Alpha Gamma Delta
Zeta Beta Chapter
New Member Education Plan
Spring 2019

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**ALPHA GAMMA DELTA PURPOSE**

To gain understanding that wisdom may be vouchsafed to me.
To develop and prize health and vigor of body.
To cultivate acquaintance with many whom I meet.
To cherish friendships with but a chosen few and to study the perfecting of those friendships. To welcome the opportunity of contributing to the world’s work, in the community where I am placed, because of the joy of service thereby bestowed and the talent of leadership multiplied. To honor my home, my country, my religious faith.
To hold truth inviolable, sincerity essential, kindness invaluable.
To covet beauty in environment, manner, word and thought.
To possess high ideals and to attain somewhat unto them.
This shall be my purpose that those who know me may esteem Alpha Gamma Delta for her attainments, revere her for her purposes, and love her for her womanhood.

**Mission of New Member Education (NME)**

The mission of Zeta Beta Chapter’s New Member Education Program primarily is to develop and educate new members according to the Alpha Gamma Delta purpose. We also wish to familiarize new members with the bylaws and customs of Alpha Gamma Delta and our chapter. We will help them understand the customs of Lehigh and our chapter’s unique involvement in the Greek system. We will strive to initiate effective communication among the new member class and between the new member class and active members of our chapter. Most importantly, we will provide new members with a memorable and enjoyable experience that will make them as comfortable as possible in their new home, Alpha Gamma Delta.

**Alpha Gamma Delta Hazing Policy**

Alpha Gamma Delta cares about each and every one of our members. That is why Alpha Gamma Delta has a zero tolerance policy towards hazing of any kind. Alpha Gamma Delta’s official hazing policy is as follows:

“Hazing is defined as any action taken or situation created intentionally, whether on or off Fraternity premises, to produce mental or physical discomfort, embarrassment, harassment or ridicule. Such activities and situations include creation of excessive fatigue, physical or psychological shocks; wearing apparel publicly which is conspicuous and not normally in good taste; engaging in public stunts and jokes; morally degrading or humiliating games and activities; late night sessions which interfere with scholastic activities; and any other activities which are not consistent with the Alpha Gamma Delta Constitution and Standing Rules, The Ritual or Fraternity policy, or the regulations and policies of the educational institution, state or province. Hazing by individual members, new members or chapters of Alpha Gamma Delta is prohibited. For chapters, failure to comply with this Standing Rule shall result in disciplinary action. For individual members and new members, failure to comply with this Standing Rule shall be deemed non-support of the standards of the Fraternity and shall result in disciplinary action.”
Expectations of New Members

New members will be expected to attend all events planned for new members. In order to be initiated, all new members must complete the Alpha Experience Program, mandated by the Alpha Gamma Delta Fraternity. New members must pass the Fraternity Education Exam and complete GreekLifeEDU. This year, along with GreekLifeEDU, Alpha Gam is requiring that all initiated and new members complete and pass the sexual harassment program “Not Anymore,” which the new member class will complete during their Alpha Experience, but if they completed it with Lehigh, they are exempt. New members will always be welcomed and encouraged to spend time with active sisters. They will always be permitted to join active members at the chapter house for studying, watching a movie, socializing, etc. When new members are not at the chapter house, they will be encouraged to return to their normal routine and work on their schoolwork. It is very important to Alpha Gamma Delta that the New Members enter into a routine that allows them to focus on their schoolwork and obligations, as well as on the Alpha Experience.

New Member planned events include ritual, Alpha Experience programming, and events that all active members are required to attend. All other events will be optional for new members.

New members will receive an Alpha Experience Workbook during their first week. This handbook contains information about Alpha Gamma Delta’s history, philanthropy and values. Information from this booklet that is covered on the Alpha Experience Exam will be highlighted throughout the program.

This year, Alpha Gamma Delta has rolled out a new Alpha Experience program, that Zeta Beta had the honor of piloting last year. New members will be asked to participate in a two part program to guide her personal development based on the values of Alpha Gam members. The goal is to have new members gain new skills and experiences by participating in an online module and group discussion for each of six values. The programs are as follows:

Alpha Gams are Connected, Alpha Gams are Caring, Alpha Gams are Wise, Alpha Gams are Visionary, Alpha Gams are Generous, Alpha Gams are Inspirational.

Scholarship Expectations

Academics will always be a first priority for new members. They will be encouraged to spend time at the house or on campus with both new and active members studying and doing work together. New members will be placed into “Scholarly Squirrel” groups according to their major; these groups span across all member classes and can be used as an academic resource. In order to be initiated, new members must have a prior semester GPA of at least 2.5.
Expectations of Active Members

Active members will be expected to take a primary role in the new member education process. They will be expected to familiarize themselves with the NME plan prior to recruitment. They will be invited to join new members in all activities. They will be expected to make the new members feel welcome. Hazing will NOT be tolerated. Any sister caught or accused of hazing will immediately be subject to the Alpha Gamma Delta membership change procedures, at which time disciplinary action may be taken.

Expectation of Alumnae

Alumnae will be invited to join our chapter for all activities during the new member education process. They will be encouraged to review the NME plan prior to recruitment and provide any feedback they may have. Alumnae will not be allowed to haze and must adhere to the same policies set forth by Alpha Gamma Delta and Lehigh University.

Sister-Mother Program

Eligible sister-mothers will be assigned their sister-daughters after the welcome event. This will be revealed to the new members during the New Member Formal Pledge Service. According to Alpha Gamma Delta, and consistent with the values of our chapter, we encourage our new sister-mothers to serve as a mentor and role model to sister-daughters. All eligible sister-mothers will be required to complete a questionnaire and reflect on what the responsibilities of a sister-mother are in order to better improve their abilities as a mentor and resource for their sister-daughter. (You must be in good standing and have at least a 2.5 GPA for the Fall 2018 semester in order to be considered an eligible sister-mother). All eligible sister-mothers will also be required to go through Sister-Mother Training facilitated by Cate Rymer, Vice President New Member Experience. This short training will outline the responsibilities of being a sister-mother.

Interactions with other Chapters and Campus Organizations

New members will be expected to act respectfully towards all others on campus. They should live by the Alpha Gamma Delta Purpose at all times, particularly when they are interacting with others. They will be encouraged to attend non-Greek events, such as sporting events, philanthropy events, lectures, and other campus-wide events in an effort to expand their horizons on campus. Activities with other sororities, fraternities, and non-Greek organizations will take place throughout the new member education period, in order to encourage new members to meet a variety of new people on Lehigh’s campus.
WEEK ONE: Sunday, January 20th – Saturday, January 26th

Sunday, January 20th

Chapter House, 5-8 pm: Bid Day
New members will receive their Alpha Gam bids in the morning! They will be invited to the chapter house for dinner, games, and chapter pictures with their new member class and other sisters. New members will receive shirts that they will be welcome to wear for the first day of classes along with all the initiated sisters. After the activities including the entire chapter, new members will have a short welcome and introduction to the Alpha Experience by Cate, Rachel, Tracey, and Jess. Following this short meeting there will be a quick Q-and-A session. There will be special emphasis on the use of online modules, and how to access them each week. This week’s modules will be Alpha Gams are Connected and Alpha Gams are Wise. New members will be asked to have finished the modules by the end of the week. Finally, the new members will fill out an information sheet with their contacts for Cate’s records.

New Member attendance is optional.

Monday, January 21st

Chapter House, 7-8 pm
Cate and Rachel will facilitate name-games and icebreakers to help new members get to know the other girls in their new member class. New Members will receive New Member Experience folders containing their Alpha Experience Workbook, and a master contact list for the chapter. Siobhan Mariquit, VP of Finance, will discuss the financial obligations with the new members. Following Siobhan, new members will fill out and decorate “In A Nutshell” acorn shaped sheets with basic information and fun facts about them to hang in the house so initiated members can get to know them better. Following this, new members will use their laptops to access OmegaFi to complete their AGD new member registration. They will then be able to explore the other resources on the site, such as “AlphaGam Access,” and watch “Alpha Gams are” modules.

New Member attendance is optional.

Wednesday, January 23rd

Chapter House, 5:30-6:30: Alpha Gams are Wise
Cate will lead the Alpha Gams are Wise program. Katie Eyring, VP of Academic Excellence, will give a short presentation on AGD Zeta Beta’s scholarship practices. Katie will then assign every new member to their Scholarly Squirrel group based on her major. Natalie Herr will discuss the Zeta Beta groups that we have for all members, and then assign the new members into their Zeta Beta group. New members and members of MC 18 will be given a sheet of the other classes’ names with spaces for their signature and a fun fact about them. This allows the new members to meet MC 18, and for MC 18 to do the same, and have record of who they met. Both classes have until the end of the week to fill it out.

New Member attendance is required.
Chapter House, 6:30-7 pm: Pledge Service

New members will participate in the Formal Pledge Service, the first of the Alpha Experience rituals, where they will be given their new member pin and their sister-mother(s) will be revealed. Following the ritual they are invited to dinner or dessert with their lineage.

**New Member attendance is required.**

Thursday, January 24th

Bethlehem Ice Rink, 7:30-8:30 pm

New and initiated members will be invited to participate in a private and fun ice-skating get-to-know-you event.

**New Member attendance is optional.**

Saturday, January 26th

Rymer household, 6 pm-10 am

New Members will be invited to spend the night at Cate Rymer’s house, the VPNME, due to the fact the alumna who usually hosts will be unable to due to personal reasons. There they will eat dinner and have snacks with the family, and spend time getting to know the Rymers. Following dinner, the new member class will play ice-breaker and group games. After this the new members can talk as they please, and sleep whenever they would like to.

**New Member attendance is optional.**

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**WEEK TWO: Sunday, January 27th – Saturday, February 2nd**

Monday, January 28th

Chapter House, 7-8 pm: Informational Meeting

New members will be invited to the house for a brief presentation of requirements and the resources sisters have access to in the house. They will then review the “Your Chapter” section of their Alpha Experience Workbooks, led by Cate and Rachel. Grace Kim, VP of Administration, will then explain AGD’s excuse policies for chapter events. Following that, Jess Foy will explain our Risk Management policies to the new members, and Tracey will review “You’re Always Wearing Your Letters,” which explains the importance of representing themselves as individuals, and as members of Alpha Gam. Then Katherine Box, Director of Property, will discuss in-house amenities, such as meals. Following all of the presentations, the new member class will select the following positions to be held for the duration of Alpha Experience: President, Social Coordinator, Director of Ritual, and Sisterhood Coordinator.

**New Member attendance is required.**

Chapter House, 8-8:30 pm: Living Purpose Ceremony
New and initiated members will participate in the second Alpha Experience ceremony; Living Purpose. Following the ceremony, Cate will lead a Values Audit and Reflection.

*New Member attendance is required.*

**Wednesday, January 30th**

*PA 416, 6-7:30: Career Workshop*

This event will be cohosted with Pi Beta Phi. New and initiated members will be able to participate in a resume and interview workshop led by representatives from Career Services. After the presentations, new members will be invited to participate in mock interviews led by upperclassmen sisters, of both Alpha Gam and Pi Phi. New members will also be able to ask questions about interview or resume processes.

*New Member attendance is required.*

**Thursday, January 31st**

*Chapter House, 6-8 pm: Alpha Gams are Caring, Songs with Sophomores*

New members will come to the house for the Alpha Gams are Caring workshop, and they are to set up and log in to their GreekLife Edu account, Part 1 of which must be completed by February 9th. Following this, new members will split up with members of Member Class 18 to learn our Alpha Gamma Delta songs. Each group will perform one in front of the others, as a get-to-know you event for MC 18.

*New Member attendance is optional.*

**Saturday, February 2nd**

*UC 303, 10-11 am: Yoga*

New members will meet with Tracey to do yoga, socialize, and to discuss how the Alpha Experience is going so far, and to address any questions new members may have.

*New Member attendance is optional.*

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**WEEK THREE: Sunday, February 3rd – Saturday, February 9th**

**Monday, February 4th**

*Chapter House, 7-8 pm*

New Members will review the Alpha Gams are Visionary module with Cate and Tracey. Following this the New Members will be encouraged to reach out and introduce themselves to the sisters abroad that semester, because they were unable to interact in any of the previous initiated member events, like Bid Day, ice skating, or movie night.

*New Member attendance is optional.*

**Thursday, February 7th**

*Chapter House, 7-8 pm: Final Alpha Exam Review*
New members are invited to the chapter house for a final review session of the material that will be on the Alpha Exam the next day. This will be a time they can study with each other, or ask Cate, Rachel, or Tracey any questions they may have.

*New Member attendance is optional.*

**Chapter House, 8-8:30 pm: Living Colors Ceremony**
New and initiated members will participate in the third Alpha Experience ceremony; Living Colors. Following the ceremony, Tracey will describe the spread of activities sisters are involved in, so that the new members know the networking opportunities available to them in the chapter. Tracey will then help the new members activate their GinSystems accounts.

*New Member attendance is required.*

**Friday, February 8th**

**Chapter House, 7-8 pm: Alpha Exam**
New members take the Alpha Gamma Delta Alpha Experience Exam.

*New Member attendance is required.*

** Theta Chi Chapter House, 8-9 pm: Cupcake Competition**
New members will be invited to break into groups and to ice and decorate a number of cupcakes with the new members of Theta Chi. The cupcake decorations will then be judged by Cate, Rachel, Tracey, and the new member educators of Theta Chi. Winning teams will receive candy prizes.

*New Member attendance is optional.*

**Saturday, February 9th**

**Chapter House, 10-11 am: Brunch with Juniors**
New members will be invited to the chapter house to make and eat brunch with the juniors as a fun get-to-know-you activity, as juniors will be encouraged to sit with the new members. Following brunch, new members will watch a get-to-know you video made by the sisters abroad in the spring semester.

*New Member attendance is optional.*

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**WEEK FOUR: Sunday, February 10th – Saturday, February 16th**

**Monday, February 11th**

**Chapter House, 6-7 pm: Informational Meeting**
New members will be invited to the chapter house to hear from Molly Daniels, our VP Philanthropy, to discuss Zeta Beta’s philanthropy and community service opportunities, which will also serve as the review of Alpha Gams are Generous module. As an exercise to review the philanthropy, new members will split into groups to then come up with possible philanthropy event ideas to incorporate all sisters, as well as the rest of campus.
Finally, new members will register with their “Not Anymore” sexual harassment program accounts, guided by Jacy Yang, Vice President of Chapter Wellness, that must be completed before initiation and have time to get started then, only if they had not completed it through Lehigh University.

*New Member attendance is optional.*

**Tuesday, February 12th**

*Sigma Phi Epsilon, 7-9 pm: Etiquette Workshop*

New members will join the new member class of Sigma Phi Epsilon for a dinner at their chapter house to learn business formal dinner etiquette. New members will learn how to properly conduct themselves and what conversations and behaviors are appropriate for future job and interview related meals.

*New Member attendance is optional.*

**Wednesday, February 13th**

*Chapter House, 7-8 pm*

New members are invited to the house to make Valentine’s Day cards for each other, and for recipients of the Meals-on-Wheels campaign. New members will also have the opportunity to continue or finish any work they may have left for “Not Anymore” on their laptops.

*New Member attendance is optional.*

**Thursday, February 14th**

*Chapter House, 7-8 pm*

New members will exchange Valentine’s Day cards, and share what they appreciate about each other.

*New Member attendance is optional.*

**Friday, February 15th**

*Chapter House, 7-8 pm: Letter to my Future Self*

New members will be invited to the chapter house to discuss goal setting with Cate, Rachel, and Tracey to review Alpha Gams are Inspirational. Following the conversation, new members will write a letter to their future selves, saying how they are at that time, and how/where they hope to be when they read it in the future.

*New Member attendance is optional.*

**Saturday, February 16th**

*UC 303, 10-11 am: Yoga*

Tracey will lead new members in some yoga exercises. Following this, they will be able to ask Tracey any questions they have, regarding Initiation or anything else on their minds.
New Member attendance is optional.

WEEK FIVE: Sunday, February 17 – Saturday, February 23

Initiation Week: During this week and before the Initiation Service, new members will be reflecting on their Alpha Experience, in what they have learned, and who they have met. They will be highly encouraged to spend as much time as possible in the chapter house, to interact with initiated sisters living there currently and be familiar with the chapter house, so as to get a feel for what living in the house full time the following year could be.

Tuesday, February 19th

Chapter House, 7-8 pm
Rachel will tell the new members of Kappa Delta’s dance competition, and they will begin brainstorming Alpha Gam’s dance. No new member will be required to participate in the dance. We will have already announced the dance competition at chapter for any older sisters to volunteer. New members will also be asked to come to the meeting with pictures with each other that they will work together to format into a PowerPoint that will be shown at the Feast of Roses.
New Member attendance is optional.

Wednesday, February 20th

Chapter House, 7-8 pm: Sweets with Seniors
Members of MC ’16 will bake and share desserts with the new members and break up into groups and do fun games for a chance for the classes to get to know each other better. Following the games and desserts, new members are invited to stay at the house to watch a movie.
New Member attendance is optional.

Friday, February 22nd

Chapter House, 7-8 pm: Celebration of Sisterhood Ceremony
New and initiated members will participate in the final Alpha Experience ceremony before Initiation the next morning. Following the ceremony, new members will participate in a final teamwork activity, and keep working on the KD dance competition.
New Member attendance is required.

Saturday, February 23rd

Chapter House, 10 am-1 pm: Initiation Ceremony
New and initiated members will participate in the Initiation Ritual.
New Member attendance is required.
**Iacocca Wood Dining Hall, 6-9 pm: Feast of Roses**

Newly initiated members and their parents to eat dinner with all initiated members to celebrate their initiation, all the accomplishments of the new members, and the conclusion of their Alpha Experience.

*New Member attendance is required.*