

Postdoctoral Psychology Fellowship with Sport Psychology Specialization Opportunity

Welcome, and thank you for your interest in exploring postdoctoral training at Lehigh University's Counseling and Psychological Services (UCPS)!

Our postdoctoral fellowship is designed as a capstone experience in the training towards a career as a professional psychologist. We believe the design of our program is one capable of meeting the individual needs of each of our postdoctoral fellows. Additionally, we hope that the scope of experience is well balanced between breadth and specialization such that by the conclusion of one's training year at the UCPS, postdoctoral fellows are well prepared to step into early career professional settings. Please see below to learn more about this opportunity.

Position Description

University Counseling and Psychological Services (UCPS) at Lehigh University is seeking to fill a 12-month postdoctoral fellowship position with the option to specialization in sports psychology. The anticipated start date is August 1, 2023. (This can be negotiable.) The intent of this fellowship experience is to provide university-based practice opportunities and supervision necessary for licensure as a psychologist. This focused training opportunities is ideally suited for candidates who have specialized interest and skill in working with underrepresented identities and the college student population. UCPS has a strong commitment to diversity, equity, and inclusion (DEI) and embraces individual cultural identities both within our center and in our larger campus community.

The primary focus of UCPS services is to provide culturally sensitive and empirically supported mental health services to the undergraduate and graduate community. While the postdoctoral fellowship may be accompanied by the sports psychology specialization, it is also designed to provide generalist training in group and individual psychotherapy, clinical consultation, provision of outreach, risk assessment and risk management, experience in alcohol and other drug (AOD) treatment, and research and program evaluation opportunities. Delivery of UCPS services will involve both face-to-face and telemental health modalities.

UCPS has a long history of providing doctoral and postdoctoral training, including an established APA accredited doctoral internship program in health service psychology. The UCPS staff typically consists of six full-time senior staff members, three doctoral interns, two postdoctoral fellows, two to three graduate assistants, one to two graduate practicum trainees, and two full-time administrative coordinators. The Postdoctoral fellows begin their year at the UCPS with a semi-structured orientation to the center and greater university community during the first week of their appointment. During orientation, postdoctoral residents are assigned individual supervisors, begin to define specific training goals for the year, and familiarize themselves with the UCPS staff, UCPS procedures, LU Student Affairs, and the greater Lehigh community.

Because we are a small center with open office doors when not in session, we hope to see each other throughout the day. Our staff are often seeking one another out for a quick moment of

levity, laughter, or support in between sessions. As working in college counseling can sometimes have stressful moments, we hope to find colleagues who value strong working relationships and can engage in playfulness with us as a way to support one another.

The Sport Specialization – The full range of services provided to student athletes is a growing area of specialization within the field of psychology, particularly within university settings. Lehigh's UCPS has a long-standing partnership that is well integrated into the Division I Athletic Program at the university. The UCPS sport psychology team plays an integral role as a partner in the delivery of peak performance training at the team and individual level; engaging in a 'train the trainer' model of service delivery via coach consultation; and serving as the primary intervention point for clinical and general counseling concerns as they arise. Fellows will have opportunity to engage in shadowing and/or implementation of applied peak performance interventions, consultation, and counseling with student-athletes, coaches, and athletic department staff as developmentally appropriate to the fellow's experience level. The fellow will join the sport psych team at UCPS, meeting regularly with the Director of Sport Psychology and sport psychology trainees to discuss clinical and performance-based issues and interventions. The fellow may also have an opportunity to conduct research on or with intercollegiate student-athletes and coaches as opportunities arise. The fellowship opportunity at Lehigh is well positioned to provide the applied experiences desired by and necessary for those with career aspirations of working as a collegiate sport psychologist. Recent graduates of our program have gone on to careers as Division I collegiate sport psychologists, private practitioners, as well as employed by Olympic and professional sports teams and organizations.

Required Qualifications

Applicants are required to have completed their doctoral internship prior to the start date, have been granted their doctoral degree in counseling or clinical psychology by August 1, 2023, and have previous university counseling center experience.

Preferred Qualifications

Preference will be given to applicants with experience and passion for working in college counseling centers, who enjoy interpersonal process group therapy, and who have an interest and/or experience providing outreach or specialty services relevant to a university population.

Lehigh University's Counseling and Psychological Services (UCPS) seeks qualified postdoctoral fellows from different racial and other diverse backgrounds. We believe that the individual identities, cultural experiences, and perspectives of our staff and trainees greatly enrich the center and the work that we do. Not only do we desire diversity in our center, but Lehigh University and UCPS do not discriminate on the basis of age, color, disability, gender, gender identity, gender expression, marital status, national or ethnic origin, race, religion, sexual orientation, or veteran status. Lehigh University is an equal opportunity/affirmative action employer. We encourage applicants from diverse backgrounds to apply.

University Description: Lehigh University is a private, co-educational university located in Bethlehem, Pennsylvania. It was established in 1865 by Asa Packer as a four-year technical school, but has grown to include studies in a wide variety of disciplines. As of November 2022, the university was comprised of 5,624 undergraduates, 1,770 graduate students, and 555 full-time professors.

The university has four colleges across three campuses: the P.C. Rossin College of Engineering and Applied Science, the College of Arts and Sciences, the College of Business and Economics, and the College of Education. The university offers a variety of degrees, including Bachelor of Arts, Bachelor of Science, Master of Arts, Master of Science, Master of Business Administration, Master of Engineering, Master of Education, and Doctor of Philosophy. A new fifth college, The College of Health admitted its first inaugural class during the 2020-2021 academic year.

Lehigh University Athletics hosts 25 NCAA Division I intercollegiate sports teams with whom UCPS has been engaging in peak performance work at the team, individual, and consultation level for 25+ years.

Region Description: The city of Bethlehem is a part of the picturesque Lehigh Valley. It is ideally located within driving distance of New York and Philadelphia, as well as having proximity to major East Coast cities, including Boston and Washington, D.C.

Requirements from Lehigh University Human Resources if hired: Successful completion of standard background checks including but not limited to: social security verification, education verification, national criminal background checks, motor vehicle checks, PATCH, FBI fingerprinting, Child Abuse Clearance and credit history based upon the requirements of the position.

All Lehigh faculty and staff are required to be fully vaccinated and receive a booster shot six months after their second vaccine; unless they receive an approved medical or religious exemption from the requirement.

Required Application Materials

- Cover Letter
- Curriculum Vitae
- Three letters of recommendation with phone contact numbers (preferably two from clinical supervisors – one of those familiar with your sport related work if interested in a specialty area)
- Contact information for your internship training director

Application Deadline

Application review will begin immediately and will continue until the position is filled.

Starting Date

August 1, 2023 (possibly negotiable)

Salary Range

Up to \$47,500 + benefits

Send Applications To: Amanda Peterson, Psy.D. at acp217@lehigh.edu

Questions

Please contact the UCPS Training Director/Assistant Director, Dr. Amanda Peterson (acp217@lehigh.edu, 610-758-3880), should you have further questions about the postdoctoral training opportunities available at the UCPS, the application process, or regarding the status of your application. For specific questions related to the sports psychology specialization of the postdoctoral fellowship, please contact UCPS Director/Director of Sport Psychology, Dr. Aaron Sterba (aas207@lehigh.edu).