Code of Conduct Policy Against Hazing Activities**

All existing lifetime and prospective members have the right to be treated with dignity and respect. These rights are enforced by punishing violations of the Sorority's policies and procedures. A cornerstone of the Sorority's Risk Management Policy is the prohibition of hazing. Hazing is prohibited by Mu Sigma Upsilon Sorority, Inc.

Mu Sigma Upsilon Sorority, Inc. has implemented anti-hazing policies and new procedures to identify, investigate and punish incidents. Hazing will not be tolerated in any form.

#### **Definition of Hazing**

Hazing is any activity or action which subtly, flagrantly, recklessly, or deliberately demeans, embarrasses, threatens, invites ridicule or draws inappropriate or negative attention to a member, affiliate, and/or group, and/or an attitude which implies one member/affiliate is superior to another or that membership in the group must be earned through personal services or meaningless activities.



PO Box 7728  
North Bergen, NJ 07047

## NEW MEMBER EDUCATION

Mu Sigma Upsilon Sorority, Inc.'s New Member Education program (NME) has been designed to not only educate our new members about Mu Sigma Upsilon (MSU), but also make them feel as much a part of the sorority as lifetime members. New Member Education is the process through which prospective members learn what it means to be a member of MSU.

Hazing is defined as an act or series of acts that include: Doing, requiring or encouraging any act, whether or not the act is voluntarily agreed upon, in conjunction with initiation or continued lifetime membership or participation in any group that causes or creates a substantial risk of causing mental or physical harm or humiliation.

Such acts may include, but are not limited to:

- Physical acts, such as hitting, striking, laying hands upon or threatening to do bodily harm to any individual(s), while acting in one's capacity as a member of Mu Sigma Upsilon Sorority, Inc.
- Behavior which is directed against any individual(s) for the purpose of causing shame, abuse, insult, humiliation, intimidation or disgrace.
- A variety of prohibited practices, including but not limited to, "underground hazing," "financial hazing," "pre-pledging," "post-pledging" or "post-initiation pledging."
- Use of alcohol, creation of excessive fatigue, and paddling, punching or kicking in any form.

### **Hazing Policy Violations**

Any individual or chapter violation of Mu Sigma Upsilon Sorority, Inc.'s policy will result in suspension, expulsion or revocation of the chapter's charter. A fine may also be imposed. In addition, hazing activities may result in official discipline by a college/university or the imposition of civil and criminal penalties for individuals and/or chapters. Both individuals and chapters can be held responsible, sanctioned, and even dismissed from the institution for breaking this policy.

PO Box 7728

North Bergen, NJ 07047



## **NEW MEMBER EDUCATION**

Mu Sigma Upsilon Sorority, Inc.'s New Member Education program (NME) has been designed to not only educate our new members about Mu Sigma Upsilon (MSU), but also make them feel as much a part of the sorority as lifetime members. New Member Education is the process through which prospective members learn what it means to be a member of MSU.





PO Box 7728  
North Bergen, NJ 07047

## NEW MEMBER EDUCATION

Mu Sigma Upsilon Sorority, Inc.'s New Member Education program (NME) has been designed to not only educate our new members about Mu Sigma Upsilon (MSU), but also make them feel as much a part of the sorority as lifetime members. New Member Education is the process through which prospective members learn what it means to be a member of MSU.

### Anti-Hazing Acknowledgment Form

According to Mu Sigma Upsilon Sorority, Incorporated's constitution the definition of hazing, is defined as any activity or action which subtly, flagrantly, recklessly, or deliberately demeans, embarrasses, threatens, invites ridicule or draws inappropriate or negative attention to a member, affiliate, and/or group, and/or an attitude which implies one member/affiliate is superior to another or that membership in the group must be earned through personal services or meaningless activities.

#### ANTI-HAZING ACKNOWLEDGEMENT FORM

No member of Mu Sigma Upsilon Sorority Inc. shall encourage, condone, authorize or engage in any conduct defined as a hazing activity hereunder or under any educational institution policy or state law. Hazing activities are defined as:

Any intentional or reckless act, on or off the property of any higher educational institution or sorority premises, which is directed at any other student, that endangers or is reasonably calculated or designed to endanger the mental or physical health or safety of that student, or which induces or coerces a student to endanger such student's mental or physical health or safety, including but not limited to, subjecting such student to physical discomfort, embarrassment through misuse of personal information, harassment, ridicule, or mocking based on one's ethnicity, sexual orientation, religion, culture, or languages spoken.

All recognized chapters of Mu Sigma Upsilon Sorority, Inc. should give close attention to these guidelines in the planning and execution of the orientation process. Mu Sigma Upsilon Sorority, Inc. insists upon and demands the exercise of good taste in all such activities. To prevent possible physical injury we must take into consideration that many people have physical weaknesses of which sometimes even they are unaware.

Furthermore, alcohol and drug use in conjunction with the orientation process and other procedures within Mu Sigma Upsilon Sorority, Inc. will not be tolerated. Chapters are encouraged to continue to educate themselves on the consequences of alcohol and drug abuse and to establish a moral climate in the sorority that would discourage misuse.

In conclusion it is important to understand that the sorority, current officers, and university can be held responsible or liable for any damages, claims or actions based upon the conduct of any individuals or groups of individuals purporting to perform any acts in the name of the sorority or purported to be in any way connected with initiation into the sorority. However, in almost all documented hazing cases it was the individuals that committed the offense that were held solely responsible, liable, and subjected to criminal charges based on the official corresponding hazing laws of that state. Thus it is vital to realize that you are responsible and accountable for your own actions.

The National Governing Council will investigate any chapter or individual member being accused of hazing. A chapter or individual member found guilty of hazing will be put on probation or suspended in accordance with Article X of the most recent version of the constitution.

Print Full Name:	Chapter:
Signature / Date:	Status (circle one): Collegiate or Aetlias

### Lehigh University Hazing Protocol

If you believe you have experienced or witnessed hazing, please utilize one of the reporting methods



PO Box 7728

North Bergen, NJ 07047

## NEW MEMBER EDUCATION

Mu Sigma Upsilon Sorority, Inc.'s New Member Education program (NME) has been designed to not only educate our new members about Mu Sigma Upsilon (MSU), but also make them feel as much a part of the sorority as lifetime members. New Member Education is the process through which prospective members learn what it means to be a member of MSU.

listed below. If revealing your identity is a concern, there are anonymous avenues for you to choose from. We urge you to report any suspected hazing incident to the best of your ability. You could be the difference in preventing future hazing incidents. Thank you for taking the time to learn more about hazing and report in one of the following ways:

- CALL 888-NOT-HAZE (888-668-4293)
  - This number is a toll-free, anonymous hotline to report hazing.
- [Link for anonymous reporting](#)
- LEHIGH UNIVERSITY POLICE DEPARTMENT
  - CALL (610) 758-4200
- Talk to the Office of Fraternity and Sorority Affairs

### **SECTION VI: Zero Tolerance Policy**

We, the National Governing Council of Mu Sigma Upsilon Sorority, Incorporated have implemented a Zero Tolerance Policy. A Zero Tolerance Policy is one which requires a severe penalty to be imposed which is unbending in its imposition, and often does not give allowance for extenuating circumstances. It will be, as we state, completely intolerant of such behavior for which it requires consequences, no matter what.

An offense against a prospective member(s) is committed when a sister:

1. Threatens the mental or physical health of a prospective member(s) , places another perspective member(s) in serious bodily harm; or uses physical force in a manner that endangers the health, welfare or safety of another perspective member(s) and/or sister(s) ; or willfully, maliciously and repeatedly follows or attempts to make unwanted contact with another perspective member(s).



PO Box 7728  
North Bergen, NJ 07047

## NEW MEMBER EDUCATION

Mu Sigma Upsilon Sorority, Inc.'s New Member Education program (NME) has been designed to not only educate our new members about Mu Sigma Upsilon (MSU), but also make them feel as much a part of the sorority as lifetime members. New Member Education is the process through which prospective members learn what it means to be a member of MSU.

2. Engages in hazing of a prospective member(s) for the purposes, affiliation with, or continuation of membership. Hazing includes, but is not limited to, any action, activity or situation which recklessly, negligently or intentionally endangers the mental or physical health, welfare or safety of a person, creates excessive fatigue, mental or physical discomfort, exposes a person to extreme embarrassment or ridicule, involves personal servitude or substantially interferes with the academic requirements or responsibilities of a prospective member(s) as a student; and any other activities which are not consistent with the regulations and policies of MSU. It is presumed that hazing is a forced activity regardless of the apparent willingness of an individual to participate in the activity.”

This policy will apply both to an individual sister and/or the chapter as a whole. Failure to comply with this will result in judiciary action by NGC against the sister and/or chapter involved. Judiciary action could result in the chapter and/or its member(s) being probated, suspended or other consequences. As part of a Zero Tolerance Policy, NGC will also take disciplinary action for any of the violations reported verbally, written or anonymously provided these violations endanger a prospective member(s), sister(s) and/or may cause harm to the organization.

No applicant for membership in the Sorority is required to subject herself to any form of hazing; the Lifetime Members are specifically prohibited from tolerating or going along with any improper conduct towards a Prospective Member(s) in the form of hazing; and the Lifetime Member is expected and requested to immediately contact a local, regional, or national representative of the Sorority by telephone, e-mail, or regular mail to notify them of said conduct. The contact information for the National Headquarters is as follows:

**Mu Sigma Upsilon Sorority, Incorporated**

---



PO Box 7728  
North Bergen, NJ 07047

## **NEW MEMBER EDUCATION**

Mu Sigma Upsilon Sorority, Inc.'s New Member Education program (NME) has been designed to not only educate our new members about Mu Sigma Upsilon (MSU), but also make them feel as much a part of the sorority as lifetime members. New Member Education is the process through which prospective members learn what it means to be a member of MSU.

Mu Sigma Upsilon Sorority, Inc.  
PO Box 7728  
North Bergen, NJ 07047  
[membership@msu1981.org](mailto:membership@msu1981.org)  
[riskmanagement@msu1981.org](mailto:riskmanagement@msu1981.org)



PO Box 7728  
North Bergen, NJ 07047

## NEW MEMBER EDUCATION

Mu Sigma Upsilon Sorority, Inc.'s New Member Education program (NME) has been designed to not only educate our new members about Mu Sigma Upsilon (MSU), but also make them feel as much a part of the sorority as lifetime members. New Member Education is the process through which prospective members learn what it means to be a member of MSU.

### **SECTION VII: New Member Education Calendar**

#### **Week 1: Orientation (February 22, 2025 -March 1, 2025)**

The first week of orientation is designed to familiarize prospective members with Mu Sigma Upsilon Sorority, Incorporated, in particular with some of our history and our three goals of Academic Excellence, Unity Amongst All Women, and being active in the University and Community. During the first week, prospective members will have various workshops where they will learn our goals and how to develop good study habits. Our orientation seeks to promote scholarship by having recommended library hours as permitted by prospective members' schedules, developing a study buddy system, having an academic workshop early in the orientation to encourage good study habits, and having prospective members check in with the Chapter Assistant Officer of Membership to ensure their good grades are being maintained.

#### **Learn English Salutes | Activity 1**

- Prospective members should exchange information with each other, the Chapter Officer of Membership (COM), the Chapter Assistant Officer of Membership (CAOM), and their assigned Big Sisters. Prospective members will learn salutes and the history behind saluting. This will give them a sense of our organizational and Multicultural Greek history.
- Mu Sigma Upsilon is a multicultural organization. One of the ways we exemplify this is by saluting in multiple languages. Prospective members will learn salutes in other languages as well as the history behind why we salute in those particular languages. Learning salutes not only builds a sense of the organization's history, but working closely with other sisters helps develop a sense of sisterhood. New Members are encouraged to research their own cultures and learn to salute in those respective languages to share more about themselves with the chapter.
- Facilitator: Chapter Officers of Membership.



PO Box 7728  
North Bergen, NJ 07047

## **NEW MEMBER EDUCATION**

Mu Sigma Upsilon Sorority, Inc.'s New Member Education program (NME) has been designed to not only educate our new members about Mu Sigma Upsilon (MSU), but also make them feel as much a part of the sorority as lifetime members. New Member Education is the process through which prospective members learn what it means to be a member of MSU.

### **Learn Organization Goals | Activity 2**

- Prospective members will learn about our organizational goals of Academic Excellence, Unity Amongst All Women, and Being of Service to the University and Community. They are to review the organization's national philanthropy and are encouraged to reach out to the Community Service Office (CSO) on campus to plan or be a part of a community service project. We hope to instill a spirit of service within our prospective and current members while encouraging them to work together creating bonds that will help them throughout their new member orientation.
- Facilitator: Chapter Officers of Membership.

### **Learn Greek Alphabet & Symbols | Activity 2**

- Prospective members will learn the Greek alphabet and symbols. This is done with the intent to develop knowledge of and unity within the Greek community.
- Prospective members are to bring their class syllabi and schedules to the Academic Workshop the following day.
- Facilitator: Chapter Officers of Membership.

### **Academic Workshop | Activity 3**

- Prospective members will meet with their CAOM to go over their syllabi and schedules. They will map out their semester and discuss areas in which they might need reinforcement. With their COM, prospective members will set up a system of reporting grades. Current members will go over study tips and what has helped them excel both through the new member orientation and the rest of their college careers. Current members will help prospective members figure out what their perfect study atmosphere is and what conditions lead to their being the most productive. Prospective members will also develop a study buddy system either amongst each other, with current members, or with prospective members of other organizations depending on their needs.



PO Box 7728  
North Bergen, NJ 07047

## NEW MEMBER EDUCATION

Mu Sigma Upsilon Sorority, Inc.’s New Member Education program (NME) has been designed to not only educate our new members about Mu Sigma Upsilon (MSU), but also make them feel as much a part of the sorority as lifetime members. New Member Education is the process through which prospective members learn what it means to be a member of MSU.

Prospective members will also be encouraged to study with each other, as well as, with other current members to hold each other accountable to do well in school.

- Facilitator: Chapter Officers of Membership.

### Chapter & District History | Activity 4

- Prospective members will learn the history behind the chapter they will be joining, the Yemaya Chapter. They will get to talk to all of the founding members and their reasons for bringing MSU to Lehigh University. They will also get a sense of District III’s history and how Yemaya fits into the district. Prospective members will also learn the rest of the chapters that exist nationally. By listening to more “veteran” members, prospective members will not only get a sense of the chapter, district, and organization history, but they will also be exposed to the greater sisterhood that MSU has to offer. This is necessary for the New Member Orientation Process because Mu Sigma Upsilon Sorority Inc. believes it is crucial for prospective members to know the history thoroughly and well.
- Facilitator: Founding members of the Yemaya Chapter and Chapter President Rheanna Patterson

Intake Begins	Activity 1	Activity 2	Activity 3	Activity 4
2/22	2/23	2/24	2/25	2/27
Time: 11am	Time: 7-9pm	Time: 7-9pm	Time: 7-9pm	Time: 7-9pm
Reading, PA	624 Montclair	624 Montclair	624 Montclair	624 Montclair

### Week 2: “Empowerment Through History” (March 2, 2025 - March 8, 2025 )

This week’s theme “Empowerment Through History,” is to provide Prospective Member(s) the information they will need to gain a better understanding of Greek history, Greek systems in the Colleges and Universities, how Mu Sigma Upsilon began and where it is today, and the sacred History of Mu Sigma Upsilon Sorority, Inc. We will accomplish these goals by providing Prospective Member(s) with PowerPoint presentations,



PO Box 7728  
North Bergen, NJ 07047

## **NEW MEMBER EDUCATION**

Mu Sigma Upsilon Sorority, Inc.'s New Member Education program (NME) has been designed to not only educate our new members about Mu Sigma Upsilon (MSU), but also make them feel as much a part of the sorority as lifetime members. New Member Education is the process through which prospective members learn what it means to be a member of MSU.

workshops, and historical timelines. Our ultimate goal is to ensure members receive an overall appreciation of who we are, the changes we have made since inception, and utilize the history learned to move the organization forward.

### **Learn Traditional Chants | Activity 1**

- Current members will be teaching prospective members some of our organization's traditional chants. Learning and chanting along with current members creates a sense of unity and sisterhood.
- Facilitator: This activity will be given by the chapter as a whole.

### **Workshop: Anti-Hazing Workshop | Activity 2**

- Prospective members will participate in an anti-hazing workshop so that they are aware of MSU, Lehigh University, and the State of Pennsylvania's anti-hazing policies. Prospective members should have a clear understanding of the expectations set forth by Lehigh University's Office of Fraternity and Sorority Affairs. Prospective members should have a clear understanding of what hazing is and how to go about reporting an incident.
- Facilitator: President of the Yemaya Chapter, Rheanna Patterson

### **Project: Community Service Proposal | Activity 3**

- Prospective members will be given time to carry out their community service project together. They are encouraged to invite current members. This activity should give them a sense of what current members routinely do: work together in the planning and follow through of events and projects. It should also give them a greater appreciation for their community and instill a spirit of service that will carry through to the rest of their lives. Prospective members are to review the organization's national philanthropy and are encouraged to fulfill a community service as well as come up with ideas on potential programs to host once they are initiated.
- Facilitator: This workshop will be given by the chapter as a whole.





PO Box 7728  
North Bergen, NJ 07047

## NEW MEMBER EDUCATION

Mu Sigma Upsilon Sorority, Inc.’s New Member Education program (NME) has been designed to not only educate our new members about Mu Sigma Upsilon (MSU), but also make them feel as much a part of the sorority as lifetime members. New Member Education is the process through which prospective members learn what it means to be a member of MSU.

### Workshop: History of Greek Organizations | Activity 4

- Facilitator: National Historian.

### Workshop: Greek Councils | Activity 4

- Facilitator: National Historian.

### Workshop: National Multicultural Greek Council | Activity 4

- An older member will lead a workshop on the history of social fellowships, Greek life, and MSU. Prospective members will learn about Greek Councils including the Panhellenic, Interfraternity, and Multicultural Greek Councils. They will get a sense of MSU’s origins and how we fit in with the rest of the Greek community. This workshop will give prospective members a sense of sisterhood and Greek unity.
- Facilitator: National Historian.

<b>Activity 1</b> 3/2 Time: 7-9pm 624 Montclair	<b>Activity 2</b> 3/3 Time: 7-9pm 624 Montclair	<b>Activity 3</b> 3/4 Time: 7-9pm 624 Montclair	<b>Activity 4</b> 3/6 Time: 7-9pm 624 Montclair
----------------------------------------------------------	----------------------------------------------------------	----------------------------------------------------------	----------------------------------------------------------

### Week 3: “Empowerment Through Multiculturalism” (March 16, 2025 - March 23, 2025)

This week’s theme “Empowerment Through Multiculturalism” seeks to acknowledge the diversity of cultures within a society and create awareness around marginalized and oppressed groups of people. This week Prospective Members will learn how MSU embodies multiculturalism. Throughout the week, New Members



PO Box 7728

North Bergen, NJ 07047

## NEW MEMBER EDUCATION

Mu Sigma Upsilon Sorority, Inc.'s New Member Education program (NME) has been designed to not only educate our new members about Mu Sigma Upsilon (MSU), but also make them feel as much a part of the sorority as lifetime members. New Member Education is the process through which prospective members learn what it means to be a member of MSU.

may share diverse views, respect differences, and learn about systems of oppression in preparation for the Social Identity paper/presentation.

### **Workshop: Defining Multiculturalism | Activity 1**

- Prospective members will participate in an interactive workshop and discussion with current members where all will work to define multiculturalism. All will learn what it means to be multicultural in today's society. The goal of this workshop and discussion is to help attendees reflect, address and appreciate the many facets of diversity which include race, ethnicity, culture, age, gender preference, status, religion, disability, educational level, language, physique, etc.
- Facilitator: This workshop will be given by the chapter as a whole.

### **Workshop: Defining Multiculturalism Part 2 | Activity 2**

- Prospective members will learn about the iceberg model, social identity wheel, and implicit and explicit bias. In addition, the prospective members will learn about systems of oppression, power and privilege, and cultural responsibility.
- Facilitator: This workshop will be given by the chapter as a whole.

### **Cultural Presentation | Activity 2**

- Prospective members are to present their findings on their cultural background. The aims of this research and presentation are to have prospective members delve into their own backgrounds so that they may have a greater appreciation of where they come from while at the same time coming closer together with other prospective and current members by sharing our histories.
- Facilitator: Prospective members with oversight of the Chapter Officers of Membership.

### **Workshop: History & Art of Stepping | Activity 3**

- Prospective members will learn the history behind stepping and strolling including why we step and stroll as an organization. Current members will work with prospective members to teach them some of our national steps and strolls. The workshop is about teaching potential members the basics of stepping and strolling and teaching them our national stroll and one of our steps. Stepping and strolling with current members helps prospective members



PO Box 7728  
North Bergen, NJ 07047

## NEW MEMBER EDUCATION

Mu Sigma Upsilon Sorority, Inc.'s New Member Education program (NME) has been designed to not only educate our new members about Mu Sigma Upsilon (MSU), but also make them feel as much a part of the sorority as lifetime members. New Member Education is the process through which prospective members learn what it means to be a member of MSU.

feel like they are a part of our sisterhood.

- Prospective members are to begin working on new step routines that will be featured in their new member presentation.
- Facilitator: This workshop will be given by the chapter as a whole.

<p><b>Activity 1</b> 3/17 Time: 7-9pm 624 Montclair</p>	<p><b>Activity 2</b> 3/18 Time: 7-9pm 624 Montclair</p>	<p><b>Activity 3</b> 3/19 Time: 7-9pm 624 Montclair</p>	<p><b>Activity 4</b> 3/21 Time: 7-9pm 624 Montclair</p>
---------------------------------------------------------------------	---------------------------------------------------------------------	---------------------------------------------------------------------	---------------------------------------------------------------------



PO Box 7728  
North Bergen, NJ 07047

## **NEW MEMBER EDUCATION**

Mu Sigma Upsilon Sorority, Inc.'s New Member Education program (NME) has been designed to not only educate our new members about Mu Sigma Upsilon (MSU), but also make them feel as much a part of the sorority as lifetime members. New Member Education is the process through which prospective members learn what it means to be a member of MSU.

### **Week 4: “Empowerment Through Leadership within our University & Community” (March 24, 2025 - March 30, 2025)**

This week's theme “Empowerment Through Leadership within our University & Community” focuses on learning about how your campus and local community functions. The Prospective Member(s) will plan what they want to do as an organization at the University. During this week prospective members will learn the importance of giving back to the university and community.

#### **Workshop: Recruitment 101 | Activity 1**

- Prospective members will be educated on best practices of how to recruit future members of MSU including how to facilitate, plan and promote a recruitment event to the student population. Prospective members will be given the opportunity to brainstorm and discuss how they can contribute to recruitment.
- Facilitator: Chapter Officers of Membership.

#### **Workshop: Interest Meeting | Activity 2**

- Prospective members will be educated on best practices on how to conduct an interest meeting for future members including how to reserve meeting space, plan and promote the interest meeting.
- Facilitator: Chapter Officers of Membership.

#### **Workshop: Chapter Meeting Guidelines | Activity 3**

- Current members will share information on how MSU, and specifically the Yemaya chapter, conduct chapter/district meetings. MSU meetings are done using Robert's Rule of Order. Members of the Yemaya Chapter will guide prospective members through running a chapter at Lehigh University, with specific focus on Office of Fraternity and Sorority Affairs requirements as well as District and National MSU requirements.
- Facilitator: This workshop will be given by the chapter as a whole.

#### **STAR Report/Accreditation Workshop | Activity 3**



PO Box 7728  
North Bergen, NJ 07047

## NEW MEMBER EDUCATION

Mu Sigma Upsilon Sorority, Inc.'s New Member Education program (NME) has been designed to not only educate our new members about Mu Sigma Upsilon (MSU), but also make them feel as much a part of the sorority as lifetime members. New Member Education is the process through which prospective members learn what it means to be a member of MSU.

- Members of the Yemaya Chapter will walk prospective members through the requirements of MSU's S.T.A.R. Report and Lehigh University's Accreditation process. Prospective members will have a chance to see examples of both. This should give prospective members a good sense of what is expected of them once they become full members.
- Facilitator: This workshop will be given by the chapter as a whole along with Chapter Officers of Membership and 2021-2022 National President.



PO Box 7728  
North Bergen, NJ 07047

## NEW MEMBER EDUCATION

Mu Sigma Upsilon Sorority, Inc.’s New Member Education program (NME) has been designed to not only educate our new members about Mu Sigma Upsilon (MSU), but also make them feel as much a part of the sorority as lifetime members. New Member Education is the process through which prospective members learn what it means to be a member of MSU.

### Brainstorm Sisterhood Projects | Activity 4

- Prospective members will be given the opportunity to brainstorm ideas for their projects. Prospective members are encouraged to complete two projects: (1) one group project that will serve as a concrete chapter contribution and (2) an individual project that will be given to their Big Sisters. Prospective members will have a chance to see projects completed by others in previous semesters.
- Facilitator: Prospective members with oversight of the Chapter Officers of Membership.

### Construct Sisterhood Project | Activity 4

<b>Activity 1</b> 3/24 Time: 7-9pm 624 Montclair	<b>Activity 2</b> 3/25 Time: 7-9pm 624 Montclair	<b>Activity 3</b> 3/28 Time: 7-9pm 624 Montclair	<b>Activity 4</b> 3/30 Time: 7-9pm 624 Montclair
-----------------------------------------------------------	-----------------------------------------------------------	-----------------------------------------------------------	-----------------------------------------------------------

### Week 5: “Empowerment Through Leadership within MSU” (March 31, 2025 - April 5, 2025)

This week’s theme “Empowerment Through Leadership within MSU” focuses on teaching how Greek organizations came to be, the National Multicultural Greek Council, and identifying who the other Greek organizations on your campus are.

#### Attend a Chapter Meeting | Activity 1

- Prospective members will attend a chapter meeting where they will have the opportunity to observe how a typical chapter meeting takes place. They are encouraged to wear business casual as current members are required to do.
- Facilitator: This workshop will be given by the chapter as a whole.

#### Facilitate a Mock Interest Meeting | Activity 2

- Prospective members are to conduct a mock interest meeting. Prospective members should have created a presentation, sent out flyers to sisters, and reserved a room. Prospective members will determine the time and location.



PO Box 7728

North Bergen, NJ 07047

## NEW MEMBER EDUCATION

Mu Sigma Upsilon Sorority, Inc.'s New Member Education program (NME) has been designed to not only educate our new members about Mu Sigma Upsilon (MSU), but also make them feel as much a part of the sorority as lifetime members. New Member Education is the process through which prospective members learn what it means to be a member of MSU.

- Facilitator: Prospective members with oversight of the Chapter Officers of Membership.

### **Workshop: Career & What Not To Wear | Activity 3**

- Prospective members will meet with current members as they present “what not to wear” in certain scenarios such as a job interview, Interest Meetings, and classes. Current members will go over what it means to dress casual, business casual, etc. Prospective members will also participate in a career workshop that will be put together by the Officers of Membership with help from Lehigh’s Career Center.
- Facilitator: This workshop will be given by the chapter as a whole along with Chapter Officers of Membership.



PO Box 7728  
North Bergen, NJ 07047

## NEW MEMBER EDUCATION

Mu Sigma Upsilon Sorority, Inc.'s New Member Education program (NME) has been designed to not only educate our new members about Mu Sigma Upsilon (MSU), but also make them feel as much a part of the sorority as lifetime members. New Member Education is the process through which prospective members learn what it means to be a member of MSU.

### Chapter Management Preparation - Part 1 | Activity 4

- Current members will prepare prospective members to transition into executive board positions. This includes providing education on:
  - Chapter Management
  - Communication
  - Information Management
- Facilitator: This workshop will be given by the chapter as a whole along with Chapter Officers of Membership.

### Chapter Management Preparation - Part 2 | Activity 5

- Current members will prepare prospective members to transition into executive board positions. This includes providing education on:
  - Leadership
  - Membership Development
  - Community Service
  - Community Engagement
- Facilitator: This workshop will be given by the chapter as a whole along with Chapter Officers of Membership.

### Education on how to complete an accreditation report | Activity 5

- Prospective members will learn the importance of chapter management and how we operate at an administrative level. Our Chapter President, Rheanna Patterson, will outline the accreditation process for the prospective member and how we put together a report.
- Facilitator: Chapter President:Rheanna Patterson

<p><b>Activity 1</b> 3/31 Time: 7-9pm 624 Montclair</p>	<p><b>Activity 2</b> 4/2 Time: 7-9pm 624 Montclair</p>	<p><b>Activity 3</b> 4/3 Time: 7-9pm 624 Montclair</p>	<p><b>Activity 4</b> 4/5 Time: 7-9pm 624 Montclair</p>
---------------------------------------------------------------------	--------------------------------------------------------------------	--------------------------------------------------------------------	--------------------------------------------------------------------

**Week 6: "Empowerment Through Sisterhood" (April 6, 2025 - April 10 , 2025)**





PO Box 7728  
North Bergen, NJ 07047

## **NEW MEMBER EDUCATION**

Mu Sigma Upsilon Sorority, Inc.'s New Member Education program (NME) has been designed to not only educate our new members about Mu Sigma Upsilon (MSU), but also make them feel as much a part of the sorority as lifetime members. New Member Education is the process through which prospective members learn what it means to be a member of MSU.

This week's theme "Empowerment Through Sisterhood," focuses on the foundation and roots of the organization. It focuses on the heritage of stepping and strolling. Although performing on behalf of MSU is not required, it is a major part of the social aspect of the organization. This week will allow the PM(s) the opportunity to express themselves creatively.

This final "Closing" week focuses on the final preparation to become a sister of MSU. Prospective members should now have the knowledge and pride instilled in them so that they can successfully establish or join their chapter.

### **Workshop: Phenomenal Woman | Activity 1**

- Prospective and current members will read through Maya Angelou's poem, Phenomenal Woman. The discussion aims to define what it means to be a woman in today's society. How has that definition changed? This workshop aims to develop personal growth and empower prospective members to be strong women role models in society.
- Facilitator: This workshop will be given by the chapter as a whole along with Chapter Officers of Membership.

### **Write personal introduction for New Member Presentation | Activity 2**

- Prospective members will begin practicing for their New Member Presentation beginning with drafting their personal introduction to the Greek community.
- Facilitator: Prospective members with oversight of the Chapter Officers of Membership.

### **Finalize sisterhood projects | Activity 2**

- Prospective members will put the finishing touches on outstanding items left on their individual and group projects.
- Facilitator: Prospective members with oversight of the Chapter Officers of Membership.

### **Workshop: History & Art of Stepping | Activity 3**



PO Box 7728

North Bergen, NJ 07047

## NEW MEMBER EDUCATION

Mu Sigma Upsilon Sorority, Inc.'s New Member Education program (NME) has been designed to not only educate our new members about Mu Sigma Upsilon (MSU), but also make them feel as much a part of the sorority as lifetime members. New Member Education is the process through which prospective members learn what it means to be a member of MSU.

- Prospective members will learn the history behind stepping and strolling including why we step and stroll as an organization. Current members will work with prospective members to teach them some of our national steps and strolls. The workshop is about teaching potential members the basics of stepping and strolling and teaching them our national stroll and one of our steps. Stepping and strolling with current members helps prospective members feel like they are a part of our sisterhood.
- Prospective members are to begin working on new step routines that will be featured in their new member presentation.
- Facilitator: This workshop will be given by the chapter as a whole.

### **Practice Steps & Strolls for New Member Presentation | Activity 3**

- Prospective members will practice for their New Member Presentation by practicing the steps they previously learned during the orientation process.
- Facilitator: Prospective members with oversight of the Chapter Officers of Membership.

### **Practice Strolls for New Member Presentation | Activity 4**

- Prospective members will practice for their New Member Presentation by practicing the strolls they previously learned during the orientation process.
- Facilitator: Prospective members with oversight of the Chapter Officers of Membership.



PO Box 7728  
North Bergen, NJ 07047

## NEW MEMBER EDUCATION

Mu Sigma Upsilon Sorority, Inc.’s New Member Education program (NME) has been designed to not only educate our new members about Mu Sigma Upsilon (MSU), but also make them feel as much a part of the sorority as lifetime members. New Member Education is the process through which prospective members learn what it means to be a member of MSU.

### Initiation Ceremony | Activity 5

- Prospective members will become official members of Mu Sigma Upsilon through a ceremony facilitated by current members.
- Facilitator: This ceremony will be led by the chapter as a whole, along with Chapter Officers of Membership and District Officers of Membership.

### New Member Presentation | Activity 6

- Prospective Members will introduce themselves to the Greek Community.
- Facilitator: Prospective members with Chapter Officers of Membership. and chapter as a whole

<b>Activity 1</b> 4/6 Time: 7-9pm 624 Montclair	<b>Activity 2</b> 4/7 Time: 7-9pm 624 Montclair	<b>Activity 3</b> 4/8 Time: 7-9pm 624 Montclair	<b>Activity 4</b> 4/9 Time: 7-9pm 624 Montclair	<b>Activity 5</b> 4/10 TBD Time & Location	<b>Activity 6</b> New Member Presentation TBD Date, Time & Location
----------------------------------------------------------	----------------------------------------------------------	----------------------------------------------------------	----------------------------------------------------------	-----------------------------------------------------	---------------------------------------------------------------------------------

### SECTION VIII: General Guidelines

- Mu Sigma Upsilon Sorority, Inc. will not allow at any time physical harassment such as beating, branding, or any abuse that would be detrimental to the welfare of any Prospective Member(s).
- There will be no consumption of alcoholic beverages or ANY drug use by any Lifetime Member and/or Prospective Member(s), over or under 21 years of age.
- Chapters will not be eligible to begin conducting New Member Education activities without a written approval from the respective District or the NGC.
- The Chapter Officer of Membership and assistant(s) will report progress weekly to the Executive Board of the District or the NGC.
- Study Hours are recommended and encouraged for academic excellence. This gives the



PO Box 7728  
North Bergen, NJ 07047

## NEW MEMBER EDUCATION

Mu Sigma Upsilon Sorority, Inc.'s New Member Education program (NME) has been designed to not only educate our new members about Mu Sigma Upsilon (MSU), but also make them feel as much a part of the sorority as lifetime members. New Member Education is the process through which prospective members learn what it means to be a member of MSU.

Prospective Member(s) time to focus on their studies, projects, or other materials relevant to university schoolwork.

- New Member Education activities will not take place between the hours of 11:00 PM and 10:00 AM.
- During the COVID-19 pandemic, all chapters are required to follow school, state, and federal mandates, as well as CDCs guidelines, as they pertain to COVID-19.
- During the Spring 2023 New Member Education program all activities will take place in person unless otherwise requested by the corresponding university policy.



PO Box 7728

North Bergen, NJ 07047

## NEW MEMBER EDUCATION

Mu Sigma Upsilon Sorority, Inc.'s New Member Education program (NME) has been designed to not only educate our new members about Mu Sigma Upsilon (MSU), but also make them feel as much a part of the sorority as lifetime members. New Member Education is the process through which prospective members learn what it means to be a member of MSU.

### Description of the Big Sister program

- As a chapter, we send the autobiographies that prospective members write to all the other chapters in the sorority. Sisters that are interested in being a big for a prospective member reach out to our vice president of recruitment about being willing to be a big sister. Big and Little reveals will occur the first day of the new member education.

Prospective members will be informed of their new member education schedule during the first week of their new member education. During the academic workshop, the chapter will be helping the prospective members structure out their schedules so that their academics is prioritized over the new member education activities.