



# ORIENTATION TIMES

Lehigh University's New Student Guide

Seventeenth Edition

Thursday, August 22, 2024

Orientation 2024

## An Open Letter to the Incoming First-Years

By Luke Kaiser '26

Dear Incoming Mountain Hawks,

Welcome to your new home for the next four years! Take this time and do yourself a big favor; take a deep breath. In...and out...now do you feel better? Your long, grueling college application process has come to an end, and I'm sure some of the stress from that time is still lingering. You should be proud of yourself for making it this far. Getting into Lehigh is not an easy feat! All the hard work you put in during high school and towards your SATs and ACTs has finally paid off, and I will be the first person (and certainly not the last) to congratulate you for that. This is a time for excitement, optimism, and anticipation as these next years will help you discover your identity, develop life-lasting relationships, and plan the future that will guide you years down the road.

As you venture toward the start of your first semester here, I will leave you with some pointers that helped me adapt to the school environment and make my first two semesters a blast. Individually, you should march to the beat of your drum when visualizing the Lehigh experience. However, these are a few things you can keep in the back of your mind that could be helpful to you along the way.

**Advice #1: Put yourself out there!** It may be a scary thought, but stepping out of your comfort zone is a tool that will foster great amounts of growth throughout your time at Lehigh. Remember, you will be coming to a completely new environment that is different from being home, and everybody will be in the same boat. Putting yourself out there is a great way to socialize and meet new people who will be with you throughout your Lehigh journey. Fostering these early connections with fellow peers and also staff can be important, as these can be sources of support and reference throughout

your time here, and these connections can even stem beyond your Lehigh experience. I know stepping out of your comfort zone can be difficult, but don't be shy, and show yourself off! You all have so many incredible passions, personalities, and features that I'm sure other Lehigh students will want to hear about. So, putting yourself out there for the world to see is a great way to kick off a successful college experience, and I highly recommend starting with that!



**Advice #2: Use your resources.** Trust me when I say this, resources at college are very different than the ones in high school. Lehigh offers resources that will lead you toward success in any field you explore, so take advantage of them! Lehigh has free assistance programs for any possible scenario, ranging from needing advice on class registration to needing a little boost on class material. Our support system for students is unmatched, and every staff

member wants you to succeed! Never hesitate to utilize school resources to your advantage, as they are all here to benefit you and lead you toward achieving your academic goals. I have regrets about when I was hesitant to contact an advisor or attend my professor's office hours to better understand class concepts, so I hope you'll learn from my mistakes for that. Bottom line, use every opportunity available and you will be just fine!

**Advice #3: Make "happy little accidents."**

Speaking of mistakes, one of the best things I can tell you from personal experience is to embrace failures. As Bob Ross once alluded, people don't make mistakes, but instead, make happy little accidents. There is an opportunity for growth in any scenario where mistakes are made, so don't become discouraged when they occur. During the process of accomplishing your academic goals here at Lehigh, there will be times when mistakes are made; it's simply inevitable. Learning from your mistakes is an essential skill for growing and moving toward your aspirations. It will allow you to achieve success throughout Lehigh and the rest of your working life and is one of the most important lessons you can follow.

**Advice #4: Be open to many new opportunities and ideas.**

Lehigh is a premier opportunity to explore and discover passions you never knew you had. There are numerous clubs and organizations tailored to every student, so if you see a class or club you are interested in, jump right in and sign up! Registering for new classes or clubs can be rewarding as you have the potential to become more involved on campus, and find a way to further delve into your interests. (Continued on page 3)

## In This Issue

- An Open Letter to the Incoming First-Years
- Finding Your Fulfillment
- The Art of Finding Yourself
- Research Opportunities at Lehigh University
- Beyond Borders: The Journey to Explore Abroad
- Where can I Use My Meal Plan?
- Exploring the Off-Campus Bethlehem Community

- Camp Hawk — A Getaway for the Memories
- Building a Better Lehigh: Why You Should Consider Joining Student Senate
- bLUeprint: Guiding Your Lehigh Journey
- Entrepreneurship: Transform Ideas into Impact
- Kicking Off A Tradition Of School Spirit
- Lehigh Community & Club Expo
- Self Care for Success
- Become an Orientation Leader

- Faux Friday
- Campus Map
- The 5x10 Symposium
- Orientation Schedule

Download the  
**guidebook**  
App & Scan the  
QR code for the  
most up-to-date  
schedule.





# LEHIGH

# BUCKET LIST

1. Go to the **Club Expo!** It's the best way to get involved and you get a lot of free stuff!
2. **Chicken Finger Fridays!** The most delicious way to start the weekend!
3. **Bed Races!** One of Lehigh's most fun traditions preparing for the big game against Lafayette!
4. **Quest!** What is better than great music while finally enjoying some great weather?
5. Attend a Bethlehem **Fest!** (Celtic Fest, Oktoberfest, Chili Fest, Musikfest)
6. Meet **Grace and Scout**, Lehigh's Therapy Dogs.
7. Order from the secret menu at **The Goose!**
8. Check out the view of the Valley from the lookout **Tower at Iacocca Hall.**
9. Complete the **Turkey Trot**, a tradition during Lehigh-Laf week.
10. Attend a **guest lecture** or **performance.**
11. Watch the sunrise at the **Lookout.**
12. **Volunteer** at Spring Fling and Spooktacular.
13. **Pace the Prez!** Join President Helble for a run.
14. Explore the **statue garden!**
15. Go to **athletic events.**



"Bed Races" is a tradition that was started over 100 years ago.

## transportation & parking services

[transportation.lehigh.edu](https://transportation.lehigh.edu)

Track your buses at [bus.lehigh.edu](https://bus.lehigh.edu) or download the **GoLehigh Transit app!** (Google Play or Apple App Store).

For AccessLU information (Lehigh's accessibility shuttle), please visit: [go.lehigh.edu/accesslu](https://go.lehigh.edu/accesslu)



[intransp@lehigh.edu](mailto:intransp@lehigh.edu) | (610) 758-4410

## Lehigh University Police Department

A member of the Campus Safety Division

### HawkWatch: Personal Safety Application



Personal Safety Application

#### Key Features Include:

- Friend Walk & Virtual Walk Home
- Emergency Contacts
- Lockout Services
- Campus Map
- Emergency Mobile Blue Light
- Live chat with a dispatcher

Download Now!



The Lehigh University Police Department offers a variety of programs and services for the Lehigh community.

#### This includes:

- Therapy Dog Program
- Shop with a Cop
- R.A.D.
- Active Shooter Training
- AVENUES

Learn More!



#### Contact us:

- ☎ (610) 758-4200
- ✉ [inlpd@lehigh.edu](mailto:inlpd@lehigh.edu)
- 📍 321 E Packer Ave, Bethlehem, PA 18015

(Continued from cover)

Take risks with these opportunities, and if it doesn't work out, you can always leave the club or class, it's okay. Remain open to exploring all the excellent courses and clubs Lehigh has to offer, as you don't want to regret missing out on an opportunity later on down the road. I have regrets about the electives I was unable to register for, as I missed out on learning outside topics I found interesting, so make sure to capitalize on those opportunities when they come by.

**Advice #5: Prioritize your well-being and take care of yourself.** One of the best pieces of advice I can give is to prioritize your mental health above everything. College is a different environment, and it can be stressful during times when workloads get high towards the end of semesters. While it's important to focus on your coursework, it's even more important to focus on yourself. Making sure you are maintaining a healthy lifestyle at school is essential to your success. Finding a balance between your school life and social life will benefit you greatly, as it will make your college experience feel that much better. Ensuring you are

getting sufficient rest, eating well, and taking care of yourself physically and mentally is essential. Keeping that balance and prioritizing your well-being will prevent you from getting sick all of the time, and will guarantee a balanced, healthy, and successful college experience.

**Advice #6: Make the most of your time here.** The thought of graduation sounds so distant and far off, but your time at Lehigh goes incredibly fast. Eight semesters go by before you can even comprehend it, so make the most of your time here! There are so many opportunities that you will have, so make sure you capitalize on them! Take advantage of discovering your passions, joining clubs and organizations, and meeting everybody you possibly can. I know all of you will leave lasting impacts on this school upon graduating, and it starts with having a great first year!

I speak on behalf of the entire Lehigh family in wishing you a wonderful college experience. Take it all in, don't hold back, and make the most of every day here. I cannot wait to see all the successes you will bring to the school! May we see each other soon.

Sincerely,  
Luke Kaiser '26

As you say goodbye to your family,  
let us welcome you to ours.



# The Rally

The official Lehigh Alumni welcome since 1945

**Saturday, August 24**  
**8:00 p.m.**  
**The Grove Lawn**

**Featuring your "adoptive" class, the Class of 1978.**

The Rally is a long-standing tradition at Lehigh University. Every year since 1945, the incoming class is adopted by the class that was introduced to Lehigh 50 years prior. We celebrate Lehigh through spirited events like student performances, the alumni class adoption, and the colorful parade of classes, where alumni representatives wield their class flags and first-year students reveal the flag for their class.

Brought to you by Alumni Relations



\*Invite your family to watch LIVE at [alum.lu/rally](http://alum.lu/rally)

Your one-stop shop for all things Lehigh

# THE LEHIGH STORE

Apparel - Tech - Gifts - Course Materials

1 Farrington Square  
1st Floor



[lehigh.bncollege.com](http://lehigh.bncollege.com)  
@thelehighstore  
(610) 758-3375

## FALL 2024: NEW INTRAMURAL LEAGUES AND OPPORTUNITIES... GET IN THE GAME!



5v5 Soccer  
Men's and Women's Leagues  
Sunday Afternoons, Sayre Fields



3v3 Basketball  
Men's and Women's Leagues  
Monday Nights, Taylor Gym

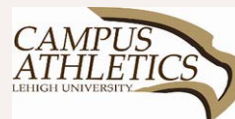


6v6 Volleyball  
Mixed League  
Tues and Thurs Nights, Grace Hall



6v6 Dodgeball  
Mixed League  
Wednesday Nights, Taylor Gym

Use the QR code below to sign-up today!  
Rosters are due by 9/4 @ 12pm.





THE OFFICE OF SUSTAINABILITY  
**WELCOMES**   
**CLASS OF 2028**

**GET INVOLVED**


**Internships**  
**Leadership Development**  
**Fun & Engaging Events**  
**Sustainability Resources**

**STAY ENGAGED**

**CONNECT WITH US**

   [sustainability.lehigh.edu](https://sustainability.lehigh.edu)

 **LEHIGH SUSTAINABILITY**  
 ENVIRONMENTAL STEWARDSHIP  
 SOCIAL EQUITY | ECONOMIC PROSPERITY

  
**HAVE A GREAT IDEA?**  
 Let's make it happen.





**BAKER INSTITUTE**  
 ENTREPRENEURSHIP • CREATIVITY • INNOVATION


The Baker Institute will inspire you to think creatively and help you shape and develop your innovative ideas into entrepreneurial pursuits.

Even if you don't see yourself as an entrepreneur, our low-key (but high-impact!) programs and experiences are a great way to explore that side of yourself.

No matter your major, you can develop the entrepreneurial mindset needed to make a real difference by creating solutions that provide value to others.

**"Something I love about the Baker Institute is how inclusive they are. All you really need is passion and an idea, and you can make it work here."**  
 - Nancy Henry-Naiho '27

   [BAKERLEHIGH](https://www.instagram.com/bakerlehigh)  
 [LEHIGHBAKERINSTITUTE.COM](https://www.lehighbakerinstitute.com)



# Finding Your Fulfillment

Jack Filius '26

I have always been the type of person who feels rejuvenated and energized when I am around other people. I grew up in a close-knit community, and my schedule in high school was filled with club meetings, sports practices, and student leadership events. Being involved to this degree became a way of life; an empty schedule simply did not feel right. I knew that I wanted to continue to be involved when I went to college, but I wasn't prepared for the world of opportunity that faced me when I arrived.

At Lehigh, there is a club for just about any interest, group, or hobby imaginable. I was staggered at the options Lehigh had to offer; countless rows of tables lined the front lawn as I walked through the club fair as a first-year student. I put my name down for every table that caught my eye, no matter how niche. Not long after, my GroupMe app was flooded with messages about upcoming events and meetings. Suddenly, the overwhelming feelings began to turn into clarity.

After filtering through the surge of messages, I found an interest in Club Volleyball and the Ski and Snowboard Club. Club Volleyball, better known as the MILVS (Men's Intercollegiate League Volleyball Squad) was a great place for me to stay active; and I was also surrounded by some great people, with whom I made incredible memories. Beyond the practices, the group would often meet

for spontaneous outings, impromptu grass volleyball sessions, and the occasional weekend hangout. Though I have not been as active with the club recently, the friends that I made remain.

Despite the large presence of the club fair, there are other ways to figure out how to get involved

***"At Lehigh, there is a club for just about any interest, group, or hobby imaginable. I was staggered at the options Lehigh had to offer; countless rows of tables lined the front lawn as I walked through the club fair as a first-year student."***

on campus. My most fulfilling involvement did not even come from the club fair; instead, it grew from a class project. For my business communications class in the fall of my first year, I was required to choose an organization on campus to get involved with and the guidelines suggested that we meet with the director of the chosen organization and use the organization as a medium to give back to the community. I chose the University Counseling and Psychological Services Center, also known as UCPS. Specifically, I volunteered with the social media team, creating

content to promote and support the mental health and wellbeing of the Lehigh community.

As a proponent to mental health and wellbeing, this opportunity was incredibly fulfilling. Not only was I able to express creativity in a low-commitment space in designing social media posts, but I was also thrown into a place of learning. The content that I helped brainstorm and create was exactly what I wanted to project to the community, and I found that same content would often provide guidance in low-spirited times. Furthermore, the ideals that I was surrounded by helped me in supporting friends and family when they struggled. To this day I work on the UCPS social media team, and I have recruited some of my friends to join me in this amazing experience. I am grateful to say that they are finding the same fulfillment that I find with the team.

The first weeks of college may be daunting and overwhelming at times. It can sometimes feel challenging to find a place where you feel like you truly belong. I implore you – do not isolate yourself; the right things will come to you if you allow them. It will be easy to find your place at Lehigh so long as you open your mind to finding the right place for you.



# The Art of Finding Yourself

Ariana Arken '26

Your first-year at college is filled with so many firsts (it even says it in the name!). This is the beginning of your new life; a life where you are in the driver's seat of all your decisions. I didn't realize how much my first year of college would shape me into the person I am today. You always hear things about "finding yourself in college," but in high school, this just sounds like something people tell to get you excited about the future. What I've learned is that this could not be more untrue.

You are now in a position where you get to choose the people you want to surround yourself with at a stage in your life when you are beginning to actually figure out who you are. This means being selective with people and choosing friends based on the qualities that are important to you. With this comes creating a circle of people who you can learn

and grow from. Because we all come from different backgrounds, we are all able to bring our own unique experiences that will help us broaden our horizons.

And that is what college is about. Expanding your horizons in all different areas of your life; with

*"I didn't realize how much my first year of college would shape me into the person I am today."*

your friends, your interests, your priorities, your beliefs and morals, and most importantly yourself. When you are in a nurturing environment, you will

begin to grow in ways that you never knew were possible. It's easy to not notice these changes until it's the end of your first-year, and suddenly you have reinvented the person you were nine months ago. When you are surrounded by people who make you think, feel, and grow it's impossible not to begin to transform into your most authentic self.

This is not a linear process, but a life-long journey. Over the course of the next four years – and the rest of your life – you are going to continue to learn more and more about who your truest self is. And your truest self is who you are destined to become.

**DO YOU PLAY AN INSTRUMENT OR SING? COME TO THE MUSIC DEPARTMENT FALL 2024 GENERAL INFO SESSIONS AT LEHIGH!**

**THURSDAY, AUGUST 22, 2024  
11:45 - 12:30 PM  
Room 145, Zoellner Arts Center**

open house Q&A, sign up for ensemble auditions, information about private lessons, ensembles, major/minor programs, work study opportunities, and meet all our music faculty and staff!

See our ads for more details on auditions for all choral and instrumental ensembles. Please contact Linda Ganus at [lcg3@lehigh.edu](mailto:lcg3@lehigh.edu) for more info or with any additional questions.

**FIND OUT ABOUT SOME OF THE AMAZING EVENTS WE HAVE YEAR ROUND!**

**STOP BY CHRISTMAS-SAUCON HALL, ROOM 137**

**CSO**  
community service office

**LEHIGH.EDU/SERVICE**

**BLOOD DRIVES, FOOD KITCHEN TRIPS, FUN EVENTS WITH KIDS AND SCHOOLS, WORKING WITH OUR LOCAL AGENCIES, AND SO MUCH MORE!**



**Visit the OFYE in Christmas Saucon 135, 138B, 140 & 142!**

Contact us at 610-758-1300 or [fye@lehigh.edu](mailto:fye@lehigh.edu)  
Office Hours: Monday-Friday 8:15am-4:45pm

**Follow the OFYE on Instagram!** .....➔





# Research Opportunities at Lehigh University through the Perspective of a Current Student's Experiences

Sophia Taskov '26

Hello incoming students, and congratulations on being here today at Lehigh University! You should be so proud of yourself and your accomplishments! We know we are proud of you for being here.

This part of the Orientation Times will tell you more about the opportunities that you have at Lehigh University to get involved. As you get to know campus and start meeting people around you, you might notice how involved everyone is and how many opportunities you can be a part of. Isn't that so amazing? I know I was excited to get involved!

As a Returning Orientation Leader and a current junior, I have been involved with two research opportunities on campus. Your research experience can start as early as your first year and as late as your last semester at Lehigh. Try not to stress about it, and just be open to opportunities that might arise. Many people on campus get involved through the college they are in, through work study, or through

relationships built with faculty.

There are many opportunities like one of the Fellowships or the Mountaintop Summer Experience, both sponsored by Lehigh University. On the other hand, you can get involved through finding a research lab that a professor is involved with and get credits for helping. You can also join a lab where a professor is assisted, and the school pays you through a work study award. These opportunities can all be explored through the Office of the Vice Provost for Research, or through expressed interest in a certain subject area with a specific faculty member.

Personally, my experience with faculty and anyone that I have reached out to at Lehigh University has been smooth, and everyone has been easy to communicate with. The faculty here can always tell if you are genuinely interested, and this is why we are known for giving so many undergraduates a chance to be part of research! As a political science and psychology double major with a minor in marketing,

I have had an opportunity to take an array of classes and back up my knowledge with skills built in labs by helping professors and communicating with them as soon as I express an interest in the subject they research. All the professors and their research opportunities can be found on the website of the major and/or college that you are associated with or interested in.

These research opportunities give you a chance to work closely with faculty while getting paid or receiving credits, as well as building a strong foundation to work as you are showing that your grades and knowledge are proven in a skill. This is also a great way to decide if research or the specific field you chose is something that you want to pursue in the future. This provides a great opportunity to show skills in a minor or a couple of classes that you might take that are backed up by real-life experience.

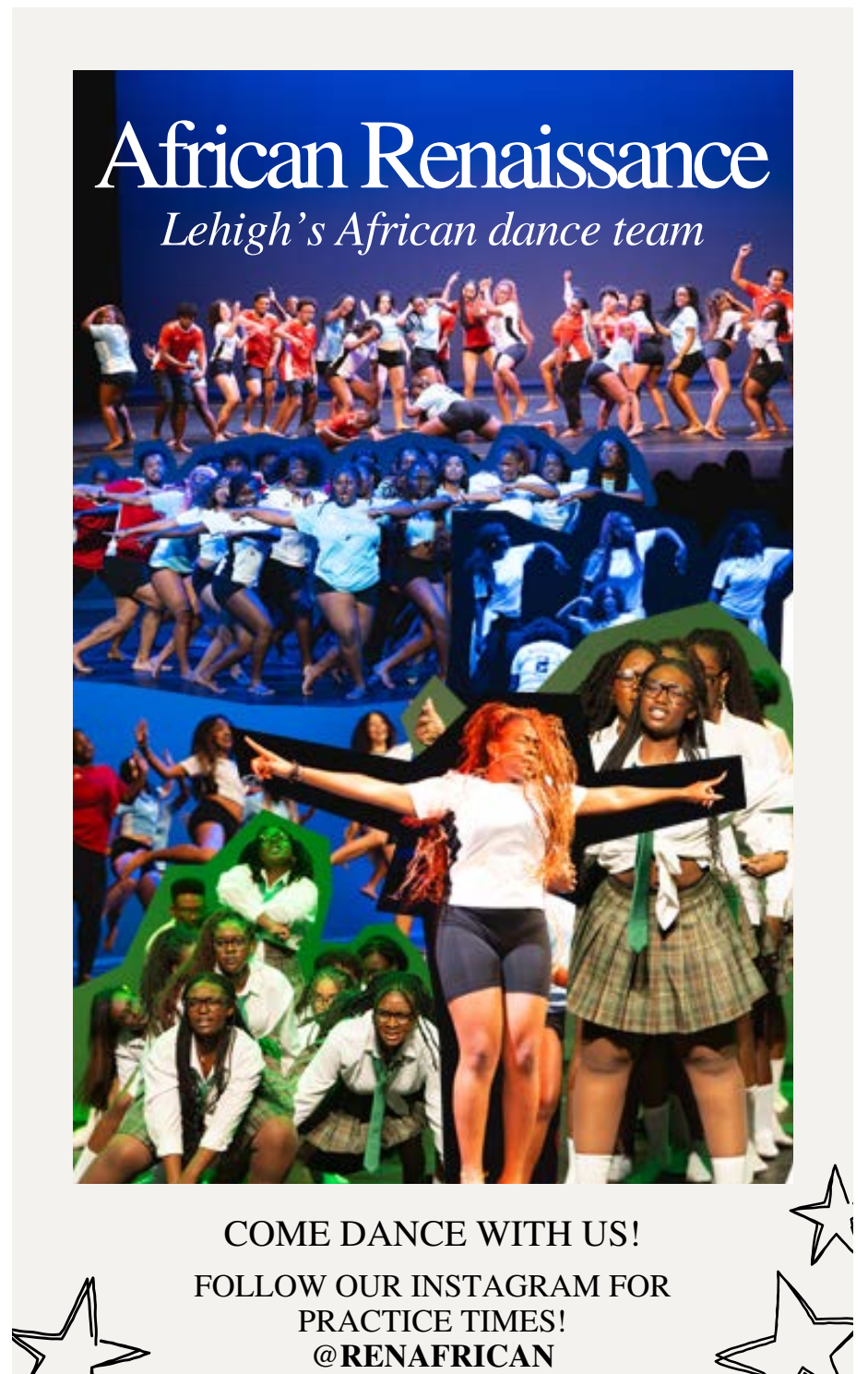


 **DEPARTMENT OF SOCIOLOGY AND ANTHROPOLOGY**

**WELCOME!**

**explore introductory classes in sociology and anthropology and come visit us during the majors fair**

**Williams Hall - Room 280**



**African Renaissance**  
*Lehigh's African dance team*

**COME DANCE WITH US!**  
FOLLOW OUR INSTAGRAM FOR PRACTICE TIMES!  
**@RENAFRICAN**



**HAWK'S FEST**

**Saturday, August 24**  
**9:00PM -11:00pm**  
**Tamerler Courtyard**

**ENJOY FOOD, MUSIC, GAMES**  
**SEND A "HI FROM LEHIGH" POSTCARD**  
**GRAB SOME LEHIGH SWAG & MORE!**



Lehigh After Dark Presents:

# WINGO

Tamerler Courtyard  
10:00 pm

enjoy some wings while playing BINGO

Thursday 8/22  
Come to one or play some "Wingo" rounds then enjoy some art inside!  
SEE YOU THERE!

Lehigh after dark

# ART NIGHT

Rauch Lobby  
10:00 pm



BTS is a peer education organization whose mission is to prevent gender violence through healthy sexuality education. BTS facilitates trainings such as intimacy and aphrodisiacs, anatomy and orgasm, sexuality myths, sex toys and kink, One Love workshops, Bringing in the Bystander, and Me Too at Lehigh. Their goal is to make their peers feel comfortable, empowered, and educated so that sex and pleasure can become part of everyday conversations.

New Member Applications  
Due 9/30/24



LEHIGH AFTER DARK PRESENTS:

# MOVIE Night

FEATURING: THE GOONIES

"HEY YOU GUYS!"  
WELCOME TO LEHIGH!

Free food!!!

- caricaturist
- face painting
- FREE giveaway
- inflatable games and so much more!

CUC Lawn  
Friday, August 23rd  
8:00 pm

Lehigh after dark



# Beyond Borders: The Journey to Explore Abroad

Jessica Hurtado '27

Throughout my life, I have always wanted to travel the world. Going to all seven continents has been at the top of my bucket list. I am fascinated by places that are unfamiliar, and cultures that are different from my own. That being said, traveling around the world is not always easy. Concerns regarding funding, planning, and safety stand in the way of going abroad for many – including myself. Sorting out the logistics of leaving the United States is challenging. However, when you go abroad through Lehigh, none of this is a concern. The school has a plethora of amazing programs aimed at allowing all students to explore the world with little to no worry at all.

I feel incredibly lucky to be participating in one of these programs. This summer, I am going to Bududa, Uganda on a faculty-led trip through the Iacocca International Internship. The Iacocca International Internship is a fantastic program that sends Lehigh students to over 50 locations to intern or complete research with global host organizations. It is designed to aid Lehigh students in career readiness and intercultural competency. Iacocca is nearly fully funded – with a goal of targeting those who have limited or no abroad experience. Additionally, it is organized in a manner that prepares and guides students before, during, and after they go on their trip. With an emphasis on open communication and collaboration between the Iacocca International Internship Program staff, Iacocca interns, faculty trip leaders, and host organizations, the opportunity sets all up for success.

As of right now, about a month out from my trip, I feel nothing but excitement. For seven weeks, I will be working with an organization called the

Pathways Development Initiative (PDI). The PDI is dedicated to improving the sustainable livelihoods of families in the Bududa district through education, community outreach, and extracurricular programs. During my time in Uganda, myself and a cohort of thirteen other students will be interning in a school, hospital, research center, and sports center in order to empower families and individuals involved with the PDI. I feel very honored to be aiding such an inspiring organization.

When people ask me what I am looking forward to the most, I do not know what to say! I am anxious to meet new people; get to know the other Lehigh students on the trip; learn about Ugandan

*"If I were to give any advice to incoming students, it would be to apply for everything! Any club, organization, sports team, abroad programs, or opportunity that you are interested in is worth trying out for!"*

traditions; live abroad; try a new cuisine; learn a bit of a different language; have a unique work experience; and see sites that I have never seen before. I will be staying in a homestead with the rest of the Lehigh students, as well as our faculty leader Dean Austin of the College of Arts and Sciences. The gracious family that started the PDI, the Zaal's are providing us all with rooms, food, and company. They are all wonderful people who will be mentoring us through our stay. During work breaks, we will also be going on neat excursions. About half way through the trip,

we will head to Murchison Falls where we will see a rhino sanctuary, go on an African safari, and hike through mountainous Africa. Later into the trip, we will travel to the Sipi Heritage Lounge where we will stay in huts that overlook beautiful waterfalls. It will truly be a once in a lifetime experience that I would never have had if not for the Iacocca International Internship Program.

I do not want Uganda to be my last trip during my time at Lehigh. In the future, I plan on applying for even more abroad programs! I will definitely drop into the Office of International Affairs to get mentorship on my next trips. My sophomore year summer, I intend to apply to Granada, Spain for a Spanish language credit-bearing trip, and in my junior year, I want to spend a semester overseas in an undetermined place. I want to take advantage of the opportunities to go abroad at the school while I can! It is such a relief to know that if I want to go abroad during the school year, my financial aid package will go with me, and if I go abroad during a break, I will be able to apply for grants to cover the costs. I know that once I graduate, finding time to take big trips will be a little more difficult.

If I were to give any advice to incoming students, it would be to apply for everything! Any club, organization, sports team, abroad programs, or opportunity that you are interested in is worth trying out for! I was told several times that first-year students do not get chosen for experiences like the Iacocca internship. If I had trusted this statement and not applied, I would not be awaiting an African adventure!

THE LTS HELP DESK  
WELCOMES

*Class of 2028*

**GOT QUESTIONS?  
JUST ASK!**

GET COMPUTING, NETWORKING &  
LIBRARY RESEARCH HELP  
ALL IN ONE PLACE

🚶 EWFM Library Lobby    ✉ helpdesk@lehigh.edu  
📍 lehigh.edu/help        ☎ 610-758-4357  
📞 610-616-5910

**LTS** LIBRARY  
& TECHNOLOGY  
SERVICES

## The Pride Center Student Support Spaces

Peer led small, safe groups that  
meet several times a month

**QTPOC:** For Queer and Trans  
People/Students of Color

**TGNC:** For Trans and/or Gender Non-  
conforming/Questioning  
students

**BPFQ:** For Bi, Pan, Fluid and/or  
Queer students



**The Pride Center**  
for Sexual Orientation and Gender Diversity



[go.lehigh.edu/pridecentergroups](https://go.lehigh.edu/pridecentergroups)



**Sick? Injured?  
Not sure what to do?**

***Don't second guess, call EMS!***

**610-758-4200**

LUEMS is a state-licensed EMS agency that responds to all medical emergencies (about 150 per year) at Lehigh University. All providers are credentialed by PA Dept. of Health and have the latest equipment and medications to deal with a variety of medical emergencies. Volunteers wanted! **Learn more at [www.lehigh.edu/ems](https://www.lehigh.edu/ems)**



OFFICE OF INSTITUTIONAL DATA

## What do you think about your courses?



Share your feedback by filling out your  
**COURSE EVALUATIONS**

during the last week of class,  
before the start of final exams!

The Office of Institutional Data (OID)  
administers the course evaluation process at  
Lehigh.

The process is fully online and completely  
confidential, and takes place at the end of each  
course. Invitations to complete your course  
evaluations will come via email from "Lehigh  
Course Evaluations."

To learn more about the course evaluation process at  
Lehigh, visit <https://data.lehigh.edu/course-evaluations>.

If you have any questions about your course evaluations,  
please email us at [inevals@lehigh.edu](mailto:inevals@lehigh.edu)



FIRST YEAR STUDENT

# MEAL PLANS

Where can I use my meal plan?

Dining Venue	Location	Meal Swipes	Meal Credits	Dining Dollars	GoldPlus	Debit/Credit
Rathbone	Across from Upper Cents	Yes	No	Yes	Yes	Yes
Brodhead	Brodhead Residence Hall	Yes	No	Yes	Yes	Yes
Hawk's Nest	Lamberton Hall	No	Yes	Yes	Yes	Yes
The Grind @ FML	E.W. Fairchild-Martindale Library	No	Yes	Yes	Yes	Yes
Common Grounds	Second Floor of Rauch Business Center	No	Yes	Yes	Yes	Yes
Global Café	Second Floor of Williams Hall	No	Yes	Yes	Yes	Yes
The Hideaway Café	Health, Science & Technology Building	No	Yes	Yes	Yes	Yes
Hillside Café	Hitch House	No	Yes	Yes	Yes	Yes
The Fūd Truk	Around Campus	No	Yes	Yes	Yes	Yes
The Talon	Around Campus	No	Yes	Yes	Yes	Yes
The Purple Pita	Around Campus	No	Yes	Yes	Yes	Yes
Iacocca Café	Iacocca Hall, Mountaintop Campus	No	Yes	Yes	Yes	Yes
Market X	Building C, Mountaintop Campus	No	No	Yes	Yes	Yes

[WWW.LEHIGHDINING.COM](http://WWW.LEHIGHDINING.COM) > CLICK ON PLAN OPTIONS

## MEAL PLAN LINGO

### MEAL SWIPES

All-You-Care-to-Eat is available for breakfast, lunch, dinner and brunch at our student restaurants: Rathbone and Brodhead. One meal swipe allows for an all-you-care-to-eat dining experience, with the option to dine in or take a meal to go through our eco-container program.

### DINING DOLLARS

This declining balance account can be used exclusively at all Lehigh University Dining locations. Dining Dollars are non refundable, nontransferable, and will carry over from Fall semester to Spring semester only. Students can add additional funds to their Dining Dollars account at any time through the online student housing and dining portal.

### MEAL CREDITS

When you purchase a meal plan, you have the added benefit of meal credits that you can use at our retail locations and food trucks across campus. A Meal Credit is a cash value applied to your food purchases at retail locations on campus for those times when you don't eat at Rathbone or Brodhead. This increases the flexibility of your meal plan. In exchange for a regular meal swipe, you receive a credit toward the total cost of your retail purchase. The balance of your purchase can be paid with Dining Dollars, GoldPLUS or Debit/Credit.

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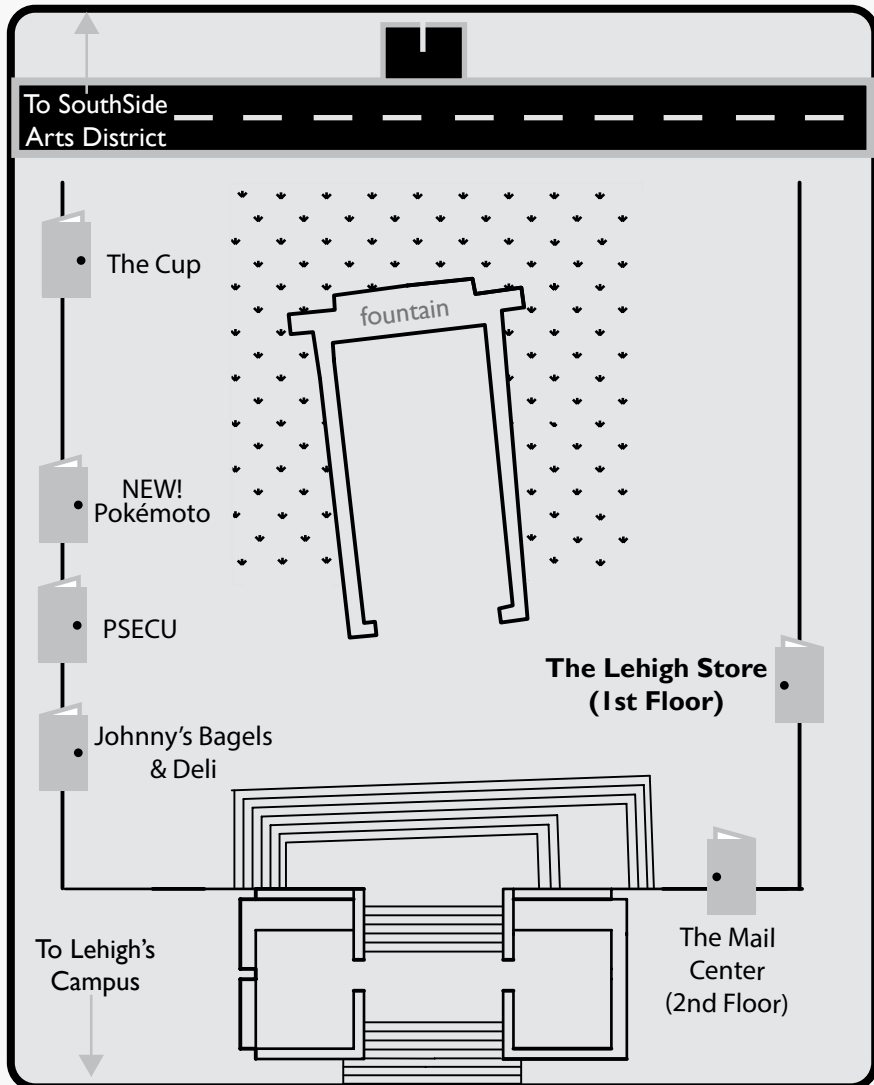
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April 25th — November 14th, 2024

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LEHIGH UNIVERSITY | Office of Sustainability  
 f i bethlehemfarmersmarket.com

## Exploring the Off-Campus Bethlehem Community

Marina Falzone '26

Hello and welcome to Lehigh University and South Bethlehem. We are so excited to have you here on campus with us! Lehigh is a wonderful place with so many different opportunities to explore and get involved in the greater Bethlehem community.

During your time at Lehigh you will have the chance to wander South Bethlehem and discover your favorite places to eat and hang out with friends. South Bethlehem is a vibrant community with many different cultures represented among its citizens. Through the Lehigh CSO there are different opportunities to volunteer and connect with residents who live around our Lehigh Campus.

Aside from the relationships you make with the community, you will also find fun outdoor activities all throughout the Southside. The Greenway is one of the most popular trails. Only a few steps off of campus, it is a contrasting beautiful patch of grass and trees in the bustling small city of Bethlehem. Students spend their time walking and running the Greenway while outside vendors and organizations occasionally hold events in which students can participate.

Another outdoor experience, The Steel Stacks, is only a short walk from campus. From free nightly concerts, to outdoor movie nights there is so much to do there. The Steel Stacks are rich in history

and have pathways where you can walk and explore while learning more about South Bethlehem as a whole. Make sure to take a camera to capture some of your best memories and photos as the stacks light up every night creating a beautiful array of colors in the sky.

Finally, it is important that you experience the restaurants that surround our campus. Whatever food you desire, there is most definitely a restaurant within walking distance that has just what you want. Popular restaurants among students are Toastique, U & Tea, and El Jefes. Whatever you decide to eat, do, or explore in South Bethlehem, you are guaranteed a memorable experience.

visit [southsideartsdistrict.com](https://southsideartsdistrict.com)

- RESTAURANTS
- SHOPS
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for things to do in  
South Bethlehem



# Camp Hawk – A Getaway for the Memories

Lucas Koranda '26

At the beginning of my first-year orientation, I was given two pieces of advice by my orientation leader that have resonated with me throughout my time at Lehigh. First, always actively look to build new connections with the many members of the Lehigh community, and second, take advantage of the many campus events and opportunities to achieve the first piece of advice. Everyone starts college with different levels of nervousness and excitement for creating new friendships and experiencing the social scene at Lehigh. In fact, I found myself experiencing both of those feelings simultaneously throughout my first few weeks as I learned more about student life and began to meet my fellow classmates, upperclass students, professors, and staff. It's important to know that these feelings are normal! By working to apply those two pieces of advice in my first few weeks as a Lehigh student, I found those feelings of anxiety dissipate as you meet more and more people who are here to support you in your academic and personal endeavors.

Towards the start of the fall semester, Camp Hawk is one of the best opportunities to make new friends, have a good time, relax, and evaluate how you are feeling following your first month at Lehigh. Camp Hawk is a weekend-long getaway retreat designed to help first-year students build new friendships, learn about on-campus organizations and resources, and create long-lasting memories that they can carry with them throughout their first semester and beyond. The weekend is full of classic camp festivities, time to converse with new people, and the famed Iron Hawk Competition, giving you a chance to take a well-deserved break and unwind from the busy first semester.

Our 5 upperclass staff are working very hard to plan an exciting and memorable weekend for 50 first-year students. On Friday afternoon, students will embark to the Pocono Mountains and spend the evening meeting the members of their Iron Hawk team and their fellow competitors as well. Saturday entails friendly head-to-head competition that requires

innovative thinking, collaborative athleticism, and artistic creativity to complete a variety of games for all skill sets. Throughout the afternoon, you get time to explore, relax, and enjoy the wonderful amenities of the campgrounds with all your new friends. Finally, on Sunday, students spend the morning enjoying the last few moments at camp before packing up and heading back to campus. With thrilling activities, good food, and countless laughs and smiles, Camp Hawk is always an amazing opportunity to build new connections and take part in a meaningful and memorable experience.

Camp Hawk 2024 is currently in the works to deliver this special experience I speak of, and I would love for you to be a part of it! I invite you to take advantage of this incredible chance to learn about yourself, Lehigh, and fellow first-year students while taking in the beauty of the Pocono Mountains!



**Spend a weekend away from campus to have fun, make friends, and enjoy the outdoors in the Pocono Mountains!**

**Friday, September 13 - Sunday, September 15**

**FREE & OPEN TO ALL FIRST-YEAR STUDENTS**

For more information & to register visit [go.lehigh.edu/camphawk](https://go.lehigh.edu/camphawk)

Registration Opens Monday, August 26 after the Club Expo!

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Please visit [www.luag.org](http://www.luag.org) for our exhibitions, events calendar and registration information.



SCAN ME



Lehigh University Art Galleries @LUArtGalleries

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  - 1st semester of 1st year
- **Tier 2 Professional Planning**
  - 2nd semester of 1st year
- **Tier 3 Professional Preparation**
  - 2nd year
- **Tier 4 Professional Expertise**
  - 3rd year

610.758.1082 | [mlo222@lehigh.edu](mailto:mlo222@lehigh.edu)



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**Lehigh students, faculty, and staff can use Hungry Hawks to...**

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*\*should be Lehigh-catered food*

~20% of all college students struggle with very low food security.  
(That's 1,000+ Lehigh students!)

Find Hungry Hawks on: Apple Store, Google Play, and the web!



[sustainability.lehigh.edu/hungry-hawks](http://sustainability.lehigh.edu/hungry-hawks)


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SCAN ME

[go.lehigh.edu/pridecentergroups](http://go.lehigh.edu/pridecentergroups)







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# Building a Better Lehigh: Why You Should Consider Joining Student Senate

Hailey Hinkle '26

Welcome to Lehigh, first-year students! The first-year experience is a very exciting time filled with countless opportunities to try new things and get involved within the Lehigh community. As you may (or may not) already know, Lehigh has a vast number of clubs and organizations on campus - over 300! The variety of campus organizations allows for all students to find a place that reflects their interests and meet people with similar passions. So no matter how broad or niche an interest of yours may be, Lehigh has an organization for you!

Student Senate (which is essentially Lehigh's student government), is an organization that focuses on empowering the community to build a better Lehigh. Senate is an extremely rewarding experience, and an excellent way to meet students from a variety of different backgrounds. It is great for students who are interested in government and politics, or individuals who are simply looking to enact positive change at Lehigh. As someone who was involved in student council in high school and majoring in Political Science, I've found that Senate strongly reflects my passions and future goals. However, even if you are unfamiliar with student government or have an unrelated major, Senate is still great for anyone who wants to give back to the Lehigh community. You have many different options when joining clubs and organizations, and I highly encourage you to consider applying for Student Senate.

Student Senate has five different constituencies under which individuals can run. The

constituencies are: sororities, fraternities, students living on campus, students living off campus, athletes, and first-year students. These constituencies guarantee that Student Senate is a diverse body that is representative of many different groups at Lehigh. So, all first-years applying for Senate will run under

*"Senate is an extremely rewarding experience, and an excellent way to meet students from a variety of different backgrounds. It is great for students who are interested in government and politics, or individuals who are simply looking to enact positive change at Lehigh."*

the first-year constituency. Senate meetings often include tracking senator projects, voting on club funding and recognition bills, and having important discussions related to campus issues. Additionally, each Senator serves on one of eight committees. These committees include: Allocations (reviews budget requests to help fund clubs and organizations), Bethlehem Outreach (works to strengthen the relationship between Lehigh and the Bethlehem community), Club Affairs (aids in approving the

official recognition of clubs), Diversity & Inclusion (plans initiatives to foster a more diverse, inclusive and equitable community at Lehigh), Facilities & Services (communicates student feedback to help improve the Lehigh experience), Health Safety & Wellness (encourages a strong balance of wellness and health to promote the safety of all students), Student Outreach (plans campus-wide events and works to receive feedback from students on campus issues), and Public Relations (communicates Senate initiatives to the community). Committees are a great way to get closer with a small cohort of individuals, as well as expand your knowledge on issues or initiatives you may be unfamiliar with.

Running for Senate can be a daunting experience. Campaigning for votes, especially to peers you may have just met, can be scary. But the experience of being a Student Senator is extremely rewarding. I encourage all of you to step outside of your comfort zone and run for Student Senate - you never know the kind of impact it can have until you try! Senate applications will open soon after classes start, so be sure to look out for that in your Lehigh email or at "lehighsenate" on Instagram. These next four years are filled with so many possibilities to make life-long memories and meet incredible new people, so seize this opportunity! Experience all Lehigh has to offer! I wish you all the very best for the next four years, Lehigh is a great place filled with amazing people.



# bLUeprint: Guiding Your Lehigh Journey

Sonia Trinkle '25

Until this point in your life, most of your path has been paved for you. The typical routine that led you to Lehigh might have consisted of structured 8 hour school days with scattered extracurricular activities. Welcome to Lehigh, where you can have that and so much more.

When I first entered college, I was focused solely on academics and was blind to many other experiences you'll face in college. Your time at Lehigh is not only a time to learn in your major and from your classes, but it's your time to grow as an individual. At Lehigh, you'll make meaningful connections, join and create communities, explore different cultures, discover your passions, uncover strengths and skills you might not have known, and everything in between. The Lehigh community makes this all possible and bLUeprint will help you make sense of all that you are learning.

So what is bLUeprint? It is a tool for you to discover more about yourself and the world around you. It will guide you through new experiences and serve as a reflection tool throughout your journey. Just like your faculty have syllabi and goals for your classes, bLUeprint is like that for your learning outside of the classroom. We know that so much of our learning comes from those everyday moments and experiences in college – the conversations over dinner; interacting with your hallmates; your involvement in students clubs, research, internships; and everything in between. It is so easy to run from one thing to the next - to go four years without articulating exactly how you've grown and in what

specific ways those moments have impacted you, your identity, and your trajectory. bLUeprint is meant to encourage those moments of pause and reflection. It is meant to encourage and challenge you to think deeply about where you come from, who you are and who you want to be.

bLUeprint has five foundations that will guide your learning throughout your Lehigh journey:

**Creative Curiosity** is about exploring new ideas and concepts. We want you to develop the skills necessary to be lifelong learners and innovative problem solvers.

**Self Concept** encourages you to strengthen your self-worth by understanding your identities and values and expressing yourself authentically.

**Healthy Connections** begin with taking care of yourself. It pushes you to reflect on your healthy and unhealthy connections, identify your personal needs and boundaries, and navigate relationships with empathy for yourself and others.

**Critical Consciousness** is the ability to understand and analyze societal structures and systems of oppression, and to take action towards social change. We challenge you to see the ways in which systems can perpetuate inequality, injustice and oppression.

**Strategic Adaptability** recognizes that we are all navigating in constantly changing environments. We want you to build skills in problem-solving, flexibility, and decision-making by learning from failures and taking risks.

These five foundations are embedded into Lehigh programming and opportunities across campus.

With these tools in mind, what will your Lehigh journey look like? It's a rhetorical question, really, because no matter how much you plan, your four years here are guaranteed to have ups and downs. You may have an idea of where you are headed; maybe you'll follow that path, or maybe new opportunities will show you unexpected and exciting new turns. Regardless, bLUeprint is here to help you along the way.

We want you to **DISCOVER** the Five Foundations and **EXPLORE** what they mean to you. We want you to **CONNECT** your ideas and experiences, and **APPLY** what you learn to real world issues and situations, but you won't have to do that alone. There are people here to help you design the best possible college and post-college experience. They are all around you - at your orientation, in the residence halls, in offices and student organizations across campus.

You are just beginning your Lehigh journey; four years sounds like a long time, but your time here will fly by, so don't let it pass you by. You are in the driver's seat during your time at Lehigh. bLUeprint is a fundamental tool for your Lehigh journey, and we hope it will follow you long past your time here. Being a member of the Lehigh community means becoming a lifelong learner; so where will your bLUeprint take you?

## NavigateLU

Quick Facts

- NavigateLU is a required program to aid you in your success at Lehigh.
- Set goals, develop an action plan, and connect with great resources on campus.
- Check your Lehigh email for more information and faculty/staff bios!
- To select your faculty/staff coach, you must complete the form by **Wednesday, August 28.**

### You will:

- Meet individually with your faculty/staff coach at least twice
- Meet with your Orientation Group
- Attend 5x10 programming



# 5 FOUNDATIONS



**CREATIVE CURIOSITY** encourages exploration of new ideas and concepts. Students are empowered to take control of their own learning, and develop the skills necessary to be life-long learners and innovative problem solvers.



**SELF CONCEPT** encourages students to strengthen self-worth by understanding their own identities and values and expressing oneself authentically.



**HEALTHY CONNECTIONS** begin with taking care of yourself. Students are encouraged to reflect on their healthy and unhealthy connections, work to identify their own personal needs and boundaries, and understand that for relationships to thrive they take attention and care.



**CRITICAL CONSCIOUSNESS** is the ability to understand and analyze societal structures and systems of oppression, and to take action towards social change. We encourage students to recognize and challenge the ways in which systems can perpetuate inequities, injustice and oppression.



**STRATEGIC ADAPTABILITY** recognizes that students are navigating in constantly changing environments. Students are encouraged to build skills in problem-solving, flexibility, and decision-making by learning from failures and taking risks.





# 5x10

All first-year students are expected to attend five programs during the first ten weeks of the semester. 5x10 programs will expose you to the multitude of opportunities that exist on campus, and encourage you to reflect on those opportunities to maximize your Lehigh experience

Attend a 5x10 Symposium, Friday, August 23 to complete one of your 5x10 requirements during Orientation! See page 26 for the list of 5x10 Symposiums and locations.

Find more 5x10 Events on LINC! Scan for the LINC Events page

Under filters and categories select "5x10" to view only upcoming 5x10 programs.



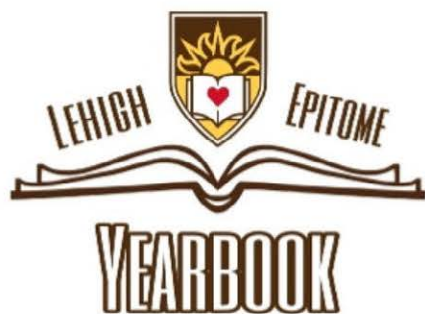
## Lehigh University Survivor Support ADVOCATES

**24/7 hotline: 610-758-4763**

The Survivor Support Advocates are a group of dedicated and compassionate Lehigh University staff members who are trained to support survivors of gender violence. Although the Advocates are not confidential resources, they provide initial support, options, and referrals for survivors.

You can learn more about the Advocates by visiting:

<http://go.lehigh.edu/advocates>



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# Entrepreneurship: Transform Ideas into Impact

Megan Stratton '25

Hi first-year students! I am incredibly excited that you have selected Lehigh to spend your next four years in developing your path to success! I remember exactly what it was like being in your shoes as a Lehigh student for the first time. Being in your first-year is all about finding your footing by discovering resources and programs at Lehigh that will help you to reach your goals. College is an excellent opportunity to try things that you may have never thought to try before. While you are figuring out what you want your Lehigh experience to look like, consider taking advantage of a few entrepreneurship programs available to you. It is perfectly okay to not know what entrepreneurship means or if you are unsure about becoming an entrepreneur! Any student in any major can be involved in entrepreneurship-related opportunities at Lehigh.

Entrepreneurship finds its home at Lehigh through the Baker Institute for Entrepreneurship, right on campus inside Whitaker Lab. The Baker Institute hosts several programs, which range from building the foundation of entrepreneurship all the way to supporting the development of student-created projects. The first of these programs is the Hatchery, a six-week summer program where students solve real-world problems through developing their own projects. The Baker Institute also hosts the EUREKA! Venture Program, which supports student venture ideas through every stage of developing new products, from first idea to official

launch. In addition, EUREKA! Pitch Nights are hosted every month to give students a platform to present their ideas in front of expert reviewers and compete for funding.

I was lucky enough to take part in Baker Institute's Lehigh Silicon Valley program. This is a type of "domestic study-abroad" experience in which I, along with a select group of students, learned about all stages of entrepreneurship and traveled to San Francisco during the winter break. We were taught how to think like an entrepreneur through interactive


*"Being in your first-year is all about finding your footing by discovering resources and programs at Lehigh that will help you to reach your goals."*

sessions with Lehigh alumni, founders, and CEOs. During the program, we were able to tour a variety of startups, private equity firms, and corporate offices in the Bay area. Being a member of the Lehigh Silicon Valley 2024 cohort has been one of the highlights of my Lehigh experience. LehighSiliconValley opened my eyes to what entrepreneurship entails through the perspective of not just startup companies, but large corporations as well. My presentation skills

improved significantly from proposing solutions in front of business leaders in live cases. In addition, I created life-changing connections with other peers, Lehigh alumni, founders, and executives exclusively through this program.

Baker Institute offers a wide range of entrepreneurship resources, creativity experiences, and innovation tailored to Lehigh students. Another program that students find beneficial is Lehigh@Nasdaq. This education-industry provides students with hands-on learning opportunities to work with startups through internships. The Startup Academy program takes place over 10 weeks in the summer in San Francisco, where students intern full-time for early-to-mid stage startups. In addition, a fun fact about Startup Academy is that at the conclusion of the students' internships, they are featured on a digital billboard of the Nasdaq Tower in Times Square to show off their accomplishments!


One of the best pieces of advice I have ever received was to try things that catch my eye, even if it was something I have no experience in. Many students at Lehigh, including myself, would agree that taking advantage of entrepreneurship opportunities has changed their perspective on the world around them for the better. As you embark on your academic journey at Lehigh, I encourage you to take some of these programs into consideration and try it out for yourself! I wish you all the best, at Lehigh and beyond!







Lehigh University  
**ECO-REP**  
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**The Eco-Rep Leadership Program is a peer-to-peer education program that trains student leaders to embody and promote sustainable living in residence halls and Greek houses. Students identify opportunities for innovation and implement sustainable change.**

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Monday August 26th 4pm-7pm

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**Location:** Zoellner Arts Center, 3rd Floor

For more information or to schedule an audition please contact Recruitment Manager Rose Falletta at rof226@lehigh.edu | 917-270-0570



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for team schedules, and information about club sports, intramural sports, Taylor Gym and fitness classes!



# Kicking Off A Tradition Of School Spirit

Luke Kaiser '26

Welcome to your new home for the next four years! Speaking on behalf of your new Lehigh family, we welcome you as one of our own and are excited to introduce some of our favorite traditions. Now that you'll all be incoming Mountain Hawks, it's time to ensure you're well aware of the opportunities to soar into school spirit and take pride in donning the famed Brown & White.

One of Lehigh's favorite school spirit events is college football's most-played rivalry: the historic Lehigh-Lafayette Rivalry. You can sense the aura of anticipation on campus as the big game nears. Banners with taunting and humorous messages drape down the windows -- blowing obnoxiously in the autumn wind to send the message to the Leopards. Students will take pop culture and jokes into account and find ways to incorporate Lafayette in fun-mannered banners that support our football team and stick it to our fierce rivals. It's a great way to brighten the campus mood as the big game nears.

In addition, Lehigh's famed band ensemble, the Marching 97, comes into the lecture halls, classrooms, Greek chapter houses, and libraries to play Lehigh's fight song. In a spontaneous concert, staff and students get pumped up and show their Lehigh spirit as campus gets more psyched through the week.

Another famous tradition during rivalry week is the Bed Races. Every year, students will

get into teams of five and decorate bed frames and mattresses under a specific theme they choose. Students often dress up in costumes to match that theme and work as a team to race around Memorial Walkway. Remember, the fastest time always wins!

At the end of rivalry week, when the big game rolls around, Lehigh alumni from years

*"One of Lehigh's favorite school spirit events is college football's most-played rivalry: the historic Lehigh-Lafayette Rivalry. You can sense the aura of anticipation on campus as the big game nears."*

past often come out to support our team, and our Mountain Hawk family certainly brings the energy the entire day. Rivalry week has so many fun-spirited events that get the whole campus involved and brings the energy for another rendition of college football's historic rivalry.

The rivalry doesn't just pertain to the football team. Lehigh competes at the Division I level in 23 different men's and women's teams in the Patriot

League, the same conference C.J. McCollum was playing in not so long ago. Our sports teams compete at Goodman Campus, the complex that houses our athletic facilities, which is always just a bus-ride away!

There are also many athletic opportunities for students who don't compete at the Division I level. Lehigh offers 32 club sports teams that students can join that have a fun and competitive environment while traveling and competing against other club programs from different schools. If a competitive aspect isn't necessarily your thing, the intramural sports are your best bet. These sports are free to play and are open to everyone. They provide a fun and social environment for all students and are one of the many enjoyable recreational activities on campus. These teams are often present at the Club Expos in the beginning of each semester, so be sure to be on the lookout for any information if you are interested in playing a club sport!

It's easy to show school spirit here, and you're likely already doing it! Wearing Lehigh gear and proudly donning our Brown & White colors is a great way to show your school spirit and pride for attending an amazing school. There are many ways to enjoy representing your school, so be proud of where all your hard work has gotten you. Go out there and experience all of the events this campus has to offer, and most importantly, GO LEHIGH! BEAT LAFAYETTE!





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The Office of Institutional Data (OID) administers Official Lehigh Surveys that are designed to gather feedback from the campus community to inform University decision-making.

Invitations will come via email as an “Official Lehigh Survey.” If you have any questions or concerns about a survey at Lehigh, you are encouraged to contact OID at [inoirsur@lehigh.edu](mailto:inoirsur@lehigh.edu).

To learn more about the surveys administered at Lehigh, visit <https://data.lehigh.edu/surveys>



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- Are interested in public safety or medical field
- Desire Emergency Medical Technician certification
- Can work alongside Lehigh Police and Fire Dept.
- Are considering a career in medicine

*Learn more at:*

**EMS.LEHIGH.EDU**



**Students Promoting Equality, Awareness, & Knowledge -SPEAK** is an undergraduate group of peer educators dedicated to teaching other students about topics related to gender and sexuality. **Rather than lecturing at groups, the focus is on facilitating discussions and creating conversations that will help lead Lehigh's campus.**



[go.lehigh.edu/pridecentergroups](https://go.lehigh.edu/pridecentergroups)

# LEHIGH community & club EXPO

Monday, August 26, 4-6pm

Clayton UC Front Lawn and Memorial Walkway

- African Renaissance
- African Student Association
- AIAS American Institute of Architecture Students
- ALPFA (Association of Latino Professional For America)
- Alpha Gamma Delta
- Alumni Student Association (ASA)
- American Association of University Women
- American Sign Language Club
- Armed Forces Support Club
- Artists For Change
- Arts and Crafts Club
- Arts and Crafts Origami (ACO)
- Asian Business Community
- Asian Cultural Society
- Association of Latino Professionals for America (ALPFA)
- Astronomy Club
- Aux Club
- Bad Company
- Baker Institute for Entrepreneurship, Creativity, & Innovation
- Barbell Club
- Beekeeping Club
- Belly Dance
- Best Buddies
- BIS/AN Club
- Black Students Union
- Blockchain Club
- Board Games Club
- BRASA - Brazilian Student Association
- Caribbean Culture Club
- Catholic Newman Center
- Center for Gender Equity
- Center for Student Access and Success
- Central Asian Student Association
- Cheese Appreciation Society (Cheese Club)
- Classics Club
- Club Squash
- College Democrats
- College of Health
- Colleges Against Cancer
- Community Growers
- Community Service Office
- CompSci In Bethlehem
- Computer Science and Business Association
- CRU Athletes
- Debate Team
- Department of Military Science and Leadership - Steel Battalion ROTC Program
- Dining Services
- Dominican Culture Club
- Dungeons and Dragons Club
- Engineers Without Borders
- Epitome yearbook
- Epsilon Delta Pi
- F1RST
- Financial Literacy Club
- Formula SAE
- Forte
- Fuerza Mexicana
- Future Lawyers of Color
- Hawkathon
- Health & Wellness Center
- Helius dance club
- History Club
- IBM Z Club
- IEEE
- International Voices
- Investment Management Group (IMG)
- Japanese Students Association
- JM
- Korean Students Association
- Lambda Theta Alpha Latin Sorority, Incorporated
- Latinx Student Alliance
- Lehigh ACM
- Lehigh Aerial Swarms Club
- Lehigh After Dark/LAD Ambassadors
- Lehigh Alliance of Battlebots
- Lehigh American Medical Student Association
- Lehigh Baja
- Lehigh Baja SAE
- Lehigh Bioblitz Club
- Lehigh Biomedical Engineering Society
- Lehigh Board Game Club
- Lehigh Bridge Club
- Lehigh Car Club
- Lehigh Climbing Club
- Lehigh Club Baseball
- Lehigh Cru
- Lehigh Cybersecurity Club
- Lehigh Dancin'
- Lehigh Echoes
- Lehigh Effective Altruism and Food Recovery Network
- Lehigh Entrepreneurship Club
- Lehigh Fashion Collective
- Lehigh Friends of Israel
- Lehigh Gut Punch
- Lehigh Hillel
- Lehigh IISE
- Lehigh Libraries
- Lehigh Lion Dance Club
- Lehigh Melismatics
- Lehigh Minorities in Business Alliance
- Lehigh Public Health Club
- Lehigh Quantum Computing Club
- Lehigh Sports Business Conference
- Lehigh Tap Team
- Lehigh University / United Nations Partnership
- Lehigh University AI Club
- Lehigh University American Medical Student Association
- Lehigh University Art Galleries
- Lehigh University Brazilian Jiu Jitsu
- Lehigh University Chess Club
- Lehigh University Chinese Christian Fellowship
- Lehigh University Chinese Students and Scholars Association
- Lehigh University Disc Golf Club
- Lehigh University Equestrian Team
- Lehigh University Kapamilya
- Lehigh University Minority Association for Premedical Students
- Lehigh University Outing Club
- Lehigh University Philharmonic Orchestra
- Lehigh University Police Department
- Lehigh University Quiz Bowl
- Lehigh University Rocketry Association
- Lehigh University Running Club
- Lehigh University Space Initiative
- Lehigh University Spanish Club
- letters & literature society
- LU Aero
- LU Bhangra
- LU Dental Society
- LU Investment Banking
- LU table tennis club
- LUMAPS



- Marching 97
- Marketing Club
- Men of Color Alliance
- Mock Trial
- Modeling Club
- Mountain Hawk Birding
- Mu Sigma Upsilon Sorority, Inc.
- Music Creatives
- Music Production Club
- Mustard and Cheese Drama Society
- Nepali Cultural Society
- New PA Project Education Fund
- Newman Center
- No Lost Generation
- Office of Fellowship Advising
- Office of First-Year Experience
- Office of Multicultural Affairs
- Office of Residence Life
- Office of the University Chaplain / The Center of Dialogue, Ethics and Spirituality
- oSTEM
- Pakistani Student Association
- Panhellenic
- Peer Health Advisors
- Phi Sigma Pi
- Philosophy Club
- Pickleball Club
- Polynesian Student Alliance
- Pride Center for Sexual Orientation and Gender Diversity
- PSECU
- Real Estate Club
- Reformed University Fellowship
- Scholars of Finance (SOF)
- Scientific Journal Club
- SEAL (Southeast Asia at Lehigh)
- Smash Bros and Fighting Game Club
- SMS

**Rain Date:  
Tuesday  
August, 27**

- Society of Asian Scientists and Engineers (SASE)
- Society of Hispanic Professional Engineers
- Society of Hispanic Professional Engineers (SHPE)
- Society of Physics Students
- Society of Women Engineers
- South Asian Students Association
- SPEAK (Students Promoting Equity, Awareness, and Knowledge)
- Student Center Facilities
- Student Materials Society
- Student Political Action Coalition
- Student Senate
- Students Promoting Equality, Awareness, & Knowledge
- Study Abroad
- Supply Chain Management Club
- Survivor Support and Intimacy Education/Break the Silence Peer Education
- Swing Dance Club
- Taylor Swift Club
- TechCraft
- Thai Laos Cambodian Alliance (TLCA)
- The Accounting Club
- The American Society of Mechanical Engineers
- The Brown and White
- The Canterbury House
- The Career Fellows/The Center for Career & Professional Development
- The Center for Career & Professional Development/ Career Fellows
- The World Affairs Club
- Tumbao
- United Nations Association Lehigh (UNA-Lehigh)
- Women in Computer Science Club
- Women in Finance Club
- Women of Color Alliance: Circle of Sisters
- Women's Club Soccer Team
- Women's Club Ultimate Frisbee
- Zoellner Arts Center

# Become an ORIENTATION LEADER!

## Qualifications to be an OL...

- Current full-time student with a minimum 2.50 cumulative GPA
- You must be in good standing with the University, e.g. not on disciplinary probation

## Responsibilities of an OL...

- Lead a small group of 20 first-year students throughout the Orientation program
- Facilitate conversations on transition issues
- Role model appropriate academic and social behaviors to incoming students
- Attend spring and August training sessions prior to orientation. **ALL TRAINING IS REQUIRED!**
- Work with a team of about 90 Orientation Leaders and Orientation Coordinators
- Check-in with first-year students for NavigateLU during Fall 2025
- Maintain your GPA
- Communicate with parents and family members of new students
- Have fun!

## The Perks...

- Opportunity to mentor a group of first-year students
- A chance to strengthen your communications skills
- Participate in multiple team building experiences
- Work with numerous leaders on campus
- Gain a better understanding of Lehigh University and its organizational structure
- Network with various University faculty, staff and administrators
- Receive a one-of-a-kind Orientation T-shirt
- Lots of FREE food
- NEW FRIENDS!

**The Application opens in November!**





# JOIN US



Started in the Spring of 2003, Spectrum is a LU undergraduate student organization dedicated to providing a safe environment for LGBTQ+ students and their allies to explore their identities and form an engaged community.

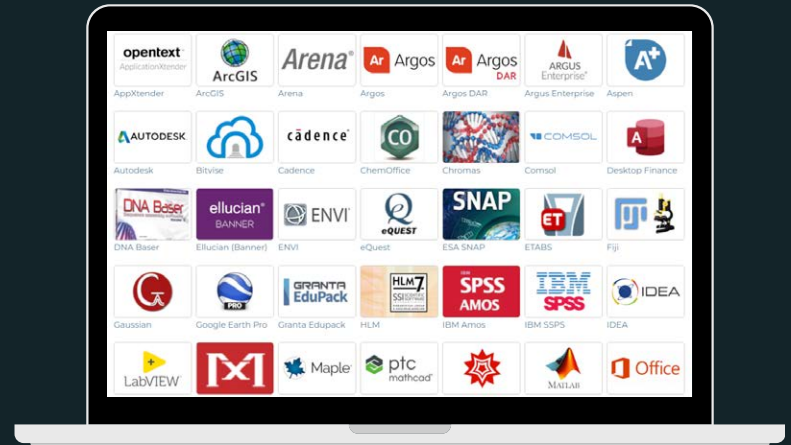
Meetings are open to all!

Social programs that Spectrum has sponsored include an annual Drag Show, Pumpkin Pride celebration, movie nights, and trips to Philly. Topics for discussion have included social issues, finding your identity, what being LGBTQIA means, relationships, and more!



[go.lehigh.edu/pridecentergroups](https://go.lehigh.edu/pridecentergroups)

## LUAPPS LEHIGH VIRTUAL LABS



Getting work done has never been easier.



Over 60 software applications at your fingertips.



[go.lehigh.edu/luapps](https://go.lehigh.edu/luapps)

**LTS** LIBRARY & TECHNOLOGY SERVICES

# Self Care for Success

Isaiah Sohn '26

Welcome to the next chapter of your story. Years of hard work and perseverance have led to this moment. As you embark on your journey at Lehigh, remember that you have the strength and courage to carry on; despite the number of obstacles you faced, you kept moving forward no matter what. Now, I ask you to cultivate that resolve once more for this next challenge. I compiled five tips based on the experiences of those who have walked down a similar path to you that will hopefully help you focus on taking care of yourself while making the most of your experience at Lehigh.

### Tip #1: Choose Your Perspective.

Recognize that the way you perceive a situation can ultimately shape your reality, and consciously choose to frame challenges as opportunities for growth, setbacks as a chance for learning, and conflict as potential for resolution. Look for the good in others and in yourself, and strive to see the world through a positive lens. Rather than feeling defeated after receiving a poor grade on an exam, you can see it as an opportunity to develop better study habits, seek assistance from professors or peers, and gain valuable insight from the experience. Instead of shying away from social situations in a new environment, view it as a chance to step out of your comfort zone, meet new people, and expand your social circle.

### Tip #2: Define your Goals & your Purpose.

Purpose is what gets us out of bed every day. It is the driving force behind our passion and dreams, giving

us the strength to overcome obstacles and succeed to our full potential. To help you find your purpose, you should start by setting clear goals with action steps. By breaking your goals into smaller, manageable steps, you create a blueprint for your academic, personal, and professional aspirations. Your goal may be to complete a certain number of credits per semester, achieve a specific GPA, or gain a particular skill. Whatever they are, setting goals will provide you with a sense of purpose and motivation.

### Tip #3: Create a Routine, Then Follow it.

It is important to plan and organize your time effectively, taking into consideration your individual needs, limitations, and circumstances. By creating a realistic routine for each day, you can set a structured framework that helps you stay organized, focused, and productive. Prioritize getting enough sleep, healthy eating habits, and moving your body. Try to aim for consistent and quality sleep, as well as a balanced diet with a variety of nutrients, to fuel your body and mind. By being consistent in following your routine, you develop good habits, enhance time management skills, and maximize your productivity. If you happen to have a busy week with multiple assignments and exams, a routine can help you distribute time for each task, preventing last-minute cramming and reducing stress. It also ensures that you have enough time for self-care and relaxation, helping you maintain a healthy balance between academic and personal responsibilities.

### Tip #4: Find Healthy Connections

Commit to meaningful interactions with your peers, professors, and the wider college community. Seek out opportunities to connect, collaborate, and build relationships with others by joining clubs or participating in campus events; you will feel a sense of belonging and foster personal growth. Building meaningful relationships with fellow students and community members provides you a support system, helps you expand your perspectives, and creates long-lasting friendships. Engaging in group projects, team activities, and collaborative learning opportunities can largely enhance your academic experience and develop those crucial interpersonal skills that are so valuable in the professional world.

### Tip #5: Embrace Imperfection.

Imperfection is what makes us human, so we should celebrate the beauty of imperfection. Perfectionism can be harmful to our well-being, leading to prolonged stress, anxiety, and self-doubt. Our imperfections are not to be mistaken as weaknesses, but rather opportunities to learn and grow as human beings. We all make mistakes, stumble, and wish that we could be better in certain moments of time. It is crucial we let ourselves be vulnerable, to try new things, and learn from failure. Embrace your humanity, with all its flaws and limitations, and seek out your most authentic self.





**FALL 2024  
INSTRUMENTAL AUDITIONS  
FOR JAZZ, BANDS, AND ORCHESTRA  
AT LEHIGH!**

all Fall Instrumental Auditions held at Zoellner Arts Center  
420 East Packer Avenue, Bethlehem, PA

Woodwinds, Brass, Percussion  
(Wind Ensemble, Philharmonic Orchestra, Jazz)  
Friday, August 23, 2024, 11:00 - 4:30pm, rm 145

Orchestral Strings:  
Sunday, August 25, 2024, 4:00 - 7:30pm, rm 145


Jazz Ensemble Placement:  
Monday, August 26, 2024, 4:00 - 7:00pm, rm 145

LU Marching 97: open to all, no audition necessary.

Auditioning students should bring a 1-3 minute piece  
of their choice to play for the ensemble directors.

To schedule an audition, please mail Linda Ganus at  
lcg3@lehigh.edu with your name, instrument, available times  
according to your ensemble audition day, and indicating  
the ensembles in which you are interested.

We look forward to having you join the instrumental ensembles at Lehigh!  
For general audition questions, email lcg3@lehigh.edu




**OPEN  
MIC  
NIGHT**

**Friday, August 23  
8PM-9PM  
Farrington Square**

Enjoy live music and creative performances  
from your fellow Lehigh students. Feel like  
performing? Bring your instrument, poetry,  
or friend for a duet!

# University Convocation

At Lehigh, University Convocation signifies  
the start to the academic year. This is an  
annual campus tradition where students can  
begin to build a lasting connection to our  
academic community.

**Friday, August 23  
10:00am  
Zoellner, Baker Hall**



*Receive your Lehigh  
crest pin to wear for  
special milestones.*

Enjoy a visit with your family and  
introduce them to everything Lehigh!

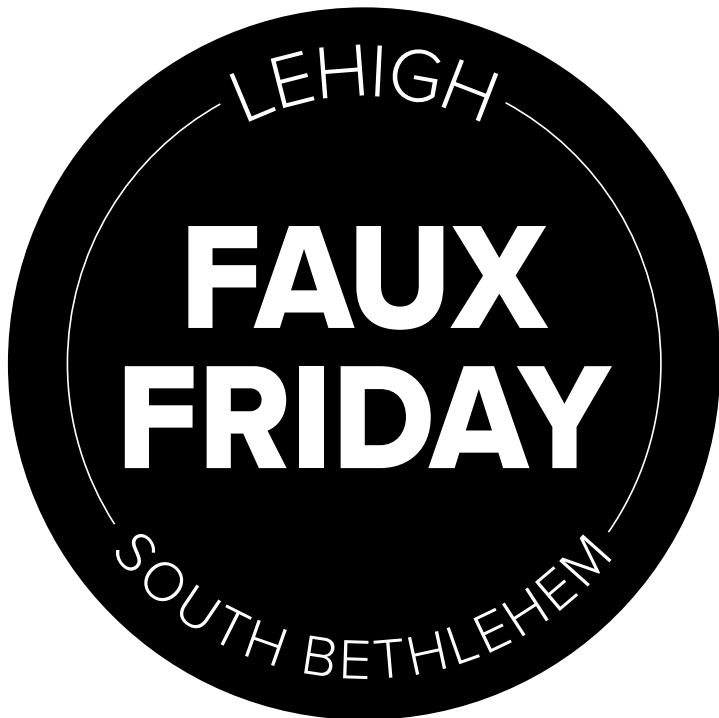
# FAMILY AND FOUNDER'S WEEKEND

**SEPT. 20-22**

*Save the date!*

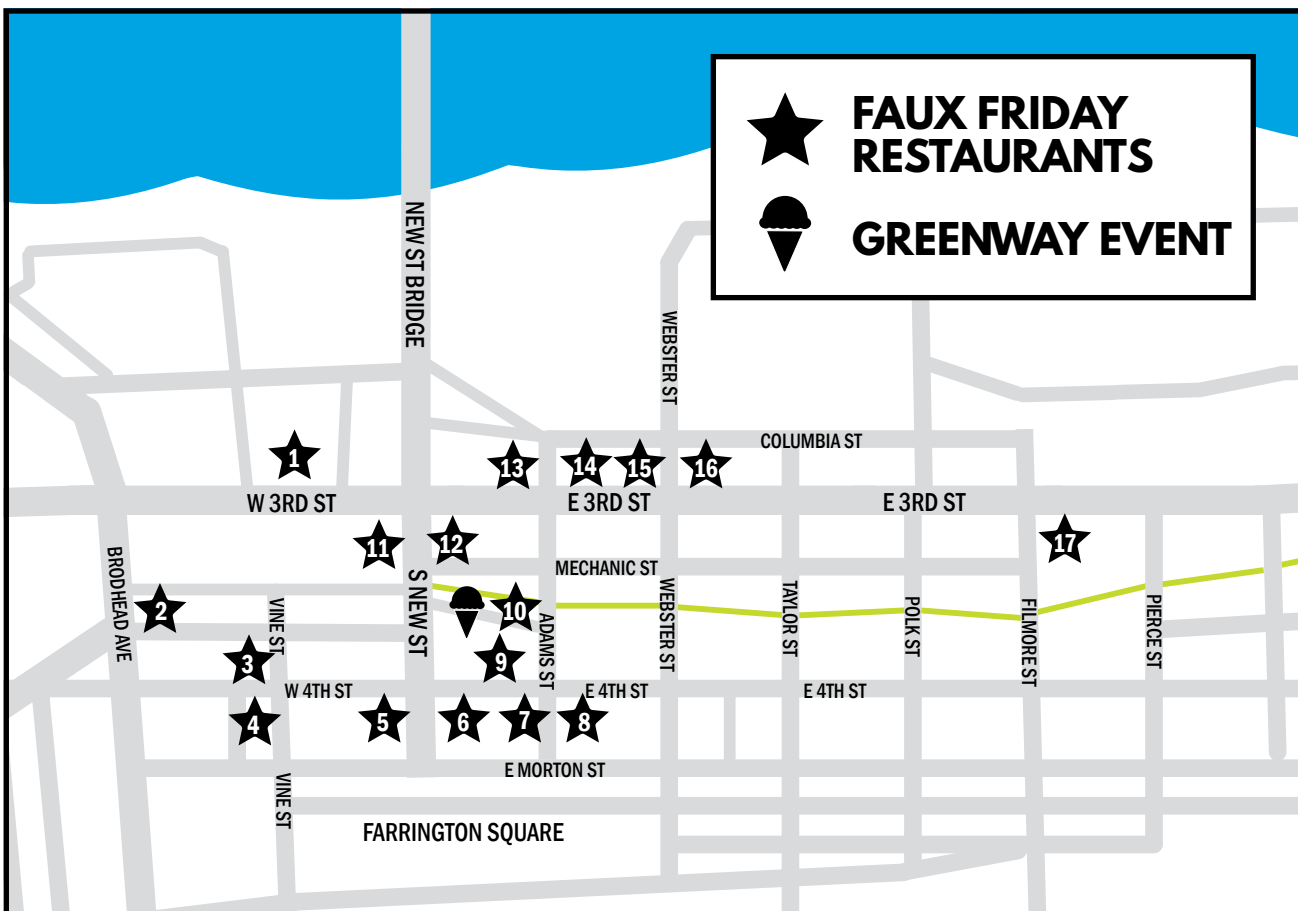
[alumni.lehigh.edu/family-weekend](https://alumni.lehigh.edu/family-weekend)

**MARK YOUR CALENDARS NOW!**



# EXPLORE SOUTH BETHLEHEM!

- Take your Faux Friday Dinner Meal Ticket to your South Bethlehem Restaurant or Rathbone Dining Hall for Dinner
- Stop by the Greenway for FREE Dinky's ice cream, lawn games and more!
- Explore the sites and shops of South Bethlehem



1. Lehigh Pizza
2. Kou Kitchen
3. Deja Brew
4. The Goose
5. La Lupita
6. Molly's Irish Grille & Sports Pub
7. Campus Pizza
8. Wonder Kitchen
9. General Zapata
10. Dinky's Ice Cream Parlor and Grill
11. Zekraft
12. Anna's Brick Oven Pizza
13. Toastique
14. U & Tea
15. King Wing
16. The Flying V
17. El Jefe's Taqueria

\*See Guidebook for individual restaurant maps and accessible maps.

## LET'S CREATE A COMMUNITY OF READERS TOGETHER!

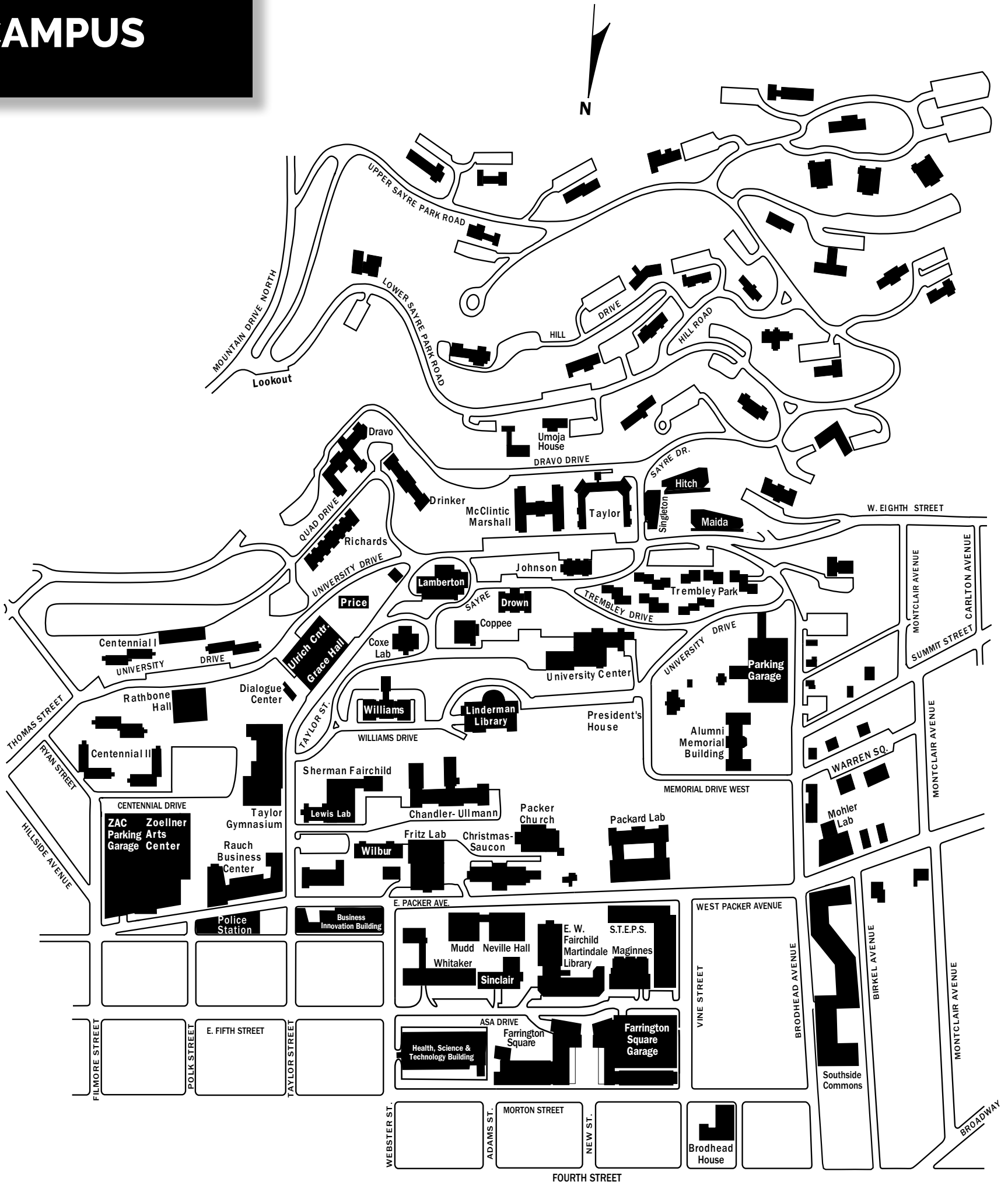
Don't forget to bring your new (or gently used) copy of your favorite book from your childhood or adolescence with an inspirational message inside the front cover to Faux Friday! We will be collecting them on the Greenway.

Sponsored by the Community Service Office & the Office of First-Year Experience





# ASA PACKER CAMPUS



For a complete accessibility map go to [lehigh.edu/about/maps](http://lehigh.edu/about/maps)

**Download guidebook**  
 for the most up-to-date Orientation  
 Schedule Information!

Download the Guidebook App  
 and Scan the QR code, or  
 search for "Lehigh University  
 Orientation 2024" and  
 download the guide.



# LEHIGH 5X10 SYMPOSIUM

Friday, August 23, 3:30pm - 4:30pm



## Strategies for Optimizing Decisions and Experiences

Professor Ana-Iulia Alexandrescu-Anselm (she/her)  
Packard 466

Learn tips and strategies for navigating your path at Lehigh and beyond using simple tools and strategies from management science, systems engineering, and mathematical optimization. Walk out with practical knowledge that you can use beginning with the first day of class.



## Fiction to Reality: The Influence of Science Fiction on Science

Professor Whitney Blocher McTigue  
Packard 208

Are you a fan of science fiction? Have you ever thought about how this genre can influence the science we have today? Come explore how what once was only found in science fiction has become staples in technology.



## Making Museums Matter

Dr. William Crow  
Lehigh University Art Gallery, Zoellner Arts Center  
Museums are no longer dusty storage houses of the past. They are places that spark creativity, curiosity, and new knowledge on topics that are relevant to our world. Discover the Lehigh University Art Galleries and how you can get involved!



## A Chemist's Musings on the Mammalian Sense of Smell

Professor Greg Ferguson  
STEPS 280

The Nobel Prize in Medicine and Physiology awarded a few years ago for unraveling the olfactory system provides a delightful opportunity to reflect on the different kinds of thinking involved in systematic advances and abrupt discoveries. It also serves as a wonderful example of new understanding wafting from one field into another.



## Bring Your Dragons! On Writing Well in College

Dr. Justin Greenlee  
Chandler Ullmann 118  
What is the motto of the Hogwarts School of Witchcraft and Wizardry? (Answer: "Draco Dormiens Nunquam Titillandus," which means "Never tickle a sleeping dragon.") In this session, we will talk about our favorite dragons from books and movies and ask what it means to write well in college.



## Coffee & Cosmetics: Engineering Consumer Products

Professor James Gilchrist  
Packard 416

Ever consider how your coffee, cosmetics, and other consumer goods are produced? Ever have an idea for a new product? How do we ensure they are same every time you use them? Come learn about the hidden world of the development of processes that make your everyday consumer products.



## The Economics of Social Justice

Professor Frank R. Gunter  
Lewis Lab 270

Is social justice just? Is it consistent with democracy? What are the challenges inherent in choosing social justice goals in a market economy? Policies intended to achieve social justice goals must be planned and executed in a world of scarcity - where wants are many, resources are few, and choices must be made. Over the last seventy years, Kenneth J. Arrow, James M. Buchanan, Friedrich A. Hayek, and Amartya Sen - all Nobel prize winners - have tried to answer these questions. Their answers point out the difficulties and, in some cases, the impossibilities of current attempts to achieve social justice through a democratic process in a world of scarcity. Study concludes with guidance for those who seek develop realistic social justice policies.



## A Sustainable Future?

Professor Steven McIntosh  
STEPS 101

We will discuss humanity's environmental impact and the need for sustainable solutions, specifically highlighting how a Lehigh education can prepare you for a role in fostering societal change. Using food as an example, we will explore the impacts of essential fertilizer production and explore sustainable ways to feed the global population.



## 100 Years of Aerospace Engineering

Professor Terry Hart  
Maginnes 111

The progress made in the past 100 years of aerospace engineering has been nothing short of spectacular, from the Wright brothers, to the landings on the Moon, deep space probes and rovers on Mars, as well as many commercial successes, including Boeing's 787 Dreamliner. Professor Hart reviews this history and shares many of his personal stories of his involvement.



## How to Write A Novel 101

Professor Elizabeth Horn  
STEPS 102

Ever want to write a novel? Dream of seeing your name on the shelves of a bookstore? Here's how! Get a play-by-play lesson on the many tasks and tricks you need to know to get your first draft to a published copy. Demystify the creative endeavors behind novel writing, agent searching, publication, and book sales.



## Talking Trash: How Bethlehem Residents and Lehigh Researchers are Working for Environmental Justice

Professor Kate Jackson  
Chandler Ullmann 218

How can communities come together to solve their most pressing environmental issues? How can Community Based Participatory Action Research (CBPAR) help in identifying and exploring those environmental issues? In this presentation, our research team will expand on the use of CBPAR in a community-driven exploration of persistent street trash and illegal dumping in Bethlehem, PA.



## Stronger, Smarter, Faster and... Tastier? Materials Science and Engineering does it all!

Dr. Ricardo Castro, Dr. Lesley Chow,  
Dr. Sabrina Jedlicka, Dr. Siddha Pimputkar,  
Dr. Nick Strandwitz  
Whitaker 303

Join the awesome faculty and students of materials science and learn about the things that surround us. Everything you touch - from your computer, to your water bottle, to the shoes that you wear - wouldn't exist without the beauty of materials engineering. Plus - superheroes? Superheroes are all about materials science and we want you to know why! We will showcase the wonderful world of materials through live demonstrations AND... you will definitely be getting some made-on-site ice cream.



## Hacking Reality: Creativity as an Attitude

Professor Kevin Lahoda  
Rauch 085

With the right attitude and a little ingenuity individuals today are able to tap into advanced technologies to pursue complex challenges with increasingly sophisticated design. The material and conceptual energy of your creativity can be used to great effect in challenging and reorienting socio-environmental arrangements and assumptions of power.



## Garbage In, Garbage Out: Building Better AI

Professor Jeremy Littau  
Rauch 091

Generative AI relies on old media to make new things, but a lot of historical artifacts we feed these systems to teach them about the world are rooted in biased or inequitable views about race, class, and gender. How are companies solving this problem, and how can we demand better?



## Acing College Through Psychological Science

Dr. Jesseca Marsh  
Maginnes 113

What is the best way to study? How do you learn new things? How do you mentally prepare yourself to succeed in college? All of these questions are answered through psychological research. This lecture provides pro tips of how to excel at college through the power of psychological science.



## From Farm to Table: Navigating the Supply Chain

Dr. Saif Mir  
Business Innovation Building 107

This session delves into how companies manage supply chains to get goods efficiently. Learn about global chain complexities, including disruptions and sustainability challenges. They gain strategic insights to manage these hurdles, transforming supply chains into competitive edges while contributing to a greener planet.



## Bioengineering the Future

Professor Tommy Pashuck  
Maginnes 112

Improving health is one of the great scientific and engineering challenges. This will require a better understanding of the human body, earlier diagnosis, and new types of therapies. Come find out how bioengineers are inventing the technologies that will help people around the world live longer, healthier lives.



## Getting to Know Your New Hometown

Professor Karen Beck Pooley  
Maginnes 102

Our neighborhoods play a huge role in our physical and mental well-being, access to opportunity, and ability to connect with those nearby. These places don't just shape us; we shape them. Hear more about South Bethlehem and how you might put your own stamp on it while at Lehigh.



## Thinking through Technology

Professor Greg Reihman  
Maginnes 101

Are new technologies changing our views of metaphysics (what's real), morality (what's right), and mind (what consciousness is)? Participants in this session will discuss how recent advances in fields such as artificial intelligence, neuroimaging, virtual reality, and social networking might be changing how we see ourselves and how we approach the choices we face.



## So, you want to use your STEM degree as a springboard to professional school?

Professor Lawrence Tartaglia  
STEPS 290

Most of us have wanted to go to professional school (e.g., Medical, Dental, Graduate, etc.) for as long as we can remember. But do you know what it takes to get there? In this session we will look at historical trends, admissions standards, and the unique aspects of an applicant's resume/CV that will help you stand out among a sea of highly qualified candidates!



## Are Possible Worlds Real?

Professor Aladdin Yaqub  
Rauch 241

The notion of a possible world is central to logic, philosophy, mathematics, and language study. Consider the following intuitive definition: "A contradiction is a statement that fails to be true in any possible world." But, what is a possible world? And are possible worlds real? If possible worlds are real, then how does the actual world, in which our cosmos exists, differ from a possible world? Philosophers studied this notion for more than 2000 years. The past century, finally, witnessed remarkable progress in answering those questions.



Creative Curiosity



Self Concept



Healthy Connections



Critical Consciousness



Strategic Adaptability





# ORIENTATION 2024 SCHEDULE

**M** *Mandatory for All Students to Attend*

## SATURDAY • AUGUST 24

#LehighDay3 • *Who will you be?*

### BREAKFAST

7:00am - 9:00am (Rathbone)

### **M** SATURDAY ROTATION:

- **ORIENTATION GROUP MEETING #3**
- **BREAK THE SILENCE: PREVENTING GENDER VIOLENCE THROUGH HEALTHY SEXUALITY**
- **FINDING (Y)OUR PATH: CELEBRATING COMMUNITY WITH THE OFFICE OF DIVERSITY, INCLUSION & EQUITY**
- **LUNCH**
- **OL OFFICE HOUR (OPTIONAL)**
- **DINNER**
- **ORIENTATION GROUP MEETING #4**

*\*Remember to bring your ID to all meals!*

### **M** GROUPS 1-22

9:00am-10:30am	Free Time
10:30am-11:15am	OL Office Hour (BIB 108)
11:15am-12:15pm	Lunch (1-30 Tamerler Tent) (31-45 Rathbone)
12:30pm-1:15pm	Group Meeting #3
1:30pm-3:00pm	Finding (Y)Our Path (Packard & Neville)
3:15pm-4:45pm	Break the Silence (Rauch)
5:00pm-6:15pm	Dinner (1-13 Rathbone) (14-45 Tamerler Tent)
6:15pm-7:30pm	Group Meeting #4

### **M** GROUPS 23-45

9:00am-10:30am	Free Time
10:30am-11:15am	OL Office Hour (BIB 108)
11:15am-12:15pm	Lunch (1-30 Tamerler Tent) (31-45 Rathbone)
12:30pm-1:15pm	Group Meeting #3
1:30pm-3:00pm	Break the Silence (Rauch)
3:15pm-4:45pm	Finding (Y)Our Path (Packard & Neville)
5:00pm-6:15pm	Dinner (1-13 Rathbone) (14-45 Tamerler Tent)
6:15pm-7:30pm	Group Meeting #4

### **M** GROUPS 46-68

9:00am-9:45am	Group Meeting #3
10:00am-11:30am	Finding (Y)Our Path (Packard & Neville)
11:45am-1:15pm	Break the Silence (Rauch)
1:15pm-2:15pm	Lunch (46-59 Rathbone) (60-91 Tamerler Tent)
2:15pm-3:00pm	OL Office Hour (BIB 108)
3:00pm-5:00pm	Free Time
5:00pm-6:15pm	Group Meeting #4
6:15pm-7:30pm	Dinner (46-77 Tamerler Tent) (78-91 Rathbone)

### **M** GROUPS 69-91

9:00am-9:45am	Group Meeting #3
10:00am-11:30am	Break the Silence (Rauch)
11:45am-1:15pm	Finding (Y)Our Path (Packard & Neville)
1:15pm-2:15pm	Lunch (46-59 Rathbone) (60-91 Tamerler Tent)
2:15pm-3:00pm	OL Office Hour (BIB 108)
3:00pm-5:00pm	Free Time
5:00pm-6:15pm	Group Meeting #4
6:15pm-7:30pm	Dinner (46-77 Tamerler Tent) (78-91 Rathbone)

### **M** THE RALLY

8:00pm - 9:00pm

The Grove

*A Lehigh tradition! Join the Class of 1978 as they adopt you, the Class of 2028, and welcome you to Lehigh! Remember to wear your Class of 2028 shirt!*



### HAWK'S FEST

9:00pm - 11:00pm • Tamerler Courtyard

*There's a little bit for everyone at this late night Hawk's Fest. Grab some grub, play a game, and get some Lehigh swag before catching some Zzzz's for the night.*

## SUNDAY • AUGUST 25

#LehighDay4 • *What guides my decisions?*

### **M** ORIENTATION GROUP MEETING #5

10:00am - 11:00am • Group Meeting Location

### BRUNCH

11:00am - 2:30pm

*Eat at Rathbone or any open campus retail option*

### CRAFT YOUR EXPERIENCE

*What experience(s) will you choose to help you continue to craft your communities at Lehigh on the final day of Orientation? Attend at least one session (you can attend up to 3!) to continue learning about the support and resources that will help you along the way.*

#### 11:00am - 12:00pm

- **Student Involvement Panel**  
Packard 466
- **Financial Wellness is a Must!**  
Chandler Ullmann 118
- **Class Schedule Tour**  
Meet at CUC Front Lawn Flagpole
- **Campus Bus Tour**  
Meet at the Farrington Square Bus Stop
- **CareWell: Exploring Wellness**  
HST 101
- **Building Healthy Study Habits**  
Maginnes 102

#### 12:15pm - 1:15pm

- **Student Involvement Panel**  
Packard 466
- **Financial Wellness is a Must!**  
Chandler Ullmann 118
- **Class Schedule Tour**  
Meet at CUC Front Lawn Flagpole
- **Campus Bus Tour**  
Meet at the Farrington Square Bus Stop
- **Yoga is for EveryBODY**  
Taylor Gym 3rd Floor Studio
- **Preparing for the First Day of Classes**  
Maginnes 102
- **Camp Hawk Counselor Meet & Greet**  
Maginnes 101

#### 1:30pm - 2:30pm

- **Student Involvement Panel**  
Packard 466
- **Financial Wellness is a Must!**  
Chandler Ullmann 118
- **Class Schedule Tour**  
Meet at CUC Front Lawn Flagpole
- **Campus Bus Tour**  
Meet at the Farrington Square Bus Stop
- **Yoga is for EveryBODY**  
Taylor Gym 3rd Floor Studio

### WORK STUDY JOB FAIR

2:45pm - 4:00pm • Zoellner

*Students with a work study award for the 2024-25 academic year are invited to attend the job fair. Supervisors from around campus will be present to share information about their positions and discuss possible employment options.*

### CHORAL ARTS AUDITIONS

3:00pm - 7:00pm • Zoellner Arts Center, Third Floor

### ORCHESTRAL STRINGS AUDITIONS

4:00pm - 7:30pm • Zoellner Arts Center, 145

### RESIDENCE HALL COMMUNITY TRADITION: T-SHIRT TIE-DYING

4:00pm - 5:30pm • Your Residence Hall

*Return to your residence hall for an opportunity to reconnect with your community and your Gryphon. You'll participate in your first hall tradition -- tie-dyeing your community t-shirts! Please bring your community t-shirt with you.*

### DINNER

*Eat at Rathbone or any open campus retail option*

guidebook

*\*Schedule is subject to change. Download the Guidebook App and scan the QR code for the most up-to-date schedule.*





# ORIENTATION 2024 SCHEDULE

**M** Mandatory for All Students to Attend

## THURSDAY • AUGUST 22

#LehighDay1 • What types of connections are you looking for?

### CHECK-IN

8:00am - 11:30am • Iacocca Hall

Receive your Orientation materials, group information, and directions to your residence hall

### WELCOME LUNCH

11:30am - 1:30pm • Clayton University Center Lawn (CUC) & Memorial Walkway

We invite all new students and their families to join the Lehigh community for lunch.

### MUSIC DEPARTMENT INFORMATION SESSION & AUDITION SIGN-UPS

11:45am - 12:30pm • Zoellner Arts Center 145

Learn about all of Lehigh's performance ensembles, private lessons and academic classes.

### FAREWELL TO FAMILIES

1:30pm

Use this opportunity to say goodbye to your family as families and students part ways. Students will not have an opportunity to meet with family again before the Family Orientation program ends.

### **M** ORIENTATION KICK-OFF

2:00pm - 2:30pm • The Grove

Kick-off your Orientation experience by meeting Orientation Leaders, student leaders, and administrators that will help shape your experience! (Rain Location: Grace Hall)

### **M** ORIENTATION GROUP MEETING #1

2:45pm - 3:45pm

Meet your Orientation Group and your Orientation Leader! (Orientation Group Location listed on the label located on your Orientation Times)

### **M** THURSDAY ROTATION:

#### DINNER WITH ORIENTATION GROUP / TOUR

#### PEER HEALTH: LET'S FACE IT – YOUR MENTAL HEALTH • RAUCH HEALTH, SAFETY & WELL-BEING FAIR • THE GROVE

\*Bring Your ID to All Meals

Groups 1 - 22	4:00pm-4:50pm 5:00pm-5:50pm 6:00pm-7:00pm 7:00pm-7:50pm	Health, Safety & Well-Being Fair (The Grove) Peer Health (Rauch) Dinner (1-13 Rathbone) (14-45 Tamerler Tent) Tour
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Groups 23 - 45	4:00pm-4:50pm 5:00pm-5:50pm 6:00pm-7:00pm 7:00pm-7:50pm	Peer Health (Rauch) Health, Safety & Well-Being Fair (The Grove) Dinner (1-13 Rathbone) (14-45 Tamerler Tent) Tour
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Groups 46 - 68	3:45pm-4:35pm 4:45pm-5:45pm 6:00pm-6:50pm 7:00pm-7:50pm	Tour Dinner (46-59 Rathbone) (60-91 Tamerler Tent) Health, Safety & Well-Being Fair (The Grove) Peer Health (Rauch)
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Groups 69 - 91	3:45pm-4:35pm 4:45pm-5:45pm 6:00pm-6:50pm 7:00pm-7:50pm	Tour Dinner (46-59 Rathbone) (60-91 Tamerler Tent) Peer Health (Rauch) Health, Safety & Well-Being Fair (The Grove)
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### **M** RESIDENCE HALL FLOOR MEETING

8:00pm - 10:00pm • Your Residence Hall

Return to your Residence Hall floor for your first floor meeting! Your Gryphon will help you in getting to know the other students on your floor and you'll work together to set community expectations.

### WINGO & ART NIGHT

10:00pm - 11:30pm • Tamerler Tent

Experience Wingo, one of Lehigh After Dark's signature events tonight in Tamerler Courtyard, beginning at 10pm. Wingo is a popular event that combines wings and Bingo featuring prizes from the Lehigh Store. Want more of a chill vibe? Step right inside Rauch's lobby for some art- friendship bracelet making, coloring, paint by number, and more!



## FRIDAY • AUGUST 23

#LehighDay2 • What made you successful prior to Lehigh?

**BREAKFAST** • 7:00am - 9:00am (Rathbone)

### **M** ORIENTATION GROUP MEETING #2

9:00am - 9:45am • Group Meeting Location

Prepare for your new role as a Lehigh student.

### **M** UNIVERSITY CONVOCATION

10:00am - 10:45am • Zoellner - Baker Hall

This event will officially begin the 2024-2025 academic year with University Officials. Please arrive by 9:55am.

### **M** COLLEGE WELCOME AND ADVISING/LUNCH

11:00am - 3:30pm

Learn the expectations and requirements of your college and receive information about academic support. More detail will be provided by your College, and end times will vary by college.

#### Locations:

- College of Arts & Sciences (incl. Arts Engineering & IDEAS): Zoellner - Baker Hall
- College of Business: Neville 001
- College of Engineering and Applied Science: Packard Lab 101
- College of Health: HST 3rd Floor (also lunch location)
- Integrated Business and Engineering: STEPS 101 (also lunch location)
- Computer Science and Business: Packard 466 (lunch following)

### LUNCH • 11:00am - 2:00pm

11:00am-12:00pm: College of Engineering (Last names A-F: Rathbone; Last names G-Z: Tamerler Tent)

12:00pm-12:30pm: College of Arts and Sciences (Last Names A-F: Rathbone; Last names G-Z: Tamerler Tent)

12:00pm-1:00pm IDEAS: Global Commons

1:00pm-2:00pm: College of Business (Last names A-F: Rathbone; Last names G-Z: Tamerler Tent);

### CALCULUS ADVISING INFORMATION

11:00am - 3:00pm • Chandler-Ullmann 212 (Assmus Reading Room)

Learn about your course options

### AUDITIONS FOR JAZZ, WIND ENSEMBLE AND ORCHESTRA (WOODWINDS, BRASS AND PERCUSSION)

11:00am - 4:30pm • Zoellner Arts Center, 145

### CHORAL ARTS AUDITIONS

12:00pm - 5:00pm • Zoellner Arts Center, Third Floor

### FAUX FRIDAY RESTAURANT TICKET EXCHANGE

12:30pm - 3:00pm • Christmas Saucon, Suite 130

Stop by Christmas Saucon, Suite 130 if you'd like to exchange your Faux Friday ticket.

### WHAT'S SO SPECIAL ABOUT SPECIAL COLLECTIONS?

1:00pm - 3:00pm • Linderman Library 342 (Bayer Galleria)

Stop by Linderman Library during an annual open house to see treasures from the libraries' Special Collections and unusual artifacts from Lehigh's history. Meet your librarians and learn about library resources!

### **5x10** LEHIGH 5X10 SYMPOSIUMS

3:30pm - 4:30pm

Hear a Lehigh University professor speak on a topic of their interest, ranging from technology to sustainability to outer space. Attendance will count toward one of your navigateLU and bLUeprint requirements. See page 26 for session information and locations.

### **M** LEHIGH FAUX FRIDAY & RESIDENCE HALL MEETING

5:00pm - 8:00pm (Residence Hall Meeting is at your Residence Hall)

Centennial I & II	5:00pm - 6:30pm Dinner 6:30pm - 8:00pm Residence Hall Meeting
Umoja, Taylor & Warren Sq.	5:00pm - 6:30pm Dinner 6:30pm - 8:00pm Residence Hall Meeting
Dravo & Richards	5:00pm - 6:30pm Residence Hall Meeting 6:30pm - 8:00pm Dinner
M&M & Drinker	5:00pm - 6:30pm Residence Hall Meeting 6:30pm - 8:00pm Dinner
Commuters	5:00pm - 6:30pm Commuter Meeting (Chandler Ullmann 118) 6:30pm - 8:00pm Dinner

Take your Friday Dinner Meal Ticket and Lehigh ID to your South Bethlehem Restaurant for dinner. Then explore the sites and shops of South Bethlehem. Be sure to stop by the Greenway for FREE lawn games/activities, music, and FREE Dinky's ice cream! And don't forget to bring a book to donate to the kids of South Bethlehem for Reading is Clutch! Orientation Leaders will be available to help you find your location. You must have the appropriate ticket to enter a dining location or you will be turned away!

### VIP NIGHT AT THE LEHIGH STORE

8:00pm - 10:00pm

Come to the Bookstore for a 10% discount off your entire purchase! \*exclusions apply

### OPEN MIC NIGHT

8:00pm - 9:00pm • Farrington Square

Come to Farrington Square to enjoy live music and creative performances by your fellow Lehigh students! Feel like performing? Grab your instrument, your latest piece of poetry, or a friend for a duet!

### HEY YOU GUYS...WELCOME TO LEHIGH!

8:00pm-11:30pm • CUC Front Lawn

Come on through the CUC Lawn for a movie night. Beginning at 8pm, enjoy a DJ, food trucks, face painting, inflatable games, caricaturists, and stay for a screening of The Goonies at 9pm on the lawn...and don't forget the free giveaway!

