Your Go-To Guide For The First-Year Adventure

2018-2019
Welcome to the Lehigh University Family! It is our pleasure to welcome each of you to the Mountain Hawk community. Lehigh is committed to partnering with parents and families to assist in the success and education of our new students. The Office of the First-Year Experience provides resources and programs to assist you in the support of your student’s growth at Lehigh and also to provide support to our new students as they transition into college life. We recognize the important role you play in your student’s transition process, and therefore want to assist families with their transition as well. We are excited to have a healthy level of involvement from you and other family members as we seek to provide support for the students’ academic, professional, and personal development.

The Family Field Guide is intended to assist you and your student with the transition to Lehigh, placing special emphasis on the services available to your student. It will enable you to advise them as they navigate the complexities of the first year college experience. You will learn about student support services, from academic advising and career counseling to student involvement and battling homesickness. Everything in this guide is designed to enable your students to make the most of their time here and to reach their full potential. In addition, we will introduce you to the Bethlehem community with history of the area, places to stay, where to eat, and things to do while you are here in the Lehigh Valley. Our hope is that this guide will inspire you to become involved with Lehigh. Whether it is through Family Weekend or participating in the Parents Council, you will find that the more you learn about Lehigh, the greater this experience will be for your entire family.

We appreciate your involvement in your student’s experience and look forward to a great four years with your family at Lehigh. Please let us know if we can ever be of assistance as you and your student transition!

We look forward to meeting you during the Family Orientation Program!
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LEHIGH UNIVERSITY’S HISTORY is closely related to the rise of America as an industrial power. The vision of our founder Asa Packer, an industrial pioneer, entrepreneur and philanthropist, set the foundation for generations of students to learn and live among the nation’s brightest scholars. In 1865, Packer, president of Lehigh Valley Railroad, presented a $500,000 gift to build a university that would contribute to the “intellectual and moral improvement” of men in the Lehigh Valley. It was the largest donation of its kind to any educational institution in America at that time. The site that Packer chose for his university was a railroad junction across the Lehigh River from Bethlehem, Pennsylvania, a community founded in 1741 by Moravian missionaries. The site was selected in part because it was within walking distance for managers of the Lehigh Valley Railroad. Packer and his associates designed the school to chiefly focus on mathematics and science education, while also providing pupils with a sufficient knowledge of classics.

Now, 153 years later, Lehigh is still honoring this proud heritage as it looks ahead to the future. What began as a home for 39 eager young scholars is now a thriving university of more than 5,075 undergraduate and 1,979 graduate students.

Lehigh’s history is an ongoing process that continues with each generation of Lehigh students, leaders and faculty who take the past and leave their distinct mark for the future. From the first class of students who arrived on South Mountain to the Class of 2022, Lehigh has maintained its tradition of excellence while keeping in step with a dynamic world.
THE HISTORY OF BETHLEHEM

SINCE 1741, Bethlehem has beckoned travelers to experience the warmth and hospitality of this delightful community. In that year, a small group of Moravians settled on the banks of the Lehigh River near the Monocacy Creek. They represented what is now recognized as the oldest organized Protestant denomination in the world, the Unitas Fratrum, or Unity of the Brethren, founded in 1457.

On Christmas Eve of that first year, 1741, the Moravians’ patron, Count Nicholas Ludwig von Zinzendorf of Saxony, Germany, visited the new settlement. In their two-room log home that housed both man and beast, the Count christened the community “Bethlehem.” By 1845, the more than 1,000 inhabitants voted to incorporate the village into a free borough in the County of Northampton. With the advent of the Industrial Revolution, Bethlehem became a center of heavy industry and trade. Until 2003, Bethlehem was home to the world headquarters of Bethlehem Steel, which at the time was the second-largest steel producer in the United States.

In 1937, the Bethlehem Chamber of Commerce, mindful of Bethlehem’s first Christmas in 1741, asked - “Why not make Bethlehem, named at Christmas, the Christmas City for the entire country?” Thus, since 1937, Bethlehem, Pennsylvania has been known throughout the world as Christmas City USA. That same year, the “Star of Bethlehem” made its debut on the top of South Mountain. A fifty-three feet tall star made of Bethlehem steel-the “Star of Bethlehem”-honored the rich history and traditions of Bethlehem. Today, the star is lit from 4:30 p.m. until midnight every day of the year and can be seen from up to 20 miles away.

From its humble beginnings as a Moravian settlement to its modern status as the heart of the thriving Lehigh Valley, Bethlehem has carefully preserved its past. It is a city of 75,000 that shines as brightly as its huge electrical star atop South Mountain. The Moravian influence remains strong, but many more traditions from many lands have joined in making the city a “melting pot” of cultures, blending one into the other.

Given the number of stairs on Lehigh’s campus, it’s no surprise that the inventor of the escalator, Jesse W. Reno, graduated from Lehigh in 1883.
TRANSITIONING TO COLLEGE

**Tip #1**
Every student will adjust to this transition differently. Help them through the transition without pushing them too fast or pulling them too close.

**Tip #2**
Encourage involvement in campus activities and events. The more connected and engaged students are to campus, the better their college experience. Lehigh has so many opportunities that every student can find something they love.

**Tip #3**
Discuss your finances. Determine what the family will be paying for and what is your student’s responsibility. This is a great time for your student to learn financial responsibility while still having a safety net.

**Tip #4**
Discuss academic expectations. Transitioning from high school to college-level work is challenging, so it’s important to set realistic expectations. Encourage your student to seek out resources that can help them with the transition.

**Tip #5**
Start talking about social pressures like alcohol and sex. Help your student set expectations for their own behavior and ways to stay accountable to them.

**Tip #6**
Discuss expectations for breaks. Once students start making friends or missing high school friends, their ideas for break plans can start to differ from yours.

**Tip #7**
Set a communication plan for when you will talk. Utilizing e-mail, texting, and social media is a great idea!
Be a good listener. Remember, students will often call to vent frustrations. Sometimes they just need someone to listen and not solve the problem.

Be sure to encourage your student to STAY on campus even if they live nearby. Friendships are often formed on the weekends, so it is important for your student to be around campus building connections.

Let your student start to do things for themselves. This is the time for them to begin transforming into adults and to learn how to navigate Lehigh, and the rest of their world, on their own.

● “Be open and available to your kids.”
● “I really appreciated when my parents sent little knick-knacks from home.”
● “Educate your kids on the consequences of their decisions; do not make their decisions for them.”
● “Understand that we are now learning how to live lives of our own so try to be supportive and understanding throughout the process.”
● “Parents should know that it’s normal for their kids to want to grow up a little bit and create a space between them and their parents.”
● “My parents send me a card every once in a while just saying good luck and that they are proud of me. It is nice to get a card like that when you don’t expect it and it’s a good ‘pick-me-up’ if you had a tough week.”
● “Lehigh has great resources to help your student along the way. Encourage your student to be familiar with these.”
How do I LET GO and still BE THERE for my student?

“Launching your student” is a process of letting go of how the relationship has been so you can embrace the relationship that is to come. It is about giving them the room to make their own mistakes and successes, while still letting them know you are going to be there to support them, offer advice and guidance, love them, and encourage them. It is about letting them do it on their own, but being there to help them when they stumble along the way.

How am I SUPPOSED TO FEEL about this process?

Families experience a whole range of emotions, including feeling frustrated, annoyed, angry, impatient, worried, excited, happy, exhausted, energized, proud, and many more. You may love the freedom of your schedule and the quiet orderliness of a clean house, but miss lively family discussions and helping to solve problems. All of these emotions and reactions are completely normal. Just don’t forget to take care of yourself! This is a period of adjustment for you, too!
It sounds like things are not going well. How do I get my student to OPEN UP and tell me things?

As the family member, you may feel like you are giving a lot and getting very little. Your student may make requests for money or things from home but remain very private and limited in disclosing information to you. This does not always mean something is wrong. Pay attention to unusual behavior from your student. Look for hints of chronic homesickness, patterns of heavy drinking, or persistent avoidance of communication. Encourage your student to use campus resources such as their Gryphon (Lehigh’s term for Resident Assistant), Residence Life Staff, Academic Support Services, Office of the First-Year Experience, and the University Counseling and Psychological Services as needed.

When you talk to your student you may hear less about the positives and more about things that are not so great, like roommate situations or dining options. Again, this is completely normal. Try to listen and answer their questions with an open mind and remain calm, even if they tell you things that may shock you. Often, when troubles become too much to handle, the only place a student wants to turn to is home, whereas friends at school are more likely to hear about all the good things.

Where can I go for SUPPORT during this time?

The Office of First-Year Experience and the Counseling Center are both great resources for families trying to help their students through the transitioning process. Professionals in both offices can answer questions you may have or recommend other on-campus resources for you or your student. Many families also recommend talking to others who are currently or have previously “launched” a student. There are also many books and online resources available for families with advice on the transition process. Please visit studentaffairs.lehigh.edu/content/transition-resources for a list of recommended books for families.
IT IS PERFECTLY NORMAL FOR STUDENTS TO GET HOMESICK.
Many students experience a longing for home during the first semester and their immediate reaction is going to be to run for the familiar – home cooking, high school friends, family, and their own bed. However, the cure for homesickness is not going home – it is making a home here at Lehigh. There are a multitude of ways for students to get involved on campus, stay busy on nights and weekends, and start to make South Bethlehem home!

Camp Hawk
Camp Hawk is a three-day, two-night retreat experience in the Pocono Mountains that takes place after school has started. This can be a great opportunity for students who are having a difficult time adjusting to college to meet other first-year students. Upper-class student counselors will participate with students in various activities, such as relay races, discussions, and bonfires, to build connections and develop students’ relationships with other Lehigh students. Camp Hawk will be held September 14-16, 2018. Registration is free (with a $25 refundable deposit to secure a spot) and available on the OFYE website on the first day of class.

Community Service
The Community Service Office helps students engage in meaningful service to the greater Lehigh Valley area, including over 100 local agencies that are always looking for volunteers. Students can also give back by volunteering during school breaks on SERVE Trips or by tutoring local elementary and middle school children through America Reads and Counts. lehigh.edu/service

Office of Student Engagement
The Office of Student Engagement wants each individual student to become meaningfully engaged within the Lehigh community. Campus involvement is an important part of the Lehigh experience as it aids in the intellectual, personal and social development of a student. Student Engagement provides a number of ways for students to connect to involvement opportunities. The office offers programs on and off campus throughout the academic year. There are over 175 student organizations that students can join. Leadership education and development opportunities exist.
Campus Programs
Whether it is the beginning of the semester Club Expo, mid-day stress relieving activity, or weekend program, the Office of Student Engagement has something going on almost every day of the week in Lamberton Hall, the University Center, or elsewhere on campus.

Getting Off-Campus
The Office of Student Engagement offers a FREE Saturday bus service to the Lehigh Valley Mall, and Wal-Mart. Zimride by Enterprise (an online ride-matching service), and Enterprise CarShare (a car rental service) are also available on a daily basis to take students to Philadelphia and other areas of the Lehigh Valley for dining, entertainment, or shopping.

Leadership Education & Development
Students are invited to participate in the wide range of leadership education and development opportunities offered by the Office of Student Engagement. These include the Greek Emerging Leaders program for students in the fraternity and sorority community, the Great Pocono Escape (GPE) held annually in September in the Pocono Mountains, and the Workshop Wednesday’s series. To learn more visit the Office of Student Engagement website: studentaffairs.lehigh.edu/student-engagement

Lehigh After Dark
Lehigh After Dark programs are free events on Thursday, Friday, and Saturday evenings between 10 p.m. and 2 a.m. Events range from weekly trivia to open mic nights and are open to the entire LU community. LAD relies heavily on student ideas and offers funding for students groups who wish to plan, host, or co-sponsor their own events. Get involved and connected by visiting our website: studentaffairs.lehigh.edu/lehigh-after-dark-lad or emailing indark@lehigh.edu.
SAFETY

MAINTAINING A SECURE ENVIRONMENT is very important to the entire Lehigh community. We believe that an effective approach to campus safety includes prevention, education, and the ability to respond. A variety of security measures are implemented throughout campus, including 100+ emergency blue light phones that are placed strategically around campus, a cell phone messaging alert system, well-lit walkways, a safety escort service and a bus service among residence halls and academic buildings from dusk until dawn.

University Police Department

Lehigh University Police Department is accredited by the Pennsylvania Chiefs of Police Association, Pennsylvania Law Enforcement Accreditation Commission and the International Association of Campus Law Enforcement Administrators. Lehigh’s police officers are fully trained and certified by the Commonwealth of Pennsylvania. The University Police have and may exercise full police powers on campus and in the immediate and adjacent vicinity of campus, including the enforcement of all federal, state, and local laws, as well as all rules and regulations set forth by the university. The University Police also provide security guards to monitor campus security. The University Police provide coverage 24 hours per day, 365 days per year. The Department consists of a Chief, an Assistant Chief, one Lieutenant, three Sergeants, three Corporals, eighteen Patrol Officers, four Security Guards, six Police Dispatchers (including part-time), a Department Administrative Specialist, and twenty part-time Event Staff. For more information, visit police.lehigh.edu
Emergency Medical Services

Lehigh University Emergency Medical Services (LUEMS) is a state-licensed Quick Response Service that provides basic life support services 24/7 when classes are in session. All EMS crews are staffed by volunteer students, faculty, and/or staff. LUEMS works with University Police to provide a faster response time to patients, as well as to alleviate the strain of City of Bethlehem EMS. Students can report a medical emergency or illness by calling Lehigh University Police Department at 610-758-4200.

Campus Alert System

LU-ALERT is an important emergency message notification system that enables Lehigh administrators to send a short mobile text alert to all students, faculty, and staff who have subscribed to the service. The text messages will only be sent out in cases of imminent danger, or when an emergency situation will impact a significant number of people. Students can register for LU-ALERT by visiting lehigh.edu/lu-alert

TRACS and Escort Services

TRACS (Take a Ride Around Campus Safely) and Lehigh’s escort service provide an alternative to walking alone after dark and operate from dusk until dawn. TRACS vans follow a scheduled route around campus from 10:45 p.m. to 2:15 a.m. They also provide transportation to and from University buildings and neighborhoods adjacent to campus. The TRACS map and schedule can be found at financeadmin.lehigh.edu/content/tracs-service. Students can use the escort service from dusk to dawn when TRACS is not in service by calling 610-758-1111.

HELPFUL REMINDERS FOR YOUR STUDENT’S SAFETY

- Lock all windows and doors
- Walk in groups, especially at night
- Do not prop open doors or let others follow you into buildings
- Report any suspicious behavior to campus police immediately
- Take advantage of campus shuttles at night
- Be aware of the location of all emergency phones on campus
- Tell a friend or roommate where you are going and when you expect to return
RESIDENTIAL LIVING At Lehigh University is an environment characterized by mutual respect and collective responsibility. The residential living experience supports the complete development of students through individual, interpersonal, intellectual, and community education.

LIVING IN THE RESIDENCE HALLS
The primary resource for Lehigh students living in residence halls are their Gryphons. The Gryphons serve as a peer leader to students, and they coordinate programs and activities that support student learning and development. The Gryphons serve on a rotating duty schedule and are available to students in the evenings and on weekends. Each residence hall also has an Assistant Director of Residence Life (AD) - a master’s level, professional staff member who lives in the area and oversees the Gryphon staff. ADs serve as a secondary support system for students living in the residence halls and can assist students with any questions they may have. The staff will host multiple events and programs for students to get involved both inside and outside of the residence halls including trips to on- and off-campus events, coffee breaks with faculty, invited speakers, and more.
Roommates

Students are asked to give both their room and roommate assignment a 10-day trial period. If a student would like to make a change after that time, everything possible will be done to try to relocate them. Room change requests should be directed to the Assistant Director (AD) of Residence Life.

Holidays and Academic Breaks

The residence halls are open during Pacing Break and Thanksgiving Break for students who wish to stay on campus. However, only international students and in-season NCAA varsity athletes are permitted to remain in the halls during Semester Break and Spring Break. Additionally, one residence hall is open during the summer session for students interested in staying on campus to complete coursework.

Safety in the Residence Halls

The exterior doors of all residence halls are locked 24 hours a day, seven days a week. Students will use their Lehigh ID card to enter their residence hall. Access to a specific residence hall is limited to students living in the complex, maintenance, and custodial staff.

Over 100 years ago, Lehigh engineers constructed and decorated beds to race down the side of South Mountain as a test of their engineering prowess. The Class of 2010 revived this tradition in 2007 with a few modern twists. Bed races are now done drag race style down Library Drive as part of Lehigh-Lafayette Spirit Week!
DINING AT LEHIGH

MEAL PLANS

All first-year students are required to be on a Category IA (Carte Blanche) or Category I (Any 19 meals per week, 225 meals per semester, or 200 meals per semester) meal plan. Meal plans are accepted at all on-campus student restaurants and unused meals do not carry over from one week to the next (for all plans except 225 and 200) or from one semester to the next.

Meal plans may be changed up to the 10th day of class of each semester at the Residential Services Office. Charges for meal plan changes will be assessed per an established pro-rated schedule.

Changes outside of the required meal plan or after the 10th day of class for reasons such as a medical condition must petition and receive approval from the Executive Director of Student Auxiliary Services.

*All dining facilities also accept cash or credit cards.

Students will get the most value by dining at the all-you-care-to-eat student restaurants. Meals can also be used as meal credits at the retail locations across campus, as well as resident dining facilities, but cannot be used at off-campus restaurants and dining locations.

"The meal plan at Lehigh is great because there's a wide variety, it's all-you-can-eat, and the food is excellent!"
DINING DOLLARS

This declining balance is accepted at all Lehigh dining locations. Dining dollars are non-refundable, non-transferable, and carry over from fall semester to spring semester only.

Dining Dollars are allocated based on a student’s selected meal plan, and additional Dining Dollars can be added onto any card holder with a meal plan at any time during the academic year.

BONUS DINING DOLLARS

Each time a card holder adds dining dollars during the academic year, dining services will award them with 10% bonus of whatever is added as part of their rewards program. During the first 10 days of class, an additional 20% will be awarded when dining dollars are added. For more information call 610.758.6179.

GoldPLUS

GoldPLUS works like a debit account, but is encoded right on the Lehigh ID card and can be used at all Lehigh dining locations, for on-campus services such as laundry machines, campus parking, and copy machines, as well as many local off-campus restaurants, entertainment venues, and services. GoldPLUS balance carries over until graduation, upon which any remaining balance will be refunded.

Refunds on closed accounts will be made in the full amount of the unused balance. However, refunds may not be processed for balances less than $15.00.

Deposits can be made to a GoldPLUS account at any time. Visit financeadmin.lehigh.edu/goldplus for all of the deposit options or call 610-758-6169.

“GoldPLUS is a great way to buy books at the Lehigh Bookstore – just deposit the amount needed in advance. Any returns will be credited back to the GoldPLUS account without the hassle of credit card numbers or information.”
FIRST-YEAR STUDENTS will go through many different transitions as they adjust to University life. There are many offices and services provided to assist in their academic success.

The Center for Academic Success
The Center for Academic Success is designed to help all students reach their full academic potential. The long-term goal of the Center is to help students become successful, independent, and self-confident learners. The Center provides group and walk-in tutoring services in many first- and second-year courses (introductory and 100-level courses) and study skills assistance free of charge to Lehigh University students. Residential Studying & Tutoring (RST), developed jointly by the Center for Academic Success and the Office of Residence Life, is designed to provide first-year students with the opportunity to connect with other residents, study with peers, and seek the help of a knowledgeable tutor. RST sessions are offered on a weekly basis in the first-year residence halls. studentaffairs.lehigh.edu/success

Writing and Math Center
The Writing and Math Center offers both online and in-person assistance for students in the areas of writing, research techniques, and math proficiency. One of the most popular services is one-on-one conferences with trained writing consultants who can help students brainstorm ideas, review working drafts, or refine their writing style. studentaffairs.lehigh.edu/writing

Academic Advising
All first-year students are assigned an academic advisor based on the college in which they are enrolled because each college has a unique advising system. For upper-class students who have declared majors, the academic advisor is the department chairperson or an assigned faculty member of the specific curricula. Academic advisors help students with course selection, pre-registration, dropping or adding a course, and requests for pass/fail grading.

“Send a care package from home, even if you are only 20 minutes away. Nothing is better during exams than some snacks from home.”
The Center for Career & Professional Development

The Center for Career & Professional Development provides resources to support the career development of Lehigh students at all stages of their education. The career team’s work with students is centered on our Career Development Learning Cycle. The cycle is grounded around the areas of explore, develop skills, gain experience, and build connections and network.

A student’s career development is much more than perfecting a resume – it is a journey. Students can connect with the career team to help design a career path. Resources are offered to assist students with gaining career knowledge, creating and refining career tools, and developing skills they need to succeed. careercenter.lehigh.edu

Library Services

The Lehigh Libraries offer many services to support the academic progress of Lehigh students. Electronic access to many academic periodicals as well as an online catalog enables students to access the library 24 hours a day from anywhere on campus. Additionally, the two on-campus libraries offer quiet study areas, thousands of volumes on a myriad of topics, an interlibrary loan program, and photocopying services. library.lehigh.edu

Mid-Term Grade Reports and Section 3’s

A mid-term grade report process is in place for all first- and second-year students which allows the University to closely monitor student progress throughout the semester. Mid-term grades are shared directly with the student through the student portal and are accessible on the Parent Portal as well. After the first round of “Four O’clocks,” students who receive two or more D or F grades in their courses are notified to schedule a meeting with their advisor, the course instructor, and an academic support staff member to discuss their need to improve their standing in the course.

Named for its position in the Rules and Procedures of the Faculty (2.2.5. Section 3), Section 3 forms are filed by faculty members if a student appears to be neglecting course work or interferes with the discipline of any courses. If students neglect the first report of the Section 3 notice, the instructor can file a second report. Students failing to react to the second report may be dropped from the course.

Before becoming the Mountain Hawks in 1995, Lehigh’s athletic teams were known as the Engineers.
The fundamental role of student life is to support and enhance the University’s educational mission. At the core of all student services is a commitment to promote student learning. The living and learning environment at Lehigh should inspire, challenge, and support students in achieving their full potential as individuals, members of the Lehigh community, and citizens of a larger society.

The Pride Center

The Lehigh University Pride Center for Sexual Orientation & Gender Diversity exists to build a just, equitable world through community building and the pursuit of change. We contribute to student life by ensuring that all students, regardless of their gender or sexuality, can bring their full, authentic selves to all aspects of their Lehigh experience. College is often the time for students to explore their sexuality and gender identity, and we want to give parents and family members the resources needed to support their students as they embrace various parts of their identities. For more information, visit the “Parents & Guardians” resource tab on our website (diversity.lehigh.edu/pride-center), email us at pridecenter@lehigh.edu, or stop by our colorful and comfy lounge in University Center C212!

Office of Fraternity and Sorority Affairs (Greek Life)

Fraternity and sorority life has a long-standing history at Lehigh University. The Office of Fraternity & Sorority Affairs (OFSA) works with students, alumni, faculty, staff, and parents to enhance the development of students through Greek membership. The OFSA supports chapters in developing students holistically across their founding principles that foster leadership, service, scholarship, community, advocacy, safety and wellness. Students interested in joining Lehigh’s Greek community are encouraged to participate in the annual recruitment process, which occurs in the spring semester each year. To learn more about how to get connected, visit lehigh.edu/ofsa.

Since the 1950s, fraternity and sorority houses have been located along the winding roads of South Mountain. This area is known among students as “The Hill.”
Office of Multicultural Affairs
The Office of Multicultural Affairs promotes Lehigh’s commitment to diversity and inclusion through providing resources and advocacy for students from historically marginalized populations. Our goal is to help retain and recruit these students while enhancing their experiences through cultural programming, workshops, support groups, and education. With a focus on social justice, the OMA sponsors the Council of Cultural Organizations, which is comprised of 16 culturally based student clubs and organizations that provide educational, social and philanthropic programs for the Lehigh and surrounding community. One of the most popular programming initiatives of the OMA is the celebration of heritage months throughout the year for the entire campus to enjoy, participate in and learn from. There are many ways to get involved with the OMA - visit our website go.lehigh.edu/oma, email us at inmca@lehigh.edu, or stop by the M-Room in the University Center!

Support Services for Students with Disabilities
The Office of Disability Support Services supports and enhances Lehigh University’s educational mission and its commitment to maintaining an inclusive and equitable community by providing equal access and reasonable accommodations to qualified students with disabilities in accordance with the Americans with Disabilities Act as amended (ADAAA) and Section 504 of the Rehabilitation Act of 1973. DSS recognizes and appreciates disability as a valued facet of diversity and is dedicated to creating an environment that supports students and fosters intellectual exploration, individual growth, and leadership development. It is the responsibility of students with disabilities to self-identify with DSS and to provide the required documentation in order to receive accommodations. To learn more, visit studentaffairs.lehigh.edu/disabilities.

The Center for Gender Equity
The Center for Gender Equity practices Inclusive Relationship Building through continuous and collaborative communication. With over 20 dynamic student staff members, we offer discussions, activism, and customized workshops to explore how our gender affects our lives and implement practices to create communities where all genders thrive. In addition to offering a comprehensive student staff curriculum, we ground all our work in feminist praxis: evidence-based, intentional, and socially just actions to create an inclusive community. Lehigh students, faculty, staff, and community members frequent our lounge for relaxing and lunch, discussions and community building. Join us in our popular Gender in a Global Context monthly conversations and our annual Be Your Own Artivism work. Learn and refine skills and concepts that transfer to internships, careers, and graduate school.
The Office of Gender Violence Education and Support

The Office of Gender Violence Education and Support at Lehigh University works to change campus climate around issues of gender violence including sexual assault, intimate partner abuse, stalking, sexual exploitation, and sexual harassment by supporting survivors and creating a survivor supportive campus; reducing incidents of gender violence among Lehigh students by increasing healthy relationships and consensual sexual encounters; and educating the campus community about healthy relationships, pleasurable consensual sexuality, gender violence, and rape culture using evidence based, intentional, and appropriate trainings, events, and initiatives. Break the Silence Peer Educators aid in these efforts. The office also offers belief and support to students who have been impacted by gender violence by helping to inform them about and connect them with campus and community resources. If it is outside normal business hours, specially trained, Advocates, are available through their 24/7/365 hotline to assist those students who have been impacted by gender violence. lehigh.edu/go/gves

Equal Opportunity Compliance Coordinator/Title IX Coordinator

The Equal Opportunity Compliance Coordinator, who also serves as Lehigh’s Title IX Coordinator, is a resource for all Lehigh students on issues relating to discrimination, harassment, retaliation, and sexual misconduct. The EOCC provides education and training on these topics throughout the year. The EOCC is also available to discuss any questions or concerns relating to these topics and to explain the University's processes and procedures available for responding to these types of incidents. The EOCC coordinates with other offices on campus to provide support for those who have experienced discrimination, harassment, retaliation, or sexual misconduct and to foster a safe and inclusive environment for all students. titleix.lehigh.edu • eocc.lehigh.edu
THE LEHIGH UNIVERSITY HEALTH AND WELLNESS CENTER

The Lehigh University Health and Wellness Center provides care to all of the university’s undergraduate and graduate students. The mission of the Health and Wellness Center is to provide students with:

- High quality, compassionate medical care
- Non-judgmental care that respects individual differences in a confidential environment
- The knowledge and ability to treat themselves for minor illnesses and injuries

The services provided by the Health and Wellness Center include:

- Medical visits by appointment
- Routine gynecological examinations
- Contraceptive counseling and emergency contraception
- Allergy injections
- Immunizations
- Laboratory services
- Many medications that are free of charge
- Prescriptions for many medications
- Treatment for psychological issues in conjunction with the University Counseling Center

Please Note: The Health and Wellness Center does not prescribe medication for ADD, Accutane, and some psychiatric medicine and does not fill prescriptions. All prescriptions can be filled at local pharmacies. All medical records are strictly confidential and will only be released with written consent of the student.

Students are encouraged to make appointments in advance by either:

- Going online to our homepage and signing onto the Patient Portal, where they can choose an appointment time that is convenient for them, OR
- Calling our office 610-758-3870 and speaking to a receptionist
- For minor illnesses and injuries, students may stop by our Wellness Room’s self-treatment area, where many free over-the-counter medications can be found, without making an appointment.

Hints for staying healthy for new students include:

- Washing hands frequently
- Getting adequate sleep each night
- Getting a flu shot every year; these will be offered on campus starting in September

Students and families are encouraged to review our website for details of our services at lehigh.edu/health.
COUNSELING & PSYCHOLOGICAL SERVICES

Counseling Services (UCPS) is dedicated to the belief that a person’s college years are optimally a time of challenge, inquiry, experimentation, productivity, and change. Our services are primarily designed to help students thrive in meaningful ways -- to grow in self-understanding in order to make optimal use of their personal and interpersonal resources. Individual counseling, group therapy, faculty/staff and family consultation, and numerous outreach activities are some of the primary means by which we attempt to accomplish our mission to serve this community. We are also devoted to helping students manage the occasional crises that arise at this time of life. UCPS psychologists are committed to providing assistance to all registered Lehigh students interested in personal, social, and academic growth and discovery, as well as to the larger campus community through consultation, academic teaching, research, peak performance training, and various other types of involvement. Some of the services offered are below.

Group Counseling/Psychotherapy:

Group is an opportunity available to students who are in need of a supportive environment that assists them in establishing and maintaining close and gratifying relationships with others. Group can give students better understanding of their relationships with others and assist them in sharing their internal thoughts and feelings with peers in exchange for honest and helpful feedback. Weekly group sessions typically last 90 minutes and students often participate in group for a full year or more.

Individual Counseling

Individual counseling and psychotherapy sessions can be as varied as the students who seek counseling. Sessions can range from dealing with stress, to managing relationships, to overcoming an eating disorder. They typically last 45 minutes, and students may be seen for a single session or for a number of sessions.
Consultation for Families/Friends

UCPS provides consultations to parents, family and friends who are concerned about their child, relative or friend. Such consultations can focus on a range of issues. Common topics include: how to refer a student to the UCPS, how to assist a student experiencing a difficult situation, or how to facilitate a referral to a mental health care provider in the local community. To speak with a UCPS staff member about your concerns please call the UCPS at (610) 758-3880 and ask to consult with one of our counselors. A staff member, if available, will speak with you at that time -- however if all are busy at that time, please leave a message with our administrative staff and a senior staff member will return your call as soon as possible. Further advice and resources for parents can be found at studentaffairs.lehigh.edu/content/parents-0.

Health Advancement and Prevention Strategies

Maintaining a safe and healthy campus is a shared responsibility. The Health Advancement and Prevention Strategies Office seeks to create an environment that supports student learning and personal development by enhancing institutional health and safety through public health practices. We empower students to make healthy lifestyle choices around alcohol, sleep, stress, sexual health, and other priority health topics. One way we do this is through our Peer Health Advisors, a dedicated team of students, trained to provide peer-to-peer support, advice, resources, and programming about positive health decisions. To get involved with Peer Health and/or learn more about the office, stop by the office, UC403, or email us at inhaps@lehigh.edu for more information!
bLUeprint is a premier and unique to Lehigh experience. We want students to intentionally create their Lehigh experience and make meaning of all their interactions, conversations, lectures, and experiences, using the Five Foundations for Student Success. We want students to **discover** more about themselves and Lehigh, **explore** the vast array of ideas and experiences in this community, **connect** what they learn inside and outside the classroom, and **apply** their understanding and insight to future endeavors. We want students to try new things, step out of their comfort zone, and reflect on who they are and who they want their college experience to help them be in the future. We want them to evolve into the best version of themselves.

While it is up to your student to create their Lehigh experience, we will shape their exposure and learning, using the Five Foundations for Student Success:

**Creative Curiosity** — Ask big questions, seek mindful solutions, and develop an overall inquisitive outlook on the world.

**Identity Development** — Continue to develop into your own unique person, become grounded in your multiple identities, and live out your carefully chosen values and beliefs.

**Collaborative Connections** — Learn to build positive relationships and engage in dialogue, utilizing your personal values and inquisitive outlook as a guide.

**Inclusive Leadership** — Make decisions, take action, and contribute positively to your communities in ways that are purposeful, socially just, and built on integrity.

**Professional Growth and Success** — Utilize your intellectual passions and talents to create and enact a personal definition of success that positively represents you, your profession, and your communities.

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**5x10**

During the first ten weeks of college, students will begin to develop new routines, create new social connections, and begin to establish their place at Lehigh. We feel it is important to expose students to the multitude of opportunities that exist at Lehigh and then reflect on those opportunities so they can maximize their experiences. All first-year students are expected to attend five programs during the first ten weeks of the semester in at least three of the Five Foundations of Student Success.
The Family Educational Rights and Privacy Act of 1974 (FERPA) is a Federal law that protects the privacy of student educational records. Once a student reaches 18 years of age or attends a postsecondary institution, the student becomes the owner of their education records. Unless students give consent, parents and/or guardians no longer have access to education records, such as a student’s grades or other “nondirectory” information. Therefore, it is important that families discuss with their students their expectations for being informed about the student’s academic progress and standing.

The Lehigh Parent Portal, was designed to provide family access to certain information in students’ education records. A mailing about the Portal, detailing the process for students to grant access to parents, will be sent in late August. Information on accessing the Parent Portal will be sent to parents/guardians at the same time. If the student grants access, parents will be able view student information such as grades, financial aid and billing information.

FERPA does permit the University to contact parents and/or guardians when a student who is under the age of 21 has violated the University’s Code of Conduct related to drugs or alcohol. As a result, the University will contact parents or guardians for any violation of this type. The University will also contact parents or guardians if there is a threat to the health or safety of the student.
Reapplying for Aid
Financial Aid eligibility is determined annually, based on a family’s most current financial situation; therefore families must re-submit the application materials and tax returns each year. Complete applications for institutional aid are due by March 15 (preceding the new academic year). Financial aid eligibility will be updated based on the family’s information including, but not limited to: income; assets; number of household members; and sibling college enrollment. In addition, Satisfactory Academic Progress is required for aid renewal. Late applicants and those not making minimum academic progress may be denied financial assistance.

Changes in Financial Circumstances
Please contact our office and speak with your financial aid counselor if you feel there are extenuating financial circumstances. Additional funding will be dependent upon the availability of funds.

Outside Scholarships
There are many private scholarships your student may apply for that may or may not be need-based. Eligibility is determined by various factors, such as academic or career goals. To look for a scholarship that matches your student’s interests and qualifications, you can access free scholarship information online at www.collegeboard.com, www.fastweb.com, or www.unigo.com. Be sure to view the outside scholarship policy on the Office of Financial Aid website to determine how receipt of outside scholarships may affect a financial aid package.
Work-Study

If your student’s financial aid eligibility includes a work-study award, it is important to note that it is neither an obligation nor a guarantee of an on-campus job. If students wish to take advantage of their work study eligibility, they must secure a job and work hours to earn these funds. Employment is readily available at Lehigh, so students have ample opportunity to earn their full awards. Work study job opportunities are available to view online at lehigh.edu/financialaid/undergrad/typesofaid/studentemployment

Communication with Students

At the point that your student starts school, the Office of Financial Aid will direct all communications to your student. Most communications will be sent via email to your student’s Lehigh email account. Be sure to have your student check their Lehigh email regularly. Also, it is advisable that your student check the Financial Aid section of the student portal on a regular basis for any missing information requests or updates to award information.

Contact

For more information about financial aid, or to meet with a financial aid counselor, we encourage you to contact the Office of Financial Aid:

Address: 27 Memorial Drive West, Bethlehem, PA 18015
Telephone: (610) 758-3181
Fax: (610) 758-6211
E-mail: financialaid@lehigh.edu
Website: Lehigh.edu/financialaid
GETTING TO AND FROM LEHIGH

Air Transportation
Lehigh University is serviced by three major airports. The Lehigh Valley Airport (ABE) is a mere 15 minutes from campus, with transportation to and from the airport available by taxi or LANTA bus. The Philadelphia Airport (PHL) and Newark Liberty International Airport (EWR) are approximately 70 miles from campus with transportation to and from campus available by reserved car service, bus, or rental car.

Ground Transportation
With its close proximity to many major metropolitan areas, Lehigh students have the ability to enjoy opportunities available off-campus as well as catch a ride home for a long weekend. The following companies offer ground transportation to and from the Lehigh University surrounding area:

For more resources on getting to and from Lehigh visit studentaffairs.lehigh.edu/ofye and click on the resources link.

BIEBER TOURWAYS
610-683-7333
biebertourways.com
Provides bus services from Bethlehem to Philadelphia and NYC

GREYHOUND BUS
610-867-3988
greyhound.com
Provides bus services from Bethlehem and Philadelphia to destinations across the U.S.

TRANS-BRIDGE LINES
610-868-6001
transbridgelines.com
Provides bus services from Bethlehem to Newark Airport, JFK Airport, and NYC Bus Terminal

MY BUS HOME
508-277-8855
mybushome.com
Provides students from Westchester County and Long Island, NY, MD/DC and New England rides to and from campus over the academic breaks

AMTRAK TRAINS
1-800-USA-RAIL
amtrak.com
Provides train services from Philadelphia to destinations across the U.S.

LANTA
610-435-4517
lantabus.com
Provides bus services in and around the Lehigh Valley
Enterprise CarShare and Zimride by Enterprise

Lehigh University is pleased to offer the services of Enterprise CarShare, a membership-based car sharing program, which gives students the opportunity to rent cars by the hour or by the day. First-year students are not permitted to have a car on campus, so this service provides an alternative option to bus transportation. Find out more at: enterprisecarshare.com/lehigh. Zimride by Enterprise is also an alternative transportation option on campus. Zimride is an online ride-matching service that easily connects drivers and passengers heading to the same area. This program is available only to students, faculty, and staff, and requires a Lehigh username and password to sign-in. Learn more at zimride.com/Lehigh.

Zagster Bike Share

As an alternative transportation source, Lehigh offers this new and exciting Bike Share Program. This program provides students, faculty and staff the opportunity to utilize one of 10 bikes for up to 4 hours per trip. The program is web based and easy to use. There is a one-time fee of $15 per year for unlimited usage of our bike share program. Learn more at zagster.com/lehigh.

On-Campus Transportation

Lehigh University offers several bus routes operating on a regular schedule throughout all three Lehigh campuses, plus a late night escort service, TRACS (Take a Ride Around Campus Safely). Students can track bus location in real time by visiting bus.lehigh.edu.
Visitor Parking

If you are planning to stay overnight on or near campus and plan to park on campus, you are required to purchase a visitor permit at a cost of $5.00 per day. Visitors may purchase a visitor permit in the Parking Services office, located at 622 Brodhead Avenue. Visitors may also park at and pay a brown meter if they are unable to obtain a permit or if they arrive when the Parking Services office is closed. Please note that all meters are monitored and must be fed from 6:00 AM – midnight. The meter fee may be paid with coins, a SmartCard or by using the mobile app: Passport. Visitors may also park in the Zoellner garage at $1/hour on level 1 from 6:00 AM to 11:00 PM (no overnight parking permitted) using the kiosk located next to the elevator on level 1 and by using the mobile app: Passport, the metered spaces in the Morton Street garage (next to Farrington Square), bottom level, or in the bottom level of the Alumni Parking Pavilion. Permits are not required to park in any of the metered spaces in campus garages. Students may obtain permits for their visitors arriving on Friday after 4:00 PM, Saturday and/or Sunday online at go.lehigh.edu/parking. Please contact us for help in planning your visit or if you have questions! (610)758-7275, inpark@lehigh.edu.

Obtaining a Parking Permit

Sophomore, Junior, and Senior students living on-campus may purchase a parking permit through the Parking Services office by visiting go.lehigh.edu/parking. Permits will be assigned as close as possible to the student’s residence hall. If needed, students may also use on-campus permits to park in the commuter lot at Mountaintop Campus during school breaks. All students living off-campus are required to purchase a permit if they wish to park on-campus, including after 4:00 PM and weekends.

SMARTparking

SMARTcards can be loaded with money to simplify the parking meter process. Instead of carrying quarters, just use your SMARTcard to pay any meter on Lehigh’s campus. SMARTcards are available at the Parking Office and Lehigh Bookstore. The SMARTcard can be used to put an extended amount of time on the meter, and when you return, simply reinsert the card and the unused time will be refunded to the card.
RECEIVING MAIL IS A WELCOMED SURPRISE BY STUDENTS

The Mail Center is Lehigh’s campus post office. The Mail Center has established hours of operation where staff are available to accept and distribute parcels. Hours of operation for the 2018-2019 academic year are Monday through Friday, 8 a.m. to 5 p.m., and Saturdays, 10 a.m. to 2 p.m. Please keep these hours in mind when selecting shipping preferences. We are equipped to handle small parcels that require refrigeration. However, please use care and planning when shipping a large package that should be refrigerated before your student is able to retrieve their package. Please address all mail and packages in the following manner:

Student Name
Lehigh University
Box ####
4 Farrington Square
Bethlehem, PA 18015
Family Weekend

All families are invited to join Lehigh for Family Weekend! Family Weekend 2018 will be November 9-11. Many members of the faculty, including academic advisors, will participate in the weekend events, giving families the opportunity to interact with a variety of individuals. Families are invited to attend any of the scheduled activities which include the Lehigh football game against Colgate, tailgate party, informative college presentations, and much more!

FAMILY WEEKEND 2018 WILL FEATURE A HOME FOOTBALL GAME AGAINST COLGATE. COME JOIN IN AND CHEER ON THE MOUNTAIN HAWKS TO VICTORY!

Lehigh-Lafayette

The 154th meeting of the Lehigh and Lafayette football teams will be held November 17, 2018, at Lafayette. Tickets are available through the Athletic Ticket Office. Along with coming to the game to cheer on the Mountain Hawks, all families are invited to join their students for a week of festivities on the Lehigh campus. If you are unable to make it to campus, contact the Alumni Association for information on joining Lehigh alumni, families, and friends for telecasts around the country. Go Mountain Hawks!
Parents’ Fund

College is a new world — one that you, your student, and Lehigh are building together. When you give to the Parents’ Fund, you provide immediate resources for the experiences that make Lehigh extraordinary. You join other families in providing students with leadership training, tutoring and academic support, community service opportunities, and so much more. Enriching Lehigh’s undergraduate experience is a great contribution to your student’s future.

Parents’ Council

A valuable way to share in your son or daughter’s Lehigh experience is to join the Lehigh Parents’ Council, an advocacy group whose members serve as ambassadors and provide philanthropic leadership for the Parents’ Fund. Each year, more than 100 families participate in the Lehigh Parents’ Council, and their gifts to the university totaled more than $4.3 million over the past three years. Their generosity makes all the difference as Lehigh students break down barriers, take on the toughest challenges, and impress the world. Membership is open to parents making an annual gift of $5,000 or more. Members are invited to exclusive events during Family Weekend, plus other events across the country. I invite you to become involved.

For more information, please contact:
Victoria Penske Aitchison ’92 ‘20P
Director of Development Parents’ Program
(610) 758-5142  vpa@lehigh.edu
The following is a list of terms that many students will incorporate into their vocabulary while attending Lehigh.

**bLUeprint** – Lehigh aims to expose all students to five foundations for student success: Identity Development; Collaborative Connections, Inclusive Leadership, Professional Growth and Success, and Creative Curiosity.

**evoLUtion SEMINAR** – An interactive seminar led by a faculty or staff member and a student leader that complements the first-year curricular experience.

**5x10** – A programming series open to all Lehigh students with a specific focus on new students and their connection to Lehigh. All new students are expected to attend five programs during the first ten weeks of the semester.

**FOUR O’CLOCKs** – While most schools have midterms, Lehigh splits the semester into three parts, separated by a set of exams called “Four O’clocks.” These exams are held at exactly 4:00pm during the sixth and eleventh weeks of each semester for courses that have more than one section.

**GRYPHONS** – Known as Resident Assistants at most other universities, Gryphons are undergraduates selected by the Office of Residence Life to live with the students in residence halls and serve as an immediate source of support and assistance to them.

**HAWK’S NEST** – On-campus diner with late-night hours located in Lamberton Hall student center.
LEHIGH-LAF – The week of activities leading up to the most-played rivalry in college football, including the Turkey Trot and bed races. This year will mark the 154th meeting between the two schools.

LINDY – Linderman Library located in the center of campus.

OL (ORIENTATION LEADER) – Returning student trained to help new students with the transition to Lehigh and guide his or her group through orientation.

PORTAL – Online community designed for students, faculty, staff, families, and alumni containing the latest Lehigh news, course information, and e-mail; can be tailored by each individual to contain the information they need.

The Brown and White – Lehigh school newspaper published twice each week.

TURKEY TROT – A Thursday night, 2.6 mile run through the campus that is part of Lehigh-Lafayette week festivities. This year will be the 63rd Annual Turkey Trot.

UC (UNIVERSITY CENTER) – This building contains several dining options, a bank, meeting rooms, and several Student Life Offices.

More Lehigh terms are available by visiting our website at studentaffairs.lehigh.edu/content/lehigh-lingo
IMPORTANT CONTACT INFORMATION

Athletic Tickets
610.7LU.GAME
www.lehighsports.com

Bursar
610.758.3160
bursar@lehigh.edu

Center for Career and Professional Development
610.758.3710
careercenter@lehigh.edu

Center for Gender Equity
610.758.6484
incge@lehigh.edu

Counseling and Psychological Services
610.758.3880
incso@lehigh.edu

Dean of Students
610.758.4156
indost@lehigh.edu

Disability Support Services
610.758.4152
indss@lehigh.edu

Equal Opportunity Compliance Coordinator/ Title IX Coordinator
610.758.3535
eocc@lehigh.edu

Financial Aid
610.758.3181
financialaid@lehigh.edu

Health and Wellness Center
610.758.3870
inluhc@lehigh.edu

Pride Center
610.758.4126
pridecenter@lehigh.edu

Mail Center
610.758.4193
mailcenter@lehigh.edu
FAMILY GUIDE TO BETHLEHEM

PLACES TO STAY

Best Western
300 Gateway Drive
610.866.5800

Bethlehem Inn
476 North New St
610.867.4985

Comfort Suites of Bethlehem*
120 W. 3rd St
610.882.9700

Courtyard Marriott
2160 Motel Drive
610.317.6200

Courtyard Marriott
2220 Emrick Blvd
610.625.9500

Days Hotel
3400 Airport Rd
610.674.0733

Hampton Inn
200 Gateway Drive
610.868.2442

Hilton Garden Inn
1787 Airport Rd
610.443.1400

Holiday Inn Express
2201 Cherry Lane
610.838.6110

Hotel Bethlehem
437 Main St
610.625.5000

Hyatt Place
45 West North St
610.625.0500

The Sands Casino Resort
77 Sands Blvd
877-726-3777

Sayre Mansion*
250 Wyandotte St
610.882.2100

Staybridge Suites
1787 Airport Road
610.443.5000

TownePlace Suites
3800 Easton/Nazareth Hwy
610.829.2000

Wydnor Hall Inn
3612 Old Philadelphia Pk
610.867.6851

WHAT TO DO

ArtsQuest*
101 Founders Way
Bethlehem, PA

Banana Factory*
25 W. 3rd St
Bethlehem, PA

BarreForm*
202 W. 4th St
Bethlehem, PA

Bethlehem Visitor Center
505 Main St
Bethlehem, PA

The Crayola Factory
30 Centre Square
Easton, PA

Da Vinci Science Center
3145 Hamilton Blvd Bypass,
Allentown, PA

Dorney Park
3830 Dorney Park Rd
Allentown, PA

Fab Lab*
511 E. 3rd St
Bethlehem, PA

Godfrey Daniels*
7 E. 4th Street
Bethlehem, PA

Hawk Mountain
1700 Hawk Mountain
Kempton, PA

Historic Bethlehem
River Tours
434 Clearfield St
Bethlehem, PA

Lehigh Valley Iron Pigs
1050 Ironpigs Way
Allentown, PA

Lehigh Valley Mall
Route 22 and
Route 145 N.
Whitehall, PA

Lehigh Valley Phantoms
701 Hamilton St
Allentown, PA

Lehigh Valley Wine Trail
407 Old Route 22
Kutztown, PA
WHERE TO EAT

Alexandra’s Bistro*
9 E. 4th St
610.868.0366

Apollo Grill
85 W. Broad St
610.865.9600

Bethlehem Brew Works
569 Main St
610.882.1300

Braveheart Highland Pub
430 Main St Hellertown
610.838.6555

Cafe The Lodge*
427 E. 4th St
610.849.2100

Carlo’s Bakery*
77 Sands Boulevard,
484.893.3731

Grille 3501
3501 Broadway, Allentown
610.706.0100

Deja Brew*
101 W. 4th St
610.865.2739

Edge
74 W. Broad St
610.814.0100

The Flying Egg
451 Main St
610.691.5100

The Goose*
102 W. 4th St
610.868.0176

Greek Meat Guy*
129 E. 3rd Street
484.898.8056

Clusters Popcorn
530 Main St
610.849.2576

The Cup*
2 Farrington Square
610.865.4360

*Located in South Bethlehem and within walking distance from campus.

WHAT TO DO

Lehigh Valley Zoo
5150 Game Preserve Rd
Schnecksville, PA

Moravian Museum
66 W. Church Street
Bethlehem, PA

National Museum of Industrial History*
602 E. 2nd Street
Bethlehem, PA

The Promenade Shops
2845 Center Valley Parkway
Center Valley, PA

Shoppes at Sands*
77 Sands Boulevard
Bethlehem, PA

Stabler Arena
124 Goodman Drive
Bethlehem, PA

SteelStacks*
101 Founders Way
Bethlehem, PA

Zoellner Arts Center*
420 E. Packer Avenue
Bethlehem, PA

For more Bethlehem attractions, visit bethlehem.discoverymap.com
**WHERE TO EAT**

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Hardball Cider</td>
<td>553 Main St</td>
<td>610.625.3744</td>
</tr>
<tr>
<td>Hot Plate Soul Kitchen*</td>
<td>201 E. 3rd St</td>
<td>610.419.0498</td>
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<tr>
<td>Jenny’s Kuali*</td>
<td>102 E. 4th St</td>
<td>610.758.8088</td>
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<tr>
<td>Johnny’s Bagels &amp; Deli*</td>
<td>Farrington Square</td>
<td>484.895.3712</td>
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<tr>
<td>La Lupita Mexican Restaurant*</td>
<td>4 W. 4th Street</td>
<td>610.868.5733</td>
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<tr>
<td>Lehigh Pizza*</td>
<td>13 W. 3rd St</td>
<td>610.866.1088</td>
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<tr>
<td>Lit Roastery and Bakeshop*</td>
<td>26 E. 3rd St</td>
<td>484.626.0945</td>
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<tr>
<td>Mama Nina</td>
<td>546 Main St</td>
<td>610.867.9802</td>
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<tr>
<td>Molly’s Irish Grille &amp; Sports Pub*</td>
<td>4 E. 4th St</td>
<td>610.868.1313</td>
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<tr>
<td>Molinari’s*</td>
<td>322 E. 3rd St</td>
<td>610.625.9222</td>
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<tr>
<td>Nawab Indian Restaurant*</td>
<td>13 E. 4th St</td>
<td>610.691.0388</td>
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<tr>
<td>Olive Branch*</td>
<td>355 Broadway</td>
<td>610.814.0355</td>
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<tr>
<td>Perkins Family Restaurant &amp; Bakery*</td>
<td>205 W. 3rd St</td>
<td>610.867.0262</td>
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<tr>
<td>Playa Bowls*</td>
<td>310 E. 3rd St</td>
<td>610.419.4294</td>
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<tr>
<td>Red Robin</td>
<td>2845 Center Valley Pkwy</td>
<td>610.625.3176</td>
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<tr>
<td>Roasted*</td>
<td>22 W. 4th St</td>
<td>610.849.2673</td>
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<tr>
<td>Sal’s Brick Oven Pizza*</td>
<td>313 S. New St</td>
<td>610.317.0400</td>
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<tr>
<td>Sotto Santi Italian Restaurant*</td>
<td>10 W. 4th St</td>
<td>484.895.3111</td>
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<tr>
<td>Southside 313*</td>
<td>313 E. 3rd St</td>
<td>610.419.1134</td>
</tr>
<tr>
<td>Subway*</td>
<td>1 E. 4th St</td>
<td>610.868.7570</td>
</tr>
<tr>
<td>Tapas on Main</td>
<td>500 Main St</td>
<td>610.868.8903</td>
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<tr>
<td>Taps Tavern</td>
<td>3731 Route 378</td>
<td>610.748.7100</td>
</tr>
<tr>
<td>Thai Kitchen*</td>
<td>347 Broadway</td>
<td>610.814.2670</td>
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<tr>
<td>Thai Thai II</td>
<td>509 Main St</td>
<td>610.868.1919</td>
</tr>
<tr>
<td>Tulum*</td>
<td>17 W. Morton St</td>
<td>610.691.8300'</td>
</tr>
<tr>
<td>U &amp; Tea*</td>
<td>119 E. 3rd St</td>
<td>610.866.4900</td>
</tr>
</tbody>
</table>

*Located in South Bethlehem and within walking distance from campus.*
FAMILY FIELD GUIDE

SPONSORS & LOCAL BUSINESSES

GETTING TO KNOW A NEW AREA CAN TAKE TIME. ALLOW US TO HELP.
CAMPUS PIZZA
Family owned and operated since 1979

We’re just down the street!
22 EAST 4TH STREET

We Deliver!

CAMPUSPIZZAONLINE.COM
610.867.6222

pizzas
stombolis
wraps
salads
dinners
and more!
Accepted Payment Methods

- Meal Swipes, Dining Dollars, GoldPLUS, Guest Meal Passes,
- LU Personal Charge, LU Department Charge, Cash, Credit, Debit
- Meal Credits, Dining Dollars, GoldPLUS, LU Personal Charge,
- LU Department Charge, Cash, Credit, Debit
- LU Personal Charge, LU Department Charge, Dining Dollars,
- GoldPLUS, Cash, Credit, Debit
- Dining Dollars, GoldPLUS, LU Personal Charge,
- LU Department Charge, Cash, Credit, Debit
- Debit, Credit, ApplePay, Android Pay,
- Re-loadable Convenience Solutions Marketcard

1. CORT @ LOWER UC - Offering breakfast, lunch and dinner, this all-you-care-to-eat student restaurant offers a wide variety of healthy choices Monday - Friday.
2. UPPER UC FOOD MARKET - Our main retail food court is located on the 2nd floor of the UC. Enjoy burgers, hand-rolled sushi, sandwiches, soups, salads & more.
3. BAKER’S JUNCTION - Located on the 2nd floor of the UC, we proudly serve Starbucks coffee, fresh baked goods, breakfast sandwiches and fresh fruit smoothies.
4. PANDINI’S - Also located on the 2nd floor of the UC, you’ll find artisan personal pizzas, pasta creations and salads. Finish off your meal with authentic Italian Gelato.
5. ASA DINING ROOM - On the 3rd floor of the UC, faculty and staff will find a quiet place to escape for a delicious lunch buffet with salad bar & house-made desserts.
6. LUCY’S CAFE - Nestled on the lower level of Linderman Library, this charming cafe offers Seattle’s Best Coffee and a variety of sandwiches, salads & snacks.
7. GLOBAL CAFE - Find authentic global cuisine on the 2nd floor of Williams Hall. Enjoy our famous noodle bowls, Peet’s Coffee and other freshly prepared features.
8. HAWK’S NEST - Tucked inside Lamberton Hall Student Center, the Hawk’s Nest boasts hand pressed burgers, sandwiches, sides, fresh salads & signature milkshakes.
9. FUD TRUK - Lehigh’s restaurant on wheels. From salads to grilled sandwiches stuffed with fresh ingredients, you will be satisfied and happy that you stopped by.
10. EWFM LOUNGE - On the lower level of the Fairchild Martindale Library, you’ll find Peet’s Coffee and Tea along with freshly prepared grab-and-go items in a cozy setting.
11. BRODHEAD - Tucked inside Brodhead Residence Hall, is a warm and inviting all-you-care-to-eat student restaurant that serves breakfast, lunch & dinner.
12. COMMON GROUNDS - Situated on the second floor of Rauch Business Center, guests can enjoy fresh sandwiches, hand-rolled sushi, Starbucks coffee & more.
13. RATHBONE - A bright and colorful all-you-care-to-eat student restaurant that features eight culinary platforms with a gorgeous view overlooking the Lehigh Valley.
14. IACOCCA CAFE - Located on the Mountaintop Campus, inside Iacocca Hall guests will find hot breakfast, fresh sandwiches & salads, Peet’s Coffee and Tea & more.
15. MARKET X - On the 2nd floor of Building C, Market X features 24/7 access to students, faculty and staff and offers sandwiches, salads, sushi, Starbucks coffee & more.

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