Be Fearless

By Gabby Pomerantz ’18

You’ve made it. You’re finally here. You’ve pictured this day for a while now. Unlocking the door to your new home away from home. Meeting your first college friend. Stepping foot into your first college class. Eating your first meal at the dining hall. Walking around campus, seeing students hanging out on the Adirondack chairs surrounded by Lehigh’s stone-walled buildings dating back to before most of us were born. The history and tradition surrounds us daily. The power to impact the future lies within us. Could it get more “college” than this?

Stop what you’re doing for a second and look around. Take a second and truly absorb all of your surroundings. This is your brand new start. Sitting here looking ahead, you have the potential to make this experience all that you have dreamed. Who will you be?

This is your opportunity to challenge yourself. Learn from others. Ask questions. Seek wisdom from the experiences of those around you. Make connections with your professor. Ask your hall mate about their hometown. Go to that intriguing club meeting. Truly put yourself out there. Get outside your comfort zone and genuinely get to know others.

I am an introvert, so the above does not come naturally to me. Before embarking on my Lehigh journey, I told myself I wouldn’t let fear stop me from making a new friend. My first semester, I took every opportunity to get to know my fellow Lehigh community. I started by introducing myself to peers in my classes, in my residence hall, and in the dining halls. A simple “what’s your name?” followed by “where are you from?” was a great conversation starter.

I also got involved in several clubs around campus relating to sports, environmental justice, art, and student orientation. This enabled me to meet even more people through shared passions. By truly immersing myself in getting to know Lehigh, I met some awesome people that I now call my closest friends. So, go for it! Crack that smile and introduce yourself to the person next to you. You never know, they might become one of your best friends. You might be surprised at just how much you can learn from them, too!

Look around once again and truly appreciate the diversity of our student body. Learn about others, learn about the world, and embrace the four years you have at Lehigh. I will be a senior this year...the nostalgia is already setting in. What I would do to have another four years at this mountainous place we call home. You are in a great place and you have a very bright future ahead of you. Fearlessly embark upon this journey. Take in the experience as much as you can. Make powerful memories you will look back upon fondly. Cherish these days, as they will prove to be indispensable for the rest of your life.

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Follow the Office of the First-Year Experience on Social Media!

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LEHIGH

BUCKET LIST

1. Go to the Club Expo! It's the best way to get involved and you get a lot of free stuff!

2. Chicken Finger Fridays! The most delicious way to start the weekend!

3. Bed Races! One of Lehigh's most fun traditions preparing for the big game against Lafayette!

4. Quest! What is better than great music while finally enjoying some great weather?

5. Meet some local shop owners and artists.

6. Spin on the Frictionless Chairs in STEPS.

7. Order from the secret menu at The Goose!

8. Check out the view of the Valley from the lookout Tower at Iacocca Hall.

9. Complete the Turkey Trot (without losing your lunch.)

10. Make & Take Fridays at Lamberton!

11. Attend a guest lecture or performance.

12. Watch the sunrise at Lookout Point.

13. Volunteer at Spring Fling and Spooktacular.

14. Explore the statue garden!

15. Go to athletic events.

“Bed Races” is a tradition that was started over 100 years ago.

Expectations of Conduct

I. Academic Integrity
Lehigh University expects that all students will act in a manner that reflects personal and intellectual honesty.

II. Respect for Others
Lehigh University expects that all students will act in a civil manner that reflects maturity, social responsibility, and respect towards others and the Lehigh Community.

III. Respect for Property
Lehigh University expects that its students will treat the property of Lehigh University and the property of others with the same respect that they would ask others to show to them.

IV. Respect for the Lehigh University Community
As members of the Lehigh University Community, students are expected to serve as ethical representatives. They are expected to know and follow the Code of Conduct, and show respect for the faculty, staff, community members and administrative processes that are in place to maintain and support our community standards. Students are expected to hold themselves and others accountable and report violations of the Code of Conduct or other violations to the University.

V. Respect for Self
Lehigh University expects that its student members will act in a manner that respects their own health and well-being, especially concerning the use and abuse of alcohol and drugs.

VI. Respect for the Law
Lehigh University expects that its student members will act in accordance with all applicable federal, state, or local laws.
As an International Student from Guatemala, I was looking forward to the unique and diverse experience that Lehigh could provide for me. I was lucky enough to get the opportunity to leave my country and study in the United States, which is something that not many people get to experience. I decided to come to the U.S. to experience a different way of life. Living in Guatemala, I felt that I was surrounded by the same like-minded people and moved in a very tight bubble. I knew that moving to the U.S. would not be an easy transition, but I felt it was necessary to grow as a person. I remember when I got my acceptance letter to Lehigh I was both overjoyed and worried because it would be my first time living in a different country. Furthermore, I had never been away from my family for more than two weeks. I was about to leave the comfort of my home; little did I know how much this experience would change me.

As an international student, I felt like an outsider. Aside from the language difference, people here had different backgrounds growing up. They watched different shows, listened to different music, and their childhood stories were nothing like my own. I found it hard to connect with people because I was going in with a closed mindset, and I was trying to find someone who thought like me. I’m not saying this is a bad thing, but finding people exactly like me was not why I decided to study at Lehigh. With this new perspective, I was able to meet new people and form friendships. I found out that even though we did not have similar upbringings, my friends and I had more in common than I thought. We were able to click on many aspects and enjoyed challenging each other to try new things. One of the ways we became involved in new things was by exploring opportunities at the Club Fair.

The Fall Club Fair is one of the biggest events on campus, and it takes place during the first few weeks of class on the front lawn. Attending the Club Fair is when I started getting involved on campus, and I was surprised by the number of clubs, teams, and groups that were represented at Lehigh and the Fair itself. The day of the Club Fair I probably signed up for more than 20 different clubs in order to get the chance to experience Lehigh’s different communities. After attending various meetings, I was surprised to find out how much I had in common with the people in these organizations. I decided to join a few of the clubs, including Photography Club, InterVarsity, Women in Business, and Marketing Club. Joining these clubs helped me explore more of the hobbies that I enjoy and discover new passions. In these organizations, I met people that shared something in common with me, and I was embraced into each community with open arms from all of the members.

After getting involved in my first semester at Lehigh, I became an Orientation Leader in my second semester because I wanted to have a positive impact on the lives of the incoming Lehigh class. I would say that the OFYE community might be the most diverse community at Lehigh. The staff is formed by people from many backgrounds to represent the diverse community that lives on campus. From being an Orientation Leader to my involvement on campus, it is incredible to see that after only two semesters at Lehigh I was able to meet so many people and expand my perspective and view from exploring other cultures.
Finding Your Community
By Ravi Kurtz ’18

Finding a community on campus can be hard. As a first-year student, you already have to adapt to the challenges of changes in your academic life, your living arrangements, your location, and so much more. I think the hardest part for me was the massive influx of information. I remember in my first week I was running around fixing scheduling mistakes, sift through countless emails, figuring out how to use Course Site, and basically stressing about everything under the sun. In the face of this difficult transition, though, finding your place is absolutely possible.

The first step to finding or building a community is to realize that the first people you have conversations with don’t have to be your friends. Some people form lifelong relationships with members of their orientation groups, their roommates, or their floor, but many people don’t. Not becoming best friends with the first people you meet at Lehigh shouldn’t discourage anyone.

The next step is to take some time and go through all of the information you are given. Communities often form around activities and shared interests, so you can start there. Learn as much as you can about what Lehigh has to offer, and then take from it what you wish. Your journey starts with your first semester, and there is no right path to build for yourself. Go on LINC and look over the organizations that are already on campus. From academic organizations to board game clubs, Lehigh has student organizations for almost anything you can imagine. Talk to your Gryphon or OL and tell them about your interests. Gryphon and OL staffs are intentionally intersectional, and often times you will be directed to someone that can help you. It could be good to talk to your friends about what they have discovered and what they are thinking, but take some time to think about what is best for you on your own. At the end of the day, you want to spend your time on things that make you happy. Don’t do anything because you think it is your only option. Do it because you think that it is your best option.

It is essential to keep an open mind. Push your comfort zone as far as you can; I promise it will be worth the effort. I found that I would try as many new things as I could early on in the semester, and then slowly focus in on the things that were relevant to my passions. Even one new thing can make such a big impact. I came to Lehigh expecting to join club baseball, volleyball, and something related to engineering. My one experiment was joining a dance team. That one choice completely changed the communities I gained access to. I learned about dance culture and I loved it; it even led me to join the Indian Students Association, which was something I was very closed-minded to early on. I met people from all corners of campus and had access to their experiences. From there, I was able to learn and curate my own experience.

Communities are built. Someone started the first film club, the first open mic night, the first dance team. If you think that this campus is lacking in a particular way, then you can step up and make an impact. Regardless of if it is your first year or your last year, you can make an impact. You can create a new Live Lehigh community, a new club, or a new event. It may seem daunting, but start by meeting with someone in student activities or a student leader in a similar area. They can help you get the ball rolling. It doesn’t have to be a huge production; it can be anything. It could be as big as a campus-wide show or as low-key as a residence hall study session. If you see something missing on campus, I promise you there are others who feel the same way. By simply providing a space for them to express their passions you have created a community of like-minded people.

My point is that finding and building your community takes work. Even if you’ve found yourself in a place that fits you, it is important that you push it forward. There is no guarantee that someone will take up the reins of your club or environment and make sure that it lives on. As you build your community, you build yourself; you learn about yourself, and you grow as a person. The more effort you put in, the more you will get out. Lehigh’s campus culture and the student body are mirror images. If you don’t see yourself in that image, then it is on you to make the campus reflect who you are.

ArtsQuest at SteelStacks
See page 31 for the full schedule of events!
Office of Sustainability

WELCOMES
CLASS OF 2021!

Get involved!
- Internships
- Student leadership development
- Fun and engaging events
- Sustainability resources

Get engaged!
- sustainability.lehigh.edu
- /LehighSustainability
- /LehighSustainability

Do you want your parent/guardian to have access to your online e-Bills?

To grant them access as an Authorized User, please visit:
go.lehigh.edu/ebill

As an Authorized User, your parent/guardian will receive an e-mail notification whenever a new e-Bill is ready to view online. They will have 24/7 access to your billing statements using their own login credentials.

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or contact us at: bursar@lehigh.edu or 610-758-3160

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A bLUeprint for Success
by Cristina Fuertes ’17

Any change big or small takes time to get used to. Coming into college is a big change and we can’t expect the process of adaptation to be easy. Lehigh uses what we call the bLUeprint to facilitate students’ transition into their new college life. It was created with the purpose of guiding students into forming their own path for what they want their journey to be like. The Draft Book is filled with questions that challenge students to analyze their lives and decide what they want to do to change their future.

The first year of college can be challenging as we are faced with a new environment filled with new friends, classes, and surroundings. We all have to make decisions about what classes we want to take, which clubs to join, and how to network with potential employers. It can be hard to decide all these things at once which is where bLUeprint comes in handy. Personally, I have grown a lot throughout my years at Lehigh and having my bLUeprint as a guide made it easier to decide what I wanted to do.

When I first started working with bLUeprint during Orientation, I was not convinced that writing my hopes and dreams in a handbook would help me reach them. However, the more I wrote down my thoughts, the easier it became to understand what I wanted to do. I came to Lehigh thinking I wanted to be a teacher with a business background, but after going over my bLUeprint, I realized that I wanted to do something different. Being able to look back at my answers helped me realize that I wanted to focus on business and leadership activities.

Throughout my years at Lehigh, my bLUeprint has changed from aspirations of becoming a teacher to being a student in the College of Business and Economics and joining several clubs that helped me gain reach leadership experience that aligned with my aspirations. The Draft Book focuses on developing the student’s 5 Foundations for Student Success: Creative Curiosity, Identity Development, Collaborative Connections, Professional Growth and Success, and Inclusive Leadership. These foundations were chosen because they are what Lehigh believes can help a student prepare for the challenges life may bring.

Lehigh uses bLUeprint to review students’ progress, and assess how the students have utilized available resources to their advantage. Many organizations look at bLUeprint during their interview process. If done properly bLUeprint can become the map to what your college years may look like. They can change as you begin to discover new things about yourself, so don’t be afraid to explore beyond what you think your future will look like because a bLUeprint is meant to be the first draft for the beginning of your adult life.
To an outsider, Camp Hawk is a chance to step away from campus and meet other first-years. To an insider, however, it is so much more than that. Over the course of 48 hours, you get to be a part of one of the most influential programs Lehigh has to offer. You get to take part in a journey with 50 other first-years and about 15 counselors to not only learn more about Lehigh, but about yourself and your peers, too. Throughout the weekend at Camp Canadensis, we explore campus climate through inclusive discussions in both large and small groups. Amidst these discussions are a variety of activities for students—and staff—to add some fun to this unique opportunity.

Camp Hawk is only one of the groups at Camp Canadensis; the Great Pocono Escape is the broader organization that coordinates the weekend at Camp Canadensis with a variety of on-campus organizations. There are countless activities provided through the Great Pocono Escape, from kayaking to volleyball to my personal favorite, GaGa. If you don’t know what GaGa is, I highly recommend coming to Camp Hawk to learn from the best; it’s probably one of the most intense games since middle school four square. One tradition that is exclusive to Camp Hawk is Iron Hawk, our personal rendition of The Hunger Games. Yes, only one of you will return to Lehigh. Kidding, Iron Hawk is a series of competitions in which you and your color family of about 10 other first-years compete to earn the title of Iron Hawk Champion. Other than GaGa, I chose to become a part of Camp Hawk because I was looking for the chance to be something more, something greater than myself. As a counselor, I have the opportunity to facilitate connections among others—and to connect with others myself. Without Camp Hawk, I might never have made some of these connections in my time at Lehigh. In my first year, I had struggled to find my niche in the crowd of hundreds of people who seemed to have found their best friends within 15 seconds of setting foot on campus. The OFYE was instrumental to setting me down a path of success at Lehigh; without these people, I wouldn’t be where I am today. To me, Camp Hawk has been my chance to be that person for others, the buoy when you feel like you’re drowning among everything that is going on within the first few weeks at Lehigh.

So why should you choose to be a part of Camp Hawk 2017? Let’s pretend like GaGa isn’t enough of a reason for a second. Camp Canadensis is a beautiful campground, the perfect opportunity to step away from campus for a little while and have fun with people that you may never have met. You’ll learn new skills, make new friends, and find out about yourself along the way. In the end, you’ll come back to campus feeling confident and connected with your Lehigh community, and you’ll be ready to take on all that the next four years have to offer.

College is stressful, and no matter what you expected when you came to Lehigh, you will always find something new or learn something about yourself that you weren’t expecting to find. Camp Hawk provides you an opportunity that I have yet to find anywhere else on campus to connect with others who are in the exact same position you are and to discuss what you observe is going on at Lehigh.

**Camp Hawk: The Inside Scoop**

*By Danny Weaver '19*

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**Camp Hawk Activities**

- Iron Hawk
- Team Building
- Roll Call
- Pterodactyl
- The Hand Game
- Knockout
- Dance Parties
- Trivia
- Games
- GaGa
- Hot Cocoa
- Soccer
- Volleyball
- Canoeing
- Kayaking
- Star Gazing
- S’mores
- Cabins
- Campfires
- Much More

**When:** Friday, September 15 - Sunday, September 17

**Where:** Camp Canadensis in the Pocono Mountains

**Why:** Spend a weekend away from campus to have fun, make friends, and enjoy the outdoors!

**FREE* & Open to all First-Year Students**

*Students pay a $25 refundable deposit to reserve their space at Camp Hawk, which is returned after the completion of the experience.*

Registration starts Monday, August 28 after the Community and Club Expo!

For More Details and To Register visit our website at: studentaffairs.lehigh.edu/content/camp-hawk
Yes! And...

By Ellen Schaaf ’18

As a first-year coming into Lehigh University, I was entirely focused on fulfilling my elementary school dreams of completing my pre-medical studies, going to a prestigious medical school, and becoming a world-renowned neurosurgeon. Now, I wish I could go back in time and tell my little self that you’re going to deviate from that path completely, and it’s going to be okay. No, better than okay.

It’s going to be amazing.

It started off simply enough—taking classes outside of my behavioral neuroscience major requirements. Why not take a costume construction class, right? Might as well learn how to sew.

Then, as I got braver, I joined clubs, attended seminars, and volunteered at events around campus to find what I’m passionate about. I joined Lehigh University’s Hobo Army Improvisational Comedy Troupe, and I eventually decided to adopt the improv mantra of “Yes! And…” into my everyday life. “Yes! And…” is a founding principle of improv comedy; it encourages you to embrace your current situation and to expand it through collaboration, creativity, and enthusiasm. This philosophy led me to audition, on a whim, for the Theatre Department’s production of The Laramie Project. Much to my surprise, I was cast as part of the ensemble. I emerged from those weeks of life-changing work with a love for theatre.

After all, we can’t all become overnight Youtube sensations. My search for artistic opportunities at Lehigh has taught me that to get involved, you just have to jump right in—I promise that the creative community here at Lehigh will welcome you with open arms. Audition for a play, or take a class with the Department of Theatre! I have taken classes focused on acting as well as behind the scenes work, and I have loved every single one.

If you are more interested in music-related activities, then audition for an a capella group like Off the Record, join the Choral Union, or express yourself through dance in one of our many on-campus dance groups. From African Renaissance to Belly Dancing Club, Lehigh has a rich variety of student dance troupes. You can also just grab a couple of friends and attend one of the many concerts held at Lehigh every year, such as the spring Choral Arts concert. They never disappoint.

Not ready to commit? Then explore the Lehigh University Art Gallery, or just hang out in the Zoellner Arts Center and see what’s going on! You may even get lucky and be able to listen to orchestra practice from the window seats. Those chance encounters make Zoellner one of my favorite places to study.

But I get it, maybe you’re itching to get away from campus too, and want to explore the creative opportunities of the Bethlehem community. In that case, catch a concert at the Sands Bethlehem Event Center, check out the Celtic Classic Festival in the fall, or attend a show at SteelStacks or the Touchstone Theatre. There’s simply so much to do, and no way to go wrong. You might even get a chance to learn about Bethlehem’s rich culture and history while you’re at it. From exhibitions and glass blowing classes at the Banana Factory on 3rd Street to improv comedy and performances by local musicians at Godfrey Daniels on 4th street, there’s something artistic for everyone here in the Lehigh Valley.

Exploring these creative opportunities both on and off campus has led me to one conclusion—that our stories are still developing, and that the activities we involve ourselves in lead us to unexpected places. So, I’m not pursuing brain surgery, but directing a play this past semester sure felt like an incredibly rewarding operation. I never thought I would be able to act in a production, much less direct one. But that’s the amazing thing about Lehigh—our community encourages you to strive toward your dreams and provides amazing opportunities to help you get there.

And maybe I’m not on the path I originally expected to follow, but what if this one leads to something even better?

As you start your Lehigh careers, I hope you allow yourself to deviate from the path inside of your comfort zone. Take those twists and turns. Explore the what-ifs. Say “Yes! And…” Maybe even take the plunge to see what music, theatre, and art can do to help you discover who you truly wish to be. After constructing many costumes, creating a variety of improv skits, and performing in multiple shows (and studying very little organic chemistry), I feel closer to my genuine self than I ever have before.

Who knew you could find yourself by stepping into someone else’s shoes?
"Dear First Year"
Advice from a Recent Graduate

By Michael Celente '16 '17G

During your time at Lehigh, you will have the opportunity to meet thousands of new people, attend countless events and performances, join hundreds of organizations, and choose from tons of classes and majors. Looking back on my four years at Lehigh, the best advice I can give you is to take advantage of all of these opportunities. You can try to plan your next four years all you’d like, but I can tell you right now that those plans will change; the blueprints you create for yourself will transform and grow and you might not reach all of the goals that you set for yourself. That doesn’t mean you’re failing, it means you’re learning, adapting, and challenging yourself in ways you’ve never been challenged before. The best things that happened to me at Lehigh were completely unplanned and were more often than not, the result of me answering the question “why?” with the response “why not?”.

At the risk of sounding embarrassingly cheesy, there’s a reason everyone tells you to step outside of your comfort zone. During my first year at Lehigh, I completely ignored the advice that I’m giving now. I only tried familiar things or attended events that were comfortable to me; I was reserved and afraid to show people my authentic self because I wasn’t sure how they would respond. I rarely ever opened up to any of my friends and put most of my time and energy into my classes. I did well in school, but I felt like a part of me was missing; I didn’t feel like I was reaching my potential and strongly considered transferring.

Fast forward four years and my Lehigh experience couldn’t be any more different. I love Lehigh so much that four years wasn’t enough and I chose to pursue graduate school here. Once I stopped trying to do what I thought other people wanted me to and became comfortable with who I was and what was important to me, I finally began to realize what Lehigh was offering me. I became involved in clubs, organizations and societies, attended events that piqued my interest, and through the process, made fantastic memories and met some of the most amazing people who have become lifelong friends.

After you graduate, odds are your friends won’t live right next door or around the corner, odds are you won’t have the opportunity to study abroad and immerse yourself in a new culture for months at a time, and odds are you won’t be able to attend Nobel laureate lectures or awe-inspiring artistic performances for absolutely free. So what does that mean for you? It means hanging out with friends just a little bit longer and sticking around for just one more song or one more hilarious YouTube video. It means taking a risk and going to a campus event or club meeting by yourself because you’ll probably meet some pretty amazing people along the way. It means buying a doorstop and keeping your door open because you’d be surprised at the fantastic people who might walk into your life. And it means making a fool out of yourself during an icebreaker in your orientation group because I guarantee you, nearly every graduating senior would give anything to experience the excitement of orientation just once more. Your time at Lehigh is a gift, enjoy it.
EXPLORE and DISCOVER Interdisciplinary Studies

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NEW STUDENTS!
Learn how interdisciplinary studies can enhance your academic goals by declaring a major or a minor.
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Tuesday, September 5, 2017
4:15 PM
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NEED AN APPOINTMENT AT THE HEALTH AND WELLNESS CENTER?

Make an online appointment at
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Click to Access Patient Portal

Call ahead: 610.758.3870

Bring your student ID to your appointment.
All visits are confidential.

Monday - Thursday ........................................... 8:15 AM - 4:45 PM
Friday ............................................................. 9:15 AM - 4:45 PM

www.lehigh.edu/health

In an effort to educate female students in the area of self-defense, the Lehigh University Police Department offers instruction in the Rape Aggression Defense (RAD) Program.

The RAD System is a program of realistic, self-defense tactics and techniques for women only. It is a comprehensive course that begins with awareness, prevention, risk reduction and avoidance, while progressing on to the basics of hands-on defense training.

R.A.D. CLASSES ARE CURRENTLY SCHEDULED FOR:

SEPTEMBER: 5th, 6th, 11th & 12th
OCTOBER: 23rd, 24th, 30th, & 31st
NOVEMBER: 13th, 14th, 15th, & 16th

Location: 321 E. Packer Avenue, Bethlehem PA 18015 (New Police Station)

Times: All class will take place in the late afternoon (between 5-9pm)

The class will be taught by L.U.P.D’s certified R.A.D. Instructors. Lehigh University Police Department offers this course free to faculty, staff and students. The basic physical defense class is 12 hours, divided up into four days, three hours each day.

If you are interested in attending a R.A.D. training session, please visit our website at https://police.lehigh.edu/node/11 or contact Sgt. Erin Smith @ edsmith@lehigh.edu

Courtesy of Lehigh University Police Department
THROUGH FORWARD THINKING, EFFECTIVE COMMUNICATION, AND ACTIVE REPRESENTATION, STUDENT SENATE WORKS TO DEVELOP AN INTEGRATED COMMUNITY THAT IS EMPOWERED TO BUILD A GREATER LEHIGH.

HOW TO GET INVOLVED:
1. COME MEET US AT THE CLUB FAIR!
2. ATTEND OUR INFORMATION SESSION 8/30 AT 5:00 PM IN THE WILLIAMS GLOBAL COMMONS
3. APPLY FOR STUDENT SENATE BY 8/31!

Follow us! @LehighSenate

Student Senate: The Voice of the Student Body
By Lindsay Wilson ’18

Hi, Orientation Times Readers!

My name is Lindsay Wilson, and I am a rising senior and a current Orientation Leader. One of my favorite things about Lehigh is the vast array of opportunities for students to get involved. During my first week at Lehigh, I joined Lehigh’s Student Senate. After a couple of years as a Senator, I currently serve as the Vice President! The Lehigh University Student Senate aims to represent all of the student body. In order to ensure that all members on campus have a voice, there are five different constituencies: first-year students, on-campus students, off-campus students, students who are members of fraternities or sororities, and student athletes. Each of these constituencies elects representatives.

What I love most about Student Senate is that all of these different groups of people with various perspectives about how to improve life at Lehigh come together to create meaningful and positive change within our community. Each year, the Senate brings new ideas and innovations that help better Lehigh’s community. Student Senate gives students the right to voice their opinions and be heard by all different administrators across campus. As Senators, we work hard to make sure that the entire student body feels represented when we make suggestions. An recent example of how Senate involvement created positive change on campus is the change in the bus schedule. Student Senate is responsible for a number of things, including allocating funds for clubs and approving new clubs. Additionally, every year the new group of Senators comes together to create the five different “CLIP” (Campus Life Improvement Committees). These committees change each year based on student interest, and there is always a large effort to make an impact in many different realms of campus life. One of my personal favorite CLIP committees was the Student Engagement and Unity Committee. This committee worked to bring students all across campus together to promote some of Lehigh’s most exciting events such as Dance Marathon, Relay for Life, and many sporting events. This committee focused on injecting life and enthusiasm into campus life events and created a really uplifting atmosphere on campus. Whether it was passing out “You Only Lehigh Once” buttons or serving hot chocolate on the front lawn, it was incredible to witness visible change and positivity spread across campus.

Student Senate provides a unique opportunity for students from all over campus and all different backgrounds to come together to tackle issues they are passionate about. While there is a lot of hard work that goes into being a Senator, one of the most rewarding aspects of serving as a Senator is the inspiration you get from your peers. For the past three years, I have been lucky enough to have incredible role models who taught me the importance of inclusive leadership. These Senate leaders showed me that often the most effective way to lead a group was to allow everyone in the group to contribute. I have been so deeply inspired by so many of the past Senate leaders, and I hope to inspire others through my work as a Senator as well.

Student Senate has the potential to reach so many students on this campus and make their Lehigh experience the best it can be. Student Senate XXX is looking forward to an incredible year, and we are hoping that some of YOU will join us!
When I arrived at Lehigh, I was shocked by how much free time I had and by the amount of control I had over the activities that could be placed into it. In high school, my days were filled with classes followed by sports practices and homework. But with the flexibility of a college schedule, I found myself with hours of free time. While many of those hours are dedicated to spending quality time in Linderman Library studying for chemistry, I decided to spend some time volunteering with the Lehigh Community Service Office or CSO.

I found out about the CSO and its involvement with the America Reads America Counts Tutoring program through the Fall Club Fair. The Club Fair is held on the University Center front lawn during the first week of classes, and it offers an opportunity for first-year students to see the variety of clubs and organizations on our campus. The tutoring program, which is run through the CSO, is held at several South Bethlehem sites including Broughal Middle School, Donegan Elementary School, and the Fritz and Nativity Churches. There are both in school and after school homework club hours, which provides flexibility for Lehigh students.

This year I have dedicated time twice a week to homework club tutoring. This program has given me just as much as I have given it. It has allowed me to make a real difference in a student’s life by providing them with one-on-one tutoring as well as mentorship. Through the program, I have developed a personal relationship with the girl I tutor and have watched her reading skills make huge strides since September. As a tutor, you are able to see your students’ growth, which provides such a sense of happiness and pride when your student finally nails those math facts or improves a reading level.

Aside from the tutoring program, the CSO provides a ton of programs that don’t require a weekly commitment throughout an entire semester. Every two weeks they look for volunteers to participate in trips to the Victory House. The Victory House is a shelter that helps homeless and struggling veterans. It provides meals, services such as career counseling, and a place for these men to get back on their feet. Every two weeks CSO volunteers cook a meal for the men at the shelter. Additionally, the CSO provides events such as Broughal Bowling, Parents Night Out, and board game nights, which look for volunteers to hang out with Broughal students and participate in fun activities. If you want more ways to volunteer, the CSO also sponsors fun Friday events known as Feel Good Fridays. These events are usually a few hours on Friday afternoons where students can help out in a multitude of community centers in South Bethlehem. Volunteers participate in a variety of activities that can range from stocking shelves in the Hispanic Center to reorganizing the clothing closet in Broughal Middle School.

This is just a sampling of the enormous amount of opportunities there are to give back and participate in the larger South Bethlehem community. Get to know your new home outside of just the Lehigh campus. It will give you an opportunity to break out of the college student bubble to make a real difference in someone else’s daily life.

Get Involved and Give Back
By Jessica Foy ’20
**FIRST YEAR STUDENT MEAL PLANS**

Where can I use my meal plan?

<table>
<thead>
<tr>
<th>Dining Location</th>
<th>Building</th>
<th>Meals</th>
<th>Meal Credit</th>
<th>Dining Dollars</th>
<th>GoldPlus</th>
<th>Cash/Credit</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rathborne</td>
<td>Across from Upper Cents</td>
<td>Yes</td>
<td>No</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>Curt @ Lower UC</td>
<td>First floor of the UC</td>
<td>Yes</td>
<td>No</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>Brodhead</td>
<td>Brodhead Residence Hall</td>
<td>Yes</td>
<td>No</td>
<td>Yes</td>
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<tr>
<td>Upper UC Food Market</td>
<td>Second floor of the UC</td>
<td>No</td>
<td>Yes</td>
<td>Yes</td>
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<td>Yes</td>
</tr>
<tr>
<td>Pandin's</td>
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<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
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</tr>
<tr>
<td>Baker's Junction</td>
<td>Second floor of the UC</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
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<td>Hawk's Nest</td>
<td>Lambert Hall</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
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<tr>
<td>Common Grounds</td>
<td>Second Floor of Rohn</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
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<td>Yes</td>
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<tr>
<td>Lucy's Café</td>
<td>Lindenmen Library</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>EWFM Lounge</td>
<td>E.W. Fairchild-Martindale Library</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>The Food Truck</td>
<td>Around Campus</td>
<td>No</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>Iacocca Café</td>
<td>Iacocca Hall, Mountaintop Campus</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
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<td>Yes</td>
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<tr>
<td>AISA Packard Dining Room</td>
<td>Third floor of the UC</td>
<td>No</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
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</tr>
</tbody>
</table>

**MEAL PLAN LINGO**

**MEAL**

Meal - All You Can Eat is available in three areas: University Center Court Dining Room, Rathborne Dining Room, and Brodhead Dining Room. For these locations, All You Can Eat is available for the entire meal period. All plans are designed for one meal per day. The plan holder per visit. However, Canteen Dining and Block Plans will allow for multiple visits during the same meal period.

**DINING DOLLARS**

Dining Dollars - This declining balance account can be used exclusively at all Lehigh University Dining locations. Dining Dollars are non-refundable, non-transferable, and will carry over from Fall semester to Spring semester only. (This is the only option in a Category VI plan).

**MEAL CREDITS**

When you purchase a meal plan, you have the added benefit of meal credits that you can use at a variety of retail locations across campus. A Meal Credit is a cash value applied to your food purchase at retail locations on campus for those times when you don’t eat in Rathborne, Curt @ Lower UC and Brodhead. This increases the flexibility of your meal plan. In exchange for a regular meal swipe you receive a credit toward the total cost of your retail purchase. The balance of your purchase can be paid with GoldPlus, Dining Dollars or cash.

---

**Do you have a special diet or food intolerance?**

Let our Registered Dietitian help navigate your dining options on campus

**CARRIE GERENCHER, MA, RD, LDN**
c00913@lehigh.edu

She is available to meet with students individually as well as present informational sessions to groups. Please contact Carrie with any nutritional needs or questions. All appointments are confidential and available at no charge.

Email Carrie to set up an appointment. Follow Carrie on Twitter @LehighDiningRD to learn about the free nutrition talks she hosts.

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Upper UC Food Market, Baker’s Junction, Pandin’s, Lucy’s Café, EWFM Lounge Café, Hawk’s Nest and more dining locations on campus.

**Lehigh University DINING**

29 Trebley Drive | Bethlehem, PA 18015 | (610) 758-4166

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**Lehigh University DINING**

29 Trebley Drive | Bethlehem, PA 18015 | (610) 758-4166
The Chaplain’s Office is located at 661 Taylor Street in The Center for Dialogue, Ethics and Spirituality, also known as The Dialogue Center.

The Chaplain’s Office seeks to serve the Lehigh community with services and programs that enhance the ethical and spiritual lives of those who live and work at Lehigh. The Chaplain’s Office is committed to running programs, sponsoring speakers, organizing and supporting activities of various religious groups on campus, and provides counseling and a resource for the religiously diverse Lehigh campus.

The Dialogue Center offers safe space for students and others in the community to engage in dialogue over inter-religious and sometimes difficult ethical issues. The building itself provides rooms for religious group meetings, and it includes an Interfaith Chapel space, a Meditation Room and the Muslim Prayer Room. The Dialogue Center also sponsors programs focused on inter-religious encounter and social justice.

Rev. Dr. Lloyd Steffen, also a Professor of Religion Studies, is the University Chaplain. Rabbi Danielle Stilman is Director of Jewish Student Life and Associate Chaplain, and Dr. Waleed Mosaad begins this fall as Lehigh’s new Director of Muslim Student Life. Ms. Tamir BabiNicholas is the Chaplain’s Office coordinator.

The Dialogue Center sponsors a Multi-Faith Initiative, houses a meditation group and organizes the Lehigh Prison Project, which involves about 25 students in prison tutoring each semester. The Dialogue Center has organized Spring Break trips to Rome and Israel and other international experiences.

For more information: chaplain.lehigh.edu and dialogue.lehigh.edu.
Opportunity is Waiting for You!

By Katie Teitelbaum ’19

Becoming immersed in the Lehigh community is both beneficial and rewarding. Fortunately, there are several ways to get involved on campus! Among the many exciting opportunities, three notable Lehigh organizations in which new students can participate are the Residence Hall Association (RHA), the Student Senate, and the Office of First-Year Experience (OFYE).

College is, for many students, their initial experience living independently. Working closely with Lehigh’s Office of Residence Life, RHA helps new students adjust. RHA hosts great activities throughout the year to acquaint students within residence halls and to enable students from different residence halls to socialize. Within RHA, each residence hall elects six people to form a Residence Hall Council (RHC). RHCs host their own residence hall events, which include everything from make-your-own ice cream sundae parties to basketball and ping-pong tournaments! Applications to run for RHCs are emailed at the beginning of September. Even if not on an RHC, students should definitely attend RHC events—they give people an opportunity to get to know each other and to have a good time.

Another worthwhile organization is Student Senate. Senate is Lehigh’s student governing body and is the undergraduate voice of the community. Senate is comprised of fifty-five senators who each represent one student constituency. These constituencies include students in sororities and fraternities and student athletes as well as on-campus, off-campus, and first-year students. Composed of students of various ages involved in different campus organizations, Senate is an excellent way to meet upperclassmen, athletes, Greek-life members, and off-campus students you wouldn't necessarily meet in first-year residence halls. Senators work alongside faculty on committees and projects, and the administration often seeks Senate’s opinion before engaging in many activities because of the organization’s diverse and representative population. Senators learn how the University functions, are able to influence social and academic policies, and sometimes even discover the finals schedule ahead of their friends! Senate also hosts many campus-wide events throughout the year, including the Gatsby Gala, Fight or Flight Tailgate, and Campus Climate talks with President Simon.

Because of the numerous changes and improvements the University will undergo over the next ten years, now is a particularly good time to be a Senator. To run for office, watch for Senate’s application e-mail at the beginning of each semester. For students who do not want to hold an official spot on Senate, there are non-voting memberships. Non-voting students can still be a part of various Senate committees, but they cannot vote on official Senate business. Either way, joining Senate is a great way to get to know the ins and outs of Lehigh and to make a difference at the University.

If you are looking for ways to really focus on impacting first-year life at Lehigh, consider working with the Office of First-Year Experience (OFYE). The mission of the OFYE is to ease the college transition process, to provide general assistance to students, and to answer families’ questions during the first day of orientation weekend. The OFYE is comprised of Orientation Leaders (OLs), Orientation Coordinators (OCs), Camp Hawk Counselors (CHCs), and the Coordinator of Camp Hawk (CCH). OCs plan orientation training and supervise the OLs. OLs lead groups of first-year students during orientation and facilitate the evoluTION Seminar program in coordination with Lehigh faculty and staff. CHCs facilitate Camp Hawk, an outdoor weekend retreat in the Poconos, and the CCH leads CHC training sessions.

Becoming involved with the OFYE is an amazing way to develop meaningful peer relationships. Through various in-depth discussions, bonding exercises, and unity activities held during the almost year-long training, OCs, OLs, CHCs, and the CHCO focus on relationship building, group discussion skills, and the promotion of diversity and acceptance. The application to become an OL or CHC is e-mailed in late November, and group and individual interviews occur in February. By being a part of the OFYE, students can learn from others’ perspectives, assist others in making Lehigh their new home, and find their own place on campus.

Finally, another way to engage in life at Lehigh includes becoming a member of one or more of the multitude of clubs and other organizations that represent every interest one can imagine at the University. The Club Fair, where organizations provide information and answer questions, is held on Lehigh’s front lawn the first week of school. Free t-shirts and other giveaways are routinely distributed, and there is usually free food! Honor societies for various academic groups and Greek organizations are also available for students to join. Descriptions of all of Lehigh’s clubs, organizations, honor societies, and Greek organizations are located on the LINC website.

So take advantage of these wonderful opportunities, and make a difference at your new home!
One of the most challenging things when coming into college can be maintaining your fitness regime while adjusting to a new environment. At the beginning of each semester, students tend to make a plan of what they want to do and achieve during the semester. These plans normally include things like study habits, eating habits, and exercise routines. I know from personal experience and from conversations with close friends that these plans tend to work for the first couple of weeks, but because of school work, extracurriculars, and the famous Four O’Clocks, they tend to fall through. The truth is it’s easier said than done. I would always try and go to the gym but found myself making up excuses to skip. It’s challenging and it takes time to get into the habit of a workout routine, but it’s achievable.

There are several ways you can get into a workout routine. One of them is to join Lehigh’s fitness classes. They cost only $89 for the semester, and you can attend an unlimited amount of classes. These classes include cardio kickboxing, power yoga, spinning, strength and core, Zumba, and athletic circuits. An official schedule is available on the Lehigh Portal at the beginning of each semester in order for you to find what fits your schedule best. Not only is this package offered at a reasonable price, but having to pay for classes also works as an incentive to go to them. Money is sometimes hard to throw away (especially in college, believe me) and if you want to get your money’s worth of the classes you need to go to at least nine of them. Another option is to join fitness classes outside of Lehigh. If your college budget allows you to and you have a means of transportation (aka a car), there are different places you can join around the Bethlehem area. I decided to join a kickboxing class to destress and take a break from school. Paying for these classes also gives you a big enough incentive to push you to go to them.

If you don’t want to spend any money you can go to the gym on your own and with friends since it’s free for Lehigh students. One of the best ways to get motivated is to find a workout buddy! From personal experience and as someone who finds it very hard to find the motivation to go to the gym, having someone else who will wish you is super helpful. It helps you stay accountable, and it’s a great way to bond. If you’re still not sold, there are other things you can do to stay healthy. You can go for a run or a walk with friends around North Bethlehem, the Bethlehem SteelStacks, or the hidden path next to the river. There are beautiful hidden spots around Bethlehem that many students don’t know about; go explore them for yourself or with friends!

But remember, trying to stay healthy and active does not only mean working out. It also requires eating as healthy as possible. Small changes like eating two chocolate chip cookies from Lower Court instead of five can make a huge difference. There are also places around South Bethlehem where you can find healthy meals. During farmer’s market season, there’s a food truck that sells the famous acai bowls. There is also a place down on 3rd Street called Beyond Juice where you can find 100 percent natural juices (I definitely recommend this place!). In addition to eating right, another key factor to staying healthy and active is drinking tons of water. Water can probably cure half of your problems, whether it’s a headache, tiredness, or dehydration. I found that by doing these things I had more energy and felt good inside and out.

Why is it worth it? Why would you take two hours from your day to work out? Working out is not only a great way to stay healthy and active, but also a wonderful way to reconnect with friends, feel more energetic throughout your week, and find your inner strength. Not only will it help you avoid the infamous “Freshman 15,” but exercising has been proven to be one of the best ways to relieve stress. If you don’t believe me, Google it!

But remember, you’re in college. It is a time to have fun and experience new things. It’s okay to have cheat days, or if you don’t work out 5 times a week. You need to find a healthy balance, one that is reasonable and fits into your schedule. It might be hard to get into a routine at first, and it might feel like work, but I promise that after a few weeks you will want to go. You’ll feel the change and see the positive impact of living a truly healthy lifestyle!
WE WANT YOU TO BECOME AN ECO-REP!

WHAT ARE ECO-REPS?
Student leaders who educate their peers, foster sustainable behavior, and build community through fun, educational events and initiatives.

WHY BE AN ECO-REP?
- Gain leadership experience.
- Make a difference and change behavior campus-wide.
- Learn more about sustainability among peers who care!
- Be part of a nationally recognized program.

APPLY TO BE AN ECO-REP:
sustainability.lehigh.edu/ecoreps
Deadline: September 5

Lehigh’s Global Competency

By Lauren DiNapoli ’18

I consider myself lucky to be at Lehigh for a handful of reasons. I feel thankful when I sit on the front lawn on a nice day, when I catch a glimpse of the unarguably stunning Alumni Memorial Building, and even when my professors push me towards greater success and hard work. While these pieces of Lehigh have indisputably shaped my experience on campus, one additional opportunity stands out above the rest. As a rising sophomore, through the Iacocca Internship Program (under the direction of Carol Ham in Coxe Hall), I was lucky enough to spend six amazing weeks working for an NGO in Prague, Czech Republic. After just one year at Lehigh, I had been given the opportunity to not only explore a culture different from my own, but to join a community of globally competent individuals, a community that encompass Lehigh’s values and passion for growth and success.

The Iacocca Internship Program, along with the Professors that have encouraged me along that way, allowed me to find a passion and gave me the tools to surpass the role of the typical student. Working for the NGO, Roma, opened my eyes to social inequality in Eastern Europe, gave me the opportunity to explore detrimental public health disparities amongst the Roma minority group, and inspired my drive to make a difference, both abroad, and on campus. Without this experience, I would not be the student I am today. I’ve gained a valuable understanding for those different from myself on top of a newfound sense of independence and leadership. We’re lucky enough to go to a University that encourages exploration and offers innumerable opportunities to travel, learn, and grow. With support and resources like these, who knows what we can accomplish.

GENDER VIOLENCE REPORTING
Lehigh University Police Department (LUPD)
610.758.4200
Advocates
610.758.4763
Equal Opportunity Compliance Coordinator/Title IX Coordinator
610.758.3535
Job Opportunity

Become a Lehigh Liner!
The Office of Development and Alumni Relations hires current Lehigh students to serve as ambassadors for the university. Lehigh Liners call undergraduate and graduate alumni, parents, and friends to gain annual fund support and provide campus updates and information.

It is the highest paying on-campus opportunity that supports both work study and wage students. The starting pay is $10 per hour, plus incentives.

Apply online at: tinyurl.com/LinerApp.

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Print from your computer or mobile device to a convenient pick-up location.

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Asa Packer Campus
Full Service Print & Mail
The Copy Center at Rauch, 058

PRE-HEALTH?
pre-med, pre-dental, pre-PA & more

OK. You know you'll need a good GPA.
WHAT ELSE? Find out more about being "pre-health" at Lehigh:

ATTEND PREPARING FOR THE HEALTH PROFESSIONS:
FIRST-YEAR INFORMATION SESSION
Thursday, August 31, 2017
4:10 p.m.
Rauch Business Center, RB 085

Schedule an appointment with the pre-health advisor!
Call us at 610.758.3710 or visit CCPD in Rauch Business Center, Suite 484

PRE-LAW?
OK. You know you'll need a good GPA.
WHAT ELSE? Find out more about being "pre-law" at Lehigh:

ATTEND PREPARING FOR A CAREER IN LAW:
FIRST-YEAR INFORMATION SESSION
Tuesday, September 5, 2017
4:10 p.m.
Rauch Business Center, RB 085

Schedule an appointment with the pre-law advisor!
Call us at 610.758.3710 or visit CCPD in Rauch Business Center, Suite 484
INTRODUCTION to SOUTH BETHLEHEM and the ARTS DISTRICT

By Missy Hartney, Southside Arts District Manager

The SouthSide Arts District is the Lehigh Valley’s central location for art, entertainment, shopping, and dining. From our vast art galleries to our unique boutiques, diverse restaurants, and special events, the SouthSide Arts District is one of the most eclectic places to live during your time at Lehigh University. Here are just a few of our signature locations:

**Apotheca Salon & Boutique** is a relaxed and upscale shop, supported by a broad mix of old and new styles. In addition to salon services, Apotheca also offers hand-selected clothing and jewelry, providing a unique fashion-forward experience in a whimsical and unpretentious atmosphere.

**ArtsQuest** has provided access to the arts for the Lehigh Valley and beyond for over 32 years. Through their festivals and two campuses—the Banana Factory Arts Center and SteelStacks Arts and Cultural Campus—ArtsQuest has reached over 1.5 million people annually. The SteelStacks Arts and Cultural Campus is a ten-acre campus offering more than 1,000 concerts and eight different festivals annually. The Banana Factory Arts Center is home to ArtsQuest’s visual arts education programs.

**Color Me Mine** is the world’s leading pottery painting studio. With hundreds of ceramic shapes to choose from and dozens of colors to paint with, Color Me Mine offers a design center stocked to create your custom work of art. No matter your skill level, you’ll have a great time at Color Me Mine.

**Déjà Brew** is Southside Bethlehem’s signature cozy café. Providing a relaxed atmosphere of decorative couches and poster-lined walls, students can feel right at home. Easy to reach by foot, the café is a friendly spot for any Lehigh student. Lehigh Gold Plus is accepted!

**Godfrey Daniels** is a premier live music venue providing the finest folk music and performing arts since 1976. With its intimate environment, performances at Godfrey Daniels create an appreciation of traditional and contemporary folk music unlike any other.

**Jenny’s Kuali** specializes in Malaysian and Vegetarian cuisine. Offering a variety of traditional dishes prepared with the freshest ingredients—such as curry, turmeric, lemongrass, and tamarind—this restaurant is a popular destination. Jenny’s is primarily a dine-in establishment, but they also offer take-out service. Lehigh Gold Plus is accepted!

**Molinari’s** is a trip to Italy without the airfare. Offering hospitality as only Italy can provide, Chef Michael Joyce and the family at Molinari’s invite you to indulge your taste buds with dishes ranging from freshly made pasta to pizza in the Neapolitan style. You may even learn a little Italian before you leave.

**The Goosey Gander** is SouthSide’s signature deli. Tony is always happy to make Lehigh students their sandwich of choice. Before you arrive, you will have to check out the hidden menu. A Lehigh favorite is the Crabby Patty on the Bay with pedestrians. Lehigh Gold Plus is accepted!

**Touchstone Theatre** is a professional, not-for-profit theatre dedicated to the creation of original work. Founded in 1981, Touchstone Theatre's resident ensemble of artists is rooted in the local community, the Greater Lehigh Valley, and the international community of Ensemble Theatres. Touchstone offers innovative theatre arts education to hundreds of children, teens, and young adults every year.

This is only a taste of what your new home has to offer, and we encourage you to explore. When out and about be sure to look for our SouthSide Ambassadors. Dressed in their signature gold and blue, our ambassadors are easy to spot and always there to help. All provide an energetic and personal hospitality, directions, recommendations, and assistance. So if you don’t know where to go or what to do—just look for the Gold & Blue!

And for more information on all of our merchants and events please visit: www.southsideartsdistrict.com.
Lehigh Entrepreneurship: Community and Opportunity

By Kira Gobes ’18

As someone who has just finished high school and completed the highly intensive processes that made it possible for you to get here, I’m sure you are all too familiar with that feeling of annoyance toward institutionalized policies that feel outdated or ineffective. Reflect for a moment. Is there anything you’ve encountered—whether in your school, in your social life, or in your environment—that made you question “Why is this the way that it is?”

I challenge you to listen to that nagging feeling in the back of your brain when something doesn’t sit quite right with you, and then bring it to the next level—engage in Lehigh’s entrepreneurial community. The Baker Institute is Lehigh’s resource for supporting entrepreneurial projects and empowering students through innovative and impactful thinking.

You don’t have to have an idea worthy of dropping out of school like Mark Zuckerberg to gain entrepreneurial experience. There are so many ways to start to develop an entrepreneurial mindset that can be applied to all aspects of your life.

When I first got to Lehigh, having a startup was nothing I had considered. On a whim, I took a course called International Social Entrepreneurship that brought me to Kenya to explore the country’s startup space. This trip inspired me to start a project to work towards fixing the gender gap in engineering. I ended up applying this idea to the Baker Institute’s Eureka Competition last year, and received $11,000 in funding and incredible mentorship from the Baker Institute. You never know what is going to spark a new idea in you, so put yourself out there and try some exciting, new things. Question the challenges that arise from them.

The exciting thing about entrepreneurship is that it’s a space in which people from all majors can get involved. In fact, having a diversity of skillsets is what makes our community so much more powerful. It might sound daunting and unattainable at first, but that’s where Lehigh’s support and incredible resources come into play.

The Baker Institute will be hosting open hours every week where you can come in and chat with other students and Baker mentors. For me, this has been a fantastic opportunity to learn about what’s going on in the community and collaborate with others to get advice on my projects. Even if you don’t have a particular idea, stop by to get some free coffee and have some casual and interesting conversations.

In your first few days of orientation, I have no doubt that you’re getting slammed with a million suggestions about what to do, where to go, what to eat, what to study… the list is infinite. The truth is that you’re going to make mistakes and things are going to be confusing. You have no idea where your path will take you, but you’ll go far as long as you make the most out of your journey. I encourage you to learn from your challenges, reflect on them, and see how you can apply your skills to think about things from a new perspective.

Follow @bakerlehigh on Instagram to get updates about weekly opportunities.
Friday, August 25
Farrington Square
8pm-10:30pm

Grab your instrument, your latest piece of poetry, or a friend for a duet!

Also happening in Farrington Square...

VIP Night at the Bookstore
8pm-10:30pm
Come to the Bookstore for raffles & a 25% discount off one Lehigh Logo item!

Hi From Lehigh!
8pm-10:30pm
While you’re enjoying Open Mic Night, write a note to friends, family, or your hallmates using the “Hi From Lehigh” stationary and postage

The Cup
8pm-10:00pm
Enjoy 15% off ice cream for one night only!
Monday, August 28, 4-6pm
UC Front Lawn

LEHIGH community & club EXPO

Student Clubs, Organizations & University Offices
- 91.3 WLVR
- A Whole Step Up
- AAUW Lehigh Student Affiliate Group
- Accounting Club
- African Caribbean Culture Club
- Alpha Omega Epsilon
- Alpha Omicron Pi
- Alpha Phi
- Alpha Phi Omega
- Alpha Tau Omega
- American Society of Civil Engineers - Student Chapter
- American Society of Mechanical Engineers
- Anime Eki Animation
- Art, Architecture, and Design Club
- Asian Cultural Society
- Association of Latino Professionals for America/ALPFA
- Baja SAE
- BCEC
- Beekeeping Club
- Belly Dance
- Best Buddies
- Bioethics Society
- Biological Sciences Club
- Biomedical Engineering Society (BMES)
- Break the Silence/Gender Violence Education and Support
- BSU
- Business Information Systems Club
- Caring for Cambodia Student Committee
- Clutch’s Crew
- College Democrats
- College Republicans
- Colleges Against Cancer
- Community Growers
- Community Service Office (CSO)
- CREATE Club
- Dental Society
- Eco Reps
- Engineers Without Borders
-Eta Kappa Nu (HKN)
-Eye to Eye Mentoring Program (Center for Academic Success)
-F-Stop (Photography Club)
-Family Business Club
-Finance club
-Food Recovery Network
-Gaming Club
-Gamma Phi Beta
-Geowall
-German Club
-Global Union & Community Engagement
-Green Action
-Hillel Society of Lehigh University
-Hellenic Club
-Hobo Army Improv Troupe
-IEEE
-Indian Students Association
-International Business Club
-International Voices
-Investment Management Group
-Kappa Kappa Psi Kappa Gamma
-Latin Dance Club
-Latino Student Alliance
-Leela Indian Fusion Dance
-Lehigh Challeng for Hunger
-Lehigh Consulting Group
-Lehigh Dancin'
-Lehigh Debate Society
-Lehigh Delta Chi
-Lehigh Echoes
-Lehigh Gymnastics Club
-Lehigh Internersity Christian Fellowship
-Lehigh Marketing Club
-Lehigh Quidditch
-Lehigh RUF
-Lehigh Snowboard and Ski Club
-Lehigh Swing Dance Club
-Lehigh Tide
-Lehigh Undergraduate Mathematics and Statistics Society
-Lehigh University Multi-faith Initiative
-Lehigh University Akido Club
-Lehigh University Choral Arts
-Lehigh University Dance Marathon
-Lehigh University Dance Team
-Lehigh University Feminist Alliance
-Lehigh University Global Health Club
-Lehigh University Philharmonic
-Lehigh University Police Department
-Lehigh University Pre-Veterinary Medicine Club
-Lehigh’s Got Talent
-LehighShop
-LU Bangra
-LU Chess Club
-LU Diplomats
-LU Electronic Music Society
-LU MakerSpace
-LU Steel Bridge Club
-LU’s Finest Step Team
-LUAMSA
-LUENS
-Marching 97
-Muslim Student Association
-Mustard and Cheese Drama Society
-National Alliance on Mental Illness at Lehigh University
-National Association of Black Accountants
-National Collegiate Honors Society
-Newman Center - Office of Catholic Campus Ministry
-No Lost Generation Lehigh
-Office of Multicultural Affairs
-OFYE - Camp Hawk
-Outing Club
-Phi Delta Theta
-Phi Sigma Pi Honor Fraternity
-Phi Sigma Tau
-Philosophy Club
-Pi Kappa Alpha
-Programming Club
-Psychology Club
-Real Estate Club
-Recreational Tennis Club
-Sigma Phi Delta
-Society of Asian Scientists and Engineers
-Society of Environmental Scientists (SES)
-Society of Hispanic Professional Engineers
-Society of Physics Students
-Society of Women Engineers
-Southeast Asia at Lehigh (SEAL)
-Spectrum
-Star Wars Club
-Student Senate
-Supply Chain Management Club
-Symphonic Band
-TAMID Group
-Tau Beta Pi
-The Brown and White
-The Center for Career & Professional Development
-The Happiness Collective
-The Lehigh Metasimatics
-The Lehigh University Astronomy Club
-The Lehigh University Mock Trial Club
-The Lehigh Yoga Club
-The Music Box
-UnRegistered: Lehigh University Film Productions
-Wind Ensemble
-World Affairs Club
-Zagster Bike Share

* More participants may have been added after Orientation Times was printed

Sponsored by the Office of Student Engagement and the Office of Community & Regional Affairs
Become an ORIENTATION LEADER!

Qualifications to be an OL...

- Current full-time student with a minimum 2.50 cumulative GPA
- You must be in good standing with the University, e.g. not on disciplinary probation

Responsibilities of an OL...

- Lead a small group of 20-22 first-year students throughout the Orientation program
- Facilitate conversations on transition issues
- Role model appropriate academic and social behaviors to incoming students
- Attend spring and August training sessions prior to orientation. ALL TRAINING IS REQUIRED!
- Work with a team of about 70 Orientation Leaders and Orientation Coordinators
- Read the selected book for the Summer Reading Program
- Co-Facilitate evoLUtion seminar and training sessions during Fall 2018
- Maintain your GPA
- Communicate with parents and family members of new students
- Have fun!

The Perks...

- Opportunity to mentor a group of first-year students
- A chance to strengthen your communications skills
- Participate in multiple teambuilding experiences
- Work with numerous leaders on campus
- Gain a better understanding of Lehigh University and its organizational structure
- Network with various University faculty, staff and administrators
- Receive a one-of-a-kind Orientation t-shirt
- Lots of FREE food
- NEW FRIENDS!
ANAND GIRIDHARADAS  
Summer Reading Author Lecture

Tuesday, September 12, 2017 | 7:30 PM | Baker Hall

LEHIGH UNIVERSITY

Merit Pages is a free, online platform that allows Lehigh to recognize students through “achievement” badges for their extraordinary efforts to grow and develop as academic scholars as well as active citizen-leaders within the Lehigh community. With Merit, students can earn achievements, such as enrollment, dean’s list, leadership roles, awards, etc., and gain recognition they can be proud to share through their own social networks.

CLAIM YOUR PAGE & GET STARTED TODAY!
Learn more at lehigh.meritpages.com

Greek Eligibility Policy
(Updated April 2016)

Lehigh University is proud of its nationally recognized Fraternity and Sorority Community. Membership in this community is a privilege that comes with significant responsibility on the part of Fraternity and Sorority members. To ensure that only students who are ready to assume those responsibilities are eligible to participate in Fraternity and Sorority recruitment, Lehigh University is enacting the following regarding Fraternity and Sorority Membership.

(A) Students who have been found responsible for serious violations of the Lehigh University Code of Conduct involving alcohol/drugs will not be permitted to join a Fraternity or Sorority in the semester the violation occurs, or the following semester.

(B) Students found responsible for multiple (more than one) alcohol or drug violations, regardless of type of alcohol (beer, wine, or hard alcohol), will not be permitted to affiliate with a Fraternity or Sorority in the semester in which the violation occurs, or the following semester. This sanction will be imposed by the Office of Student Conduct as a sanction.

Alcohol and drug violations include the use, distribution, or possession of alcohol or drugs.

(C) Students for whom the Medical Amnesty policy is applied will generally not have their eligibility to affiliate with a Fraternity or Sorority impacted due to a single violation. However students who have a subsequent violation(s) involving alcohol or drugs may have their eligibility revoked due to multiple violations. Also, Lehigh University reserves the right to restrict student participation in extra-curricular activities for a single violation of any type depending upon the circumstances.
One of my favorite things to say when I am barely getting through the week is that if you work hard now, it will pay off later. Take it from a girl who is trying to pull off a dual degree program in engineering and business while also applying to medical school. These days, it seems that the concept of college gets lost in translation. Despite the confusion, though, college has a very clear and defined purpose in getting you where you want to go in life.

However, that is not as easy as it sounds. Most things in life take more than one drop of sweat to get the job done. Therefore, you need to work hard throughout your college career. From the first day you step on campus you have the power to mold yourself into whoever you want to be. Every choice you make will have an influence on who you become, whether you realize it or not.

So, here are a few words of advice that I wish someone told me before I stepped foot into college.

First, and most importantly, define your aspirations and make decisions that bring you closer to them. It is also just as important that you find a crowd of people who make you feel comfortable, who support your efforts to reach your goals. That was very eye-opening for me. I sat back and asked myself and my favorite teacher from grade school, not your best friend, or your worst enemy, but you—are the only one who can set the balance between work and play. Make sure you don’t stay at either extreme of the spectrum for too long. Think like a senior who is stepping into the real world in just a couple of months. Give yourself the time to make those memories, but also remember that your academics should be a priority.

Secondly, ask for help, ask for advice, ask to be friends, ask to study together, ask to do more, but first, ask yourself who you want to be. This past year, I was mentoring a first-year student as a peer leader throughout the evolution experience. During one of our rivuLion chats I asked her something to the effect of, “don’t you want to be inspirational at whatever you end up doing?”. She replied that her dream was to sail the oceans, and that was therefore content with just being average. She was therefore content with just being average. That was very eye-opening for me. I sat back and thought about how maybe not everyone desires to be something that is more than just themselves. And if that’s you, that’s okay too. To each his or her own first priority.

However, you—not your parents, not your favorite teacher from grade school, not your best friend, or your worst enemy, but you—are the only one who can set the balance between work and play. Make sure you don’t stay at either extreme of the spectrum for too long. Think like a senior who is stepping into the real world in just a couple of months. Give yourself the time to make those memories, but also remember that your academics should be a priority.

Become an opportunist and take advantage of every opportunity around you, especially when you are unsure if you should. It sounds weird, I know, but it goes back to experimenting and pushing your limits. If the shoe does not fit, you can always say your interests have changed, but second chances are few and far between. It is also just as important that you do not wait for these opportunities to be handed to you. Most of the time, you must find opportunities by putting yourself out there, and blazing your own path.

Another word of advice is to surround yourself with people who inspire you to work harder. This has a tremendous effect on how confident you will be sending your transcript off to different employers and graduate schools. So, make sure that you find a crowd of people who make you feel comfortable, who support your efforts to reach your aspirations, and who make Lehigh your home away from home.

As you continue on your journey to success, though, remember not to become too focused on yourself and your mission. After all, life is all about balance. Keep your people close, and remind them that you care about them. Whether it is a surprise Starbucks coffee in the morning, or simply an invite to go and get dinner, you will find that a little goes a long way. If you feel as if you have no free time, plan to go with them to the library or to tag-team leg day at the gym.

Finally, if you follow all of these tips, have tried your very hardest at something, and still messed up, laugh it off and move on. Life is too short to worry about the small things. What matters most over these next four years is staying true to yourself and trying your best. Everything else will fall into place.
Getting Involved in Campus Athletics

By Cassie Lajeunesse ’18

One of the greatest aspects of going to Lehigh is the opportunity to be a part of an incredible community and family. One way to immerse yourself is to get involved in Lehigh Athletics. Sporting events are great places to meet new people and to celebrate being a part of the Lehigh Mountain Hawk family.

At first, trying to become a part of the athletic community can be a little daunting, but taking the plunge to get involved is well worth it. As a player on the Women’s Softball team, I know how incredible it feels to look into the stands and see my peers cheering on our team.

Sporting events are not only chances for athletes to support other athletes, but they are also opportunities for anyone and everyone on campus to get involved.

Where do I go to support my favorite teams?

Some of the Lehigh sporting events happen on Asa Packer Campus such as the Women’s Volleyball games and the Wrestling matches which take place in Grace Hall.

However, most of the athletic facilities are over the mountain at Goodman Campus. Here is where you will find the larger venues including Goodman Stadium home of Lehigh Football, Stabler Arena home of Men’s and Women’s Basketball, and the Ulrich Sports complex home of Men’s and Women’s Soccer, Men’s and Women’s Lacrosse, and Women’s Field Hockey. However, those are not the only sports to watch. Softball, Baseball, Men’s and Women’s Tennis, indoor and outdoor track and field, and golf all have excellent facilities where you can enjoy some great competition.

How do I get to the games without a car?

All of the events in Grace Hall are easily accessible from any of the residence halls and housing on Asa Packer Campus. If you are trying to go to games at Goodman Campus, there is a bus service that runs between the two campuses. The buses pick people up in front of Taylor Gym 45 minutes and 15 minutes before game time, and takes people back to Taylor Gym throughout the game. This is an incredibly easy way to get over the mountain and back so you can enjoy the various sports playing at Goodman Campus.

Why should I get involved in Lehigh’s Athletic Community?

Not only are there tangible rewards for going to sporting events, but there are also so many intangibles. One way to earn tangible rewards from attending games is by downloading the Mountain Hawk Rewards app. Then you can check into every game you go to and earn points. These points add up and become prizes such as Fud Truck vouchers, gift cards, and even a free medium pizza from Dominos!

However, while these incentives can be useful to anyone on campus, there are even more reasons to get involved. Sporting events are places that bring people from various communities together with one common goal, to watch Lehigh win a game. They are opportunities for people to feel a part of something bigger than themselves and to feel integrated within a part of the Lehigh community they may be unfamiliar with. As a member of the Women’s Softball team and an avid fan of numerous other sports, I have had the pleasure of getting involved in Lehigh’s Athletic community and that is an amazing feeling that anyone and everyone on this campus can experience.
Check your Lehigh email for registration information Thursday, August 31!

Seminar begins the week of September 11-15, 2017

Staff or faculty and a student leader facilitate each seminar group

You will meet individually with your faculty or staff facilitator and a peer leader during the fall semester

During the Seminar you will complete:

- 3 individual meetings with your facilitators
- 4 group discussions about your experiences, the campus community, and resources to be successful

Quick Facts evoLUtion Seminar

- During the Seminar you will complete:
  - 3 individual meetings with your facilitators
  - 4 group discussions about your experiences, the campus community, and resources to be successful

Want to sing at Lehigh?
Become a member of Lehigh University Choral Arts!

Audition Times:
Fri., Aug. 25, 11am to 4:30pm
Sun., Aug. 27, 3pm to 6pm
and Mon., Aug. 28, 4pm to 8pm

Location: Zoellner Arts Center, 3rd Floor
For more information or to schedule an audition time, contact Kayyn McCauley at KMC339@lehigh.edu or LU Choir Manager Quinn Farnsld at qgf838@lehigh.edu

FALL 2017 INSTRUMENTAL AUDITIONS FOR JAZZ, BANDS AND ORCHESTRA AT LEHIGH!

Auditions to play in LU Instrumental Groups:

- all Woodwinds, Brass, and Percussion (Wind Ensemble, Philharmonic Orchestra and Jazz): Friday, August 25, 2017, 11:00 am - 4:30 pm, rm 145
- all Orchestral Strings: Sunday, August 27, 2017, 2:45 - 5:45 pm, rm 237
- LU Jazz Ensembles and Combos placement: Monday, August 28, 2017, 4:00 pm, rm 145
- LU Marching 97: open to all, no audition is necessary.

All auditions held at the Zoellner Art Center, 420 E. Packer Ave. Please bring a prepared piece, solo or etude, to play for your audition. You may also be asked to play scales and do some sight-reading. For jazz, improvisation is not required.

We look forward to having you join the instrumental ensembles at Lehigh! For general audition questions, email lcg3@lehigh.edu
Faux Friday Restaurants

1. Deja Brew
2. The Goose/Gander Room
3. Taqueria La Lupita
4. Molly’s Irish Pub and Grill
5. Subway
6. Nawab Indian Cuisine
7. Campus Pizza
8. Lehigh Pizza
9. Sal’s Brick Oven Pizza
10. Jenny’s Kuali

South Bethlehem Map

South Bethlehem Locations to Visit
- ArtsQuest
- Banana Factory
- The Bethlehem Skateplaza
- Godfrey Daniels
- Greenway Trail
- Loose Threads Boutique
- National Museum of Industrial History
- Steel Stacks
- Steel Ice Center
- Sands Bethlehem Event Center and Outlets
- Touchstone Theatre

Enjoy a visit with your family and introduce them to everything Lehigh!

FAMILY WEEKEND

NOVEMBER 10-12

save the date!

More information will be mailed to your home or visit www.lehigh.edu/familyweekend.

MARK YOUR CALENDARS NOW!

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THURSDAY, AUGUST 24, 2017 • ORIENTATION TIMES

T.R.A.C.S. Bus Route Map Evening Route
- Bus Stop
- Sheltered Bus Stop
- Campus Emergency Phone Locations

LIBRARY AND TECHNOLOGY SERVICES INFO FAIR
9:00am - 3:00pm • Linderman Library
Stop by Linderman Library to learn about what technology and library resources are available to students. Ask a tech question, see what software Lehigh offers, or talk to a librarian about how to get started in your research interests.

THE CENTER FOR CAREER & PROFESSIONAL DEVELOPMENT OPEN HOUSE
10:00am - 2:00pm • Rauch Business Center 484

ROTC INFORMATION SESSION
10:30am - 11:30am • Maginnes 102

CALCULUS INFORMATION SESSION
10:30am - 11:30am • Christmas-Saucon 201

PRE LAW INFORMATION SESSION
10:30am - 11:00am • Maginnes 101

PRE HEALTH INFORMATION SESSION
11:00am - 11:30am • Maginnes 101

JEWISH STUDENT CENTER OPEN HOUSE
11:00am - 1:00pm • 216 Summit Street
Stop by the Jewish Student Center to rest up after moving in.

SUSTAINABILITY INFORMATION SESSION
11:00am - 11:30am • Maginnes 112

MUSIC DEPARTMENT INFORMATION SESSION
12:30pm - 1:15pm • Zoellner Arts Center 145
Learn about all of Lehigh’s performance ensembles, private lessons and academic classes.

MUSIC DEPT. OPEN HOUSE & AUDITION SIGN UPS
1:15pm-2:00pm • Zoellner Arts Center 145

Stop by the Jewish Student Center to rest up after moving in.
**LEHIGH 5x10 SYMPOSIUM**

**Friday, August 25, 3:30pm - 4:30pm**

### Personal Branding - “The Need to Be Different”
**Presented by Professor Steven Savino**

Rauch 157

No matter what major you choose, Personal Branding is about differentiating yourself such that you are better positioned for job and/or summer internship placement. Personal Branding enables students to uniquely develop a career growth plan, with tips on how to win their desired job or internship.

### Is Texting Ruining Our Language?
**Presented by Dr. Nicole Butschler**

Maginnes 112

Is Texting Ruining Our Language? From the grievances of linguists to humorous depictions in pop culture, texting is often portrayed as destroying our language with its modernized abbreviations, emoticons, emojis, etc. This seminar by Dr. Sandy Eng will help you to write and speak effectively. But do the informal language and casual use of grammar in texting really adversely impact the way we communicate? Might texting actually encourage linguistic innovation and evolution?

### The History of Surveillance and the Future of Democracy
**Presented by Professor Nitaan Lehevic**

Maginnes 112

Surveillance is not a new issue in the west. However, new technological innovations since the early 19th century enabled a gradual expansion of its reach. As police and military forces, in the West, learned to use biographical data in order to follow 'criminal elements' political regimes made surveillance into a sign of modernity and progress. Is this process reversing? What is the democracy of the future as the same living under the ‘Big Brother’s’ gaze? Come and see for yourself.

### Liquid Nitrogen Ice Cream and Biocompatible Metals: Why Materials Engineering Matters
**Presented by Professoress Vucin, Chou, Jedlicka, Prumfask, Strittwitz**

Packard 446

New game-changing materials are needed to address growing global energy and health challenges. This session will examine how advances in the science and engineering of materials are critical to our society. How can we understand the role of liquid nitrogen ice cream and cryogenically frozen mammoths lead to better biomedical implants and greener buildings? Attend, eat, and discuss!

### How to Use Economics to Better Keep Up with Current Events
**Presented by Professoress Hana Panovska**

Rauch 137

Is unemployment too high? Too low? Is that link about the economy? Are new technologies changing our views of the role of government? These questions are addressed by reviewing the challenges of making ethical decisions and provide insights for the accounting profession and financial markets.

### Stories of smell, the Mammalian Sense of Smell
**Presented by Professor Gregory Ferguson**

Maginnes 113

This year’s Nobel Prize in Medicine and Physiology was awarded for unraveling the olfactory system, providing a delightful opportunity to reflect on the different kinds of thinking involved in systematic advances and abrupt discoveries. It also serves as an example of new understanding arising from field into another.

### Business Integrity and Fraud
**Presented by Professor Joseph Manzo**

Rauch 101

What role does integrity and ethics have in business? How did major corporate fraud cases such as Worldcom, Enron, and Bernie Madoff happen? These questions are addressed by reviewing the challenges of making ethical decisions and provide insights for the accounting profession and financial markets.

### Wonderful Things: Indiana Jones, King Tut, and the Problem of Cultural Patrimony
**Presented by Professor Cameron Wessman**

Maginnes 103

Public fascination with museums is undeniable. However, most museum patrons have little knowledge of how the objects they flock to see came to be part of a museum’s collection. This lecture explores the various ethical and legal issues surrounding the ownership and display of objects from other people’s cultural heritage.

### Weaving our “We”: The Power of Storytelling for Social Justice
**Presented by Dr. Sarah Starck**

Maginnes 101

This workshop will delve into community engagement, community voice, and the power of storytelling to share our history and our future. Specifically, an emphasis will be placed on storytelling for social justice and critical reflection for social change.

### The End of the World As We Know It: Change as Apocalypse
**Presented by Dr. James Spence**

Maginnes 270

Novels and films like “I Am Legend” or “The Hunger Games” echo what apocalyptic traditions have shown for centuries: any change that threatens the hegemonic “powers that be” is always painted as the end of the world. We will examine change as apocalypse in contemporary literature.

### Dada: The World’s Best Lily-milk Soap
**Presented by Jason Traven**

Maginnes 103

One hundred years later, the legacy of the Dada movement is more relevant than ever. How do artists respond to the absurdities of a world that is spiraling toward destruction? By saying Dada.

### Peak Performance – Gaining the Mental Edge on the Academic Playing Field
**Presented by the Counseling Center**

Maginnes 110

Peak Performance – Gaining the mental edge on the academic playing field. In sport, top competitors acknowledge that the mental game is equally important to the hours spent developing the physical skill. This seminar suggests strategies, based on research findings, of how to utilize mental ‘peak performance’ skills in the academic domain. It will study, in the classroom and when taking exams.

### Theatre for Social Change
**Presented by Professor Pam Pippenger**

Rauch 271

“We must all do the time – find out who we are and to discover who we could become.” – Augusto Boal, acclaimed Brazilian theatre director, writer and politician. This session is based on the participatory performance college seminar in which first-year students engage in various creative methods designed to facilitate personal, political, institutional, social, and community change. We will explore improvisation, language and movement-based exercises that are the need and proven tools used by professionals in war-ravaged countries, schools, refugee camps, prisons, and community centers to develop self-expression and build community. Students will explore how the individual experience leads to collective creative ownership and stimulates positive change using the fundamental techniques of Augusto Boal’s ‘Theatre of the Oppressed’. Rainbow of Desire and Jonathan Fox’s Playback Theatre.

### Learning How to Learn
**Presented by Professor James Fennemore**

Packard 416

Many new Lehigh students are shocked when they find that the strategies they used for learning in high school no longer work in college. This seminar will teach you techniques that will greatly increase your chances for success in the next four years.

### Eleventh Steps to Guarantee an Internship or Job Offer
**Presented by Professor Ken Sinclair**

Rauch 271

This interactive session will identify eleven steps that will guarantee an internship or job offer and enrich your college experience. From some obvious techniques, such as networking and dressing etiquette, to some not so obvious techniques, such as how to tell your story, you will learn what to do and what not to.

### Acting College Through Psychological Science
**Presented by Professor Jessica Marsh**

Maginnes 112

What is the best way to study? How do you learn new things? How do you mentally prepare yourself to succeed in college? All of these questions are answered through psychological research. This lecture provides tips on how to excel at college through the power of psychological science.

### Thinking through Technology
**Presented by Professor Greg Kahan**

Rauch 271

Are new technologies changing our views of metaphysics (mind-body) and epistemology (what’s right)? Participants in this session will discuss how recent advances in fields such as neuroscience, virtual reality, artificial intelligence, and social networking are changing how we see ourselves and how we approach the choices we face.
#LehighDay3

## SATURDAY • AUGUST 26

**BREAKFAST**
7:00am - 9:00am • Rathbone

**ORIENTATION GROUP MEETING #3**
9:00am - 9:45am • Orientation Group Location

**SATURDAY ROTATION**

**BREAK THE SILENCE: PREVENTING GENDER VIOLENCE THROUGH HEALTHY SEXUALITY/LEHIGH LIFE/LUNCHE/CAMPUS TOURS/CULTURE FEST DINNER/ORIENTATION GROUP MEETING #4**
10:00am - 7:15pm • See Rotation Below

**GROUPS 1 – 18**
10:00am - 11:30am .............................................. Lehigh Life • Packard 101
11:45am – 1:15pm .............................................. Lehigh Life • Packard 101
12:15pm – 1:30pm .............................................. Lunch • Court
1:45pm – 2:45pm .............................................. Lehigh Life • Packard 101
2:45pm – 4:45pm .............................................. Free Time
4:45pm – 6:00pm .............................................. Group Meeting #4
6:00pm – 7:15pm .............................................. Culture Fest Dinner • Rathbone

**GROUPS 38 – 56**
10:00am - 10:45am .............................................. Campus Tour
10:45am – 12:15pm .............................................. Lunch • Court
12:15pm – 1:15pm .............................................. Lunch • Rathbone
1:15pm – 2:15pm .............................................. Break the Silence • Maginnes
2:45pm – 4:45pm .............................................. Free Time
4:45pm – 6:00pm .............................................. Culture Fest Dinner • Rathbone
6:00pm – 7:15pm .............................................. Group Meeting #4

**GROUPS 19 – 37**
10:00am - 11:30am .............................................. Break the Silence • Maginnes
11:30am – 12:30pm .............................................. Lunch • Court
12:45pm – 2:15pm .............................................. Lehigh Life • Packard 101
2:15pm – 2:45pm .............................................. Campus Tour
2:45pm – 4:45pm .............................................. Free Time
4:45pm – 6:00pm .............................................. Group Meeting #4
6:00pm – 7:15pm .............................................. Culture Fest Dinner • Rathbone

**GROUPS 57 – 76**
10:30am - 11:15am .............................................. Branch • Rathbone
11:15am – 12:00pm .............................................. Branch • Rathbone

*Bring Your ID to All Meals

### Who will you be?

**VegFest**
Starting at 10:00pm
Free food, Entertainment (bouncy house, giant Jenga), Cotton Candy, Snow Cones, and More!

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**GROUPS 57 – 76**
10:00am – 10:30am .............................................. Campus Tours
10:30am – 12:30pm .............................................. Free Time
12:30pm – 1:30pm .............................................. Lunch • Court
1:30pm – 3:00pm .............................................. Lehigh Life • Packard 101
3:15pm – 4:45pm .............................................. Break the Silence • Maginnes
4:45pm – 6:00pm .............................................. Culture Fest Dinner • Court
6:00pm – 7:15pm .............................................. Group Meeting #4

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**FIRST-YEAR STUDENT & ALUMNI RALLY**
7:30pm – 8:30pm • Grace Hall
A Lehigh Tradition! Join the Class of 1937 as they adapt you, the Class of 2021, and welcome you to Lehigh! Remember to wear your Class of 2021 shirt!

**HullaBaLu Presented by Lehigh After Dark**
8:30pm – 12:00am • ArtsQuest at SteelStacks
Immediately following the Rally, you will be transported by bus from Grace Hall to ArtsQuest at SteelStacks for a night of entertainment, including: Mentalist Craig Karges, live music, and free food.

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**ORIENTATIONS 2017 SCHEDULE**

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**WORK STUDY JOB FAIR**
2:45pm – 4:30pm • Williams Hall Global Commons
Students with a work study award for the 2017-18 academic year are invited to attend the job fair. Supervisors from around campus will be present to share information about their positions and discuss possible employment options.

**ACADEMIC SUPPORT FOR STUDENTS WITH LEARNING DIFFERENCES**
2:45pm – 4:00pm • UC 303 & 308
For students with a diagnosed learning disability or ADHD.

**ORCHESTRAL STRING AUDITIONS**
2:45pm – 5:45pm • Zoellner Arts Center 237

**CHORAL ARTS AUDITIONS**
3:30pm – 6:00pm • Zoellner Arts Center Third Floor Lobby

**COMMUTER STUDENT DINNER**
5:00pm – 6:00pm
Meet at Girdler Lobby in the University Center, then eat at Cort.

**DINNER**
5:00pm-6:00pm .............................................. Centennial I, Richards & Transfer Students • Cort
6:30pm-7:30pm .............................................. Dravo, Umoja & Taylor • Rathbone

*Mandatory for All Students to Attend

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**LEHIGH LIFE/LUNCH/CAMPUS TOURS/ORIENTATION GROUP MEETING #4**
9:00am – 9:45am • Orientation Group Location

**SUMMER READING DISCUSSION**
12:15pm – 1:15pm • Orientation Group Location
Discuss the Summer Reading Books with your Orientation Leader and a Lehigh Faculty/Staff member. Remember to be dressed up for University Convocation to follow and bring your book and Draft Book!

**UNIVERSITY CONVOCATION**
1:30pm – 2:30pm • Grace Hall
This event will officially begin the 2017-2018 academic year with University Officials. Please arrive by 1:25pm. Business attire is required (shirt and tie for men, skirt or dress pants for women).

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**LEHIGH DAY 4**

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**LEHIGH DAY 3**

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**LEHIGH DAY 2**

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**LEHIGH DAY 1**

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This page contains a detailed schedule of events for the Orientation 2017 program, including times, locations, and types of activities. The schedule is divided into sections for different days and types of events, such as mandatory for all students, commuter students, residence hall meetings, and family events. The events range from information sessions and auditions to group meetings and meals. The schedule also includes details about how to find resources and connect with others on campus. The schedule is designed to help new students and their families navigate the orientation process and get familiar with Lehigh University.