The Office of the First-Year Experience provides support and resources for the academic and social transition of new students and their families.

**288 FIRST-YEAR STUDENTS PARTICIPATED IN THE SURVEY (23.4%)**

**AREAS OF TRANSITION THAT WERE THE MOST DIFFICULT**

**ACADEMIC**
- 62% Preparing for exams
- 57% Building relationships with professors
- 40% Time management
- 39% Writing papers

**PERSONAL/SOCIAL**
- 34% Getting involved in a club or organization
- 33% Making friends
- 30% Managing my money/finances
- 27% Dealing with homesickness

**AREAS OF TRANSITION THAT WERE THE EASIEST**

**ACADEMIC**
- 65% Getting my school work done
- 49% Time management
- 44% Knowing where to go for help

**PERSONAL/SOCIAL**
- 65% Staying connected to friends back home
- 61% Dealing with homesickness
- 58% Making friends
- 50% Getting involved with a club or organization

**WHAT HELPED STUDENTS LEARN MORE ABOUT THE 5 FOUNDATIONS?**

- Orientation: 68%
- 5x10 Programs: 59%
- evoLUtion Seminar: 31%

**RESOURCES HELPFUL IN YOUR ADJUSTMENT TO LEHIGH**

<table>
<thead>
<tr>
<th>2017</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>The Orientation Program</td>
<td>47%</td>
</tr>
<tr>
<td>A University Office or Service</td>
<td>30%</td>
</tr>
<tr>
<td>5x10 Program</td>
<td>25%</td>
</tr>
<tr>
<td>An Academic Office</td>
<td>24%</td>
</tr>
<tr>
<td>The evoLUtion Seminar</td>
<td>21%</td>
</tr>
</tbody>
</table>

**PEOPLE/GROUPS HELPFUL IN YOUR TRANSITION**

<table>
<thead>
<tr>
<th>2017</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gryphon</td>
<td>60%</td>
</tr>
<tr>
<td>Peers in the Residence Hall</td>
<td>59%</td>
</tr>
<tr>
<td>Parent/Guardian</td>
<td>48%</td>
</tr>
<tr>
<td>Orientation Leader</td>
<td>44%</td>
</tr>
<tr>
<td>evoLUtion Seminar Facilitator</td>
<td>37%</td>
</tr>
<tr>
<td>Academic Advisor</td>
<td>27%</td>
</tr>
</tbody>
</table>

72% of students agree that as a result of their first-year experience they have the confidence in their ability to deal with future challenges here at Lehigh.
THE evoLUtion SEMINAR

NEW IN 2017
- No required ropes course experience
- An additional group meeting
- Started 1 week earlier in the semester
- No group meetings held during 4 o’clock weeks

59% Of students would recommend the evoLUtion seminar to incoming students

WHY STUDENTS RECOMMEND THE SEMINAR
“IT helps first-year students find information about campus resources and meet new people at the same time in a small, comfortable setting.”

“I’d recommend it because it allowed us to reflect on our experiences so far and think about goals for the future.”

WHY STUDENTS WOULDN’T RECOMMEND THE SEMINAR
74% I already knew all of the content covered
43% Time of day of seminar
30% listed alternate individual reasons

SEMINAR FORMAT
54% Of students agreed meeting their seminar facilitator INDIVIDUALLY was beneficial to their experience
34% Of students agreed meeting their seminar group was beneficial to their experience

WHAT DID STUDENTS LEARN?
- Ask for help
- Housing
- Involvement opportunities
- Normalized the transition experience
- Registration
- South Bethlehem

SEMINAR GOALS
- To build a support network of faculty, staff, and peers 35%
- To expose students to academic and campus resources 66%
- To define academic & personal goals for success 88%
- To foster dialogue about the Lehigh community and promote self-reflection 54%

FACILITATOR STATS
77 facilitators
- 1 Other
- 3 Faculty
- 6 Graduate Students
- 67 Staff
- 72 evoLUtion Sections
- 27% facilitated for the first time
- 93% would facilitate a seminar again

MOVING FORWARD
RECOMMENDATIONS:
- Allow the use of themes selected by facilitator to identify a common interest
- Explore new ways of building a support network and rapport among the group
- Provide more suggestions for active learning