FAMILY FIELD GUIDE
2021-2022

Your Go-To Guide for the First-Year Adventure

LEHIGH UNIVERSITY
Welcome to the Lehigh University Family! It is our pleasure to welcome each of you to the Mountain Hawk community. Lehigh is committed to partnering with parents and families to assist in the success and education of our new students. The Office of the First-Year Experience provides resources and programs to assist you in the support of your student’s growth at Lehigh and also to provide support to our new students as they transition into college life. We recognize the important role you play in your student’s transition process, and therefore want to assist families with their transition as well. We are excited to have a healthy level of involvement from you and other family members as we seek to provide support for the students’ academic, professional, and personal development.

The Family Field Guide is intended to assist you and your student with the transition to Lehigh, placing special emphasis on the services available to your student. It will enable you to advise them as they navigate the complexities of the first year college experience. You will learn about student support services, from academic advising and career counseling to student involvement and battling homesickness. Everything in this guide is designed to enable your students to make the most of their time here and to reach their full potential. In addition, we will introduce you to the Bethlehem community with history of the area, places to stay, where to eat, and things to do while you are here in the Lehigh Valley. Our hope is that this guide will inspire you to become involved with Lehigh. Whether it is through Family Weekend or participating in the Parents Council, you will find that the more you learn about Lehigh, the greater this experience will be for your entire family.

We appreciate your involvement in your student’s experience and look forward to a great four years with your family at Lehigh. Please let us know if we can ever be of assistance as you and your student transition!

We look forward to engaging with you throughout the year!

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# TABLE OF CONTENTS

## GETTING TO KNOW YOUR UNIVERSITY
- The History of Lehigh University ......................................................... 2
- The History of Bethlehem .............................................................. 3

## TRANSITIONING TO COLLEGE
- Ten Tips for Families ............................................................................ 4-5
- Preparing to Launch: The First Few Weeks ........................................ 6-7
- bLUeprint ............................................................................................... 8

## CAMPUS LIFE
- After the Launch: Encouraging Involvement and Battling Homesickness . . 9-10
- Student Life ......................................................................................... 11-13
- Housing ......................................................................................... 14-15
- Dining ............................................................................................. 16-17
- Safety ............................................................................................ 18-19

## STUDENT WELLNESS AND SUPPORT
- Counseling Services & Health Advancement and Prevention Strategies .......... 20-21
- Health Services ............................................................................ 22

## ACADEMIC SUPPORT
- Academic Support ........................................................................... 23-24
- Sharing Information with Families .................................................. 25
- Financial Aid .................................................................................... 26-27

## VISITING LEHIGH
- Transportation Services ................................................................... 28-29
- Parking Services ............................................................................... 30
- Shipping & Mailing to Campus ......................................................... 31
- Programs for Families ....................................................................... 32-33
- Lehigh Lingo .................................................................................... 34-35
- Important Contact Information ....................................................... 36-37
- A Family Guide to Bethlehem .......................................................... 38-40

## SPONSORS & LOCAL BUSINESSES ......................................................... 41-60
LEHIGH UNIVERSITY’S HISTORY is closely related to the rise of America as an industrial power. The vision of our founder Asa Packer, an industrial pioneer, entrepreneur and philanthropist, set the foundation for generations of students to learn and live among the nation’s brightest scholars. In 1865, Packer, president of Lehigh Valley Railroad, presented a $500,000 gift to build a university that would contribute to the “intellectual and moral improvement” of men in the Lehigh Valley. It was the largest donation of its kind to any educational institution in America at that time. The site that Packer chose for his university was a railroad junction across the Lehigh River from Bethlehem, Pennsylvania, a community founded in 1741 by Moravian missionaries. The site was selected in part because it was within walking distance for managers of the Lehigh Valley Railroad. Packer and his associates designed the school to chiefly focus on mathematics and science education, while also providing pupils with a sufficient knowledge of classics.

Now, 156 years later, Lehigh is still honoring this proud heritage as it looks ahead to the future. What began as a home for 39 eager young scholars is now a thriving university of more than 5,203 undergraduate and 1,864 graduate students.

Lehigh’s history is an ongoing process that continues with each generation of Lehigh students, leaders and faculty who take the past and leave their distinct mark for the future. From the first class of students who arrived on South Mountain to the Class of 2025, Lehigh has maintained its tradition of excellence while keeping in step with a dynamic world.
**THE HISTORY OF BETHLEHEM**

**SINCE 1741**, Bethlehem has beckoned travelers to experience the warmth and hospitality of this delightful community. In that year, a small group of Moravians settled on the banks of the Lehigh River near the Monocacy Creek. They represented what is now recognized as the oldest organized Protestant denomination in the world, the Unitas Fratrum, or Unity of the Brethren, founded in 1457.

On Christmas Eve of that first year, 1741, the Moravians’ patron, Count Nicholas Ludwig von Zinzendorf of Saxony, Germany, visited the new settlement. In their two-room log home that housed both man and beast, the Count christened the community “Bethlehem.” By 1845, the more than 1,000 inhabitants voted to incorporate the village into a free borough in the County of Northampton. With the advent of the Industrial Revolution, Bethlehem became a center of heavy industry and trade. Until 2003, Bethlehem was home to the world headquarters of Bethlehem Steel, which at the time was the second-largest steel producer in the United States.

In 1937, the Bethlehem Chamber of Commerce, mindful of Bethlehem’s first Christmas in 1741, asked - “Why not make Bethlehem, named at Christmas, the Christmas City for the entire country?” Thus, since 1937, Bethlehem, Pennsylvania has been known throughout the world as Christmas City USA. That same year, the “Star of Bethlehem” made its debut on the top of South Mountain. A fifty-three feet tall star made of Bethlehem steel- the “Star of Bethlehem”- honored the rich history and traditions of Bethlehem. Today, the star is lit from 4:30 p.m. until midnight every day of the year and can be seen from up to 20 miles away.

From its humble beginnings as a Moravian settlement to its modern status as the heart of the thriving Lehigh Valley, Bethlehem has carefully preserved its past. It is a city of 75,000 that shines as brightly as its huge electrical star atop South Mountain. The Moravian influence remains strong, but many more traditions from many lands have joined in making the city a “melting pot” of cultures, blending one into the other.

*History of Bethlehem provided by Information Services of the City of Bethlehem (www.bethlehem-pa.gov).*
TRANSITIONING TO COLLEGE

**TIP # ONE**
Every student will adjust to this transition differently. Help them through the transition without pushing them too fast or pulling them too close.

**TIP # TWO**
Encourage involvement in campus activities and events. The more connected and engaged students are to campus, the better their college experience. Lehigh has so many opportunities that every student can find something they love.

**TIP # THREE**
Discuss your finances. Determine what the family will be paying for and what is your student’s responsibility. This is a great time for your student to learn financial responsibility while still having a safety net.

**TIP # FOUR**
Discuss academic expectations. Transitioning from high school to college-level work is challenging, so it’s important to set realistic expectations. Encourage your student to seek out resources that can help them with the transition.

**TIP # FIVE**
Start talking about social pressures like alcohol and sex. Help your student set expectations for their own behavior and ways to stay accountable to them.

**TIP # SIX**
Discuss expectations for breaks. Once students start making friends or missing high school friends, their ideas for break plans can start to differ from yours.

**TIP # SEVEN**
Set a communication plan for when you will talk. Utilizing e-mail, texting, and social media is a great idea!
TEN TIPS FOR FAMILIES

TIP # EIGHT
Be a good listener. Remember, students will often call to vent frustrations. Sometimes they just need someone to listen and not solve the problem.

TIP # NINE
Be sure to encourage your student to STAY on campus even if they live nearby. Friendships are often formed on the weekends, so it is important for your student to be around campus building connections.

TIP # TEN
Let your student start to do things for themselves. This is the time for them to begin transforming into adults and to learn how to navigate Lehigh, and the rest of their world, on their own.

ADVICE FROM STUDENTS

• “Be open and available to your kids.”

• “I really appreciated when my parents sent little knick-knacks from home.”

• “Educate your kids on the consequences of their decisions; do not make their decisions for them.”

• “Understand that we are now learning how to live lives of our own so try to be supportive and understanding throughout the process.”

• “Parents should know that it’s normal for their kids to want to grow up a little bit and create a space between them and their parents.”

• “My parents send me a card every once in a while just saying good luck and that they are proud of me. It is nice to get a card like that when you don’t expect it and it’s a good ‘pick-me-up’ if you had a tough week.”

• “Lehigh has great resources to help your student along the way. Encourage your student to be familiar with these.”
Congratulations!
Your student has moved in, is settled, and is officially a part of the Lehigh community. They are working to adjust to their new environment, but so are you. The first few weeks can be a challenge for families as you become accustomed to not having your student at home and figuring out the new relationship you will have with them. The key is to find ways to take care of yourself as well as support your student in this adjustment process by providing an open line of communication. Let them know that you are there to talk and then allow them to talk freely. Keep in mind that mistakes will occur and that you are adjusting to this transition, too.

How do I let go and still be there for my student?

“Launching your student” is a process of letting go of how the relationship has been so you can embrace the relationship that is to come. It is about giving them the room to make their own mistakes and successes, while still letting them know you are going to be there to support them, offer advice and guidance, love them, and encourage them. It is about letting them do it on their own, but being there to help them when they stumble along the way.

How am I supposed to feel about this process?

Families experience a whole range of emotions, including feeling frustrated, annoyed, angry, impatient, worried, excited, happy, exhausted, energized, proud, and many more. You may love the freedom of your schedule and the quiet orderliness of a clean house, but miss lively family discussions and helping to solve problems. All of these emotions and reactions are completely normal. Just don’t forget to take care of yourself! This is a period of adjustment for you, too!
It sounds like things are not going well. How do I get my student to open up and tell me things?

As the family member, you may feel like you are giving a lot and getting very little. Your student may make requests for money or things from home but remain very private and limited in disclosing information to you. This does not always mean something is wrong. Pay attention to unusual behavior from your student. Look for hints of chronic homesickness, patterns of heavy drinking, or persistent avoidance of communication. Encourage your student to use campus resources such as their Gryphon (Lehigh’s term for Resident Assistant), Residence Life Staff, Academic Support Services, Office of the First-Year Experience, and the University Counseling and Psychological Services as needed.

When you talk to your student you may hear less about the positives and more about things that are not so great, like roommate situations or dining options. Again, this is completely normal. Try to listen and answer their questions with an open mind and remain calm, even if they tell you things that may shock you. Often, when troubles become too much to handle, the only place a student wants to turn to is home, whereas friends at school are more likely to hear about all the good things.

Where can I go for support during this time?

The Office of First-Year Experience and the Counseling Center are both great resources for families trying to help their students through the transitioning process. Professionals in both offices can answer questions you may have or recommend other on-campus resources for you or your student. Many families also recommend talking to others who are currently or have previously “launched” a student. There are also many books and online resources available for families with advice on the transition process. Please visit go.lehigh.edu/FYfamilies for a list of recommended books for families.
bLUeprint is a premier and unique to Lehigh experience. We want students to intentionally create their Lehigh experience and make meaning of all their interactions, conversations, lectures, and experiences, using the Five Foundations for Student Success. We want students to discover more about themselves and Lehigh, explore the vast array of ideas and experiences in this community, connect what they learn inside and outside the classroom, and apply their understanding and insight to future endeavors. We want students to try new things, step out of their comfort zone, and reflect on who they are and who they want their college experience to help them be in the future. We want them to evolve into the best version of themselves.

While it is up to your student to create their Lehigh experience, we will shape their exposure and learning, using the Five Foundations for Student Success:

**Creative Curiosity** — Ask big questions, seek mindful solutions, and develop an overall inquisitive outlook on the world.

**Identity Development** — Continue to develop into your own unique person, become grounded in your multiple identities, and live out your carefully chosen values and beliefs.

**Collaborative Connections** — Learn to build positive relationships and engage in dialogue, utilizing your personal values and inquisitive outlook as a guide.

**Inclusive Leadership** — Make decisions, take action, and contribute positively to your communities in ways that are purposeful, socially just, and built on integrity.

**Professional Growth and Success** — Utilize your intellectual passions and talents to create and enact a personal definition of success that positively represents you, your profession, and your communities.

**5x10**

During the first ten weeks of college, students will begin to develop new routines, create new social connections, and begin to establish their place at Lehigh. We feel it is important to expose students to the multitude of opportunities that exist at Lehigh and then reflect on those opportunities so they can maximize their experiences. All first-year students are expected to attend five programs during the first ten weeks of the semester in at least three of the Five Foundations of Student Success.
IT IS PERFECTLY NORMAL FOR STUDENTS TO GET HOMESICK.
Many students experience a longing for home during the first semester and their immediate reaction is going to be to run for the familiar – home cooking, high school friends, family, and their own bed. However, the cure for homesickness is not going home – it is making a home here at Lehigh. There are a multitude of ways for students to get involved on campus, stay busy on nights and weekends, and start to make South Bethlehem home!

Camp Hawk
Camp Hawk is a three-day, two-night retreat experience in the Pocono Mountains that takes place after school has started. This can be a great opportunity for students who are having a difficult time adjusting to college to meet other first-year students. Upper-class student counselors will participate with students in various activities, such as relay races, discussions, and bonfires, to build connections and develop students’ relationships with other Lehigh students. Camp Hawk will be held September 10-12, 2021. Registration is free and available on the OFYE website on the first day of class. go.lehigh.edu/camphawk

Lehigh After Dark
Lehigh After Dark programs are free events on Thursday, Friday, and Saturday evenings between 8pm and 2am. Events range from weekly trivia to open mic nights and all events are open to the entire LU community. LAD relies heavily on student ideas and offers funding for students groups who wish to plan, host, or co-sponsor their own events. Students should get involved and/or connected by visiting: go.lehigh.edu/lad or emailing indark@lehigh.edu.

Community Service
The Community Service Office helps students engage in meaningful service to the greater Lehigh Valley area, including over 100 local agencies that are always looking for volunteers. Students can also give back by volunteering during the school year, over breaks on SERVE Trips, or by tutoring local elementary and middle school children through America Reads and Counts. Students can visit lehigh.edu/service or email us at inserve@lehigh.edu for more information.
Student Engagement

The Office of Student Engagement wants each individual student to become meaningfully engaged within the Lehigh community. Campus involvement is an important part of the Lehigh experience as it aids in the intellectual, personal and social development of a student. Student Engagement provides a number of ways for students to connect to involvement opportunities. The office offers programs on and off campus throughout the academic year. There are over 200+ student organizations that students can join. Leadership education and development opportunities exist.

studentaffairs.lehigh.edu/engagement

• Campus Programs

Whether it is the beginning of the semester Club Expo, mid-day stress relieving activity, or weekend program, the Office of Student Engagement has something going on almost every day of the week in Lamberton Hall, the University Center, or elsewhere on campus.

• Getting Off-Campus

The Office of Student Engagement offers a FREE Saturday bus service to the Lehigh Valley Mall, and Wal-Mart.* For more transportation information see pages 28-29.

*See our website for the most up-to-date information on these services.

Leadership Education & Development

Students are invited to participate in the wide range of leadership education and development opportunities offered by a variety of offices. These include programs like Catalyst, LeaderShape, the Great Pocono Escape (GPE), the Greek Emerging Leaders, and Foundations for first-year student athletes.
Office of Fraternity and Sorority Affairs

The fraternity and sorority experience has a long-standing history at Lehigh University. The Office of Fraternity & Sorority Affairs (OFSA) works with students, alumni, faculty, staff, and parents to enhance the development of students through fraternity and sorority membership. OFSA supports chapters in developing members holistically across their founding principles that foster leadership, service, scholarship, community, advocacy, safety and wellness. At Lehigh, students are eligible to join fraternities and sororities once they’ve completed 12 Lehigh credit hours and have a 2.5 GPA or higher. Students interested in joining Lehigh’s fraternity and sorority community are encouraged to participate in OFSA sponsored events during the fall semester, such as Go Greek and the Greek PREP 5x10. There are three councils, Cultural Greek Council (CGC), Interfraternity Council (IFC) and Panhellenic Council, that will also host informational events in the fall semester. To learn more about how to get connected, visit go.lehigh.edu/ofsa.

The Pride Center

The Lehigh University Pride Center for Sexual Orientation & Gender Diversity exists to build a just, equitable campus and world through community building and the pursuit of change. We contribute to student life by ensuring that all students, regardless of their gender or sexuality, can bring their full, authentic selves to all aspects of their Lehigh experience. College is often the time for students to explore their sexuality and gender identity, and we want to give parents and family members the resources needed to support their students as they embrace various parts of their identities. For more information, visit the “Parents & Guardians” resource tab on our website (diversity.lehigh.edu/pride-center), email us at pridecenter@lehigh.edu, or stop by our colorful and comfy lounge in University Center C212!
Office of Multicultural Affairs

The Office of Multicultural Affairs (OMA) is committed to engaging, developing, and empowering all students, staff, and faculty as we cultivate an inclusive environment that promotes mutual respect and intersectional dialogue through an intercultural lens. With a focus on intercultural exchange (deep understanding and respect for all cultures), OMA promotes student support and cultural education through programmatic efforts such as the Council for Cultural Organizations (C2O), an umbrella group of culturally based clubs and organizations that provide educational, social and philanthropic programming for the Lehigh University and surrounding community. A few of the most popular programming initiatives of the OMA are the celebration of heritage months throughout the year, Welcome Back Carnival, Family Weekend Brunch, Real Talk Series, and OMA Chats! There are many opportunities students can get involved with the Office of Multicultural Affairs - we invite you to visit our website go.lehigh.edu/oma or stop by the M-Room in the University Center!

The Center for Gender Equity

As we work to end social and systemic gender-related barriers to community members’ successes, we continue to Inform ourselves and others through an intersectional feminist praxis approach, engage individuals and groups in developing gender equitable practices and behaviors, and act for social justice and inclusive excellence. With a comprehensive student curriculum, we give students space to build upon experiential knowledge with research and skills, and students then move that work out into the community. Our active network of alums continues the process. Students join as interns, volunteers, and via work study positions. Hang out in the lounge. Join a dialogue. Become part of our Gender Equity Leadership Fellows.
diversityandinclusion.lehigh.edu/center-gender-equity
The Office of Gender Violence Education and Support

The Office of Gender Violence Education and Support offers support, resources, and referrals to any Lehigh student who is impacted by gender based violence including: sexual assault, intimate partner abuse, stalking, sexual exploitation, and sexual harassment. After an experience with gender based violence, we help Lehigh students feel safe and supported so that they can continue to be successful at Lehigh academically and socially. Specially trained Gender Violence Support ADVOCATES are available 24/7/365 by calling 610-758-4763.

GVES also provides gender violence prevention and healthy sexuality education through trainings and events. We help Lehigh students build a foundation for healthy, consensual, pleasurable, and fulfilling intimate relationships for the rest of their lives. Many of our programs and events are facilitated by, Break the Silence Peer Educators, who new students will meet during orientation. For more information about our services and offerings please visit lehigh.edu/go/gves.

Equal Opportunity Compliance Coordinator/Title IX Coordinator

The Equal Opportunity Compliance Coordinator, who also serves as Lehigh’s Title IX Coordinator, is a resource for all Lehigh students on issues relating to discrimination, harassment, retaliation, and sexual misconduct. The EOCC provides education and training on these topics throughout the year. The EOCC is also available to discuss any questions or concerns relating to these topics and to explain the University’s processes and procedures available for responding to these types of incidents. The EOCC coordinates with other offices on campus to provide support for those who have experienced discrimination, harassment, retaliation, or sexual misconduct and to foster a safe and inclusive environment for all students. eocc.lehigh.edu • lehigh.edu/go/harassmentpolicy
THE OFFICES OF RESIDENCE LIFE AND HOUSING SERVICES

at Lehigh University aim to create an environment characterized by mutual respect and collective responsibility. The residential living experience supports the complete development of students through individual, interpersonal, communal, and intellectual growth.

Living in the Residence Halls

Residence Life staff can assist students in getting involved on-campus and finding their community at Lehigh. The primary resource for Lehigh students living in residence halls is their Gryphon. The Gryphons serve as a peer leader, mentor, and advocate for students, and they coordinate programs and activities as part of the bLUeprint curriculum that cultivate student learning and community development. The Gryphons also serve on a duty rotation and are available to support students in the evenings and on weekends. The Gryphons are supported by a graduate student and professional staff members who provide stewardship to the residential community. The Res Life professional staff are a secondary support system for students living on-campus in addition to their Gryphon.

Housing Services, a partner office with Residence Life, is responsible for initial room assignments, billing, contracts and facility management. Housing services staff work closely with Facilities Services to ensure our residence halls are safe, clean and well maintained homes for our students.
Roommates
If a student would like to change their room, they should reach out to Residence Life via the Assistant Director who oversees their area. Students are asked to allow for some time to adjust to their room location as well as to their relationship with their roommate. After the 10th day of the semester Residence Life staff can assist students if they would like to request a change, but are always available to assist students in addressing concerns they may have about their living situation.

Holidays and Academic Breaks
The residence halls remain open during Pacing Break and Thanksgiving Break for students who wish to remain on-campus. International students and in-season varsity athletes are permitted to remain in the halls during semester break and spring break. Additionally, housing is available during the summer session for students interested in staying on-campus to complete coursework.

Safety in the Residence Halls
The exterior doors of all residence halls are locked at all times. Students will use their Lehigh ID card to gain access to their residence hall. Card access to a specific residence hall is limited to the students who live there. Guest policies are in effect for non-residents who visit.

Residence Life website: studentaffairs.lehigh.edu/reslife
Housing Services website: lehigh.edu/housing
MEAL PLANS

All first-year students are required to be on a Category IA (Carte Blanche) or Category I (250 meals per semester, 225 meals per semester, or 200 meals per semester) meal plan. Meal plans are accepted at all on-campus student restaurants.

Meal plans may be changed up to the 10th day of class of each semester on the Housing and Dining Self Service portal through go.lehigh.edu/housing. Charges for meal plan changes will be assessed per an established pro-rated schedule.

Changes outside of the required meal plan or after the 10th day of class for reasons such as a medical condition must petition and receive approval from the Executive Director of Student Auxiliary Services.

*All dining facilities also accept cash or credit cards.

Students will get the most value by dining at the all-you-care-to-eat student restaurants. Meals can also be used as meal credits at the retail locations across campus, as well as resident dining facilities, but cannot be used at off-campus restaurants and dining locations.

For more information visit lehighdining.com.
DINING DOLLARS
This declining balance is accepted at all Lehigh dining locations. Dining dollars are non-refundable, non-transferable, and carry over from fall semester to spring semester only.

Dining Dollars are allocated based on a student’s selected meal plan, and additional Dining Dollars can be added onto any card holder with a meal plan at any time during the academic year.

BONUS DINING DOLLARS
Each time a card holder adds dining dollars during the academic year, dining services will award them with 10% bonus of whatever is added as part of their rewards program. During the first 10 days of class, an additional 20% will be awarded when dining dollars are added. For more information call 610.758.6179.

GoldPLUS
GoldPLUS works like a debit account, but is encoded right on the Lehigh ID card and can be used at all Lehigh dining locations, for on-campus services such as laundry machines, campus parking, and copy machines, as well as many local off-campus restaurants, entertainment venues, and services. GoldPLUS balance carries over until graduation, upon which any remaining balance will be refunded.

Refunds on closed accounts will be made in the full amount of the unused balance. However, refunds may not be processed for balances less than $15.00.

Deposits can be made to a GoldPLUS account at any time. Visit financeadmin.lehigh.edu/goldplus for all of the deposit options or call 610-758-6169.

“GoldPLUS is a great way to buy books at the Lehigh Bookstore – just deposit the amount needed in advance. Any returns will be credited back to the GoldPLUS account without the hassle of credit card numbers or information.”
SAFETY

MAINTAINING A SECURE ENVIRONMENT

is very important to the entire Lehigh community. We believe that an effective approach to campus safety includes prevention, education, and the ability to respond. A variety of security measures are implemented throughout campus, including 100+ emergency blue light phones that are placed strategically around campus, well-lit walkways, HawkWatch Alert system as well as a mobile personal safety app.

University Police Department

The Lehigh University Police Department is accredited by the Pennsylvania Chiefs of Police Association as well as by the International Association of Campus Law Enforcement Administrators. Lehigh’s police officers are fully trained and certified by the Commonwealth of Pennsylvania. The University Police have and may exercise full police powers on campus and in the immediate and adjacent vicinity of campus, including the enforcement of all federal, state, and local laws, as well as all rules and regulations set forth by the university. The University Police also provide security guards to monitor campus security. The University Police provide coverage 24 hours per day, 365 days per year. The Department consists of a Chief, an Assistant Chief, one Captain, three Lieutenants, four Sergeants, eighteen Patrol Officers, two Security Guards, six Police Dispatchers, a Department Business Manager and twenty part-time Event Staff. For more information, visit police.lehigh.edu.
HawkWatch

HawkWatch alerts include text messages, push notifications, emails, desktop notifications and voicemail messages sent to the campus community in the event of imminent danger, or when an emergency situation will impact a significant number of people. In addition, HawkWatch alerts may be sent to alert the campus community of weather circumstances that may impact normal campus operations. Students can register to receive HawkWatch alerts by visiting: lehigh.edu/emergency

HawkWatch Personal Safety App

The HawkWatch mobile personal safety app is offered for free to all members of the campus community. The HawkWatch app is custom-designed for Lehigh University and includes a number of options that can help in an emergency situation. It also puts the user in direct contact with LUPD dispatchers. It is the equivalent of a mobile blue light phone in the palm of the user’s hand. In addition, the app provides quick and easy access to useful information such as directions in emergency situations, and emergency contacts and support resources. It can also serve as a Lehigh bus tracker, provide links for reporting a tip, and offer users a quick and easy way to request safety programs. To learn more about the personal safety app and to download to your mobile device, please visit: lehigh.edu/emergency/prepared/hawkwatchapp

Emergency Medical Services

Lehigh University Emergency Medical Services (LUEMS) is available to respond to any illness or injury. Students or concerned family members can call 610-758-4200 to report an urgent medical situation. LUEMS Emergency Medical Technicians provide prompt treatment anywhere on campus and can arrange for ambulance transport to hospital if needed. Visit lehigh.edu/ems for more information.

HELPFUL REMINDERS FOR YOUR STUDENT’S SAFETY

- Lock all windows and doors
- Walk in groups, especially at night
- Do not prop open doors or let others follow you into buildings
- Report any suspicious behavior to campus police immediately
- Take advantage of campus bus service at night
- Be aware of the location of all emergency phones on campus
- Tell a friend or roommate where you are going and when you expect to return
Counseling & Psychological Services

University Counseling & Psychological Services (UCPS) is dedicated to the belief that a person’s college years are optimally a time of excitement, challenge, inquiry, experimentation, productivity, and change. Our services are primarily designed to help students thrive in meaningful ways and to grow in self-understanding in order to make best use of their personal and interpersonal resources. UCPS works to accomplish this mission primarily through direct services to all registered students through individual and group counseling, outreach programming and consultation, peak performance training, and crisis support. Our staff are additionally committed to supporting our campus community through consultation, academic teaching, training, research, and other collaborative efforts. As we transition back to an open campus, UCPS continues to remain open and counselors are available to provide assistance remotely and in person, during scheduled meetings during the week and with on-call counselors during evenings and weekends for those experiencing crisis after hours. We invite you or your student to reach out to us if desiring greater fulfillment or flourishing in life, feeling overwhelmed, or wanting to ask questions. Some of the current services offered are below.

- **Group Counseling/Psychotherapy**
  is an opportunity available to students who are in need of a supportive environment that assists them in establishing and maintaining close and gratifying relationships with others. Group can give students better understanding of their relationships with others and assist them in sharing their internal thoughts and feelings with peers in exchange for honest and helpful feedback. Weekly group sessions typically last 90 minutes and students often participate in group for a full year or more.

- **Individual Counseling**
  sessions can be as varied as the students who seek counseling. Sessions can range from building meaningful relationships, to managing stress, to exploring personal identities, and to adjusting to new environments and experiences. They typically last 45 minutes, and students may be seen for a single session or for a number of sessions.
Health Advancement and Prevention Strategies

Maintaining a safe and healthy campus is a shared responsibility. The Health Advancement and Prevention Strategies Office seeks to create an environment that supports student learning and personal development by enhancing institutional health and safety through public health practices. We empower students to make healthy lifestyle choices around alcohol, sleep, stress, sexual health, and other priority health topics. One way we do this is through our Peer Health Advisors, a dedicated team of students, trained to provide peer-to-peer support, advice, resources, and programming about positive health decisions. To learn more about the office, email us at inhaps@lehigh.edu. go.lehigh.edu/haps

Lehigh students have free access to Headspace, an award-winning research-backed app for mindfulness and meditation. Headspace has a robust library of resources including topics such as stress and anxiety, test and presentation preparation, productivity, focus, sleep, and even fostering happy healthy relationships. Learn more on the HAPS website.
THE LEHIGH UNIVERSITY HEALTH AND WELLNESS CENTER
provides care to all of the university’s undergraduate and graduate students. The mission of the Health and Wellness Center is to provide students with:
• High quality, compassionate medical care
• Non-judgmental care that respects individual differences in a confidential environment
• The knowledge and ability to treat themselves for minor illnesses and injuries.

The services provided by the Health and Wellness Center for the 2021-2022 academic year include:
• Medical visits by appointment
• Gynecological services
• Immunizations
• Limited Laboratory services
• Some medications, including antibiotics, are available free of charge when student is evaluated by Lehigh Health & Wellness Center provider
• Treatment for psychological issues in conjunction with the University Counseling Center

Please Note: The Health and Wellness Center does not prescribe medication for ADD, Accutane, and some psychiatric medicine and does not fill prescriptions. Prescriptions from primary care providers can be filled at local pharmacies. All medical records are strictly confidential and will only be released with written consent of the student.

Hints for staying healthy for new students include:
• Washing hands frequently
• Getting adequate sleep each night
• Maintaining up-to-date immunization status
• Getting a flu shot every year; these will be offered on campus starting in September

The Health & Wellness Center can be contacted by phone at 610-758-3870 or by email at inluhc@lehigh.edu. We are open Monday through Friday but our hours do vary throughout the year. Please find our up-to-date hours on our website lehigh.edu/health along with other helpful information regarding our services, policies, campus resources, and much more.
FIRST-YEAR STUDENTS
will go through many different transitions as they adjust to University life. There are many offices and services provided to assist in their academic success.

The Center for Academic Success
The Center for Academic Success is designed to help students reach their full academic potential by offering services such as group, residential, and walk-in tutoring in many first- and second-year courses (introductory and 100-level courses) and study skills assistance free of charge. The long-term goal of the Center is to help students become successful, independent, and self-confident learners. studentaffairs.lehigh.edu/success

Writing and Math Center
The Writing and Math Center offers both online and in-person assistance for students in the areas of writing, research techniques, and math proficiency. One of the most popular services is one-on-one conferences with trained writing consultants who can help students brainstorm ideas, review working drafts, or refine their writing style. studentaffairs.lehigh.edu/writing

Library Services
The Lehigh Libraries offer many services to support the academic progress of Lehigh students. Electronic access to many academic periodicals as well as an online catalog enables students to access the library 24 hours a day from anywhere on campus. Additionally, the two on-campus libraries offer quiet study areas, thousands of volumes on a myriad of topics, an interlibrary loan program, and photocopying services. library.lehigh.edu

“Send a care package from home, even if you are only 20 minutes away. Nothing is better during exams than some snacks from home.”
Support Services for Students with Disabilities
The Office of Disability Support Services supports and enhances Lehigh University’s educational mission and its commitment to maintaining an inclusive and equitable community by providing equal access and reasonable accommodations to qualified students with disabilities in accordance with the Americans with Disabilities Act as amended (ADAAA) and Section 504 of the Rehabilitation Act of 1973. DSS recognizes and appreciates disability as a valued facet of diversity and is dedicated to creating an environment that supports students and fosters intellectual exploration, individual growth, and leadership development. It is the responsibility of students with disabilities to self-identify with DSS and to provide the required documentation in order to receive accommodations. To learn more, visit studentaffairs.lehigh.edu/disabilities.

Mid-Term Grade Reports and Section 3’s
A mid-term grade report process is in place for first- and second-year students which allows the University to closely monitor student progress throughout the semester. In mid-October and March, instructors may submit mid-term grades. Mid-term grade reports are sent to students and are accessible through Banner. Students who receive two or more D or F grades in their courses are required to meet with their advisor, course instructor, and an academic support staff member to discuss their need to improve their standing in the course. Named for its position in the Rules and Procedures of the Faculty (3.2.5. Section 3), Section 3 forms are filed by faculty members if a student appears to be neglecting course work or interferes with the discipline of any course. Students who receive a Section 3 notice are required to meet with their course instructor and academic advisor.

Center for Career & Professional Development
The Center for Career & Professional Development provides resources to support the career development of Lehigh students at all stages of their education. The career team’s work with students is centered on our Career Development Learning Cycle. The cycle is grounded around the areas of exploration, developing skills, gaining experience, and building connections and networking. A student’s career development is much more than perfecting a resume – it is a journey. Students can connect with the career team to help design a career path for success after Lehigh. Resources are offered to assist students with gaining career knowledge, creating and refining career tools, and developing skills they need to succeed. careercenter.lehigh.edu
The Family Educational Rights and Privacy Act of 1974 (FERPA) is a Federal law that protects the privacy of student educational records. Once a student reaches 18 years of age or attends a postsecondary institution, the student becomes the owner of their education records. Unless students give consent, parents and/or guardians no longer have access to education records, such as a student’s grades or other “nondirectory” information. Therefore, it is important that families discuss with their students their expectations for being informed about the student’s academic progress and standing.

Lehigh has developed the student record proxy access system specifically for parents and family members aimed to provide parent access to relevant student record information. The accessible information is based upon specific permission granted to you. Each parent or listed family member will have an individual account.

A mailing about the Student Record Proxy Access is mailed to parent(s) within the first two months of your student’s first semester at Lehigh. An email will be sent to your student’s Lehigh University email address with instructions regarding granting access to parent(s)/guardian(s). Students are able to grant parent access to the following areas: Account Receivable, Account Holds, Address, Financial Aid, Schedule, and Transcript.

FERPA does permit the University to contact parents and/or guardians when a student who is under the age of 21 has violated the University’s Code of Conduct related to drugs or alcohol. As a result, the University will contact parents or guardians for any violation of this type. The University will also contact parents or guardians if there is a threat to the health or safety of the student.
Reapplying for Aid

Financial Aid eligibility is determined annually, based on a family’s most current financial situation; therefore families must re-submit the application materials and tax returns each year. Complete applications for institutional aid are due by March 15 (preceding the new academic year). Financial aid eligibility will be updated based on the family’s information including, but not limited to: income; assets; number of household members; and sibling college enrollment. In addition, Satisfactory Academic Progress is required for aid renewal. Late applicants and those not making minimum academic progress may be denied financial assistance.

Changes in Financial Circumstances

Please contact the Financial Aid office and speak with your financial aid counselor if you feel there are extenuating financial circumstances. Additional funding will be dependent upon the availability of funds.

Outside Scholarships

There are many private scholarships your student may apply for that may or may not be need-based. Eligibility is determined by various factors, such as academic or career goals. To look for a scholarship that matches your student’s interests and qualifications, you can access free scholarship information online at www.collegeboard.com, www.fastweb.com, or www.unigo.com. Be sure to view the outside scholarship policy on the Office of Financial Aid website to determine how receipt of outside scholarships may affect a financial aid package.
Work-Study

If your student’s financial aid eligibility includes a work-study award, it is important to note that it is neither an obligation nor a guarantee of an on-campus job. If students wish to take advantage of their work study eligibility, they must secure a job and work hours to earn these funds. Employment is readily available at Lehigh, so students have ample opportunity to earn their full awards. Students can find work study job opportunities at lehigh.joinhandshake.com/login.

Communication with Students

At the point that your student starts school, the Office of Financial Aid will direct all communications to your student. Most communications will be sent via email to your student’s Lehigh email account. Be sure to have your student check their Lehigh email regularly. Also, it is advisable that your student check the Financial Aid section of Lehigh’s Self-Service Banner system on a regular basis for any missing information requests or updates to award information.

Contact

For more information about financial aid, or to meet with a financial aid counselor, we encourage you to contact the Office of Financial Aid:

Address: 27 Memorial Drive West, Bethlehem, PA 18015
Telephone: (610) 758-3181
Fax: (610) 758-6211
E-mail: financialaid@lehigh.edu
Website: lehigh.edu/financialaid
GETTING TO AND FROM LEHIGH

Air Transportation
Lehigh University is serviced by three major airports. The Lehigh Valley Airport (ABE) is a mere 15 minutes from campus, with transportation to and from the airport available by taxi or LANTA bus. The Philadelphia Airport (PHL) and Newark Liberty International Airport (EWR) are approximately 70 miles from campus with transportation to and from campus available by reserved car service, bus, or rental car.

Ground Transportation
With its close proximity to many major metropolitan areas, Lehigh students have the ability to enjoy opportunities available off-campus as well as catch a ride home for a long weekend. The companies listed on page 29 offer ground transportation to and from the Lehigh University surrounding area.

LANTA Free Ride Program
Students can ride LANTA for free with their Lehigh University ID. LANTA provides bus services in and around the Lehigh Valley. Students can present their Lehigh ID upon entering the LANTA bus. Fare boxes have been configured to recognize Lehigh University identification cards.

On-Campus Transportation
For the most up-to-date transportation information please visit: go.lehigh.edu/transportation
BUS SERVICES

TRANS-BRIDGE LINES
610-868-6001
transbridgelines.com
Provides bus services from Bethlehem to Newark Airport, JFK Airport, and NYC Bus Terminal

GREYHOUND BUS
800-231-2221
greyhound.com
Provides bus services from Bethlehem/Allentown and Philadelphia to destinations across the U.S.

MY BUS HOME
508-277-8855
mybushome.com
Provides students from Westchester County and Long Island, NY, MD/DC and New England rides to and from campus over the academic breaks

AMTRAK TRAINS
1-800-USA-RAIL
amtrak.com
Provides train services from Philadelphia to destinations across the U.S.

LANTA
610-435-4517
lantabus.com
Provides bus services in and around the Lehigh Valley

For more resources on getting to and from Lehigh visit studentaffairs.lehigh.edu/ofye and click on the resources link.
 Visitor Parking

If you are planning to stay overnight on or near campus and plan to park on campus, you are required to purchase a visitor permit at a cost of $8.00 per day. Visitors may purchase a visitor permit through the Parking Services office; however, if a visitor arrives on campus outside of the Parking Services office hours (Mon-Fri, 8:15 AM to 4:00 PM) they may park at the following locations:

- Zoellner Garage, Level 1 - Pay by space parking at $1/hour
- Alumni Building Parking Pavilion, Level 1 - Meter parking at $1/hour
- Alumni Building Parking Pavilion, Levels 2-6 - Pay by plate at $1/hour
- Mountaintop Campus, Meter Parking - $1/hour
- Mountaintop Campus, Visitor Lot - Pay by plate parking at $1/hour

Students may obtain permits for their visitors arriving on Friday after 4:00 PM, Saturday and/or Sunday online at [go.lehigh.edu/parking](http://go.lehigh.edu/parking).

 Obtaining a Parking Permit

Sophomore, Junior, and Senior students living on-campus may purchase a parking permit through the Parking Services office by visiting [go.lehigh.edu/parking](http://go.lehigh.edu/parking). Permits will be assigned as close as possible to the student’s residence hall. If needed, students may also use on-campus permits to park in the commuter lot at the Goodman campus during school breaks. All students living off-campus are required to purchase a permit if they wish to park on-campus, including after 4:00 PM and weekends.

 Passport Mobile App

The Passport Mobile App can be used to pay for parking at meters, at the Zoellner garage level 1, and at the Mountaintop Visitor Lot. Either download the PassportParking app or register at ppprk.com.

 Text2Park

The Pay by plate parking payment method in the Alumni Building Parking Pavilion on levels 2-6 is Text2Park. This service does not require you to set up an account or download an app. You simply can text LU11 to 25023 and it will walk you through the payment process. You can also use the QR code on the signage provided, or you can go to t2p.mobi/lu11 to make your payment.
RECEIVING MAIL IS A WELCOMED SURPRISE BY STUDENTS

The Mail Center is Lehigh’s campus post office. The Mail Center has established hours of operation where staff are available to accept and distribute parcels. For the most up-to-date hours of operation for the 2021-2022 academic year visit our website at: go.lehigh.edu/mailcenter.

Please keep the Mail Center's hours in mind when selecting shipping preferences. We are equipped to handle small parcels that require refrigeration. However, please use care and planning when shipping a large package that should be refrigerated before your student is able to retrieve their package.

PLEASE ADDRESS ALL MAIL AND PACKAGES IN THE FOLLOWING MANNER:

Student Name
Lehigh University
Box ####
4 Farrington Square
Bethlehem, PA 18015
Family Weekend and Founder’s Weekend
We are making up for lost time! This fall, we will be hosting two great weekends filled with experiences designed to connect you with Lehigh life and traditions. Mark your calendar and make your reservations now!

**SEPTEMBER 17-19: FAMILY WEEKEND 2021**
Visit lehigh.edu/familyweekend for more information.

**OCTOBER 15-17: FOUNDER’S WEEKEND 2021** featuring the inauguration of Lehigh University’s 15th president, Joseph J. Helble ‘82
Visit lehigh.edu(foundersweekend for more information.

Lehigh-Lafayette
The 157th meeting of the Lehigh and Lafayette football teams will be held November 20, 2021, at Lehigh University. Tickets are available through the Athletic Ticket Office. Along with coming to the game to cheer on the Mountain Hawks, all families are invited to join their students for a week of festivities on the Lehigh campus. If you are unable to make it to campus, contact the Alumni Association for information on joining Lehigh alumni, families, and friends for telecasts around the country. Go Mountain Hawks!
Parents’ Fund
College is a new world — one that you, your student, and Lehigh are building together. When you give to the Parents’ Fund, you provide immediate resources for the experiences that make Lehigh extraordinary. You join other families in providing students with leadership training, tutoring and academic support, community service opportunities, and so much more. Enriching Lehigh’s undergraduate experience is a great contribution to your student’s future and supports key priorities of GO: The Campaign for Lehigh.

Parents’ Council
A valuable way to share in your son or daughter’s Lehigh experience is to join the Lehigh Parents’ Council, an advocacy group whose members serve as ambassadors and provide philanthropic leadership for the Parents’ Fund. Each year, more than 100 families participate in the Lehigh Parents’ Council, and their gifts to the university totaled more than $7 million over the past three years. Their generosity makes all the difference as Lehigh students break down barriers, take on the toughest challenges, and impress the world. Membership is open to parents making an annual gift of $5,000 or more. Members are invited to exclusive events during Family Weekend, plus other events throughout the year. I invite you to become involved.

For more information, please contact:

Victoria Penske Aitchison ’92 ’20P
Director of Family Giving
(610) 758-5142  |  vpa@lehigh.edu
bLUeprint
Lehigh aims to expose all students to five foundations for student success: Identity Development, Collaborative Connections, Inclusive Leadership, Professional Growth and Success, and Creative Curiosity.

NavigateLU
Programming that all first-year students complete in their first 10 weeks to ensure students are successful. Students will meet one-on-one with a faculty or staff member and meet with their Orientation group.

5x10
A programming series open to all Lehigh students with a specific focus on new students and their connection to Lehigh. All new students are expected to attend five programs during the first ten weeks of the semester.

Common Hour Exams
While most schools have midterms, Lehigh splits the semester into three parts, separated by a set of exams called “Common Hour Exams.” These exams are held at exactly 4:00 pm during the sixth and eleventh weeks of each semester for courses that have more than one section.

Gryphons
Known as Resident Assistants at most other universities, Gryphons are undergraduates selected by the Office of Residence Life to live with the students in residence halls and serve as an immediate source of support and assistance to them.
Hawk’s Nest
On-campus diner with late-night hours located in Lamberton Hall student center.

Lehigh-Laf
The week of activities leading up to the most-played rivalry in college football, including the Turkey Trot and bed races. 2021 will mark the 157th meeting between the two schools.

Lindy
Linderman Library located in the center of campus.

OL (Orientation Leader)
Returning student trained to help new students with the transition to Lehigh and guide their group through orientation.

The Brown and White
Lehigh school newspaper published twice each week.

Turkey Trot
A Thursday night, 2.6 mile run through the campus that is part of Lehigh-Lafayette week festivities. This year will be the 68th Annual Turkey Trot.

UC (University Center)
This building contains several dining options, a bank, meeting rooms, and several Student Life Offices.

More Lehigh terms are available by visiting our website at: studentaffairs.lehigh.edu/content/lehigh-lingo
IMPORTANT CONTACT INFORMATION

Athletic Tickets
610.7LU.GAME
www.lehighsports.com

Bursar
610.758.3160
bursar@lehigh.edu

Center for Career and Professional Development
610.758.3710
careercenter@lehigh.edu

Center for Gender Equity
610.758.6484
incge@lehigh.edu

Counseling and Psychological Services
610.758.3880
incso@lehigh.edu

Dean of Students
610.758.4156
indost@lehigh.edu

Disability Support Services
610.758.4152
indss@lehigh.edu

Equal Opportunity Compliance Coordinator/ Title IX Coordinator
610.758.3535
eocc@lehigh.edu

Financial Aid
610.758.3181
financialaid@lehigh.edu

Health and Wellness Center
610.758.3870
inluhc@lehigh.edu

Housing Services
610.758.3500
inhouse@lehigh.edu

Pride Center
610.758.4126
pridecenter@lehigh.edu

Mail Center
610.758.4193
mailcenter@lehigh.edu
PLACES TO STAY

Visit lehigh.edu/hotels to find additional information about these hotels and book your accommodations.

- Candlewood Suites Bethlehem South
- Comfort Suites Bethlehem
- Courtyard Marriott Bethlehem
- Fairfield Inn & Suites by Marriott Allentown Bethlehem/Lehigh Valley Airport
- Four Points Sheraton
- Hampton Inn & Suites Bethlehem
- Historic Hotel Bethlehem
- Historic Benner Mansion
- Holiday Inn Allentown
- Holiday Inn Express Allentown North
- Holiday Inn Express and Suites Allentown Center Dorneyville
- Holiday Inn Express and Suites Bethlehem
- Holiday Inn Express and Suites Bethlehem Airport Allentown Area
- Holiday Inn Express and Suites Easton
- Homewood Suites by Hilton Allentown, Bethlehem, Center Valley
- Homewood Suites by Hilton Allentown/Bethlehem Airport
- Hyatt Place Bethlehem
- SureStay Collection by Best Western Lehigh Valley Hotel & Conference Center
- The Lafayette Inn

WHAT TO DO

- **ArtsQuest***
  101 Founders Way
  Bethlehem, PA

- **Banana Factory***
  25 W. 3rd St
  Bethlehem, PA

- **BarreForm***
  202 W. 4th St
  Bethlehem, PA

- **Bethlehem Visitor Center***
  505 Main St
  Bethlehem, PA

- **The Crayola Factory***
  30 Centre Square
  Easton, PA

- **Color Me Mine***
  25 E. 3rd St
  Bethlehem, PA

- **Dorney Park***
  3830 Dorney Park Rd
  Allentown, PA

- **Godfrey Daniels***
  7 E. 4th Street
  Bethlehem, PA

- **Hawk Mountain***
  1700 Hawk Mountain
  Kempton, PA

- **Historic Bethlehem River Tours***
  434 Clearfield St
  Bethlehem, PA

- **Lehigh Valley Iron Pigs***
  1050 Ironpigs Way
  Allentown, PA

- **Lehigh Valley Phantoms***
  701 Hamilton St
  Allentown, PA

- **Lehigh Valley Mall***
  Route 22 and Route 145 N.
  Whitehall, PA
WHERE TO EAT

Alexandra’s Bistro*  
9 E. 4th St  
610.868.0366

Anna’s Brick Oven Pizza*  
313 S. New St  
610.317.0400

Apollo Grill  
85 W. Broad St  
610.865.9600

Bethlehem Brew Works  
569 Main St  
610.882.1300

Billy’s Downtown Diner  
10 E. Broad St  
610.867.0105

The Brick  
1 W. Broad St  
610.419.1141

Cafe The Lodge*  
427 E. 4th St  
610.849.2100

Carlo’s Bakery*  
77 Wind Creek Boulevard  
484.626.1550

Dinky’s Ice Cream Parlor & Grill*  
312 E. 3rd St  
610.419.4716

Deja Brew*  
101 W. 4th St  
610.865.2739

Edge  
74 W. Broad St  
610.814.0100

El Jefe’s*  
506 E. 3rd St  
610.419.2000

The Flying Egg  
451 Main St  
610.691.5100

Clusters Popcorn  
530 Main St  
610.849.2576

The Cup*  
2 Farrington Square  
610.865.4360

Lehigh Valley Wine Trail  
407 Old Route 22  
Kutztown, PA

Lehigh Valley Zoo  
5150 Game Preserve Rd  
Schnecksville, PA

Moravian Museum  
66 W. Church St  
Bethlehem, PA

National Museum of Industrial History*  
602 E. 2nd St  
Bethlehem, PA

The Outlets at Wind Creek Bethlehem*  
77 Wind Creek Boulevard  
Bethlehem, PA

Stabler Arena  
124 Goodman Drive  
Bethlehem, PA

SteelStacks*  
101 Founders Way  
Bethlehem, PA

Venture X Bethlehem*  
306 S. New St  
Bethlehem, PA

Zoellner Arts Center*  
420 E. Packer Avenue  
Bethlehem, PA

WHAT TO DO

*Located in South Bethlehem and within walking distance from campus.
WHERE TO EAT

The Flying V*  
201 E. 3rd St  
484.695.8154

The Goose*  
102 W. 4th St  
610.868.0176

Jenny’s Kuali*  
102 E. 4th St  
610.758.8088

Johnny’s Bagels & Deli*  
6 Farrington Square  
484.895.3712

La Lupita Mexican Restaurant*  
4 W. 4th Street  
610.868.5733

Lehigh Pizza*  
13 W. 3rd St  
610.866.1088

Lehigh University Bookstore & Café  
1 Farrington Square  
610.758.3375

Lit Coffee Roastery & Bakeshop*  
26 E. 3rd St  
484.626.0945

Mama Nina  
546 Main St  
610.867.9802

Molly’s Irish Grille & Sports Pub*  
4 E. 4th St  
610.868.1313

Molinari’s*  
322 E. 3rd St  
610.625.9222

Nawab Indian Restaurant*  
13 E. 4th St  
610.691.0388

Olive Branch*  
355 Broadway  
610.814.0355

Playa Bowls*  
310 E. 3rd St  
610.419.4294

Rakkii Ramen*  
328 S. New St  
610.419.8007

Randy’s Pizzeria*  
201 Mechanic St  
610.419.0053

Roasted*  
22 W. 4th St  
610.849.2673

Southside 313*  
313 E. 3rd St  
610.419.1134

Tapas on Main  
347 Broadway  
610.814.2670

Thai Thai II  
509 Main St  
610.868.1919

Touch Thai  
549 Main St  
610.419.3838

Tulum*  
17 W. Morton St  
610.691.8300’

U & Tea*  
119 E. 3rd St  
610.866.4900

Urbano Mexican Kitchen & Bar  
526 Main St  
610.419.1736

VegOut Bethlehem  
1 E Church St  
610.419.0126

Zest Bar & Grille*  
306 S. New St  
610.419.4320

For more things to do and places to eat in Bethlehem and the Lehigh Valley visit:
• southsideartsdistrict.com
• getdowntownbethlehem.com
• discoverlehighvalley.com

*Located in South Bethlehem and within walking distance from campus.
GETTING TO KNOW A NEW AREA CAN TAKE TIME. ALLOW US TO HELP.
Welcome to South Bethlehem

Enjoy special discounts and promotions during Move-In weekend and your first weeks on campus!

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DOWNLOAD OUR APP
Welcome to Bethlehem! Come explore our space!

Parents & students, please stop by anytime between 9am & 5pm.

Cool-down & relax in our quiet space. Read a book, take a Zoom call, catch up on emails, whatever it may be...

Whenever you’re in town, we want you to feel at home in our all-inclusive coworking & office space.

**Venture X Bethlehem**
306 S. New St, Bethlehem 18015

Visit us this week to receive your member-rate card for the 2021-2022 school year!

DISCOVER THE

Art & Soul

OF BETHLEHEM

Visit southsideartsdistrict.com or call 610.419.9180
to learn all about our shops, restaurants, events and more!

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SouthBethArts
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ROASTED

ORDER HERE

Breakfast & Lunch
22 W 4th St., Bethlehem, PA
610.849.2673
roastedbethlehem
ABOUT THE SCORE $100 BONUS: From 5/17/2021 to 8/31/2021, PSECU is running a New Member promotion. To receive $100, participants must join during the promotion period and satisfy the promotional requirements within 90 days of establishing membership. PSECU will deposit $100 into the Regular share within 45 days after the requirements are satisfied. $5 is required to open and maintain a Regular share account. This $5 share deposit is also required to be eligible to receive the $100, and the member must be in good standing as defined by PSECU’s Bylaws Article II, Section 1. A $5 minimum share purchase will be made on behalf of the new member by PSECU. If the member account is closed within the first year of membership, the initial $5 share will be retained by PSECU. The Annual Percentage Yield on PSECU’s Regular share account is 0.05%. This variable rate is current as of 12/31/2020 and may change. Withdrawals and fees may reduce earnings on the account. For all terms and conditions see psecu.com/students.

*No purchase necessary. To receive $100, new members (“New Member”) must: join PSECU before 8/31/2021 at 11:59 p.m. (ET) with a promotional code; and sign up and be approved for a checking account, a PSECU debit card, and digital banking (online or mobile) account access within 90 days of establishing membership.

**Promo code is only needed for paper applications. When joining through psecu.com/students, a promo code is provided for you.

***If you use a PSECU debit card at an out-of-network ATM and get charged, we’ll rebate fees on withdrawals up to $20 per month with direct deposit and up to $8 per month without.
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AT THE ALL NEW FOUNDRY PARK

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@mollysbethlehem

4 East 4th St.
Bethlehem, PA

@mollysbethlehem
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call 610-758-6179 or visit https://connect.lehigh.edu
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@EATELJEFES

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@dinkys_icecreamcrew

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ZOELLNERARTSCENTER.ORG
Join the Lehigh University Parents and Families Facebook Group at:

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Lehigh After Dark (LAD) helps create a vibrant campus nightlife by sponsoring a variety of social options that do not focus on alcohol. LAD funds undergraduate student groups to create and host fun and exciting events that are held on Thursday, Friday, and Saturday nights and are open to the entire campus community.

Students can get involved at go.lehigh.edu/lad
SAVE THE DATE

FAMILY WEEKEND
September 17-19, 2021
lehigh.edu/familyweekend

SAV THE DATE

FOUNDER’S WEEKEND
October 15-17, 2021
lehigh.edu/foundersweekend
Camp Hawk is a three-day, two-night retreat experience in the Pocono Mountains

Friday, September 10 - Sunday, September 12, 2021

REGISTRATION STARTS MONDAY, AUGUST 23

FREE & OPEN TO ALL FIRST-YEAR STUDENTS

For more information visit our website at:
go.lehigh.edu/camphawk
1. **Admission is Free**
   All students get free admission to all events except for football vs Lafayette & men’s basketball vs Lafayette.

2. **Take the Bus**
   The Campus Connector bus runs to all home events on the Goodman Campus.

3. **Mountain Hawks to Follow**
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For Online Family Orientation Information and additional resources to support your student’s transition!