Alpha Gamma Delta
Zeta Beta Chapter
New Member Education Plan
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**ALPHA GAMMA DELTA PURPOSE**

To gain understanding that wisdom may be vouchsafed to me.
To develop and prize health and vigor of body.
To cultivate acquaintance with many whom I meet.
To cherish friendships with but a chosen few and to study the perfecting of those friendships. To welcome the opportunity of contributing to the world’s work, in the community where I am placed, because of the joy of service thereby bestowed and the talent of leadership multiplied. To honor my home, my country, my religious faith.
To hold truth inviolable, sincerity essential, kindness invaluable.
To covet beauty in environment, manner, word and thought.
To possess high ideals and to attain somewhat unto them.

This shall be my purpose that those who know me may esteem Alpha Gamma Delta for her attainments, revere her for her purposes, and love her for her womanhood.

**Mission of New Member Education (NME)**

The mission of Zeta Beta Chapter’s New Member Education Program primarily is to develop and educate new members according to the Alpha Gamma Delta purpose. We also wish to familiarize new members with the bylaws and customs of Alpha Gamma Delta and our chapter. We will help them understand the customs of Lehigh and our chapter’s unique involvement in the Greek system. We will strive to initiate effective communication among the new member class and between the new member class and active members of our chapter. Most importantly, we will provide new members with a memorable and enjoyable experience that will make them as comfortable as possible in their new home, Alpha Gamma Delta.

**Alpha Gamma Delta Hazing Policy**

Alpha Gamma Delta cares about each and every one of our members. That is why Alpha Gamma Delta has a zero tolerance policy towards hazing of any kind. Alpha Gamma Delta’s official hazing policy is as follows:

"Hazing is defined as any action taken or situation created intentionally, whether on or off Fraternity premises, to produce mental or physical discomfort, embarrassment, harassment or ridicule. Such activities and situations include creation of excessive fatigue, physical or psychological shocks; wearing apparel publicly which is conspicuous and not normally in good taste; engaging in public stunts and jokes; morally degrading or humiliating games and activities; late night sessions which interfere with scholastic activities; and any other activities
which are not consistent with the Alpha Gamma Delta Constitution and Standing Rules, The Ritual or Fraternity policy, or the regulations and policies of the educational institution, state or province. Hazing by individual members, new members or chapters of Alpha Gamma Delta is prohibited. For chapters, failure to comply with this Standing Rule shall result in disciplinary action. For individual members and new members, failure to comply with this Standing Rule shall be deemed non-support of the standards of the Fraternity and shall result in disciplinary action.

The Lehigh University Office of Fraternity and Sorority Affairs Hazing Prevention page can be found [here](#).

### Expectations of New Members

New members will be expected to attend all mandatory events. In order to be initiated, all new members must complete the Alpha Experience Program, mandated by Alpha Gamma Delta International Headquarters. New members must pass the Fraternity Education Exam and complete GreekLifeEDU. New members will always be welcomed and encouraged to spend time with active sisters. They will always be permitted to join active members at the chapter house for studying, watching a movie, socializing, etc. When new members are not at the chapter house, they will be encouraged to return to their normal routine and work on their schoolwork. It is very important to Alpha Gamma Delta that the New Members enter into a routine that allows them to focus on their schoolwork and obligations, as well as on the Alpha Experience.

Mandatory events include ritual, Alpha Experience programming, and events that all active members are required to attend. All other events will be optional for new members.

New members will receive an Alpha Experience Workbook during their first week. This handbook contains information about Alpha Gamma Delta’s history, philanthropy and values. Information from this booklet that is covered on the Alpha Experience Exam will be highlighted throughout the program.

This year, we are piloting a new Alpha Experience Program for headquarters. New members will be asked to participate in a two part program to guide her personal development based on the values of Alpha Gam members. The goal is to have new members and chapter members gain new skills and experiences by participating in an online module and group discussion for each of six values. The programs are as follows:
Alpha Gams are Connected, Alpha Gams are Wise, Alpha Gams are Caring, Alpha Gams are Generous, Alpha Gams are Visionary, Alpha Gams are Inspirational.

**Scholarship Expectations**

Academics will always be a first priority for new members. They will be encouraged to spend time at the house or on campus with both new and active members studying and doing work together. New members will be placed into “Scholarly Squirrel” groups according to their major; these groups span across all member classes and can be used as an academic resource. In order to be initiated, new members must have a prior semester GPA of at least 2.5.

**Expectations of Active Members**

Active members will be expected to take a primary role in the new member education process. They will be expected to familiarize themselves with the NME plan prior to recruitment. They will be invited to join new members in all activities. They will be expected to make the new members feel welcome. Hazing will NOT be tolerated. Any sister caught or accused of hazing will immediately come before Executive Council, at which time disciplinary action may be taken.

**Expectation of Alumnae**

Alumnae will be invited to join our chapter for all activities during the new member education process. They will be encouraged to review the NME plan prior to recruitment and provide any feedback they may have. Alumnae will not be allowed to haze and must adhere to the same policies set forth by Alpha Gamma Delta and Lehigh University.

**Sister-Mother Program**

Eligible sister-mothers will be assigned their sister-daughters on Bid Day. This will be revealed to the new members during the New Member Formal Pledge Service. According to Alpha Gamma Delta, and consistent with the values of our chapter, we encourage our new sister-mothers to serve as a mentor and role model to sister-daughters. All eligible sister-mothers will be required to complete a questionnaire and reflect on what the responsibilities of a sister-mother are in order to better improve their abilities as a mentor and resource for their sister-daughter. (You must be in good standing and have at least a 2.5 GPA for the Fall 2017 semester in order to be considered an eligible sister-mother). All eligible sister-mothers will also be required to go through Sister-Mother Training facilitated by Kourtney Mendello, Vice President Member
Development. This short training will outline the responsibilities of being a sister-mother.

**Interactions with other Chapters and Campus Organizations**

New members will be expected to act respectfully towards all others on campus. They should live by the Alpha Gamma Delta purpose at all times, particularly when they are interacting with others. They will be encouraged to attend non-Greek events, such as sporting events, philanthropy events, lectures, and other campus-wide events in an effort to expand their horizons on campus. Activities with other sororities, fraternities, and non-Greek organizations will take place throughout the new member education period, in order to encourage new members to meet a variety of new people on Lehigh’s campus.
WEEK ONE: Sunday, January 21st-Saturday, January 27th

Sunday, January 21st

Chapter House, 5-8pm: Bid Day
New members will receive their bids! New members will be invited to the chapter house for dinner, games, and chapter pictures. They will receive shirts that they will be welcome to wear on the first day of classes along with the rest of the chapter. Following activities with all members, there will be a short welcome and introduction to the Alpha Experience pilot program by Kourtney, Ellie and our Alpha Experience Coordinators, followed by a question-and-answer session. Special emphasis will be placed on introducing the online modules that are new to this program and understanding how to access these videos. This week’s modules will be Alpha Gams are Connected and Alpha Gams are Wise. New Members will be asked to watch these modules by the end of the week. Finally, new members will fill out an information sheet for Kourtney’s records.
New Member attendance is optional.

Monday, January 22nd

Chapter House, 7-8pm
Our Alpha Experience Coordinators will facilitate name-games and icebreakers to help the new members get to know each other. New members will receive New Member Education folders, which contain their Alpha Experience Workbooks and a master contact list for the chapter. It will be used to hold important documents to be received throughout Alpha Experience, such as weekly schedules and handouts. Lauren Gabriel, VP of Finance, will discuss financial obligations and information with the new members. Following Lauren’s presentation, new members will fill-out and decorate “In A Nutshell” acorn-themed visuals with facts about themselves. These sheets will then hang in the kitchen for the remainder of the semester. If necessary, new members will finish these worksheets during Wednesday’s meeting. Following this activity, new members will use their laptops to access OmegaFi to complete their AGD new member registration. They will be encouraged to explore the other resources of the site, such as the “AlphaGam Access”.
New Member attendance is optional.
Tuesday, January 23rd

Chapter House, 4-6pm: OFSA Orientation
New members will be joined by Malcolm McDaniel, Zeta Beta’s adviser from the Office of Fraternity and Sorority Affairs (OFSA). Malcolm, with the help of Kourtney and our Alpha Experience Coordinators, will facilitate a new member orientation session required by OFSA.

New Member attendance is required.

Bethlehem Ice Rink (345 Illick’s Mill Rd, Bethlehem, PA) 8:30-9:30pm
New members and initiated members will be invited to participate in a private ice-skating get-to-know-you event.

New Member attendance is optional.

Wednesday, January 24th

Chapter House, 7-8pm
Our Alpha Experience Coordinators will facilitate name-games with the new members. New members will use their laptops to complete a recruitment survey.

New Member attendance is optional.

Friday, January 26th

Chapter House, 5:30-6:30pm: Alpha Gams are Wise
Kourtney will facilitate the Alpha Gams are Wise program. Katie Shreero, VP Scholarship, will discuss Zeta Beta’s scholarship practices, initiatives, and resources with the new members. Katie will assign each new member to her Scholarly Squirrel group, based on her major or school.

New Member attendance is required.

Chapter House, 6:30-7pm: Pledge Service
New members will participate in the Formal Pledge Service, an Alpha Gamma Delta ritual that includes the reveal of their sister-mother, following which they are invited to dinner with their lineage.

New Member attendance is required.
Saturday, January 27th

Beth Gallant’s House (701 Hillcrest Boulevard, Phillipsburg, NJ. 908-763-6433.), 6 p.m.-10 a.m.

New members will be invited to spend the night at the house of Zeta Beta alumna, Beth Gallant. Beth will serve the girls dinner and snacks, and they will spend time getting to know one of our most active alumnae. The sleepover will commence with ice-breaker and name-game activities. Following these games, the new members can determine the topic of conversation. Anyone who would like to go to sleep may do so.

New Member attendance is optional.
WEEK TWO: Sunday, January 28th - Saturday, February 3rd

Monday, January 29th

*Chapter House, 7-8:30pm: Info Meeting*

New members will be invited to the house for an information meeting about requirements and general amenities the girls will have access to in the house. We will review the “Your Chapter” pages of the Alpha Workbook. Jacy Yang, Vice President of Operations will give a short presentation about Alpha Gam’s excuse process for mandatory chapter events. Dani Rafanelli, Risk Manager, will facilitate Risk Management Programming with the new members. She will present the video “You’re Always Wearing Your Letters” to help express the importance of how they represent not only themselves individually, but how they represent Alpha Gamma Delta as a whole. Following these two presentations, Emily Randolph, Property Coordinator, will explain all other amenities in the house such as meals. At the end of the meeting, the new members will hold elections for President, Social Coordinator, Ritual Chairman, and Sisterhood Coordinator of their member class. These positions will be held for the duration of Alpha Experience.

*New Member attendance is optional.*

Tuesday, January 30th

*Chapter House, 6-7pm: Red Rose Ceremony and Values Audit*

New members and initiated members will participate in the Red Rose Ceremony. Kourtney will then facilitate the Values Audit and Alpha Gamma Delta Purpose Reflection.

*New Member attendance is required.*

Wednesday, January 31st

*PA 416, 6-7:30pm: Career Services Workshop*

New members and initiated members will participate in a workshop about resumes and interviews led by a representative from Career Services. Following the presentation, new members will be invited to participate in mock interviews lead by some of our upperclassmen. At this time, new members will be able to ask the upperclassmen questions. Our Alpha Experience Coordinators will also give new members a list of frequently asked interview questions and encourage the new members to think about those questions.

*New Member attendance is required*
Thursday, February 1st

*Chapter House, 6-7:30pm: Songs with Sophomores*

New members will be split into groups with the Member Class (MC) ‘17. Initiated members will teach new members Alpha Gamma Delta songs. Each group will then perform a song for the rest of the chapter. This will serve as a get-to-know-you event for the new members and MC ‘17. In preparation for their Alpha Exam, sophomores will help the new members review over ice cream sundaes. There is a guide in the Alpha Workbook. New members will be invited to stay at the house to watch a movie.

*New Member attendance is optional*

Friday, February 2nd

*Chapter House, 6-7pm: Peer Health Advisers*

New and initiated members will participate in an interactive workshop titled “Calling the Shots” led by the Peer Health Advisers for the Alpha Gams are Caring workshop. New members will be asked to bring their laptops to the Chapter House to begin working on GreekLife EDU.

*New Member attendance is optional*

*Chapter House, 7-9pm: Clue*

All members will be invited to play a life-sized version of the board game *Clue*. 

*New Member attendance is optional.*

Saturday, February 3rd

*M&M dorm, 11-12am: Yoga*

New members and Kourtney will meet on campus to do yoga and reflect on how Alpha Experience is going so far and to address any questions or concerns they may have.

*New Member attendance is optional.*
WEEK THREE: Sunday, February 4th-Saturday, February 10th

Monday, February 5th

*Chapter House, 6-7pm: Buff Rose Ceremony and Alpha Gams are Visionary*

Following the Buff Rose Ceremony, Kourtney will review the Alpha Gams are Visionary Module.

*New Member attendance is required*

Tuesday, February 6th

*Baker Hall, 8-9pm: Kenner Lecture*

New Members will be encouraged to attend “Climate Justice: Why Climate Change is a Threat to Human Rights”, a lecture with Mary Robinson.

*New Member attendance is optional.*

Thursday, February 8th

*Chapter House, 6-7pm: Green Candle Lighting Ceremony and Involvement Fair.*

Following the Green Candle Lighting Ceremony, initiated members will host an involvement fair to show new members what campus organizations and Alpha Gam related committees they are involved in. New members will sign up for a chapter committee they would like the work with. Members with various positions and without positions in the chapter will share what day to day responsibilities they have. Kourtney will help the new members activate their GinSystems accounts.

*New Member Attendance is required.*

Friday, February 9th

*Chapter House, 7-8pm: Alpha Experience Exam*

New members will take the Alpha Gamma Delta Alpha Experience Exam.

*New Member attendance is required.*

*Chapter House, 8-9pm: Chopped Cooking Competition*

New Members will be invited to participate in a cooking competition modeled after the show *Chopped* with the New Member class of Theta Chi. Participants will be given special ingredients to create a main course for the first round and a
dessert course for the second round. Our Alpha Experience Coordinators and the new member educators of Theta Chi will act as judges. Winning teams will get candy prizes.

*New Member attendance is optional*

**Saturday, February 10th**

*Chapter House, 10-11am: Brunch with Juniors*

New members will be invited to the house for brunch with our juniors. Kourtney and our Alpha Experience Coordinators will be cooking and serving breakfast. In an attempt for girls to get to know each other better, new members and juniors will be encouraged to sit together. New members will watch a get-to-know-you video made by the abroad sisters from the junior class.

*New Member attendance is optional.*
WEEK FOUR: Sunday, February 11th-Saturday, February 17th

Monday, February 12th

*Chapter House, 6-7pm: Informational Meeting*

Maggie Bristol, Philanthropy Coordinator, and Jenna McGrath, Community Service Chair, will discuss Zeta Beta’s philanthropy and community service initiatives with the new members and review the Alpha Gams are Generous module. Because Alpha Gamma Delta is working with a new philanthropy, our Alpha Experience Coordinators will have the new members participate in a brainstorming session to come up with ideas for philanthropic events and get their opinions on the ideas that we are currently working with. New members and initiated sisters will then create valentines together both for each other and for the Meals on Wheels card campaign.

*New Member attendance is optional.*

Tuesday, February 13th

*Sigma Phi Epsilon, 7-9pm: Etiquette Workshop*

New members will join the new members of Sigma Phi Epsilon for an etiquette workshop. They will be served dinner and taught how to properly conduct themselves at job and interview related dinners.

*New Member attendance is optional.*

Wednesday, February 14th

*Chapter House, 5-6pm*

New members and initiated sisters will exchange Valentines and share what we appreciate about each other.

*New Member attendance is optional.*

Thursday, February 15th

*Chapter House, 6-7pm: Celebration of Sisterhood Ceremony and Letter to my Future Self*

All members will participate in the Celebration of Sisterhood Ceremony. Kourtney will review the Alpha Gams are Inspirational module.
Friday, February 16th

Chapter House, 6-7pm
Our Alpha Experience Coordinators will discuss goal-setting with the new members. As a member class, they will set two goals for the group. Each member will make a dream board and specify two individual goals for the semester. These goals can be academic, personal, health related, etc.

New Member attendance is optional.
WEEK FIVE: Sunday, February 18th - Saturday, February 24th

Initiation Week: During this week, new members will reflect upon their Alpha Experience. They will be highly encouraged to spend their free time at the chapter house, in order to interact with initiated members and become more familiar with the chapter house as this is where they will be living the following semester.

Tuesday, February 20th

Chapter House, 6-7pm: Living with Purpose Ceremony
Members will participate in the Living with Purpose Ceremony. New members will work with our Alpha Experience Coordinators to put together a video to send to the abroad sisters, so they can get to know the new member class. They will also work together to create an Alpha Experience PowerPoint containing pictures of them throughout New Member Education to be shown during the Feast of Roses and sent to abroad sisters.
New Member attendance is required.

Wednesday, February 21st

Chapter House, 7-8pm: Sweets With Seniors
Members of MC ’15 will bake desserts to share with new members during a speed dating-style event. This will serve as a chance for new members and MC ’15 to get to know each other. New members will be invited to stay at the house to watch a movie.
New Member attendance is optional.

Friday, February 23rd

Chapter House, 6-6:30pm: Pinning of the Petals Ceremony
New members will join initiated members for the final ceremony, Pinning of the Petals, before their initiation the next morning. Following the ceremony, new members will participate in a teamwork activity.
New Member attendance is required.

Saturday, February 24th

Chapter House, 10am-1pm: Initiation Ceremony
New members and initiated sisters will participate in the Initiation Ritual. 
*New Member attendance is required.*

*Iacocca Wood Dining Room, 6-9pm: Feast of Roses*
Newly initiated members, their parents, and all sisters will be invited to the Iacocca Wood Dining Room to celebrate the initiation and accomplishments of the new members throughout their Alpha Experience. 
*New Member attendance is required.*