The SQ3R Method of Reading

- **SURVEY**
  a. Read the introduction and the final paragraph of the chapter
  b. Look over major section headings and subtitles
  c. Look at any pictures, figure, maps, or charts
  d. Skim questions, key words, and summaries at the end of the chapter
  e. Create a context for remembering information and get a sense of what is important

- **QUESTION**
  a. Look at any study questions presented at the end of the material because they will help you pick out important information as you read
  b. Create your own questions by turning titles and headings into questions
  c. For each section in the chapter, ask these 4 basic questions:
     i. What is the main point?
     ii. What evidence supports the main point?
     iii. What are the applications or examples?
     iv. How is this related to the rest of the chapter, the book, and the subject matter?

- **READ**
  a. Read the section actively and identify the main idea in each section
  b. Search for the answers to the study questions and your generated questions
  c. Makes notes in the margins to create your own organization

- **RECITE**
  a. After reading each section, recite in your own words the main points and your answers to the questions without looking at the textbook
  b. Recite to remember

- **REVIEW**
  a. Go back and highlight or underline the main points in the section
  b. Add more notes in the text and margin

Strategies to Modify the SQ3R Method of Textbook Reading

- You do not need to use this method for all reading assignments, but it is most helpful with difficult textbooks
- Select steps you find helpful and omit others
- Modify steps as needed to make the method an efficient study tool for your needs
- **Overall, the goal is to understand and remember the important points of the chapter so that you can answer questions and apply the information!**