

FAMILY FIELD GUIDE

2024-2025



**Your Go-To Guide for
the First-Year Adventure**



LEHIGH
UNIVERSITY

WELCOME FROM THE OFYE



Welcome to the Lehigh University Family!

It is our pleasure to welcome each of you to the Mountain Hawk community. Lehigh is committed to partnering with parents and families to assist in the success and education of our new students. The Office of the First-Year Experience provides resources and programs to assist you in the support of your student's growth at Lehigh and also to provide support to our new students as they transition into college life. We recognize the important role you play in your student's transition process, and therefore want to assist families with their transition as well. We are excited to have a healthy level of involvement from you and other family members as we seek to provide support for the students' academic, professional, and personal development.

The Family Field Guide is intended to assist you and your student with the transition to Lehigh, placing special emphasis on the services available to your student. It will enable you to advise them as they navigate the complexities of the first year college experience. You will learn about student support services, from academic advising and career counseling to student involvement and battling homesickness. Everything in this guide is designed to enable your students to make the most of their time here and to reach their full potential. In addition, we will introduce you to the Bethlehem community with history of the area, places to stay, where to eat, and things to do while you are here in the Lehigh Valley. Our hope is that this guide will inspire you to become involved with Lehigh. Whether it is through Family Weekend or participating in the Parents Council, you will find that the more you learn about Lehigh, the greater this experience will be for your entire family.

We appreciate your involvement in your student's experience and look forward to a great four years with your family at Lehigh. Please let us know if we can ever be of assistance as you and your student transition!

We look forward to engaging with you throughout the year!



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Each Lehigh class is represented by an official class flag with the colors and design adopted from the flag of the class 50 years their senior. Come see the Class of 2028 flag on display in the Alumni Memorial Building.



Although Lehigh became officially co-ed in 1971, women have been admitted to graduate programs and summer session courses since 1918.

GETTING TO KNOW YOUR UNIVERSITY

THE HISTORY OF LEHIGH UNIVERSITY

LEHIGH UNIVERSITY'S HISTORY

is closely related to the rise of America as an industrial power. The vision of our founder Asa Packer, an industrial pioneer, entrepreneur and philanthropist, set the foundation for generations of students to learn and live among the nation's brightest scholars. In 1865, Packer, president of Lehigh Valley Railroad, presented a \$500,000 gift to build a university that would contribute to the "intellectual and moral improvement" of men in the Lehigh Valley. It was the largest donation of its kind to any educational institution in America at that time. The site that Packer chose for his university was a railroad junction across the Lehigh River from Bethlehem, Pennsylvania, a community founded in 1741 by Moravian missionaries. The site was selected in part because it was within walking distance for managers of the Lehigh Valley Railroad. Packer and his associates designed the school to chiefly focus on mathematics and science education, while also providing pupils with a sufficient knowledge of classics.

Now, 159 years later, Lehigh is still honoring this proud heritage as it looks ahead to the future. What began as a home for 39 eager young scholars is now a thriving university of more than 5,811 undergraduate and 1,779 graduate students.

Lehigh's history is an ongoing process that continues with each generation of Lehigh students, leaders and faculty who take the past and leave their distinct mark for the future. From the first class of students who arrived on South Mountain to the Class of 2028, Lehigh has maintained its tradition of excellence while keeping in step with a dynamic world.

THE HISTORY OF BETHLEHEM

SINCE 1741, Bethlehem has beckoned travelers to experience the warmth and hospitality of this delightful community. In that year, a small group of Moravians settled on the banks of the Lehigh River near the Monocacy Creek. They represented what is now recognized as the oldest organized Protestant denomination in the world, the Unitas Fratrum, or Unity of the Brethren, founded in 1457.

On Christmas Eve of that first year, 1741, the Moravians' patron, Count Nicholas Ludwig von Zinzendorf of Saxony, Germany, visited the new settlement. In their two-room log home that housed both man and beast, the Count christened the community "Bethlehem." By 1845, the more than 1,000 inhabitants voted to incorporate the village into a free borough in the County of Northampton. With the advent of the Industrial Revolution, Bethlehem became a center of heavy industry and trade. Until 2003, Bethlehem was home to the world headquarters of Bethlehem Steel, which at the time was the second-largest steel producer in the United States.

In 1937, the Bethlehem Chamber of Commerce, mindful of Bethlehem's first Christmas in 1741, asked - "Why not make Bethlehem, named at Christmas, the Christmas City for the entire country?" Thus, since 1937, Bethlehem, Pennsylvania has been known throughout the world as Christmas City USA. That same year, the "Star of Bethlehem" made its debut on the top of South Mountain. A fifty-three feet tall star made of Bethlehem steel- the "Star of Bethlehem"- honored the rich history and traditions of Bethlehem. Today, the star is lit from 4:30 p.m. until midnight every day of the year and can be seen from up to 20 miles away.

From its humble beginnings as a Moravian settlement to its modern status as the heart of the thriving Lehigh Valley, Bethlehem has carefully preserved its past. It is a city of 75,000 that shines as brightly as its huge electrical star atop South Mountain. The Moravian influence remains strong, but many more traditions from many lands have joined in making the city a "melting pot" of cultures, blending one into the other.

Classes at Lehigh would start at 10 minutes past the hour so that students could finish their shift at the Bethlehem Steel plant and make it to class on time.



Given the number of stairs on Lehigh's campus, it's no surprise that the inventor of the escalator, Jesse W. Reno, graduated from Lehigh in 1883.

**History of Bethlehem provided by Information Services of the City of Bethlehem (www.bethlehem-pa.gov).*



TRANSITIONING TO COLLEGE

TEN TIPS FOR FAMILIES

TIP #1

Every student will adjust to this transition differently. Help them through the transition without pushing them too fast or pulling them too close.

TIP #2

Encourage involvement in campus activities and events. The more connected and engaged students are to campus, the better their college experience. Lehigh has so many opportunities that every student can find something they love.

TIP #3

Discuss your finances. Determine what the family will be paying for and what is your student's responsibility. This is a great time for your student to learn financial responsibility while still having a safety net.

TIP #4

Discuss academic expectations. Transitioning from high school to college-level work is challenging, so it's important to set realistic expectations. Encourage your student to seek out resources that can help them with the transition.

TIP #5

Start talking about social pressures like alcohol and sex. Help your student set expectations for their own behavior and ways to stay accountable to them.

TIP #6

Discuss expectations for breaks. Once students start making friends or missing high school friends, their ideas for break plans can start to differ from yours.

TIP #7

Set a communication plan for when you will talk. Utilizing e-mail, texting, and social media is a great idea!

TIP #8

Be a good listener. Remember, students will often call to vent frustrations. Sometimes they just need someone to listen and not solve the problem.

TIP #9

Be sure to encourage your student to **STAY** on campus even if they live nearby. Friendships are often formed on the weekends, so it is important for your student to be around campus building connections.

TIP #10

Let your student start to do things for themselves. This is the time for them to begin transforming into adults and to learn how to navigate Lehigh, and the rest of their world, on their own.



ADVICE FROM STUDENTS

- “Be open and available to your kids.”
- “I really appreciated when my parents sent little knick-knacks from home.”
- “Educate your kids on the consequences of their decisions; do not make their decisions for them.”
- “Understand that we are now learning how to live lives of our own so try to be supportive and understanding throughout the process.”
- “Parents should know that it’s normal for their kids to want to grow up a little bit and create a space between them and their parents.”
- “My parents send me a card every once in a while just saying good luck and that they are proud of me. It is nice to get a card like that when you don’t expect it and it’s a good ‘pick-me-up’ if you had a tough week.”
- “Lehigh has great resources to help your student along the way. Encourage your student to be familiar with these.”

Congratulations!

Your student has moved in, is settled, and is officially a part of the Lehigh community. They are working to adjust to their new environment, but so are you. The first few weeks can be a challenge for families as you become accustomed to not having your student at home and figuring out the new relationship you will have with them. The key is to find ways to take care of yourself as well as support your student in this adjustment process by providing an open line of communication. Let them know that you are there to talk and then allow them to talk freely. Keep in mind that mistakes will occur and that you are adjusting to this transition, too.

PREPARING TO LAUNCH: THE FIRST FEW WEEKS

How do I let go and still be there for my student?

“Launching your student” is a process of letting go of how the relationship has been so you can embrace the relationship that is to come. It is about giving them the room to make their own mistakes and successes, while still letting them know you are going to be there to support them, offer advice and guidance, love them, and encourage them. It is about letting them do it on their own, but being there to help them when they stumble along the way.

How am I supposed to feel about this process?

Families experience a whole range of emotions, including feeling frustrated, annoyed, angry, impatient, worried, excited, happy, exhausted, energized, proud, and many more. You may love the freedom of your schedule and the quiet orderliness of a clean house, but miss lively family discussions and helping to solve problems. All of these emotions and reactions are completely normal. Just don't forget to take care of yourself! This is a period of adjustment for you, too!



It sounds like things are not going well. How do I get my student to open up and tell me things?

As the family member, you may feel like you are giving a lot and getting very little. Your student may make requests for money or things from home but remain very private and limited in disclosing information to you. This does not always mean something is wrong. Pay attention to unusual behavior from your student. Look for hints of chronic homesickness, patterns of heavy drinking, or persistent avoidance of communication. Encourage your student to use campus resources such as their Gryphon (Lehigh's term for Resident Assistant), Residence Life Staff, Academic Support Services, Office of the First-Year Experience, and the University Counseling and Psychological Services as needed.

When you talk to your student you may hear less about the positives and more about things that are not so great, like roommate situations or dining options. Again, this is completely normal. Try to listen and answer their questions with an open mind and remain calm, even if they tell you things that may shock you. Often, when troubles become too much to handle, the only place a student wants to turn to is home, whereas friends at school are more likely to hear about all the good things.

Where can I go for support during this time?

The Office of First-Year Experience and the Counseling Center are both great resources for families trying to help their students through the transitioning process. Professionals in both offices can answer questions you may have or recommend other on-campus resources for you or your student. Many families also recommend talking to others who are currently or have previously "launched" a student. There are also many books and online resources available for families with advice on the transition process. Please visit go.lehigh.edu/FYfamilies for a list of recommended books for families.





BLUEPRINT

bLUeprint is a premier and unique to Lehigh experience. We want students to intentionally create their Lehigh experience and make meaning of all their interactions, conversations, lectures, and experiences, using the Five Foundations. We want students to **discover** more about themselves and Lehigh, **explore** the vast array of ideas and experiences in this community, **connect** what they learn inside and outside the classroom, and **apply** their understanding and insight to future endeavors. We want students to try new things, step out of their comfort zone, and reflect on who they are and who they want their college experience to help them be in the future. We want them to evolve into the best version of themselves.

While it is up to your student to create their Lehigh experience, we will shape their exposure and learning, using the Five Foundations:



Creative Curiosity encourages exploration of new ideas and concepts. Students are empowered to take control of their own learning, and develop the skills necessary to be lifelong learners and innovative problem solvers.



Self Concept encourages students to strengthen self-worth by understanding their own identities and values and expressing oneself authentically.



Healthy Connections begin with taking care of yourself. Students are encouraged to reflect on their healthy and unhealthy connections, work to identify their own personal needs and boundaries, and understand that for relationships to thrive they take attention and care.



Critical Consciousness is the ability to understand and analyze societal structures and systems of oppression, and to take action towards social change. We encourage students to recognize and challenge the ways in which systems can perpetuate inequality, injustice and oppression.



Strategic Adaptability recognizes that students are navigating in constantly changing environments. Students are encouraged to build skills in problem-solving, flexibility, and decision making by learning from failures and taking risks.

5x10

During the first ten weeks of college, students will begin to develop new routines, create new social connections, and begin to establish their place at Lehigh. We feel it is important to expose students to the multitude of opportunities that exist at Lehigh and then reflect on those opportunities so they can maximize their experiences. All first-year students are expected to attend five programs during the first ten weeks of the semester in at least three of the Five Foundations.

STUDENT LIFE

The fundamental role of Student Life is to support and enhance the University's educational mission. At the core of all student services is a commitment to promote student learning. The living and learning environment at Lehigh should inspire, challenge, and support students in achieving their full potential as individuals, members of the Lehigh community, and citizens of a larger society.

Community Service Office

The Community Service Office's mission is to further develop our students, faculty, and staff as active citizens who value and contribute to the community by responding to community needs through meaningful action. As a strong partner in the educational mission of Lehigh University, we are intentional about providing students with significant experiential learning opportunities in the community. Students can engage in meaningful service by volunteering during the school year, over breaks on SERVE trips, or by tutoring local elementary and middle school children through America Reads/Counts. We're privileged to be a part of the South Bethlehem community, rich in history and culture, and work continuously to foster strong relationships with community organizations and the Lehigh community. Students can visit lehigh.edu/service, email us at inserve@lehigh.edu or message us on Instagram @LehighCSO for more information!

Leadership Education & Development

Students are invited to participate in the wide range of leadership education and development opportunities offered by a variety of offices. These include programs like Catalyst, LeaderShape, the Great Pocono Escape (GPE), the Greek Emerging Leaders, and Foundations for first-year student athletes.



Fall Club Expo:
Monday, August 26 · 4:30 PM
Clayton University Center Front Lawn

Spring Club Expo:
Monday, January 20 (Tentative)



Student Involvement

The Office of Student Involvement wants each individual student to become meaningfully engaged within the Lehigh community. Campus involvement is an important part of the Lehigh experience as it aids in the intellectual, personal and social development of a student. Students that get involved have shown higher rates of belonging and community and academic success. Student Involvement provides a number of ways for students to connect to involvement

■ Campus Programs

The Office of Student Involvement and our various clubs have engaging opportunities offered almost daily for your student. A list of available programs and events can be found by your student through accessing LINC, Lehigh Involvement Connection.

■ Fraternity and Sorority Life

Fraternity and Sorority Life supports chapters developing members holistically across their founding principles that foster leadership, service, scholarship, community, advocacy, safety and wellness. At Lehigh, students are eligible to join fraternities and sororities once they've completed 12 Lehigh credit hours, have a 2.500 GPA or higher, and have attended a Greek PREP session. Students are encouraged to learn more about sponsored recruitment events throughout the year on our website.

■ Getting Off-Campus

The Office of Student Involvement offers a FREE Saturday bus service to the Lehigh Valley Mall, and Walmart 6 times throughout each semester. For more transportation information see pages 28-29. **See our website for the most up-to-date information on these services.*

While being part of a campus group can be one of the most meaningful aspects of student life, hazing is a hidden and serious problem that undermines the value of these experiences for many individuals.

Lehigh University defines hazing as:

Any action taken or situation created, whether on or off campus, to produce mental or physical discomfort, embarrassment, harassment, or ridicule. studentaffairs.lehigh.edu/hazing-prevention

Lehigh After Dark

Lehigh After Dark programs are free events on Thursday, Friday, and Saturday evenings between 8pm and 2am. Events range from weekly trivia to open mic nights and all events are open to the entire LU community. LAD relies heavily on student ideas and offers funding for students groups who wish to plan, host, or co-sponsor their own events. Students should get involved and/or connected by visiting: go.lehigh.edu/lad or emailing indark@lehigh.edu.

Camp Hawk

Camp Hawk is a three-day, two-night retreat experience in the Pocono Mountains that takes place after classes start. This can be a great opportunity for students who are having a difficult time adjusting to college to meet other first-year students. Upper-class student counselors will participate with students in various activities, such as relay races, discussions, and bonfires, to build connections and develop students' relationships with other Lehigh students. Camp Hawk will be held September 13-15, 2024. Registration is free and available on the OFYE website on the first day of class. go.lehigh.edu/camphawk

Camp Hawk: Snowed In

Camp Hawk: Snowed In is an exciting program series designed to bring together first-year students to build meaningful connections with their peers. Students will participate in fun challenges for students to get to know each other, lead thoughtful discussions and explore campus and Bethlehem to make the most of their Lehigh experience. Registration is free. Fun and swag included!

Year2@LU

The second-year at Lehigh brings about many important decisions and opportunities to consider -- including selecting a major, how to get involved on campus and in the community, new roommates (perhaps) and new classes and professors. Traditionally, there is an abundance of support in the first-year and we want to encourage students in their second year to connect and apply what they've learned to continue to enhance their experience. They will interact with a variety of resources to deepen their learning and continue to shape their interactions and experiences in an intentional and meaningful way.





DIVERSITY, INCLUSION & EQUITY

Lehigh is committed to being an institution that strives to enhance diversity, inclusion and equity. Our ongoing goal is to ensure that all members of our community feel safe, valued and welcome. Our community members are supported through five advocacy centers which are part of Lehigh's Office of Diversity, Inclusion & Equity.

The Pride Center

The Lehigh University Pride Center for Sexual Orientation & Gender Diversity exists to build a just, equitable campus and world through community building and the pursuit of change. We contribute to student life by ensuring that all students, regardless of their gender or sexuality, can bring their full, authentic selves to all aspects of their Lehigh experience. College is often the time for students to explore their sexuality and gender identity, and we want to give parents and family members the resources needed to support their students as they embrace various parts of their identities. You can visit the "Parents & Guardians" tab on our website for helpful resources. diversity.lehigh.edu/pride-center

Office of Multicultural Affairs

The Office of Multicultural Affairs (OMA) offers resources designed to engage, develop, and empower Lehigh's students, staff, faculty, and alumni in building their intercultural competencies. OMA is committed to cultivating an inclusive campus community that promotes mutual respect and intersectional dialogue through an intercultural lens. diversityandinclusion.lehigh.edu/office-multicultural-affairs

The Center for Gender Equity

The Center for Gender Equity works with faculty, staff, students, alumni, and members of the Lehigh Valley community to identify gender/sex-related barriers that prevent people from reaching their personal and professional goals, and then we work cooperatively to dismantle those barriers. Our approach follows a feminist praxis model of Inform, Engage, Act. This approach invites people to join at any point and to participate in knowledge- and skill-building. Using all forms of knowledge and methods, we find tools to create gender equity and provide opportunities for people to practice using the tools, giving people a gender equity toolkit to create a socially just tomorrow. diversityandinclusion.lehigh.edu/center-gender-equity

Chaplain's Office

The Center for Dialogue, Ethics and Spirituality, directed by the Office of the University Chaplain, serves the educational mission of Lehigh University by providing space and resources designed to enhance the “ethical and spiritual development” of those who live and work at Lehigh—students, faculty and staff. Recognizing that people of good will disagree with one another on topics involving ethical analysis, spirituality and religious interpretation, the Center seeks to promote the values of open and free inquiry, engaged dialogue and respect for persons regardless of race, ethnicity, religion, gender identity or sexual orientation. chaplain.lehigh.edu

Student Access & Success

The mission of the Center for Student Access and Success (SAS) is to expand all underrepresented groups' access to the university—with a focus on first-generation and lower-income students. SAS is responsible for ensuring that strategic support systems are in place at Lehigh to enable students to have an enriching, successful college experience. diversityandinclusion.lehigh.edu/studentssuccess

For more information, please visit the department website at: diversityandinclusion.lehigh.edu.





HOUSING

The office of Residence Life and the Housing Services Office at Lehigh University aim to create an environment characterized by mutual respect and collective responsibility. The residential living experience at Lehigh supports the complete development of students through individual, interpersonal, communal, and intellectual growth.

Living in the Residence Halls

Residence Life staff can assist students in getting involved on-campus and finding their community at Lehigh. The primary resource for Lehigh students living in residence halls is their Gryphon. The Gryphons serve as a peer leader, mentor, and advocate for students, and they coordinate programs and activities that cultivate student learning and community development as part of the residential curriculum. The Gryphons also serve on a duty rotation and are available to support students in the evenings and on weekends. The Gryphons are supported by Residence Life professional staff members, Assistant Directors of Residence Life, who provide stewardship to the residential community. These staff members are an additional support system for students living on-campus, alongside their Gryphons.

Additionally, Housing Services, a partner office with Residence Life, is responsible for initial room assignments, billing, contracts, and facility management. Housing Services staff work closely with Facilities Services to ensure the residence halls are safe, clean, and well-maintained for Lehigh students and will address facilities needs that emerge.

Roommates

At the beginning of the semester, roommates will complete roommate agreements to set clear expectations and boundaries, which can help prevent conflicts. If a student is having difficulty with their new roommate, the first step is to reach out to their Gryphon for support. Their Gryphon can provide them guidance for how to best address their concerns or to potentially request a room change if appropriate

Holidays and Academic Breaks

The residence halls remain open during Pacing Break and Thanksgiving Break for students who wish to remain on-campus. International students and in-season varsity athletes are permitted to remain in the halls during the December/January semester break, as well as during Spring Break. Additionally, housing is available during the summer session for students interested in staying on campus to complete coursework, assist with research, work on an internship, etc. Information will be shared with residents in advance of upcoming campus breaks.

Safety in the Residence Halls

To help keep our residence halls secure, exterior doors remain locked at all times. Students use their Lehigh ID card to gain access to their residence hall, and guest policies for non-residents are in place to uphold community expectations. Additionally, students are strongly encouraged to also lock their individual rooms at night and when they are not present in their space. You can learn more about important housing policies here: go.lehigh.edu/reshallgpo.

Additionally, you can learn more about Residence Life and Housing Services by visiting their websites:

Office of Residence Life: studentaffairs.lehigh.edu/reslife

Housing Services: lehigh.edu/housing





"The meal plan at Lehigh is great because there's a wide variety, it's all-you-can-eat, and the food is excellent!"



DINING AT LEHIGH

Meal Plans

All first-year students are required to be on a Category IA (Carte Blanche) or Category I (225 meals per semester or 200 meals per semester) meal plan. Meal plans are accepted at all on-campus student restaurants.

Meal plans may be changed up to the 10th day of class of each semester on the Housing and Dining Self Service portal through go.lehigh.edu/housing. Charges for meal plan changes will be assessed per an established pro-rated schedule.

Changes outside of the required meal plan or after the 10th day of class for reasons such as a medical condition must petition and receive approval from the Executive Director of Student Auxiliary Services.

*All dining facilities also accept cash or credit cards.

Students will get the most value by dining at the all-you-care-to-eat student restaurants. Meals can also be used as meal credits at the retail locations across campus, as well as resident dining facilities, but cannot be used at off-campus restaurants and dining locations.

For more information visit lehighdining.com.

Registered Dietitian

Lehigh Dining employs a full time Registered Dietitian on campus to help students navigate their best dining options on campus. Rathbone Dining Hall features Simple Servings, which offers a complete meal minus the seven top food allergens. Simple Servings was developed to address the growing number of students who arrive on college campuses with special dietary needs. Students can contact our dietitian at dietitian@lehigh.edu.

Dining Dollars

This declining balance is accepted at all Lehigh dining locations. Dining dollars are non-refundable, non-transferable, and carry over from fall semester to spring semester only.

Dining Dollars are allocated based on a student's selected meal plan, and additional Dining Dollars can be added onto any card holder with a meal plan at any time during the academic year.

BONUS DINING DOLLARS

Each time a card holder adds dining dollars during the academic year, dining services will award them with 10% bonus of whatever is added as part of their rewards program. During the first 10 days of class, an additional 20% will be awarded when dining dollars are added. For more information call 610.758.6179.

GoldPLUS

GoldPLUS works like a debit account, but is encoded right on the Lehigh ID card and can be used at all Lehigh dining locations, for on-campus services such as laundry machines, vending machines, and the Bookstore, as well as many local off-campus restaurants, retail shops, grocery stores, and services. GoldPLUS balances carry over until graduation, upon which any remaining balance will be refunded.

Refunds on closed GoldPLUS accounts will be credited to the student's Bursar account in the full amount of the unused balance. However, refunds may not be processed for balances less than \$10.00.

Deposits can be made to a GoldPLUS account at any time online. Visit financeadmin.lehigh.edu/goldplus for all deposit options and/or for more information.



HEALTH SERVICES

Health & Wellness Center

The Lehigh University Health & Wellness Center provides care to all of the university's undergraduate and graduate students. The mission of the Health & Wellness Center is to provide students with:

- High quality, compassionate medical care
- Non-judgmental care that respects individual differences in a confidential environment
- The knowledge and ability to treat themselves for minor illnesses and injuries.

The services provided by the Health & Wellness Center for the 2024-2025 academic year include:

- Medical visits by appointment
- Gynecological services
- Immunizations
- Limited Laboratory services
- Variety of medications, including antibiotics, are available for a small fee
- Treatment for psychological issues in conjunction with the University Counseling Center

Please Note: The Health & Wellness Center does not prescribe medication for ADD, Accutane, and some psychiatric medicine and does not fill prescriptions. Prescriptions from primary care providers can be filled at local pharmacies. All medical records are strictly confidential and will only be released with written consent of the student.

The Health & Wellness Center can be contacted by phone at 610-758-3870 or by email at inluhc@lehigh.edu. We are open Monday through Friday, but our hours do vary throughout the year. Please find our up-to-date hours on our website lehigh.edu/health along with other helpful information regarding our services, policies, campus resources, and much more.

University Counseling & Psychological Services (UCPS)

UCPS is dedicated to the belief that a person's college years are optimally a time of excitement, challenge, inquiry, experimentation, productivity, and change. Our services are primarily designed to help students thrive in meaningful ways and to grow in self-understanding in order to make best use of their personal and interpersonal resources. UCPS works to accomplish this mission primarily through direct services to all registered students through individual and group counseling, outreach programming and consultation, peak performance training, and crisis support, some of which are described below. To ensure that services are as accessible as possible, scheduled appointments with UCPS remain available to students both remotely and in person, Monday through Friday from 8am - 4:30pm. Additionally, we have clinicians on-call to offer urgent support to those experiencing crises outside of regularly scheduled office hours.

- **Group Counseling/Psychotherapy** is an opportunity for students who might benefit from a supportive environment that aids them in establishing and maintaining satisfying relationships with others. Feeling connected relationally can be one of the most powerful markers for success and satisfaction in life. Group can assist students in better understanding their relationships with others and offer them opportunities to share their internal thoughts and feelings with peers in exchange for honest feedback.
- **Individual Counseling** sessions can be as varied as the students who seek counseling. Sessions can range from building meaningful relationships, to managing stress, to exploring personal identities, and to adjusting to new environments and experiences, and is short-term in nature. For students looking for longer term therapy, UCPS counselors can meet with the student to find an appropriate referral.
- **Outreach Programming and Consultation** can be utilized by any group, organization, or department within the Lehigh community to better serve the student body and support a community of wellbeing. Consultations are also available to discuss concerns about a Lehigh student, explore how to best assist a student experiencing a difficult situation, facilitate a referral to a provider in the local community, or provide feedback on an event or program. To speak with a UCPS staff member about your concerns please call the UCPS at (610) 758-3880 and ask to consult with one of our counselors.





- **TELUS Health Student Support:** Students now have access to mental health resources at the palm of their hand 24/7 in multiple languages, regardless of location. With our new partnered program, TELUS Health Student Support, students can download a free app that connects them to on demand support with a counselor via text or phone call, scheduled counseling sessions via phone or videochat, and a number of wellness resources including virtual fitness classes, articles, videos, podcasts.

Further information about resources can be found at go.lehigh.edu/ucps. Follow our Instagram @lehigh_UCPS or sign up for our newsletter on our website to stay up to date on UCPS programming and information.

Health Advancement and Prevention Strategies

Maintaining a safe and healthy campus is a shared responsibility. The Health Advancement and Prevention Strategies Office seeks to create an environment that supports student learning and personal development by enhancing institutional health and safety through public health practices. We empower students to make healthy lifestyle choices around alcohol, sleep, stress, sexual health, and other priority health topics. One way we do this is through our Peer Health Advisors, a dedicated team of students, trained to provide peer-to-peer support, advice, resources, and programming about positive health decisions. To learn more about the office, email us at inhaps@lehigh.edu. go.lehigh.edu/haps

- **Headspace**

Lehigh students have free access to Headspace, an award-winning research backed app for mindfulness and meditation. Headspace has a robust library of resources including topics such as stress and anxiety, test and presentation preparation, productivity, focus, sleep, and even fostering happy healthy relationships. Learn more on the HAPS website.

Office of Survivor Support and Intimacy Education

The Office of Survivor Support and Intimacy Education offers support, resources, and referrals to any Lehigh student who is impacted by sexual misconduct including: sexual assault, intimate partner abuse, stalking, sexual exploitation, and sexual harassment. After an experience with sexual misconduct, we help Lehigh students feel safe and supported so that they can continue to be successful at Lehigh academically and socially. Specially trained Survivor Support ADVOCATES are available 24/7/365 by calling 610-758-4763. SSIE also provides sexual misconduct prevention and healthy sexuality education through trainings and events. We help Lehigh students build a foundation for healthy, consensual, pleasurable, and fulfilling intimate relationships for the rest of their lives. Many of our programs and events are facilitated by Break the Silence Peer Educators, who new students will meet during orientation. For more information about our services and offerings please visit lehigh.edu/go/ssie.

Equal Opportunity Compliance Coordinator/Title IX Coordinator

The Equal Opportunity Compliance Coordinator, who also serves as Lehigh's Title IX Coordinator, is a resource for all Lehigh students on issues relating to bias, discrimination, harassment, retaliation, Title IX, and sexual misconduct. The EOCC educates and trains on these topics throughout the year. The EOCC can meet and answer questions or concerns relating to these topics, and explain the University's support options, processes, and resources available for responding to these types of incidents. The EOCC coordinates with other offices on campus to provide support for those who have experienced these behaviors and to foster a safe and inclusive environment for all students.

eocc.lehigh.edu · lehigh.edu/go/harassmentpolicy





CAMPUS SAFETY

Maintaining a secure environment is very important to the entire Lehigh community. We believe that an effective approach to campus safety includes prevention, education, and the ability to respond. A variety of security measures are implemented throughout campus, including 100+ emergency blue light phones that are placed strategically around campus, well-lit walkways, HawkWatch Alert system as well as a mobile personal safety app.

University Police Department

The Lehigh University Police Department is accredited by the Pennsylvania Chiefs of Police Association as well as by the International Association of Campus Law Enforcement Administrators. Lehigh's police officers are fully trained and certified by the Commonwealth of Pennsylvania. The University Police have and may exercise full police powers on campus and in the immediate and adjacent vicinity of campus, including the enforcement of all federal, state, and local laws, as well as all rules and regulations set forth by the university. The University Police also provide security guards to monitor campus security. The University Police provide coverage 24 hours per day, 365 days per year. The Department consists of a Chief, an Assistant Chief, one Captain, three Lieutenants, four Sergeants, eighteen Patrol Officers, four Security Guards, six Police Dispatchers, a Director of Administration, a Business Manager, and ten part-time Event Staff. For more information, visit police.lehigh.edu.



HawkWatch

HawkWatch alerts include text messages, push notifications, emails, desktop notifications and voicemail messages sent to the campus community in the event of imminent danger, or when an emergency situation will impact a significant number of people. In addition, HawkWatch alerts may be sent to alert the campus community of weather circumstances that may impact normal campus operations. Students and families can register to receive HawkWatch alerts by visiting:

lehigh.edu/emergency

HawkWatch Personal Safety App

The HawkWatch mobile personal safety app is offered for free to all members of the campus community. The HawkWatch app is custom-designed for Lehigh University and includes a number of options that can help in an emergency situation. It also puts the user in direct contact with LUPD dispatchers. It is the equivalent of a mobile blue light phone in the palm of the user's hand. In addition, the app provides quick and easy access to useful information such as directions in emergency situations, and emergency contacts and support resources. It also provides links for reporting a tip and offers users a quick and easy way to request safety programs. To learn more about the personal safety app and to download to your mobile device, please visit: lehigh.edu/emergency/hawkwatch-app

Emergency Medical Services

Lehigh University Emergency Medical Services (LUEMS) is available to respond to any illness or injury. Students or concerned family members can call 610-758-4200 to report an urgent medical situation. LUEMS Emergency Medical Technicians provide prompt treatment anywhere on campus and can arrange for ambulance transport to hospital if needed. Visit lehigh.edu/ems for more information.



HELPFUL REMINDERS FOR YOUR STUDENT'S SAFETY

- Lock all windows and doors
- Walk in groups, especially at night
- Do not prop open doors or let others follow you into buildings
- Report any suspicious behavior to campus police immediately
- Take advantage of campus bus service at night
- Be aware of the location of all emergency phones on campus
- Tell a friend or roommate where they are going and when they expect to return

Important Contact Information

LUPD & LUEMS Phone:
610-758-4200

LUPD Email: inlpd@lehigh.edu

LUEMS Email: ems@lehigh.edu

ACADEMICS

First-year students will go through many different transitions as they adjust to University life. There are many offices and services provided to assist in their academic success.

The Center for Academic Success

The Center for Academic Success is designed to help students reach their full academic potential and become successful, independent, self-confident learners through services such as group, residential, walk-in, and individual tutoring in many first- and second-year courses (introductory and 100-level courses). The Peer Tutoring Program, which employs over 60 undergraduate students, has received International Tutor Training Program Certification through the College Reading and Learning Association. The Center for Academic Success also provides services related to learning and study skills such as academic coaching, workshops, and academic success programs. studentaffairs.lehigh.edu/success

Writing and Math Center

The Writing and Math Center offers both online and in-person assistance for students in the areas of writing, research techniques, and math proficiency. One of the most popular services is one-on-one conferences with trained writing consultants who can help students brainstorm ideas, review working drafts, or refine their writing style. Students can schedule appointments online at studentaffairs.lehigh.edu/writing

Library Services

The Lehigh Libraries offer many services to support the academic progress of Lehigh students. Electronic access to many academic periodicals as well as an online catalog enables students to access the library 24 hours a day from anywhere on campus. Additionally, the two on-campus libraries offer quiet study areas, thousands of volumes on a myriad of topics, an interlibrary loan program, and photocopying services. library.lehigh.edu

Support Services for Students with Disabilities

The Office of Disability Support Services supports and enhances Lehigh University's educational mission and its commitment to maintaining an inclusive and equitable community by providing equal access and reasonable accommodations to qualified students with disabilities in accordance with the Americans with Disabilities Act as amended (ADAAA) and Section 504 of the Rehabilitation Act of 1973. DSS recognizes and appreciates disability as a valued facet of diversity and is dedicated to creating an environment that supports students and fosters intellectual exploration, individual growth, and leadership development. It is the responsibility of students with disabilities to self-identify with DSS and to provide the required documentation in order to receive accommodations. To learn more, visit studentaffairs.lehigh.edu/disabilities.

Mid-Term Grades and Academic Performance Concern

A mid-term grade report process is in place for first- and second-year students which allows the University to closely monitor student progress throughout the semester. In mid-October and March, instructors may submit mid-term grades. Mid-term grade reports are available to view in Banner for students and those parents for whom proxy access has been granted by the student. Academic Performance Concern forms are filed by faculty members if a student appears to be neglecting course work or interferes with the discipline of any course. Students who receive the electronic letter are required to meet with their professor and academic advisor.

Center for Career & Professional Development

The Center for Career & Professional Development provides resources to support the career development of Lehigh students at all stages of their education. The career team's work with students is centered on our Career Development Learning Cycle. The cycle is grounded around the areas of exploration, developing skills, gaining experience, and building connections and networking. A student's career development is much more than perfecting a resume – it is a journey. Students can connect with the career team to help design a career path for success after Lehigh. Resources are offered to assist students with gaining career knowledge, creating and refining career tools, and developing skills they need to succeed. careercenter.lehigh.edu

“Send a care package from home, even if you are only 20 minutes away. Nothing is better during exams than some snacks from home.”



SHARING INFORMATION WITH FAMILIES

FERPA, HIPAA & PHI

Academic Calendar

The 2024-2025 Academic Calendar is available at ras.lehigh.edu.

Office of the Registrar

The Family Educational Rights and Privacy Act of 1974 (FERPA) is a Federal law that protects the privacy of student educational records. Once a student reaches 18 years of age or attends a postsecondary institution, the student becomes the owner of their education records. Unless students give consent, parents and/or guardians no longer have access to education records, such as a student's grades or other "nondirectory" information. Therefore, it is important that families discuss with their students their expectations for being informed about the student's academic progress and standing.

Lehigh has developed the student record proxy access system specifically for parents and family members aimed to provide parent access to relevant student record information. The accessible information is based upon specific permission granted to you. Each parent or listed family member will have an individual account.

A mailing about the Student Record Proxy Access is mailed to parent(s) within the first two months of your student's first semester at Lehigh. An email will be sent to your student's Lehigh University email address with instructions regarding granting access to parent(s)/guardian(s). Students are able to grant parent access to the following areas: Account Receivable, Account Holds, Address, Financial Aid, Schedule, and Transcript. For more information visit ras.lehigh.edu and click on Parents/Guardians.

FERPA does permit the University to contact parents and/or guardians when a student who is under the age of 21 has violated the University's Code of Conduct related to drugs or alcohol. As a result, the University will contact parents or guardians for any violation of this type. The University will also contact parents or guardians if there is a threat to the health or safety of the student.

Bursar's Office

The Bursar's Office will notify students and any person the student establishes as an authorized user via email when a billing statement is available to view. Students and authorized users can view the billing statement online via the e-Bill suite. Please note that parents will not automatically receive billing statements as it is the student's responsibility to ensure that any individuals who will be assisting with tuition payments are set up as an authorized user on the e-Bill suite.

Fall billing statements are available the second week of July and are due the first business day of August. Spring billing statements are available the second week of December and are due the first business day of January. Bills for any Summer Session courses will be due five days prior to the start of classes. Students who register late may not receive an invoice before the applicable due date. Late registration does not excuse the student from satisfying financial obligations by the announced semester due dates. Students registering after the announced semester due date should be prepared to satisfy their financial obligations at the time of registration. Please refer to the billing statement or visit the Bursar's Office website for exact due dates for the academic year. financeadmin.lehigh.edu/bursar

Health & Wellness Center

The Health & Wellness Center does not discuss student's protected health information (PHI) with anyone, including parents, without explicit written consent by the student. It is the student's responsibility to notify and discuss their medical visit with their parents if they so choose. At the students request, a record release form can be published to the portal for them to complete, on which they are able to specify what documented encounter the office may release or discuss, and with whom.





FINANCIAL AID

Reapplying for Aid

Financial Aid eligibility is determined annually, based on a family's most current financial situation; therefore families must re-submit the application materials and tax returns each year. Complete applications for institutional aid are due by March 15 (preceding the new academic year). Financial aid eligibility will be updated based on the family's information including, but not limited to: income; assets; number of household members; and sibling college enrollment. Satisfactory Academic Progress is required for aid renewal and these policies can be viewed on the financial aid website. Late applicants and those not making minimum academic progress may be denied financial assistance.

Changes in Financial Circumstances

Please contact the Financial Aid office and speak with your financial aid counselor if you feel there are extenuating financial circumstances. Additional funding will be dependent upon the availability of funds.

Outside Scholarships

There are many private scholarships your student may apply for that may or may not be need-based. Eligibility is determined by various factors, such as academic or career goals. To look for a scholarship that matches your student's interests and qualifications, you can access free scholarship information online at collegeboard.com, fastweb.com, or unigo.com. Be sure to view the outside scholarship policy on the Office of Financial Aid FAQ website to determine how receipt of outside scholarships may affect a financial aid package.

Work-Study

If your student's financial aid eligibility includes a work-study award, it is important to note that it is neither an obligation nor a guarantee of an on-campus job. If students wish to take advantage of their work study eligibility, they must secure a job and work hours to earn these funds. Employment is readily available at Lehigh, so students have ample opportunity to earn their full awards. Students can find work study job opportunities at lehigh.joinhandshake.com/login.

Communication with Students

At the point that your student starts school, the Office of Financial Aid will direct all communications to your student. Most communications will be sent via email to your student's Lehigh email account. Be sure to have your student check their Lehigh email regularly. Also, it is advisable that your student check the Financial Aid section of Lehigh's Self-Service Banner system on a regular basis for any missing information requests or updates to award information. Students may grant individuals Proxy Access through Self-Service Banner that will allow these individuals to access certain student records.

Contact

For more information about financial aid, or to meet with a financial aid counselor, we encourage you to contact the Office of Financial Aid:

Address: 27 Memorial Drive West, Bethlehem, PA 18015

Telephone: (610) 758-3181

Fax: (610) 758-6211

E-mail: financialaid@lehigh.edu

Website: lehigh.edu/financialaid



TRANSPORTATION OFFICE

On-Campus Transportation

For the most up-to-date transportation information please visit: transportation.lehigh.edu

Getting to and from Lehigh

Air Transportation

Lehigh University is serviced by three major airports. The Lehigh Valley Airport (ABE) is a mere 15 minutes from campus, with transportation to and from the airport available by taxi or LANTA bus. The Philadelphia Airport (PHL) and Newark Liberty International Airport (EWR) are approximately 70 miles from campus with transportation to and from campus available by reserved car service, bus, or rental car.

Ground Transportation

With its close proximity to many major metropolitan areas, Lehigh students have the ability to enjoy opportunities available off-campus as well as catch a ride home for a long weekend. The companies listed on page 29 offer ground transportation to and from the Lehigh University surrounding area.

LANTA Free Ride Program

Students can ride LANTA for free with their Lehigh University ID. LANTA provides bus services in and around the Lehigh Valley. Students can present their Lehigh ID upon entering the LANTA bus. Fare boxes have been configured to recognize Lehigh University identification cards.

Bus Services

TRANS-BRIDGE LINES

610-868-6001

transbridgelines.com

Provides bus services from Bethlehem to Newark Airport, and NYC Bus Terminal

GREYHOUND BUS

800-231-2221

greyhound.com

Provides bus services from Bethlehem/Allentown and Philadelphia to destinations across the U.S.

MY BUS HOME

508-277-8855

mybushome.com

Provides students from New England; Westchester County, NY; and MD/DC rides to and from campus over the academic breaks

AMTRAK TRAINS

1-800-USA-RAIL

amtrak.com

Provides train services from Philadelphia to destinations across the U.S.

LANTA

610-435-4517

lantabus.com

Provides bus services in and around the Lehigh Valley

For more resources on getting to and from Lehigh visit studentaffairs.lehigh.edu/ofye and click on the resources link.



PARKING OFFICE

Visitor Parking

If you are planning to stay overnight on or near campus and plan to park on campus, visitors have the following options:

- Stop by our Parking Services office (Mon-Fri, 8:15 AM to 4:00 PM) to purchase a visitor permit at a cost of \$8.00 per day.
- If a visitor arrives on campus outside of the Parking Services office hours, your student may obtain a visitor permit for you online at go.lehigh.edu/parking.
- If a visitor arrives on campus outside of the Parking Services office hours they may also park at the following locations:
 - Zoellner Garage, Level 1: Pay-by-plate parking at \$1/hour
 - Alumni Building Parking Pavilion, Level 1: Pay-by-plate parking at \$1/hour
 - Alumni Building Parking Pavilion, Levels 2-6: Pay-by-plate at \$1/hour (Mon.-Fri. 4PM-6AM; Sat. & Sun. All day)
 - Farrington Square Parking Garage, Levels 1 & 2: Pay-by-plate at \$1/hour (Mon.-Fri. 4PM-6AM; Sat. & Sun. All day)
 - Mountaintop Campus, Iacocca Hall: Pay-by-plate parking at \$1/hour
 - Mountaintop Campus, Visitor Lot: Pay-by-plate parking at \$1/hour

Obtaining a Parking Permit

Sophomore, junior, and senior students living on-campus may purchase a parking permit through the Parking Services office by visiting go.lehigh.edu/parking. Permits will be assigned as close as possible to the student's residence hall. If needed, students may also use on-campus permits to park in the commuter lot at Goodman campus during school breaks. All students living off-campus are required to purchase a permit if they wish to park on-campus, including after 4:00 PM and weekends. First year students are not permitted to bring/park their cars on campus.

Passport Mobile App

The Passport Mobile App can be used to pay for parking at the Zoellner garage level 1, Alumni Building Parking Pavilion level 1, Iacocca Hall, and at the Mountaintop Visitor Lot. Either download the PassportParking app or register at ppprk.com.

Text2Park

The pay-by-plate parking payment method in the Alumni Building Parking Pavilion on levels 2-6 and in the Farrington Square Parking Garage on levels 1 & 2 is Text2Park. Please check for the proper code on the signage at each location and text that code to 25023. You will receive a message back and it will walk you through the process. You may also use the QR code included on the signage.

For more information visit the Parking Office website at parking.lehigh.edu

SHIPPING & MAILING TO CAMPUS

The Mail Center

The Mail Center is Lehigh's campus post office located at 1 Farrington Square, Suite 200, above the Lehigh Store. The Mail Center has established hours of operation where staff are available to accept and distribute parcels. For the most up-to-date hours of operation for the 2024-2025 academic year visit our website at: go.lehigh.edu/mailcenter. Please

keep the Mail Center's hours in mind when selecting shipping preferences. We are equipped to handle small parcels that require refrigeration. However, please use care and planning when shipping a large package that should be refrigerated before your student is able to retrieve their package.

If you need to send medications or important documents to your campus mail box, we recommend using FedEx Express so that we may better track and find those packages for students.

**PLEASE ADDRESS ALL MAIL
AND PACKAGES IN THE
FOLLOWING MANNER:**

**Student Name
Lehigh University
Box #####
1 Farrington Square
Suite 200
Bethlehem, PA 18015**





Before becoming the Mountain Hawks in 1995, Lehigh's athletic teams were known as the Engineers.



PROGRAMS FOR FAMILIES

Family Weekend and Founder's Weekend

September 20-September 22, 2024

This special weekend will be filled with experiences designed to connect you with Lehigh life and traditions. Spend a full three-day adventure on South Mountain, where you can support your student while exploring Lehigh through their eyes. Be on the lookout for a complete weekend schedule.

Visit alumni.lehigh.edu/family-weekend for more information.

Lehigh-Lafayette

The 160th meeting of the Lehigh and Lafayette football teams will be held November 23, 2024, at Goodman Stadium. Tickets are available through the Athletic Ticket Office. Along with coming to the game to cheer on the Mountain Hawks, all families are invited to join their students for a week of festivities on the Lehigh campus. If you are unable to make it to campus, contact the Alumni Association for information on joining Lehigh alumni, families, and friends for telecasts around the country. Go Mountain Hawks!

The Lehigh-Lafayette football game is the most played rivalry in college football. "The Rivalry" began in 1884 and has been played every year since 1897. It's often said that Lehigh could go 1 and 10 and the season would be considered a success - as long as the one win was against Lafayette.

WELCOME LEHIGH FAMILIES

Share in your students' Lehigh Experience

Parents' Fund

College is a new world — one that you, your student, and Lehigh are building together. When you give to the Parents' Fund, you provide immediate resources for the experiences that make Lehigh extraordinary. You join other families in providing students with tutoring and academic support, community service and student club opportunities, career development, and so much more. Enriching Lehigh's undergraduate experience is a great contribution to your student's future and supports key priorities of GO Beyond: The Campaign for Lehigh.

Parents' Council

A valuable way to share in your son's or daughter's Lehigh experience is to join the Lehigh Parents' Council, a community of parents whose leadership philanthropy to the university underscores their personal support of their Lehigh students. Each year, more than 100 families participate in the Lehigh Parents' Council, and their gifts to the university totaled more than \$5 million over the past three years. Families support the Parents' Fund and consider a legacy gift to areas that are the most meaningful to their students' experiences. Their generosity makes all the difference as Lehigh students break down barriers, take on the toughest challenges, and impress the world. I invite you to become involved. For more information, please contact:

Victoria Penske Aitchison '92 '20P '26P
Director of Family Giving
(610) 758-5142 | vpa@lehigh.edu

GO BEYOND



THE CAMPAIGN FOR FUTURE MAKERS



The following is a list of terms that many students will incorporate into their vocabulary while attending Lehigh.



LEHIGH LINGO

bLUeprint

Lehigh aims to expose all students to five foundations: Creative Curiosity, Self Concept, Healthy Connections, Critical Consciousness, Strategic Adaptability.

NavigateLU

Programming that all first-year students complete in their first 10 weeks to ensure students are successful. Students will meet one-on-one with a faculty or staff member and meet with their Orientation group.

5x10

A programming series open to all Lehigh students with a specific focus on new students and their connection to Lehigh. All new students are expected to attend five programs during the first ten weeks of the semester.

Banner

Self Service Banner is where students can find their personal information, register for courses, see their financial aid, access their class schedule, view grades, and more.

Gryphons

Known as Resident Assistants at most other universities, Gryphons are undergraduates selected by the Office of Residence Life to live with the students in residence halls and serve as an immediate source of support and assistance to them.

OL (Orientation Leader)

Returning student trained to help new students with the transition to Lehigh and guide their group through orientation.

Lehigh-Laf

The week of activities leading up to the most-played rivalry in college football, including the Turkey Trot and bed races. 2024 will mark the 160th meeting between the two schools.

Bed Races

This tradition takes place during Rivalry Week leading up to the Lehigh-Lafayette Rivalry football game in November. Teams race side by side down Packer Avenue to compete for a special prize. The beds are special racing beds designed to be safe, innovative, and fun to drive. Teams dress in costumes and bring enthusiasm to the race.

Turkey Trot

A Thursday night, 2.6 mile run through the campus that is part of Lehigh-Lafayette week festivities.

Lindy

Linderman Library located in the center of campus

FML

Fairchild-Martindale Library located on Packer Ave

The Brown and White

Lehigh school newspaper published twice each week

CUC (Clayton University Center)

This building contains several dining options and meeting rooms, Student Life Offices located in the CUC moved to Christmas Saucon in the summer of 2022 and are set to move back to the CUC in January 2025 when the CUC renovations are complete.

More Lehigh terms are available by visiting our website at:
studentaffairs.lehigh.edu/content/lehigh-lingo



IMPORTANT CONTACT INFORMATION

Athletic Tickets
610.7LU.GAME
www.lehighsports.com

Bursar
610.758.3160
bursar@lehigh.edu

Center for Career and
Professional Development
610.758.3710
careercenter@lehigh.edu

Center for Gender Equity
610.758.6484
incge@lehigh.edu

Counseling and
Psychological Services (UCPS)
610.758.3880
incso@lehigh.edu

Dean of Students
610.758.4156
indost@lehigh.edu

Disability Support Services
610.758.4152
indss@lehigh.edu

Equal Opportunity Compliance
Coordinator/ Title IX Coordinator
610.758.3535
eocc@lehigh.edu

Financial Aid
610.758.3181
financialaid@lehigh.edu

Fraternity and
Sorority Life
610.758.4157
infrasor@lehigh.edu

Health & Wellness Center
610.758.3870
inluhc@lehigh.edu

Housing Services
610.758.3500
inhouse@lehigh.edu

Mail Center
610.758.4193
mailcenter@lehigh.edu



Office of the First-Year Experience
610.758.1300
fye@lehigh.edu

Office of Multicultural Affairs
610.758.5973
inmca@lehigh.edu

Office of the Registrar
610.758.3200
ras@lehigh.edu

Office of Student Involvement
610.758.6670
inose@lehigh.edu

Office of Survivor Support and
Intimacy Education
610.758.1303
inssie@lehigh.edu

Parking Office
610.758.7275
inpark@lehigh.edu

Pride Center
610.758.4126
pridecenter@lehigh.edu

Residence Life
610.758.6598
inlife@lehigh.edu

Student Conduct & Community
Expectations
610.758.4632
inosc@lehigh.edu

Study Abroad
610.758.3351
studyabroad@lehigh.edu

Transportation Office
610.758.4410
intransp@lehigh.edu

University Police Department
610.758.4200
inlpd@lehigh.edu



FAMILY GUIDE TO BETHLEHEM

PLACES TO STAY

Visit lehigh.edu/hotels to find additional information about these hotels and book your accommodations.

- Candlewood Suites Bethlehem South
- Comfort Suites Bethlehem
- Courtyard Marriott Bethlehem
- Fairfield Inn & Suites by Marriott Allentown Bethlehem/Lehigh Valley Airport
- Four Points Sheraton
- Hampton Inn & Suites Bethlehem
- Historic Hotel Bethlehem
- Historic Benner Mansion
- Holiday Inn Allentown
- Holiday Inn Express Allentown North
- Holiday Inn Express and Suites Allentown Center Dorneyville
- Holiday Inn Express and Suites Bethlehem
- Holiday Inn Express and Suites Bethlehem Airport Allentown Area
- Holiday Inn Express and Suites Easton
- Homewood Suites by Hilton Allentown, Bethlehem, Center Valley
- Homewood Suites by Hilton Allentown/Bethlehem Airport
- Hyatt Place Bethlehem
- SureStay Collection by Best Western Lehigh Valley Hotel & Conference Center
- The Lafayette Inn



WHAT TO DO

ArtsQuest*

101 Founders Way
Bethlehem, PA

Banana Factory*

25 W. 3rd St
Bethlehem, PA

Bethlehem Visitor Center

505 Main St
Bethlehem, PA

The Crayola Factory

30 Centre Square
Easton, PA

Color Me Mine*

25 E. 3rd St
Bethlehem, PA

Da Vinci Science Center

815 W. Hamilton St
Allentown, PA

Dorney Park

3830 Dorney Park Rd
Allentown, PA

Godfrey Daniels*

7 E. 4th St
Bethlehem, PA

Hawk Mountain

1700 Hawk Mountain
Kempton, PA

Historic Bethlehem River Tours

240 River St
Bethlehem, PA

Lehigh Valley Iron Pigs

1050 Ironpigs Way
Allentown, PA

Lehigh Valley Mall

Route 22 and
Route 145 N.
Whitehall, PA

Lehigh Valley Phantoms

701 Hamilton St
Allentown, PA



WHAT TO DO

Lehigh Valley Wine Trail

407 Old Route 22
Kutztown, PA

Lehigh Valley Zoo

5150 Game Preserve Rd
Schnecksville, PA

Moravian Museum

66 W. Church St
Bethlehem, PA

National Museum of Industrial History*

602 E. 2nd St
Bethlehem, PA

The Promenade Shops

2845 Center Valley Parkway
Center Valley, PA

The Outlets at Wind Creek Bethlehem*

77 Wind Creek Boulevard
Bethlehem, PA

Stabler Arena

124 Goodman Drive
Bethlehem, PA

SteelStacks*

101 Founders Way
Bethlehem, PA

Zoellner Arts Center*

420 E. Packer Avenue
Bethlehem, PA

*Located in South Bethlehem and within walking distance from campus.

WHERE TO EAT

Alexandra's Bistro*

9 E. 4th St
610.868.0366

Anna's Brick Oven Pizza*

313 S. New St
610.317.0400

Apollo Grill

85 W. Broad St
610.865.9600

Bethlehem Brew Works

569 Main St
610.882.1300

Billy's Downtown Diner

10 E. Broad St
610.867.0105

The Brick

1 W. Broad St
610.419.1141

Cachette Bistro & Creperie

504 Main St
610.419.2091

Cafe The Lodge*

427 E. 4th St
610.849.2100

Campus Pizza*

22 E. 4th St
610.867.6222

Casa de Campo*

123 W 4th St
610.849.2079

Cheesy Charlie*

201 Mechanic St
610.419.0053

Couchpota.doh! Kitchen*

306 Brodhead Ave
718.406.3126

The Cup*

2 Farrington Square
610.865.4360

Deja Brew*

101 W. 4th St
610.865.2739

Edge

74 W. Broad St
610.814.0100

El Jefe's*

506 E. 3rd St
610.419.2000

F&A Grog House

117 E. 3rd St
610.419.0040

The Flying Egg

451 Main St
610.691.5100

The Flying V*

201 E. 3rd St
484.695.8154

The Goose*

102 W. 4th St
610.868.0176



WHERE TO EAT

Hotel Bethlehem

437 Main St
610.625.2226

Johnny's Bagels & Deli*

6 Farrington Square
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King Wing*

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610.866.9464

La Lupita Mexican Restaurant*

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610.866.1088

Lit Coffee Roastery & Bakeshop*

26 E. 3rd St
484.626.0945

Mama Nina

546 Main St
610.867.9802

Molly's Irish Grille & Sports Pub*

4 E. 4th St
610.868.1313

Mr. Lee's Noodles*

512 E. 3rd St
610.900.4888

Nawab Indian Restaurant*

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610.691.0388

NYC Villiage Pizza

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Olive Branch*

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610.814.0355

Playa Bowls*

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610.868.1919

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